

Saudi Games 2024 Trials
Dammam, 6- - 7-9-2024

Event 9
2024-09-07 - 10:45

Men, 400m Freestyle

Open
Results

Points: FINA 2023

Rank	YB		Time		Pts	100m	200m	300m	400m
1.	ALEXANDRE, YOUNE	00	FALC	4:14.82	644	59.27	1:04.91	1:05.55	1:05.09
	50m:	28.10	28.10	150m:	1:31.82	32.55	250m:	2:36.77	32.59
	100m:	59.27	31.17	200m:	2:04.18	32.36	300m:	3:09.73	32.96
							350m:	3:42.56	32.83
							400m:	4:14.82	32.26
2.	FAROUK MOH, ELGED	07	AHLI	4:18.86	614	1:01.51	1:07.06	1:05.91	1:04.38
	50m:	29.01	29.01	150m:	1:34.66	33.15	250m:	2:41.44	32.87
	100m:	1:01.51	32.50	200m:	2:08.57	33.91	300m:	3:14.48	33.04
							350m:	3:47.49	33.01
							400m:	4:18.86	31.37
3.	KHALID FAI, ALBAL	11	SHB	4:21.94	593	1:02.90	1:07.91	1:06.14	1:04.99
	50m:	30.01	30.01	150m:	1:36.76	33.86	250m:	2:43.90	33.09
	100m:	1:02.90	32.89	200m:	2:10.81	34.05	300m:	3:16.95	33.05
							350m:	3:50.05	33.10
							400m:	4:21.94	31.89
4.	AHMED MOHA, ALMUE	07	KHJ	4:22.62	588	1:03.68	1:07.62	1:07.23	1:04.09
	50m:	30.25	30.25	150m:	1:37.16	33.48	250m:	2:45.93	34.63
	100m:	1:03.68	33.43	200m:	2:11.30	34.14	300m:	3:18.53	32.60
							350m:	3:50.98	32.45
							400m:	4:22.62	31.64
5.	KARIM YASS, ALI	06	FALC	4:22.87	586	1:02.80	1:06.43	1:08.59	1:05.05
	50m:	30.26	30.26	150m:	1:35.82	33.02	250m:	2:43.42	34.19
	100m:	1:02.80	32.54	200m:	2:09.23	33.41	300m:	3:17.82	34.40
							350m:	3:51.39	33.57
							400m:	4:22.87	31.48
6.	EGOR ALEXE, IUDIN	10	ETIFQ	4:23.09	585	1:02.24	1:06.17	1:07.89	1:06.79
	50m:	29.49	29.49	150m:	1:34.83	32.59	250m:	2:42.11	33.70
	100m:	1:02.24	32.75	200m:	2:08.41	33.58	300m:	3:16.30	34.19
							350m:	3:50.21	33.91
							400m:	4:23.09	32.88
7.	MOHAMMED H, ALZAK	06	ADL	4:24.46	576	1:02.04	1:07.12	1:08.10	1:07.20
	50m:	29.63	29.63	150m:	1:35.14	33.10	250m:	2:43.27	34.11
	100m:	1:02.04	32.41	200m:	2:09.16	34.02	300m:	3:17.26	33.99
							350m:	3:51.39	34.13
							400m:	4:24.46	33.07
8.	AHMED ALI, ALHAS	97	ADL	4:27.78	555	1:02.51	1:08.89	1:09.57	1:06.81
	50m:	30.06	30.06	150m:	1:36.57	34.06	250m:	2:45.77	34.37
	100m:	1:02.51	32.45	200m:	2:11.40	34.83	300m:	3:20.97	35.20
							350m:	3:54.91	33.94
							400m:	4:27.78	32.87
9.	FAHD ABDUL, ALBAL	05	HIL	4:38.59	492	1:04.27	1:10.20	1:12.30	1:11.82
