

KNZB Competitie ronde 1
Zwolle, 5-10-2024

Programmanr. 27
5-10-2024 - 15:05

Jongens, 400m vrije slag

Gebjr 2007 - 2013
Resultaten

rang	naam	vereniging	intijd		tijd		RT
1.	Milan Veelders	O Z & P C	4:13.89		200800279		4:12.45
	50m: 28.10	28.10	150m: 1:32.89	32.60	250m: 2:38.70	32.78	350m: 3:42.23
	100m: 1:00.29	32.19	200m: 2:05.92	33.03	300m: 3:10.73	32.03	400m: 4:12.45
2.	Siem de Zeeuw	O Z & P C	4:15.36		200800013		4:14.14
	50m: 27.57	27.57	150m: 1:33.43	33.44	250m: 2:40.07	33.13	350m: 3:44.15
	100m: 59.99	32.42	200m: 2:06.94	33.51	300m: 3:12.57	32.50	400m: 4:14.14
3.	Bjorn Scholten	O Z & P C	4:29.89		200801143		4:23.23
	50m: 28.84	28.84	150m: 1:36.20	34.24	250m: 2:44.53	34.00	350m: 3:51.63
	100m: 1:01.96	33.12	200m: 2:10.53	34.33	300m: 3:18.31	33.78	400m: 4:23.23
4.	Roan van der Stege	SWOL 1894	4:44.59		200900107		4:36.26
	50m: 31.67	31.67	150m: 1:41.06	34.74	250m: 2:51.61	35.49	350m: 4:02.42
	100m: 1:06.32	34.65	200m: 2:16.12	35.06	300m: 3:27.06	35.45	400m: 4:36.26
5.	Timo Bourgonje	SG Octopus - ZVV	4:43.60		200700599		4:40.99
	50m: 30.86	30.86	150m: 1:41.15	35.41	250m: 2:52.08	35.24	350m: 4:04.82
	100m: 1:05.74	34.88	200m: 2:16.84	35.69	300m: 3:28.37	36.29	400m: 4:40.99
6.	Julian Zwarthoff	SWOL 1894	4:58.54		200800945		4:45.36
	50m: 31.48	31.48	150m: 1:43.76	36.47	250m: 2:56.92	36.85	350m: 4:10.60
	100m: 1:07.29	35.81	200m: 2:20.07	36.31	300m: 3:33.86	36.94	400m: 4:45.36
7.	Robin Schutrup	SWOL 1894	4:54.56		200701193		5:07.97
	50m: 32.85	32.85	150m: 1:49.44	39.26	250m: 3:10.42	40.59	350m: 4:30.65
	100m: 1:10.18	37.33	200m: 2:29.83	40.39	300m: 3:50.48	40.06	400m: 5:07.97
8.	Nils van Toly	SWOL 1894	5:10.17		200700181		5:15.83
	50m: 34.39	34.39	150m: 1:53.87	40.29	250m: 3:15.64	41.09	350m: 4:36.82
	100m: 1:13.58	39.19	200m: 2:34.55	40.68	300m: 3:56.38	40.74	400m: 5:15.83
9.	Stijn Meisner	SG Octopus - ZVV	5:17.74		200900017		5:24.46
	50m: 35.64	35.64	150m: 1:59.25	42.25	250m: 3:23.75	42.32	350m: 4:46.64
	100m: 1:17.00	41.36	200m: 2:41.43	42.18	300m: 4:05.43	41.68	400m: 5:24.46