

Sundgrein 26
20.10.2024 - 10:13

kvenna, 1500m skriðsund

Opinn
Úrslitalistar

Mótsmet	16:46.95	Eygló Ósk Gústafsdóttir	Ægir		27.10.2012
Íslandsmet	16:46.95	Eygló Ósk Gústafsdóttir	AEGIR	Hafnarfjoerdur	27.10.2012
Íslandsmet Unglinga	16:46.95	Eygló Ósk Gústafsdóttir	AEGIR	Hafnarfjoerdur	27.10.2012
Íslandsmet Aldursflokka	17:02.31	Freyja Birkisdóttir	UBK	Hafnarfjoerdur	14.11.2021

ÍM Opinn: 20:46.18; - 18: 21:08.04 / HM-A : 16:15.27 / HM-B : 16:44.53

Stig: AQUA 2024

Sæti	F.ár								Tími	Stig	
1. Katja Lilja Andriyadóttir	06 SH								17:07.34	690 ÍM ÍM	
100m:	1:05.71	1:05.71	500m:	5:43.08	1:09.70	900m:	10:17.81	1:07.75	1300m:	14:51.44	1:08.72
200m:	2:14.90	1:09.19	600m:	6:52.42	1:09.34	1000m:	11:26.23	1:08.42	1400m:	15:59.89	1:08.45
300m:	3:24.04	1:09.14	700m:	8:01.73	1:09.31	1100m:	12:34.58	1:08.35	1500m:	17:07.34	1:07.45
400m:	4:33.38	1:09.34	800m:	9:10.06	1:08.33	1200m:	13:42.72	1:08.14			
2. Freyja Birkisdóttir	06 BREIÐ								17:26.85	653 ÍM ÍM	
100m:	1:05.14	1:05.14	500m:	5:42.27	1:09.73	900m:	10:20.96	1:10.62	1300m:	15:05.10	1:11.82
200m:	2:14.11	1:08.97	600m:	6:51.60	1:09.33	1000m:	11:32.95	1:11.99	1400m:	16:17.14	1:12.04
300m:	3:23.15	1:09.04	700m:	8:00.93	1:09.33	1100m:	12:42.98	1:10.03	1500m:	17:26.85	1:09.71
400m:	4:32.54	1:09.39	800m:	9:10.34	1:09.41	1200m:	13:53.28	1:10.30			
3. Katla María Brynjarsdóttir	07 ÍRB								18:46.55	524 ÍM ÍM	
100m:	1:09.46	1:09.46	500m:	6:10.80	1:15.88	900m:	11:13.82	1:16.27	1300m:	16:17.48	1:15.97
200m:	2:24.32	1:14.86	600m:	7:26.29	1:15.49	1000m:	12:29.55	1:15.73	1400m:	17:32.98	1:15.50
300m:	3:39.18	1:14.86	700m:	8:41.85	1:15.56	1100m:	13:45.55	1:16.00	1500m:	18:46.55	1:13.57
400m:	4:54.92	1:15.74	800m:	9:57.55	1:15.70	1200m:	15:01.51	1:15.96			
4. Guðrún Ísold Harðardóttir	11 BREIÐ								19:10.41	492 ÍM ÍM	
100m:	1:11.41	1:11.41	500m:	6:18.87	1:17.46	900m:	11:26.94	1:17.61	1300m:	16:37.49	1:17.45
200m:	2:27.90	1:16.49	600m:	7:35.92	1:17.05	1000m:	12:44.68	1:17.74	1400m:	17:54.18	1:16.69
300m:	3:44.54	1:16.64	700m:	8:52.62	1:16.70	1100m:	14:02.60	1:17.92	1500m:	19:10.41	1:16.23
400m:	5:01.41	1:16.87	800m:	10:09.33	1:16.71	1200m:	15:20.04	1:17.44			
5. Þorgerður Freyja Helgadóttir	11 BREIÐ								19:35.96	460 ÍM ÍM	
100m:	1:13.72	1:13.72	500m:	6:30.53	1:19.54	900m:	11:46.88	1:18.49	1300m:	17:02.31	1:18.28