	50m:	30.50	30.50	150m:	1:39.26	34.99	250m:	2:50.56	36.09
	100m:	1:04.27	33.77	200m:	2:14.47	35.21	300m:	3:26.77	36.21
							350m:	4:03.63	36.86
							400m:	4:38.59	34.96
10.	RYAN PETER, THERO	09	HJR	4:39.18	489	1:05.87	1:11.53	1:12.97	1:08.81
	50m:	31.35	31.35	150m:	1:41.06	35.19	250m:	2:53.79	36.39
	100m:	1:05.87	34.52	200m:	2:17.40	36.34	300m:	3:30.37	36.58
							350m:	4:06.01	35.64
							400m:	4:39.18	33.17
11.	MAHER EHSA, ELFAR	05	A-FUT	4:40.51	482	1:04.66	1:11.78	1:12.39	1:11.68
	50m:	30.84	30.84	150m:	1:40.69	36.03	250m:	2:52.21	35.77
	100m:	1:04.66	33.82	200m:	2:16.44	35.75	300m:	3:28.83	36.62
							350m:	4:05.07	36.24
							400m:	4:40.51	35.44
12.	KHALID ABD, ALQAR	07	ABH	4:40.77	481	1:03.77	1:10.38	1:13.26	1:13.36
	50m:	30.46	30.46	150m:	1:37.90	34.13	250m:	2:50.72	36.57
	100m:	1:03.77	33.31	200m:	2:14.15	36.25	300m:	3:27.41	36.69
							350m:	4:04.49	37.08
							400m:	4:40.77	36.28
13.	HAMZAH MES, ALAYE	10	ETIFQ	4:41.68	476	1:03.86	1:10.92	1:13.04	1:13.86
	50m:	30.55	30.55	150m:	1:38.99	35.13	250m:	2:51.10	36.32
	100m:	1:03.86	33.31	200m:	2:14.78	35.79	300m:	3:27.82	36.72
							350m:	4:04.90	37.08
							400m:	4:41.68	36.78
14.	IBRAHIM TA, ZAKAR	08	ABH	4:45.06	460	1:05.31	1:11.75	1:13.75	1:14.25
	50m:	31.75	31.75	150m:	1:41.14	35.83	250m:	2:53.08	36.02
	100m:	1:05.31	33.56	200m:	2:17.06	35.92	300m:	3:30.81	37.73
							350m:	4:07.54	36.73
							400m:	4:45.06	37.52
15.	ABDULHAQ M, GHAZA	07	ETIFQ	4:45.77	456	1:04.68	1:11.94	1:14.33	1:14.82
	50m:	31.04	31.04	150m:	1:40.21	35.53	250m:	2:53.67	37.05
	100m:	1:04.68	33.64	200m:	2:16.62	36.41	300m:	3:30.95	37.28
							350m:	4:08.44	37.49
							400m:	4:45.77	37.33
16.	REDHA MAHDI, ALOSAIF	07	KHJ	4:46.27	454	1:07.38	1:14.21	1:12.39	1:12.29
	50m:	31.74	31.74	150m:	1:43.83	36.45	250m:	2:57.72	36.13
	100m:	1:07.38	35.64	200m:	2:21.59	37.76	300m:	3:33.98	36.26
							350m:	4:10.35	36.37
							400m:	4:46.27	35.92
17.	YOUSSEF TA, HEMDA	09	ABH	4:49.33	440	1:10.86	1:13.41	1:13.42	1:11.64
	50m:	34.17	34.17	150m:	1:47.96	37.10	250m:	3:01.25	36.98
	100m:	1:10.86	36.69	200m:	2:24.27	36.31	300m:	3:37.69	36.44
							350m:	4:14.04	36.35
							400m:	4:49.33	35.29

