

Jesenné M-ZSO - dlhé trate  
Myjava, 28.9.2024

disciplína 1  
28.09.2024 - 9:00

muži, 400m vo ný spôsob

11 ro . a st.  
Výsledky

bodovanie: FINA 2023

por.					Ro .					as	body	
<b>Starší juniori</b>												
1.	Stan ek Mário				07	Kúpele Pieš any				<b>4:20.42</b>	541	
	50m:	29.13	29.13	150m:	1:33.60	32.81	250m:	2:40.52	33.17	350m:	3:48.30	33.76
	100m:	1:00.79	31.66	200m:	2:07.35	33.75	300m:	3:14.54	34.02	400m:	4:20.42	32.12
2.	Gaži Ján				07	Slávia Tren ín				<b>4:56.02</b>	368 + 35.60	
	50m:	32.62	32.62	150m:	1:46.12	37.30	250m:	3:02.92	38.75	350m:	4:19.20	37.79
	100m:	1:08.82	36.20	200m:	2:24.17	38.05	300m:	3:41.41	38.49	400m:	4:56.02	36.82
<b>Mladší juniori</b>												
1.	Lidaj Luka				09	PK Záhorák Senica				<b>4:37.96</b>	445	
	50m:	30.89	30.89	150m:	1:38.79	34.95	250m:	2:50.09	35.73	350m:	4:02.24	36.26
	100m:	1:03.84	32.95	200m:	2:14.36	35.57	300m:	3:25.98	35.89	400m:	4:37.96	35.72
2.	Šiška Samuel				09	Kúpele Pieš any				<b>4:51.83</b>	384 + 13.87	
	50m:	34.11	34.11	150m:	1:47.50	36.74	250m:	3:02.76	37.74	350m:	4:17.81	36.94
	100m:	1:10.76	36.65	200m:	2:25.02	37.52	300m:	3:40.87	38.11	400m:	4:51.83	34.02
3.	Špajdel Rastislav				09	STU Trnava				<b>4:53.46</b>	378 + 15.50	
	50m:	33.76	33.76	150m:	1:46.00	36.63	250m:	3:00.75	37.16	350m:	4:16.82	38.22
	100m:	1:09.37	35.61	200m:	2:23.59	37.59	300m:	3:38.60	37.85	400m:	4:53.46	36.64
4.	Filus Tomáš				08	Kúpele Pieš any				<b>4:54.00</b>	376 + 16.04	
	50m:	33.06	33.06	150m:	1:47.45	37.74	250m:	3:03.33	37.85	350m:	4:18.76	37.67
	100m:	1:09.71	36.65	200m:	2:25.48	38.03	300m:	3:41.09	37.76	400m:	4:54.00	35.24
5.	Berkeš Šimon				08	Aquasport Levice				<b>4:57.05</b>	364 + 19.09	
	50m:	33.27	33.27	150m:	1:46.43	37.01	250m:	3:03.52	38.57	350m:	4:21.73	38.95
	100m:	1:09.42	36.15	200m:	2:24.95	38.52	300m:	3:42.78	39.26	400m:	4:57.05	35.32
6.	Sivák Filip				08	Pieš anský PK				<b>5:12.92</b>	312 + 34.96	
	50m:	32.20	32.20	150m:	1:48.85	39.60	250m:	3:09.25	40.74	350m:	4:32.13	41.80
	100m:	1:09.25	37.05	200m:	2:28.51	39.66	300m:	3:50.33	41.08	400m:	5:12.92	40.79
<b>14 ro .</b>												
1.	Moško Šimon				10	Slávia Tren ín				<b>4:46.10</b>	408	
	50m:	31.12	31.12	150m:	1:42.09	35.73	250m:	2:54.19	35.80	350m:	4:08.77	37.76
	100m:	1:06.36	35.24	200m:	2:18.39	36.30	300m:	3:31.01	36.82	400m:	4:46.10	37.33
2.	Valúch Richard				10	Pira a Topo any				<b>4:47.46</b>	402 + 1.36	
	50m:	32.64	32.64	150m:	1:45.71	36.89	250m:	2:59.53	36.93	350m:	4:13.10	36.59
	100m:	1:08.82	36.18	200m:	2:22.60	36.89	300m:	3:36.51	36.98	400m:	4:47.46	34.36
3.	Otruba Ondrej				10	Pieš anský PK				<b>4:55.41</b>	370 + 9.31	
	50m:	32.88	32.88	150m:	1:45.81	37.19	250m:	3:02.39	38.51	350m:	4:19.29	38.51
	100m:	1:08.62	35.74	200m:	2:23.88	38.07	300m:	3:40.78	38.39	400m:	4:55.41	36.12
4.	Jakub ek Ján				10	Pieš anský PK				<b>4:57.09</b>	364 + 10.99	
	50m:	34.15	34.15	150m:	1:50.47	38.68	250m:	3:06.38	37.68	350m:	4:22.13	37.83
	100m:	1:11.79	37.64	200m:	2:28.70	38.23	300m:	3:44.30	37.92	400m:	4:57.09	34.96
5.	Ondrejka Šimon				10	PO Spartak Myjava				<b>4:58.48</b>	359 + 12.38	
	50m:	30.54	30.54	150m:	1:45.08	39.10	250m:	3:04.98	39.71	350m:	4:22.06	40.50
	100m:	1:05.98	35.44	200m:	2:25.27	40.19	300m:	3:41.56	36.58	400m:	4:58.48	36.42

