

Severoslovenská liga 3.kolo
Dolný Kubín, 19.10.2024

disciplína 9
19.10.2024 - 12:11

ženy, 400m vo ný spôsob

Open
Výsledky

bodovanie: FINA 2023

por.			Ro .			as	RT	body				
9 ro . a ml.												
1.	Gregorová Sofia		15	PK Martin		7:04.75		161				
	50m:	48.98	48.98	150m:	2:38.50	54.15	250m:	4:27.86	53.14	350m:	6:13.78	52.48
	100m:	1:44.35	55.37	200m:	3:34.72	56.22	300m:	5:21.30	53.44	400m:	7:04.75	50.97
2.	Buvalová Elizabeth		15	PK Martin		7:10.13		155		+ 5.38		
	50m:	45.32	45.32	150m:	2:34.77	54.64	250m:	4:26.43	55.35	350m:	6:17.63	54.60
	100m:	1:40.13	54.81	200m:	3:31.08	56.31	300m:	5:23.03	56.60	400m:	7:10.13	52.50
3.	Bayerova Terezka		15	PK Martin		7:14.69		150		+ 9.94		
	50m:	48.75	48.75	150m:	2:39.97	56.53	250m:	4:31.74	55.72	350m:	6:21.15	55.06
	100m:	1:43.44	54.69	200m:	3:36.02	56.05	300m:	5:26.09	54.35	400m:	7:14.69	53.54
4.	Grajciarová Zuzana		15	PK Martin		7:17.48		147		+ 12.73		
	50m:	46.78	46.78	150m:	2:36.06	56.44	250m:	4:28.96	56.16	350m:	6:19.92	54.61
	100m:	1:39.62	52.84	200m:	3:32.80	56.74	300m:	5:25.31	56.35	400m:	7:17.48	57.56
10 ro .												
1.	Šišková Eliška		14	MPK Dolný Kubín		5:52.06		283				
	50m:	38.82	38.82	150m:	2:07.37	44.82	250m:	3:37.78	46.05	350m:	5:08.64	44.74
	100m:	1:22.55	43.73	200m:	2:51.73	44.36	300m:	4:23.90	46.12	400m:	5:52.06	43.42
2.	Gallová Stela		14	MPK Dolný Kubín		7:09.80		155		+ 1:17.74		
	50m:	46.30	46.30	150m:	2:35.54	54.84	250m:	4:26.69	55.88	350m:	6:17.54	55.35
	100m:	1:40.70	54.40	200m:	3:30.81	55.27	300m:	5:22.19	55.50	400m:	7:09.80	52.26
3.	Blahušiaková Nelka		14	PK Martin		7:40.11		127		+ 1:48.05		
	50m:	47.10	47.10	150m:	2:42.22	59.04	250m:	4:42.19	1:00.44	350m:	6:42.39	1:01.64
	100m:	1:43.18	56.08	200m:	3:41.75	59.53	300m:	5:40.75	58.56	400m:	7:40.11	57.72
4.	Rošteková Petra		14	PK Martin		7:54.90		115		+ 2:02.84		
	50m:	49.59	49.59	150m:	2:49.30	1:00.67	250m:	4:53.32	1:02.00	350m:	6:55.96	1:01.54
	100m:	1:48.63	59.04	200m:	3:51.32	1:02.02	300m:	5:54.42	1:01.10	400m:	7:54.90	58.94
11 ro .												
1.	Kubín áková Dominika		13	MPK Tvrdošín		5:25.44		359				
	50m:	35.13	35.13	150m:	1:56.81	41.90	250m:	3:20.85	41.95	350m:	4:44.44	41.49
	100m:	1:14.91	39.78	200m:	2:38.90	42.09	300m:	4:02.95	42.10	400m:	5:25.44	41.00
2.	Poláková Zara		13	MPK Tvrdošín		5:43.92		304		+ 18.48		
	50m:	38.98	38.98	150m:	2:06.53	43.87	250m:	3:34.14	43.47	350m:	5:02.86	44.94
	100m:	1:22.66	43.68	200m:	2:50.67	44.14	300m:	4:17.92	43.78	400m:	5:43.92	41.06
3.	Hodo ová Kristínka		13	TT Dolný Kubín		5:50.38		287		+ 24.94		
	50m:	38.12	38.12	150m:	2:05.88	44.45	250m:	3:38.65	46.76	350m:	5:10.23	46.14
	100m:	1:21.43	43.31	200m:	2:51.89	46.01	300m:	4:24.09	45.44	400m:	5:50.38	40.15
4.	Dubovská Nikola		13	MPK Dolný Kubín		5:51.07		285		+ 25.63		
	50m:	40.10	40.10	150m:	2:10.66	45.51	250m:	3:41.80	45.29	350m:	5:09.72	43.79
	100m:	1:25.15	45.05	200m:	2:56.51	45.85	300m:	4:25.93	44.13	400m:	5:51.07	41.35
5.	Krebesová Ema		13	PK TENAX Žilina		5:53.35		280		+ 27.91		
	50m:	40.43	40.43	150m:	2:08.43	44.46	250m:	3:38.49	44.93	350m:	5:10.74	45.99
	100m:	1:23.97	43.54	200m:	2:53.56	45.13	300m:	4:24.75	46.26	400m:	5:53.35	42.61
6.	Capandová Romana		13	Nereus Žilina		5:57.51		270		+ 32.07		
	50m:	38.40	38.40	150m:	2:08.45	46.04	250m:	3:40.76	46.40	350m:	5:13.48	46.10
	100m:	1:22.41	44.01	200m:	2:54.36	45.91	300m:	4:27.38	46.62	400m:	5:57.51	44.03

