

Sundgrein 14
19.10.2024 - 16:14

karla, 1500m skriðsund

Opinn
Úrslitalistar

Mótsmet	15:59.66	Hólmar Grétarsson	SH		22.10.2023
Íslandsmet	15:00.51	Anton Sveinn McKee	ÆGIR	Istanbul (TUR)	16.12.2012
Íslandsmet Unglinga	15:01.35	Anton Sveinn McKee	ÆGIR	Laugardalslaug	09.12.2011
Íslandsmet Aldursflokka	15:52.21	Arnór Stefánsson	SH	Hafnarfjoerdur	18.11.2012

ÍM Opinn: 18:58.42; - 18: 19:18.39 / HM-A : 14:49.29 / HM-B : 15:15.97 / NM-A 18 +: 15:40.31; 14 - 17: 16:01.50 / NM-B 18 +: 15:49.81; 14 - 17: 16:11.21

Stig: AQUA 2024

Sæti	F.ár								Tími	Stig	
1. Andri Már Kristjánsson	06 SH								16:12.46	660 ÍM ÍM	
100m:	1:00.36	1:00.36	500m:	5:22.18	1:06.08	900m:	9:41.20	1:05.54	1300m:	14:04.24	1:06.56
200m:	2:05.00	1:04.64	600m:	6:26.01	1:03.83	1000m:	10:47.34	1:06.14	1400m:	15:09.91	1:05.67
300m:	3:10.04	1:05.04	700m:	7:31.43	1:05.42	1100m:	11:51.93	1:04.59	1500m:	16:12.46	1:02.55
400m:	4:16.10	1:06.06	800m:	8:35.66	1:04.23	1200m:	12:57.68	1:05.75			
2. Bartosz Henke	05 SH								16:23.37	638 ÍM	
100m:	1:00.67	1:00.67	500m:	5:20.67	1:05.23	900m:	9:41.55	1:05.36	1300m:	14:08.57	1:06.98
200m:	2:05.15	1:04.48	600m:	6:25.59	1:04.92	1000m:	10:47.69	1:06.14	1400m:	15:16.16	1:07.59
300m:	3:10.19	1:05.04	700m:	7:30.75	1:05.16	1100m:	11:53.51	1:05.82	1500m:	16:23.37	1:07.21
400m:	4:15.44	1:05.25	800m:	8:36.19	1:05.44	1200m:	13:01.59	1:08.08			
3. Birgir Hrafn Kjartansson	08 Ægír								17:02.17	568 ÍM ÍM	
100m:	1:02.04	1:02.04	500m:	5:34.04	1:08.48	900m:	10:10.11	1:08.93	1300m:	14:45.30	1:08.92
200m:	2:09.05	1:07.01	600m:	6:43.00	1:08.96	1000m:	11:19.24	1:09.13	1400m:	15:55.09	1:09.79
300m:	3:17.07	1:08.02	700m:	7:52.23	1:09.23	1100m:	12:27.87	1:08.63	1500m:	17:02.17	1:07.08
400m:	4:25.56	1:08.49	800m:	9:01.18	1:08.95	1200m:	13:36.38	1:08.51			
4. Vanja Djurovic	09 SH								17:37.94	512 ÍM ÍM	
100m:	1:04.72	1:04.72	500m:	5:49.41	1:12.28	900m:	10:33.55	1:10.73	1300m:	15:18.32	1:11.34
200m:	2:14.36	1:09.64	600m:	7:01.25	1:11.84	1000m:	11:45.34	1:11.79	1400m:	16:29.32	1:11.00
300m:	3:25.79	1:11.43	700m:	8:12.04	1:10.79	1100m:	12:56.08	1:10.74	1500m:	17:37.94	1:08.62
400m:	4:37.13	1:11.34	800m:	9:22.82	1:10.78	1200m:	14:06.98	1:10.90			
5. Huginn Leví Pétursson	09 BREIÐ								18:19.77	456 ÍM ÍM	
100m:	1:09.74	1:09.74	500m:	6:10.24	1:13.78	900m:	11:06.08	1:14.03	1300m:	15:58.74	1:13.32
