

Eredivisie competitie deel 1
Alkmaar, 6-10-2024

Programmanr. 13
6-10-2024 - 15:05

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Evy Rozeboom	DAW	4:23.25	200601338	4:25.32
	50m: 29.78	29.78	150m:	250m:	350m:
	100m: 1:02.87	33.09	200m: 2:09.93	300m:	400m: 4:25.32
2.	Alysha de Jong	Zpch	4:28.24	200400086	4:26.88
	50m: 30.21	30.21	150m:	250m:	350m:
	100m: 1:03.36	33.15	200m: 2:11.32	300m:	400m: 4:26.88
3.	Kim Zwinkels	Zpch	4:31.92	200300422	4:38.54
	50m: 32.15	32.15	150m:	250m:	350m:
	100m: 1:05.73	34.58	200m: 2:17.46	300m:	400m: 4:38.54
4.	Kaylee de Jong	Zpch	4:45.00	200001234	4:41.52
	50m: 32.24	32.24	150m:	250m:	350m:
	100m: 1:07.10	34.86	200m: 2:18.38	300m:	400m: 4:41.52
5.	Kim Oudendijk	DAW	4:32.17	200600964	4:42.60
	50m: 31.03	31.03	150m:	250m:	350m:
	100m: 1:05.44	34.41	200m: 2:18.62	300m:	400m: 4:42.60
6.	Kim Groeneveld	DAW	5:00.67	200100924	4:51.24
	50m: 32.47	32.47	150m:	250m:	350m:
	100m: 1:08.32	35.85	200m: 2:21.47	300m:	400m: 4:51.24
7.	Sophie Brouwer	Zpch	4:56.51	200504124	4:56.60
	50m: 32.96	32.96	150m:	250m:	350m:
	100m: 1:08.70	35.74	200m: 2:22.75	300m:	400m: 4:56.60
8.	Lotte van Gessel	Team Noord Holland 1	5:09.39	200300900	5:06.96
	50m: 34.20	34.20	150m:	250m:	350m:
	100m: 1:11.50	37.30	200m: 2:29.16	300m:	400m: 5:06.96
9.	Yvonne Engel	Team Noord Holland 1	4:51.07	200300780	5:07.34
	50m: 34.53	34.53	150m:	250m:	350m:
	100m: 1:12.53	38.00	200m: 2:30.01	300m:	400m: 5:07.34
10.	Lianne Dekker	DAW	5:25.94	200305438	5:17.82
	50m: 34.21	34.21	150m:	250m:	350m:
	100m: 1:12.58	38.37	200m: 2:33.92	300m:	400m: 5:17.82
11.	Melissa Zwaan	DAW	4:55.65	199103666	5:21.32
	50m: 34.50	34.50	150m:	250m:	350m:
	100m: 1:14.33	39.83	200m: 2:36.92	300m:	400m: 5:21.32
12.	Rowie Kamp	Team Noord Holland 1	NT	200001706	5:23.79
	50m: 34.23	34.23	150m:	250m:	350m:
	100m: 1:12.20	37.97	200m: 2:32.80	300m:	400m: 5:23.79