

AZV Sinterklaas 2024  
Arendonk, 1/12/2024

Programmanr. 9  
1/12/2024 - 15:19

Dames, 400m vrije slag

11 jaar en ouder  
Resultaten

Punten: AQUA 2024

Rang				Tijd	Pnt	
<b>11 - 12 jaar</b>						
1.	Verret Julie	ZS/21124/12		5:27.20	<b>5:03.75</b>	441
	50m:	150m:	250m:	350m:		
	100m: 1:12.65	200m: 2:30.48	300m:	400m: 5:03.75		
2.	Basstanie Liene	ZN/21063/12		5:36.49	<b>5:13.57</b>	401
	50m:	150m:	250m:	350m:		
	100m: 1:14.31	200m: 2:33.49	300m:	400m: 5:13.57		
3.	Vermaelen Miya	ZN/21106/12		5:34.80	<b>5:23.14</b>	366
	50m:	150m:	250m:	350m:		
	100m: 1:17.13	200m: 2:40.00	300m:	400m: 5:23.14		
4.	Lesseliers Emily	zs/21113/13		5:52.91	<b>5:38.26</b>	319
	50m:	150m:	250m:	350m:		
	100m: 1:21.83	200m: 2:48.38	300m:	400m: 5:38.26		
5.	Theunissen Jolien	ZS/21123/13		6:22.79	<b>6:17.96</b>	229
	50m:	150m:	250m:	350m:		
	100m: 1:31.19	200m: 3:08.26	300m:	400m: 6:17.96		
6.	Vreysen Jana	MOZKA/21160/12		NT	<b>7:12.84</b>	152
	50m:	150m:	250m:	350m:		
	100m: 1:39.49	200m: 3:29.34	300m:	400m: 7:12.84		
<b>13 - 14 jaar</b>						
1.	Stokmans Emma	LWB/21068/10		4:54.31	<b>4:52.75</b>	493
	50m:	150m:	250m:	350m:		
	100m: 1:08.82	200m: 2:24.50	300m:	400m: 4:52.75		
2.	Verniers Nime	ZS/21114/11		5:13.85	<b>5:03.72</b>	441
	50m:	150m:	250m:	350m:		
	100m: 1:11.73	200m: 2:29.77	300m:	400m: 5:03.72		
3.	Bellens Lore	SHARK/21186/11		5:11.58	<b>5:08.56</b>	421
	50m:	150m:	250m:	350m:		
	100m: 1:12.23	200m: 2:29.66	300m:	400m: 5:08.56		
4.	De Vocht Anne-Julie	ZS/21119/11		5:20.17	<b>5:13.49</b>	401
	50m:	150m:	250m:	350m:		
	100m: 1:12.05	200m: 2:32.51	300m:	400m: 5:13.49		
5.	Van Buggenhout Ishana	ZN/21060/10		5:31.22	<b>5:26.07</b>	356
	50m:	150m:	250m:	350m:		
	100m: 1:16.30	200m: 2:39.84	300m:	400m: 5:26.07		
6.	Embrechts Olivia	MOZKA/21152/11		6:57.35	<b>6:48.56</b>	181
	50m:	150m:	250m:	350m:		
	100m: 1:34.29	200m: 3:19.88	300m:	400m: 6:48.56		
FF	Van Den Bergh Anna	zs/21116/10		5:13.94		FF
FF	Lambrechts Loes	AZV/21063/11		5:21.94		FF
<b>15 - 16 jaar</b>						
1.	Van Waeldereren Hanne	WST/21082/09		5:10.69	<b>5:06.35</b>	430
	50m:	150m:	250m:	350m:		
	100m: 1:15.69	200m: 2:33.41	300m:	400m: 5:06.35		
2.	Van Hoof Sara	ZS/21081/08		5:05.69	<b>5:13.92</b>	400
	50m:	150m:	250m:	350m:		
	100m: 1:14.02	200m: 2:33.02	300m:	400m: 5:13.92		