

XIII Eesti Karikavõistlused ujumises 2024  
Kohtla-Järve, 4. - 6.10.2024

Event 401  
05.10.2024 - 18:00

Women, 400m Medley

Open  
Results

Points: AQUA 2024

Rank			YB					Time	Pts			
<b>2008 and younger</b>												
1.	TANKLER, Sheril		08	Ujumise Spordiklubi				<b>5:05.84</b>	606			
	50m:	32.00	32.00	150m:	1:50.08	39.78	250m:	3:13.70	43.94	350m:	4:32.99	34.88
	100m:	1:10.30	38.30	200m:	2:29.76	39.68	300m:	3:58.11	44.41	400m:	5:05.84	32.85
2.	ZAIDENTSAL, Alessandra		08	Kohtla-Jarve Veespordiklubi				<b>5:06.52</b>	602			
	50m:	32.64	32.64	150m:	1:52.58	42.02	250m:	3:13.00	40.01	350m:	4:32.18	36.93
	100m:	1:10.56	37.92	200m:	2:32.99	40.41	300m:	3:55.25	42.25	400m:	5:06.52	34.34
3.	JAARATS, Emily-Parli		11	Audentese Spordiklubi				<b>5:15.89</b>	550			
	50m:	32.34	32.34	150m:	1:52.97	41.76	250m:	3:18.98	45.91	350m:	4:42.13	37.01
	100m:	1:11.21	38.87	200m:	2:33.07	40.10	300m:	4:05.12	46.14	400m:	5:15.89	33.76
4.	REINARU, Birgit		09	Kalevi Ujumiskool				<b>5:19.68</b>	531			
	50m:	33.68	33.68	150m:	1:51.99	39.47	250m:	3:17.08	45.87	350m:	4:42.33	38.47
	100m:	1:12.52	38.84	200m:	2:31.21	39.22	300m:	4:03.86	46.78	400m:	5:19.68	37.35
5.	FOKINA, Arina		10	Spordiklubi Garant				<b>5:20.97</b>	525			
	50m:	32.70	32.70	150m:	1:53.79	41.72	250m:	3:20.46	45.21	350m:	4:45.35	38.28
	100m:	1:12.07	39.37	200m:	2:35.25	41.46	300m:	4:07.07	46.61	400m:	5:20.97	35.62
6.	MUIDRE, Marit		09	Ujumisklubi Briis				<b>5:40.37</b>	440			
	50m:	37.43	37.43	150m:	2:06.56	43.72	250m:	3:38.09	49.44	350m:	5:04.71	36.26
	100m:	1:22.84	45.41	200m:	2:48.65	42.09	300m:	4:28.45	50.36	400m:	5:40.37	35.66
7.	SUUROJA, Charlotte-Sophia		10	Audentese Spordiklubi				<b>5:43.30</b>	429			
	50m:	35.09	35.09	150m:	2:02.62	43.87	250m:	3:35.99	50.26	350m:	5:05.41	39.12
	100m:	1:18.75	43.66	200m:	2:45.73	43.11	300m:	4:26.29	50.30	400m:	5:43.30	37.89

**YOB 2006 - 2007**

1.	GURJANOVA, Violanta		06	Johvi Spordikool				<b>4:58.15</b>	655			
	50m:	31.79	31.79	150m:	1:46.21	37.28	250m:	3:03.47	41.30	350m:	4:22.49	36.43
	100m:	1:08.93	37.14	200m:	2:22.17	35.96	300m:	3:46.06	42.59	400m:	4:58.15	35.66
2.	ROMANJUK, Darja		06	Spordiklubi Garant				<b>5:11.53</b>	574			
	50m:	31.40	31.40	150m:	1:49.07	40.02	250m:	3:13.65	45.45	350m:	4:35.76	36.75
	100m:	1:09.05	37.65	200m:	2:28.20	39.13	300m:	3:59.01	45.36	400m:	5:11.53	35.77
3.	TSARO, Grete		06	Ujumise Spordiklubi				<b>5:35.03</b>	461			
	50m:	35.66	35.66	150m:	2:01.40	43.40	250m:	3:30.52	46.87	350m:	4:57.39	39.27
	100m:	1:18.00	42.34	200m:	2:43.65	42.25	300m:	4:18.12	47.60	400m:	5:35.03	37.64
4.	REIDOLF, Kirke		07	Ujumisklubi Briis				<b>6:03.59</b>	361			
	50m:	38.13	38.13	150m:	2:15.99	50.71	250m:	3:53.29	48.00	350m:	5:22.82	41.78
	100m:	1:25.28	47.15	200m:	3:05.29	49.30	300m:	4:41.04	47.75	400m:	6:03.59	40.77
5.	BEZKO, Liina		06	Kohtla-Jarve Spordiselts Kalev				<b>6:30.91</b>	290			
	50m:	40.55	40.55	150m:	2:21.43	50.62	250m:	4:03.49	53.76	350m:	5:46.69	46.21
	100m:	1:30.81	50.26	200m:	3:09.73	48.30	300m:	5:00.48	56.99	400m:	6:30.91	44.22

