

Eredivisie competitie deel 1
Alkmaar, 6-10-2024

Programmanr. 11
6-10-2024 - 14:50

Heren, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Giovanni Phillipson	Team Noord Holland 1	4:11.14	200801099	4:06.64	
	50m: 27.65	27.65 150m:		250m:	350m:	
	100m: 58.58	30.93 200m: 2:02.27		300m:	400m: 4:06.64	
2.	Bram Loots	Team Noord Holland 1	3:57.27	200700197	4:07.64	
	50m: 27.27	27.27 150m:		250m:	350m:	
	100m: 57.16	29.89 200m: 1:59.14		300m:	400m: 4:07.64	
3.	Luc Mul	DAW	4:11.97	200201025	4:14.97	
	50m: 28.71	28.71 150m:		250m:	350m:	
	100m: 1:00.49	31.78 200m: 2:05.29		300m:	400m: 4:14.97	
4.	Thomas Vastenhout	Zpch	4:25.51	200204545	4:23.91	
	50m: 29.09	29.09 150m:		250m:	350m:	
	100m: 1:01.29	32.20 200m: 2:08.54		300m:	400m: 4:23.91	
5.	Felix Geenen	DAW	NT	199501085	4:26.36	
	50m: 26.55	26.55 150m:		250m:	350m:	
	100m: 57.67	31.12 200m: 2:04.58		300m:	400m: 4:26.36	
6.	Tycho de Jonge	Team Noord Holland 1	4:20.14	200400411	4:27.03	
	50m: 29.02	29.02 150m:		250m:	350m:	
	100m: 1:01.81	32.79 200m: 2:09.87		300m:	400m: 4:27.03	
7.	Lucas Douwma	Zpch	4:25.28	200401337	4:32.54	
	50m: 30.95	30.95 150m:		250m:	350m:	
	100m: 1:04.73	33.78 200m: 2:13.95		300m:	400m: 4:32.54	
8.	Vincent Schweitzer	DAW	4:37.75	200601857	4:41.42	
	50m: 31.50	31.50 150m:		250m:	350m:	
	100m: 1:06.19	34.69 200m: 2:18.44		300m:	400m: 4:41.42	
9.	Colin Degenaaars	Zpch	4:54.10	199505951	4:59.71	567
	50m: 30.48	30.48 150m:		250m:	350m:	
	100m: 1:05.46	34.98 200m: 2:20.32		300m:	400m: 4:59.71	
10.	Melle de Groot	Zpch	5:00.00	199107877	5:16.91	
	50m: 33.76	33.76 150m:		250m:	350m:	
	100m: 1:10.62	36.86 200m: 2:30.47		300m:	400m: 5:16.91	