

Sundgrein 25

karla, 400m fjórsund

Opinn

20.10.2024 - 10:00

Keppendalisti

Mótsmet	4:32.99	Kristinn Þórarinnsson	FJÖL		31.10.2014
Íslandsmet	4:11.78	Orn Arnarson	SH	Vestmannaeyjar	16.03.2001
Íslandsmet Unglinga	4:18.12	Anton Sveinn McKee	AEGIR	Laugardalslaug	10.12.2011
Íslandsmet Aldursflokka	4:27.16	Hólmar Grétarsson	SH	Tartu (EST)	03.12.2023

Cubemót : 6:15.00 / ÍM Opinn: 5:23.41; - 18: 2:29.08 / HM-A : 4:09.19 / HM-B : 4:16.67 / NM-A 18 +: 4:23.49; 14 - 17: 4:29.42 /

NM-B 18 +: 4:26.15; 14 - 17: 4:32.14

Entry time conversion: Conversion with FINA points

F.ár

1	Hólmar Grétarsson	08	Sundfélag Hafnarfjarðar	4:25.28
2	Adam Leó Tómasson	07	Sundfélag Hafnarfjarðar	4:37.14
3	Daði Rafn Falsson	08	Íþróttabandalag Reykjanesbæjar	4:38.54
4	Árni Þór Pálmason	09	Íþróttabandalag Reykjanesbæjar	5:05.57
5	Gísli Kristján Traustason	09	Íþróttabandalag Reykjanesbæjar	5:06.35
6	Julian Jarnutowski	10	Íþróttabandalag Reykjanesbæjar	5:31.94
7	Þór Eli Gunnarsson	11	Sundfélag Hafnarfjarðar	5:30.00
8	Magni Rafn Ragnarsson	10	Sundfélagið Óðinn	5:40.31
9	Kajus Jatautas	10	Sundfélag Akraness	5:42.83
10	Stefán Hagalín Árnason	10	Sunddeild Ármanns	5:49.82
11	Daníel Andriysson	11	Sundfélag Hafnarfjarðar	6:03.09