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por.	Ro .			as			RT	body				
7.	Kubá ová Rebeka			13	MPK Dolný Kubín			6:27.27	213	+ 1:01.83		
	50m:	41.45	41.45	150m:	2:17.58	48.80	250m:	3:58.28	50.73	350m:	5:39.19	49.92
	100m:	1:28.78	47.33	200m:	3:07.55	49.97	300m:	4:49.27	50.99	400m:	6:27.27	48.08
8.	Tašková Timea			13	Nereus Žilina			6:48.39	181	+ 1:22.95		
	50m:	44.10	44.10	150m:	2:29.13	53.42	250m:	4:15.15	53.48	350m:	6:00.33	52.13
	100m:	1:35.71	51.61	200m:	3:21.67	52.54	300m:	5:08.20	53.05	400m:	6:48.39	48.06
9.	Stachová Kristína Alžbeta			13	PK Martin			6:56.23	171	+ 1:30.79		
	50m:	44.19	44.19	150m:	2:27.63	52.76	250m:	4:15.64	54.38	350m:	6:04.75	54.48
	100m:	1:34.87	50.68	200m:	3:21.26	53.63	300m:	5:10.27	54.63	400m:	6:56.23	51.48

12 ro .

1.	Štrbáková Simona			12	PK Martin			5:04.89	436			
	50m:	34.27	34.27	150m:	1:50.29	38.75	250m:	3:07.83	39.03	350m:	4:27.21	39.65
	100m:	1:11.54	37.27	200m:	2:28.80	38.51	300m:	3:47.56	39.73	400m:	5:04.89	37.68
2.	Mikulášová Tamara			12	TT Dolný Kubín			5:23.59	365	+ 18.70		
	50m:	36.74	36.74	150m:	1:58.66	41.72	250m:	3:21.80	41.92	350m:	4:43.86	40.83
	100m:	1:16.94	40.20	200m:	2:39.88	41.22	300m:	4:03.03	41.23	400m:	5:23.59	39.73
3.	Fekete Tamara			12	MPK Prievidza			5:45.00	301	+ 40.11		
	50m:	38.99	38.99	150m:	2:06.86	44.30	250m:	3:36.36	44.63	350m:	5:04.40	43.55
	100m:	1:22.56	43.57	200m:	2:51.73	44.87	300m:	4:20.85	44.49	400m:	5:45.00	40.60
4.	Adam íková Sofia			12	MPK Prievidza			6:00.67	263	+ 55.78		
	50m:	40.34	40.34	150m:	2:12.73	47.02	250m:	3:45.25	46.03	350m:	5:18.98	46.32
	100m:	1:25.71	45.37	200m:	2:59.22	46.49	300m:	4:32.66	47.41	400m:	6:00.67	41.69

13 - 14 ro .

