

Nat Competitie deel 1
Veenendaal, 5-10-2024

Programmanr. 11
5-10-2024 - 14:55

Heren, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Abel te Riele	Wvz 1	4:02.20	200402317	4:04.39
	50m: 27.68	27.68	150m:	250m:	350m:
	100m: 58.42	30.74	200m: 2:00.97	300m:	400m: 4:04.39
2.	Bram Zwetsloot	De Dolfijn	4:10.11	200202117	4:11.39
	50m: 26.27	26.27	150m:	250m:	350m:
	100m: 56.55	30.28	200m: 2:00.80	300m:	400m: 4:11.39
3.	Daan Sonneveld	Wvz 1	4:06.96	200601085	4:13.27
	50m: 27.91	27.91	150m:	250m:	350m:
	100m: 1:00.09	32.18	200m: 2:05.69	300m:	400m: 4:13.27
4.	Patriks Pone	De Dolfijn	4:15.54	200504577	4:17.03
	50m: 28.28	28.28	150m:	250m:	350m:
	100m: 1:00.22	31.94	200m: 2:05.69	300m:	400m: 4:17.03
5.	Lasse Schrieken	VZC	4:17.62	200503145	4:17.98
	50m: 28.62	28.62	150m:	250m:	350m:
	100m: 1:00.89	32.27	200m: 2:07.42	300m:	400m: 4:17.98
6.	Kaito van Meeteren	De Dolfijn	4:12.78	200404271	4:18.58
	50m: 27.80	27.80	150m:	250m:	350m:
	100m: 1:00.16	32.98	200m: 2:06.70	300m:	400m: 4:18.58
7.	Wiktor Syldatk	De Dolfijn	3:58.00	200305079	4:21.57
	50m: 27.89	27.89	150m:	250m:	350m:
	100m: 59.22	31.33	200m: 2:04.22	300m:	400m: 4:21.57
8.	Sofyan El Fhim	Aqua-Novio'94	4:34.76	200502131	4:25.66
	50m: 29.08	29.08	150m:	250m:	350m:
	100m: 1:01.88	32.80	200m: 2:10.30	300m:	400m: 4:25.66
9.	Jelle Nap	VZC	NT	199502875	4:26.89
	50m: 29.66	29.66	150m:	250m:	350m:
	100m: 1:02.76	33.10	200m: 2:10.82	300m:	400m: 4:26.89
10.	Martijn Velders	Aqua-Novio'94	4:26.97	199502619	4:27.27
	50m: 29.69	29.69	150m:	250m:	350m:
	100m: 1:03.46	33.77	200m: 2:11.53	300m:	400m: 4:27.27
11.	Joeri Scheidt	VZC	4:29.56	199102011	4:27.65
	50m: 30.16	30.16	150m:	250m:	350m:
	100m: 1:03.35	33.19	200m: 2:11.56	300m:	400m: 4:27.65
12.	Jesse van der Meij	De Dolfijn	4:37.73	200600841	4:30.19
	50m: 28.69	28.69	150m:	250m:	350m:
	100m: 1:01.19	32.50	200m: 2:10.72	300m:	400m: 4:30.19
13.	Thom Delno	VZC	4:27.56	200000013	4:37.25
	50m: 29.08	29.08	150m:	250m:	350m:
	100m: 1:02.47	33.39	200m: 2:11.12	300m:	400m: 4:37.25
14.	Gaio Sanders	Aqua-Novio'94	4:38.22	200500533	4:40.81
	50m: 29.48	29.48	150m:	250m:	350m:
	100m: 1:03.49	34.01	200m: 2:14.79	300m:	400m: 4:40.81
15.	Sjoerd van der Wilt	VZC	4:36.05	200501447	4:42.57
	50m: 29.74	29.74	150m:	250m:	350m:
	100m: 1:04.31	34.57	200m: 2:16.24	300m:	400m: 4:42.57
16.	Tim Niekus	VZC	4:41.32	199103709	4:44.64
	50m: 30.02	30.02	150m:	250m:	350m:
	100m: 1:03.80	33.78	200m: 2:15.61	300m:	400m: 4:44.64
17.	Joshua Agussalim	Wvz 1	4:32.78	200600153	4:46.08
	50m: 30.23	30.23	150m:	250m:	350m:
	100m: 1:04.87	34.64	200m: 2:18.10	300m:	400m: 4:46.08
18.	Kaj Hugen	Aqua-Novio'94	4:47.55	200602739	4:53.59
	50m: 30.66	30.66	150m:	250m:	350m:
	100m: 1:05.26	34.60	200m: 2:19.59	300m:	400m: 4:53.59