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Event 9, Men, 400m Freestyle , Open

Rank	YB		Time		Pts	100m	200m	300m	400m
18.	ABDALLAH M, FATHY	11	ITHD	4:52.07	427	1:10.42	1:14.18	1:14.24	1:13.23
	50m:	34.13	34.13	150m:	1:47.46	37.04	250m:	3:01.91	37.31
	100m:	1:10.42	36.29	200m:	2:24.60	37.14	300m:	3:38.84	36.93
							350m:	4:15.25	36.41
							400m:	4:52.07	36.82
19.	OMAR MOSTA, ABUBA	08	DMK	4:53.42	421	1:10.01	1:13.94	1:16.41	1:13.06
	50m:	33.28	33.28	150m:	1:46.14	36.13	250m:	3:01.84	37.89
	100m:	1:10.01	36.73	200m:	2:23.95	37.81	300m:	3:40.36	38.52
							350m:	4:15.61	35.25
							400m:	4:53.42	37.81
20.	ABDULMOHSS, GHARE	02	FTH	4:55.25	414	1:07.03	1:13.43	1:16.28	1:18.51
	50m:	31.51	31.51	150m:	1:43.50	36.47	250m:	2:58.47	38.01
	100m:	1:07.03	35.52	200m:	2:20.46	36.96	300m:	3:36.74	38.27
							350m:	4:16.62	39.88
							400m:	4:55.25	38.63
21.	BASHAR FIR, QABBE	09	A-FUT	5:00.78	391	1:11.39	1:18.03	1:17.68	1:13.68
	50m:	33.45	33.45	150m:	1:49.32	37.93	250m:	3:09.11	39.69
	100m:	1:11.39	37.94	200m:	2:29.42	40.10	300m:	3:47.10	37.99
							350m:	4:25.92	38.82
							400m:	5:00.78	34.86
22.	ABDULRAHMA, ATTAR	09	ITHD	5:03.13	382				
	50m:			150m:			250m:		350m:
	100m:			200m:			300m:		400m:
									5:03.13
23.	AHMED TAME, ZAKAR	10	ABH	5:06.20	371	1:11.45	1:17.21	1:19.56	1:17.98
	50m:	34.27	34.27	150m:	1:49.83	38.38	250m:	3:08.20	39.54
	100m:	1:11.45	37.18	200m:	2:28.66	38.83	300m:	3:48.22	40.02
							350m:	4:27.25	39.03
							400m:	5:06.20	38.95
24.	MOHAMED SO, DEGHI	08	A-FUT	5:07.71	365	1:09.32	1:17.83	1:22.34	1:18.22
	50m:	32.99	32.99	150m:	1:47.69	38.37	250m:	3:08.19	41.04
	100m:	1:09.32	36.33	200m:	2:27.15	39.46	300m:	3:49.49	41.30
							350m:	4:29.92	40.43
							400m:	5:07.71	37.79
25.	OMAR AL SA, MOSTA	10	TBR	5:09.51	359	1:10.98	1:17.74	1:20.57	1:20.22
	50m:	33.84	33.84	150m:	1:49.98	39.00	250m:	3:08.40	39.68
	100m:	1:10.98	37.14	200m:	2:28.72	38.74	300m:	3:49.29	40.89
							350m:	4:30.10	40.81
							400m:	5:09.51	39.41
26.	,	97	A-PROTALNT	5:11.41	352	1:09.24	1:18.79	1:22.59	1:20.79
	50m:	33.31	33.31	150m:	1:47.79	38.55	250m:	3:08.99	40.96
	100m:	1:09.24	35.93	200m:	2:28.03	40.24	300m:	3:50.62	41.63
							350m:	4:33.39	42.77
							400m:	5:11.41	38.02
27.	MOHAMMED H, ALJAB	10	FTH	5:15.65	338	1:09.91	1:18.63	1:22.70	1:24.41
	50m:	32.93	32.93	150m:	1:48.46	38.55	250m:	3:09.69	41.15
	100m:	1:09.91	36.98	200m:	2:28.54	40.08	300m:	3:51.24	41.55
							350m:	4:33.95	42.71
							400m:	5:15.65	41.70
28.	DAWOOD SHO, ALRES	05	FHA	5:19.95	325	1:14.62	1:23.00	1:24.74	1:17.59
	50m:	34.23	34.23	150m:	1:56.38	41.76	250m:	3:20.08	42.46
	100m:	1:14.62	40.39	200m:	2:37.62	41.24	300m:	4:02.36	42.28
							350m:	4:44.07	41.71
							400m:	5:19.95	35.88
29.	FAHAD MOHA, ALSUL	05	NSR	5:22.95	316	1:12.62	1:24.04	1:25.55	1:20.74
	50m:	34.16	34.16	150m:	1:54.08	41.46	250m:	3:19.34	42.68
	100m:	1:12.62	38.46	200m:	2:36.66	42.58	300m:	4:02.21	42.87
							350m:	4:42.94	40.73
							400m:	5:22.95	40.01
30.	,	11	OHUD	5:38.49	274	1:15.49	1:27.16	1:30.06	1:25.78
	50m:	35.09	35.09	150m:	1:57.92	42.43	250m:	3:26.63	43.98
	100m:	1:15.49	40.40	200m:	2:42.65	44.73	300m:	4:12.71	46.08
							350m:	4:57.10	44.39
							400m:	5:38.49	41.39
31.	YAZAN KHAL, BAYON	07	ALW	5:39.01	273	1:16.78	1:27.32	1:28.40	1:26.51
	50m:	35.96	35.96	150m:	2:00.45	43.67	250m:	3:28.79	44.69
	100m:	1:16.78	40.82	200m:	2:44.10	43.65	300m:	4:12.50	43.71
							350m:	4:56.98	44.48
							400m:	5:39.01	42.03
	MOHAMMED Y, ALYOU	08	KHJ	5:21.46		1:13.53	1:22.18	1:23.67	1:22.08
	FALSE START								
	50m:	34.59	34.59	150m:	1:54.20	40.67	250m:	3:17.59	41.88
	100m:	1:13.53	38.94	200m:	2:35.71	41.51	300m:	3:59.38	41.79
							350m:	4:40.98	41.60
							400m:	5:21.46	40.48