200m:	2:32.16	1:18.44	600m:	7:49.98	1:19.45	1000m:	13:06.23	1:19.35	1400m:	18:20.36	1:18.05
300m:	3:51.00	1:18.84	700m:	9:09.53	1:19.55	1100m:	14:25.44	1:19.21	1500m:	19:35.96	1:15.60
400m:	5:10.99	1:19.99	800m:	10:28.39	1:18.86	1200m:	15:44.03	1:18.59			
6. Aldís Ogmundsdóttir	09 KR								20:17.88	414 ÍM ÍM	
100m:	1:16.03	1:16.03	500m:	6:44.10	1:22.39	900m:	12:11.85	1:21.69	1300m:	17:39.84	1:21.04
200m:	2:37.15	1:21.12	600m:	8:05.94	1:21.84	1000m:	13:33.83	1:21.98	1400m:	19:00.43	1:20.59
300m:	3:59.23	1:22.08	700m:	9:29.09	1:23.15	1100m:	14:56.82	1:22.99	1500m:	20:17.88	1:17.45
400m:	5:21.71	1:22.48	800m:	10:50.16	1:21.07	1200m:	16:18.80	1:21.98			
7. Karen Anna Orlita	12 ÍA								20:30.12	402 ÍM ÍM	
100m:	1:13.75	1:13.75	500m:	6:41.60	1:22.17	900m:	12:12.75	1:22.18	1300m:	17:47.29	1:24.10
200m:	2:34.70	1:20.95	600m:	8:04.56	1:22.96	1000m:	13:36.38	1:23.63	1400m:	19:11.53	1:24.24
300m:	3:57.24	1:22.54	700m:	9:27.64	1:23.08	1100m:	14:59.33	1:22.95	1500m:	20:30.12	1:18.59
400m:	5:19.43	1:22.19	800m:	10:50.57	1:22.93	1200m:	16:23.19	1:23.86			
8. Lilja Rakel Hannesdóttir Bridde	11 BREIÐ								20:53.82	380 ÍM	
100m:	1:16.62	1:16.62	500m:	6:48.06	1:22.95	900m:	12:26.72	1:24.49	1300m:	18:04.62	1:25.06
200m:	2:39.40	1:22.78	600m:	8:12.14	1:24.08	1000m:	13:50.85	1:24.13	1400m:	19:30.09	1:25.47
300m:	4:02.69	1:23.29	700m:	9:36.86	1:24.72	1100m:	15:14.65	1:23.80	1500m:	20:53.82	1:23.73
400m:	5:25.11	1:22.42	800m:	11:02.23	1:25.37	1200m:	16:39.56	1:24.91			
9. Hildur Eldey Guðjónsdóttir	11 BREIÐ								21:04.77	370 ÍM	
100m:	1:19.39	1:19.39	500m:	6:58.44	1:24.64	900m:	12:37.97	1:24.62	1300m:	18:19.09	1:25.13
200m:	2:43.66	1:24.27	600m:	8:24.33	1:25.89	1000m:	14:02.99	1:25.02	1400m:	19:43.49	1:24.40
300m:	4:09.07	1:25.41	700m:	9:48.52	1:24.19	1100m:	15:28.17	1:25.18	1500m:	21:04.77	1:21.28
400m:	5:33.80	1:24.73	800m:	11:13.35	1:24.83	1200m:	16:53.96	1:25.79			

Sundgrein 26, kvenna, 1500m skriðsund, Opinn

Sæti	F.ár								Tími	Stig		
10.	Gabriela Róza Bondarow								10	Ármann	21:06.01	369 ÍM
	100m:	1:14.46	1:14.46	500m:	6:53.01	1:25.79	900m:	12:34.23	1:25.30	1300m:	18:18.11	1:25.71
	200m:	2:36.75	1:22.29	600m:	8:18.58	1:25.57	1000m:	14:00.61	1:26.38	1400m:	19:43.02	1:24.91
	300m:	4:01.30	1:24.55	700m:	9:43.56	1:24.98	1100m:	15:26.86	1:26.25	1500m:	21:06.01	1:22.99
	400m:	5:27.22	1:25.92	800m:	11:08.93	1:25.37	1200m:	16:52.40	1:25.54			