1.	Novinská Kristína			11	PK Martin			4:50.42	505			
	50m:	33.33	33.33	150m:	1:46.22	36.74	250m:	2:59.75	36.82	350m:	4:14.14	37.33
	100m:	1:09.48	36.15	200m:	2:22.93	36.71	300m:	3:36.81	37.06	400m:	4:50.42	36.28
2.	Kvaš ovská Karolína			11	MPK Dolný Kubín			5:34.89	329	+ 44.47		
	50m:	38.01	38.01	150m:	2:02.68	42.10	250m:	3:27.21	42.35	350m:	4:54.36	43.81
	100m:	1:20.58	42.57	200m:	2:44.86	42.18	300m:	4:10.55	43.34	400m:	5:34.89	40.53
3.	Staníková Diana			11	PK TENAX Žilina			5:48.19	293	+ 57.77		
	50m:	38.88	38.88	150m:	2:07.39	44.65	250m:	3:37.29	44.89	350m:	5:04.51	42.89
	100m:	1:22.74	43.86	200m:	2:52.40	45.01	300m:	4:21.62	44.33	400m:	5:48.19	43.68
4.	Romanová Nina			11	PK Martin			5:48.83	291	+ 58.41		
	50m:	37.38	37.38	150m:	2:04.85	44.13	250m:	3:34.15	44.66	350m:	5:04.00	45.09
	100m:	1:20.72	43.34	200m:	2:49.49	44.64	300m:	4:18.91	44.76	400m:	5:48.83	44.83
5.	Maceková Viktória			10	MPK Dolný Kubín			6:15.96	232	+ 1:25.54		
	50m:	40.00	40.00	150m:	2:13.85	48.14	250m:	3:53.01	49.56	350m:	5:31.02	48.82
	100m:	1:25.71	45.71	200m:	3:03.45	49.60	300m:	4:42.20	49.19	400m:	6:15.96	44.94
6.	Aleksandrova Zlata			11	PK Nanti			6:35.95	199	+ 1:45.53		
	50m:	43.35	43.35	150m:	2:26.05	52.70	250m:	4:08.11	50.77	350m:	5:49.61	50.00
	100m:	1:33.35	50.00	200m:	3:17.34	51.29	300m:	4:59.61	51.50	400m:	6:35.95	46.34
7.	Tomová Lucia			10	PO Ružomberok			7:03.32	163	+ 2:12.90		
	50m:	44.82	44.82	150m:	2:30.17	54.01	250m:	4:18.80	54.42	350m:	6:08.97	54.88
	100m:	1:36.16	51.34	200m:	3:24.38	54.21	300m:	5:14.09	55.29	400m:	7:03.32	54.35

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15 - 16 ro .

1.	Dirbáková Viktória		08	MPK Prievidza		5:03.01		444				
	50m:	33.24	33.24	150m:	1:49.65	38.70	250m:	3:08.15	39.41	350m:	4:26.02	38.61
	100m:	1:10.95	37.71	200m:	2:28.74	39.09	300m:	3:47.41	39.26	400m:	5:03.01	36.99
2.	Urbanová Linda		08	MPK Dolný Kubín		5:06.15		431		+ 3.14		
	50m:	33.85	33.85	150m:	1:50.17	38.48	250m:	3:07.97	39.06	350m:	4:27.12	39.82
	100m:	1:11.69	37.84	200m:	2:28.91	38.74	300m:	3:47.30	39.33	400m:	5:06.15	39.03
3.	Legemzová Sofia		08	MPK Dolný Kubín		5:31.67		339		+ 28.66		
	50m:	36.64	36.64	150m:	1:57.46	40.72	250m:	3:23.26	43.12	350m:	4:51.35	43.99
	100m:	1:16.74	40.10	200m:	2:40.14	42.68	300m:	4:07.36	44.10	400m:	5:31.67	40.32
4.	Juríková Radka		08	MPK Prievidza		5:48.46		292		+ 45.45		
	50m:	37.20	37.20	150m:	2:04.64	44.96	250m:	3:35.73	45.39	350m:	5:05.31	45.05
	100m:	1:19.68	42.48	200m:	2:50.34	45.70	300m:	4:20.26	44.53	400m:	5:48.46	43.15
5.	Zajacová Slávka		08	MPK Prievidza		5:55.43		275		+ 52.42		
	50m:	38.27	38.27	150m:	2:08.03	45.61	250m:	3:40.27	46.32	350m:	5:12.85	46.34
	100m:	1:22.42	44.15	200m:	2:53.95	45.92	300m:	4:26.51	46.24	400m:	5:55.43	42.58

17 ro . a st.

1.	Grucha áková Laura		06	PK Martin		4:37.35		580				
	50m:	32.70	32.70	150m:	1:43.34	35.33	250m:	2:54.02	35.09	350m:	4:03.81	34.72
	100m:	1:08.01	35.31	200m:	2:18.93	35.59	300m:	3:29.09	35.07	400m:	4:37.35	33.54
2.	Mikulášová Eva		07	TT Dolný Kubín		4:42.99		546		+ 5.64		
	50m:	32.73	32.73	150m:	1:45.03	36.55	250m:	2:57.30	35.72	350m:	4:09.40	35.90
	100m:	1:08.48	35.75	200m:	2:21.58	36.55	300m:	3:33.50	36.20	400m:	4:42.99	33.59
3.	Vicá ová Nikol		07	PK Martin		6:03.87		256		+ 1:26.52		
	50m:	38.03	38.03	150m:	2:06.38	45.06	250m:	3:40.63	47.25	350m:	5:17.32	48.35
	100m:	1:21.32	43.29	200m:	2:53.38	47.00	300m:	4:28.97	48.34	400m:	6:03.87	46.55