**Open**

1.	GURJANOVA, Violanta		06	Johvi Spordikool				<b>4:58.15</b>	655			
	50m:	31.79	31.79	150m:	1:46.21	37.28	250m:	3:03.47	41.30	350m:	4:22.49	36.43
	100m:	1:08.93	37.14	200m:	2:22.17	35.96	300m:	3:46.06	42.59	400m:	4:58.15	35.66
2.	TANKLER, Sheril		08	Ujumise Spordiklubi				<b>5:05.84</b>	606			
	50m:	32.00	32.00	150m:	1:50.08	39.78	250m:	3:13.70	43.94	350m:	4:32.99	34.88
	100m:	1:10.30	38.30	200m:	2:29.76	39.68	300m:	3:58.11	44.41	400m:	5:05.84	32.85
3.	ZAIDENTSAL, Alessandra		08	Kohtla-Jarve Veespordiklubi				<b>5:06.52</b>	602			
	50m:	32.64	32.64	150m:	1:52.58	42.02	250m:	3:13.00	40.01	350m:	4:32.18	36.93
	100m:	1:10.56	37.92	200m:	2:32.99	40.41	300m:	3:55.25	42.25	400m:	5:06.52	34.34

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Event 401, Women, 400m Medley, Open

Rank					YB					Time	Pts	
4.	TOOMPUU, Marie				04	Kalevi Ujumiskool				<b>5:07.04</b>	599	
	50m:	32.84	32.84	150m:	1:51.64	40.99	250m:	3:13.68	41.78	350m:	4:32.76	36.55
	100m:	1:10.65	37.81	200m:	2:31.90	40.26	300m:	3:56.21	42.53	400m:	5:07.04	34.28
5.	ROMANJUK, Darja				06	Spordiklubi Garant				<b>5:11.53</b>	574	
	50m:	31.40	31.40	150m:	1:49.07	40.02	250m:	3:13.65	45.45	350m:	4:35.76	36.75
	100m:	1:09.05	37.65	200m:	2:28.20	39.13	300m:	3:59.01	45.36	400m:	5:11.53	35.77
6.	JAARATS, Emily-Parli				11	Audentese Spordiklubi				<b>5:15.89</b>	550	
	50m:	32.34	32.34	150m:	1:52.97	41.76	250m:	3:18.98	45.91	350m:	4:42.13	37.01
	100m:	1:11.21	38.87	200m:	2:33.07	40.10	300m:	4:05.12	46.14	400m:	5:15.89	33.76
7.	REINARU, Birgit				09	Kalevi Ujumiskool				<b>5:19.68</b>	531	
	50m:	33.68	33.68	150m:	1:51.99	39.47	250m:	3:17.08	45.87	350m:	4:42.33	38.47
	100m:	1:12.52	38.84	200m:	2:31.21	39.22	300m:	4:03.86	46.78	400m:	5:19.68	37.35
8.	FOKINA, Arina				10	Spordiklubi Garant				<b>5:20.97</b>	525	
	50m:	32.70	32.70	150m:	1:53.79	41.72	250m:	3:20.46	45.21	350m:	4:45.35	38.28
	100m:	1:12.07	39.37	200m:	2:35.25	41.46	300m:	4:07.07	46.61	400m:	5:20.97	35.62
9.	TSARO, Grete				06	Ujumise Spordiklubi				<b>5:35.03</b>	461	
	50m:	35.66	35.66	150m:	2:01.40	43.40	250m:	3:30.52	46.87	350m:	4:57.39	39.27
	100m:	1:18.00	42.34	200m:	2:43.65	42.25	300m:	4:18.12	47.60	400m:	5:35.03	37.64
10.	MUIDRE, Marit				09	Ujumisklubi Briis				<b>5:40.37</b>	440	
	50m:	37.43	37.43	150m:	2:06.56	43.72	250m:	3:38.09	49.44	350m:	5:04.71	36.26
	100m:	1:22.84	45.41	200m:	2:48.65	42.09	300m:	4:28.45	50.36	400m:	5:40.37	35.66
11.	SUUROJA, Charlotte-Sophia				10	Audentese Spordiklubi				<b>5:43.30</b>	429	
	50m:	35.09	35.09	150m:	2:02.62	43.87	250m:	3:35.99	50.26	350m:	5:05.41	39.12
	100m:	1:18.75	43.66	200m:	2:45.73	43.11	300m:	4:26.29	50.30	400m:	5:43.30	37.89
12.	REIDOLF, Kirke				07	Ujumisklubi Briis				<b>6:03.59</b>	361	
	50m:	38.13	38.13	150m:	2:15.99	50.71	250m:	3:53.29	48.00	350m:	5:22.82	41.78
	100m:	1:25.28	47.15	200m:	3:05.29	49.30	300m:	4:41.04	47.75	400m:	6:03.59	40.77
13.	BEZKO, Liina				06	Kohtla-Jarve Spordiselts Kalev				<b>6:30.91</b>	290	
	50m:	40.55	40.55	150m:	2:21.43	50.62	250m:	4:03.49	53.76	350m:	5:46.69	46.21
	100m:	1:30.81	50.26	200m:	3:09.73	48.30	300m:	5:00.48	56.99	400m:	6:30.91	44.22