200m:	2:25.83	1:16.09	600m:	7:24.68	1:14.44	1000m:	12:18.64	1:12.56	1400m:	17:10.79	1:12.05
300m:	3:41.05	1:15.22	700m:	8:38.36	1:13.68	1100m:	13:32.38	1:13.74	1500m:	18:19.77	1:08.98
400m:	4:56.46	1:15.41	800m:	9:52.05	1:13.69	1200m:	14:45.42	1:13.04			
6. Ingibjörn Natan Guðmundsson	09 Ægír								18:42.13	429 ÍM ÍM	
100m:	1:06.65	1:06.65	500m:	6:07.10	1:15.61	900m:	11:07.95	1:15.41	1300m:	16:11.41	1:16.49
200m:	2:20.27	1:13.62	600m:	7:22.39	1:15.29	1000m:	12:22.55	1:14.60	1400m:	17:28.79	1:17.38
300m:	3:35.22	1:14.95	700m:	8:38.13	1:15.74	1100m:	13:38.67	1:16.12	1500m:	18:42.13	1:13.34
400m:	4:51.49	1:16.27	800m:	9:52.54	1:14.41	1200m:	14:54.92	1:16.25			
7. Magni Rafn Ragnarsson	10 ÓÐINN								18:42.62	429 ÍM ÍM	
100m:	1:10.98	1:10.98	500m:	6:14.38	1:15.93	900m:	11:16.87	1:14.61	1300m:	16:17.01	1:15.12
200m:	2:26.47	1:15.49	600m:	7:30.22	1:15.84	1000m:	12:31.65	1:14.78	1400m:	17:31.70	1:14.69
300m:	3:42.57	1:16.10	700m:	8:46.04	1:15.82	1100m:	13:46.68	1:15.03	1500m:	18:42.62	1:10.92
400m:	4:58.45	1:15.88	800m:	10:02.26	1:16.22	1200m:	15:01.89	1:15.21			
8. Stefán Hagalín Árnason	10 Ármann								18:43.69	428 ÍM ÍM	
100m:	1:11.41	1:11.41	500m:	6:14.85	1:15.87	900m:	11:16.48	1:15.13	1300m:	16:17.16	1:15.04
200m:	2:27.03	1:15.62	600m:	7:30.46	1:15.61	1000m:	12:31.58	1:15.10	1400m:	17:31.47	1:14.31
300m:	3:42.61	1:15.58	700m:	8:45.66	1:15.20	1100m:	13:46.94	1:15.36	1500m:	18:43.69	1:12.22
400m:	4:58.98	1:16.37	800m:	10:01.35	1:15.69	1200m:	15:02.12	1:15.18			
9. Þórður Karl Steinarsson	09 KR								19:25.49	383	
100m:	1:13.86	1:13.86	500m:	6:30.60	1:19.70	900m:	11:45.49	1:17.99	1300m:	16:56.00	1:17.81
200m:	2:33.09	1:19.23	600m:	7:49.70	1:19.10	1000m:	13:03.05	1:17.56	1400m:	18:12.56	1:16.56
300m:	3:52.27	1:19.18	700m:	9:08.14	1:18.44	1100m:	14:20.87	1:17.82	1500m:	19:25.49	1:12.93
400m:	5:10.90	1:18.63	800m:	10:27.50	1:19.36	1200m:	15:38.19	1:17.32			

Sundgrein 14, karla, 1500m skriðsund, Opinn

Sæti	F.ár								Tími	Stig		
10.	Benedikt Bjarni Melsted								19:52.33	358		
	100m:	1:12.50	1:12.50	500m:	6:34.44	1:21.23	900m:	11:55.72	1:19.87	1300m:	17:15.81	1:19.15
	200m:	2:32.42	1:19.92	600m:	7:53.53	1:19.09	1000m:	13:16.25	1:20.53	1400m:	18:35.02	1:19.21
	300m:	3:52.12	1:19.70	700m:	9:14.92	1:21.39	1100m:	14:36.06	1:19.81	1500m:	19:52.33	1:17.31
	400m:	5:13.21	1:21.09	800m:	10:35.85	1:20.93	1200m:	15:56.66	1:20.60			