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13 ro .

1.	Scholze Oliver Rainer		11	PK Záhorák Senica		<b>5:02.44</b>	345	
	50m: 33.04	33.04	150m: 1:48.45	38.47	250m: 3:06.68	39.90	350m: 4:24.33	39.80
	100m: 1:09.98	36.94	200m: 2:26.78	38.33	300m: 3:44.53	37.85	400m: 5:02.44	38.11
2.	Puna Matej		11	Slávia Tren ín		<b>5:02.98</b>	343	+ 0.54
	50m: 33.71	33.71	150m: 1:49.79	38.44	250m: 3:07.19	38.97	350m: 4:25.76	39.31
	100m: 1:11.35	37.64	200m: 2:28.22	38.43	300m: 3:46.45	39.26	400m: 5:02.98	37.22
3.	Svítek Jakub		11	PO Spartak Myjava		<b>5:43.59</b>	235	+ 41.15
	50m: 35.33	35.33	150m: 2:01.74	44.60	250m: 3:33.11	46.66	350m: 5:02.22	44.06
	100m: 1:17.14	41.81	200m: 2:46.45	44.71	300m: 4:18.16	45.05	400m: 5:43.59	41.37
4.	Kozelka Filip		11	Kúpele Pieš any		<b>5:46.45</b>	229	+ 44.01
	50m: 36.95	36.95	150m: 2:03.11	43.99	250m: 3:34.39	45.01	350m: 5:04.16	44.03
	100m: 1:19.12	42.17	200m: 2:49.38	46.27	300m: 4:20.13	45.74	400m: 5:46.45	42.29
5.	Habardik Oliver		11	STU Trnava		<b>5:55.95</b>	212	+ 53.51
	50m: 38.13	38.13	150m: 2:06.10	44.80	250m: 3:38.58	46.57	350m: 5:12.22	46.63
	100m: 1:21.30	43.17	200m: 2:52.01	45.91	300m: 4:25.59	47.01	400m: 5:55.95	43.73
6.	Krej í Lukáš		11	STU Trnava		<b>6:12.57</b>	184	+ 1:10.13
	50m: 38.62	38.62	150m: 2:14.59	49.42	250m: 3:51.41	48.11	350m: 5:29.52	47.92
	100m: 1:25.17	46.55	200m: 3:03.30	48.71	300m: 4:41.60	50.19	400m: 6:12.57	43.05
7.	Bzdúšek Samuel		11	PO Spartak Myjava		<b>6:13.15</b>	184	+ 1:10.71
	50m: 39.34	39.34	150m: 2:13.67	47.55	250m: 3:51.62	48.72	350m: 5:28.89	48.10
	100m: 1:26.12	46.78	200m: 3:02.90	49.23	300m: 4:40.79	49.17	400m: 6:13.15	44.26
8.	Králik Kristián		11	Slávia Tren ín		<b>6:48.56</b>	140	+ 1:46.12
	50m: 43.31	43.31	150m: 2:27.04	52.62	250m: 4:13.84	53.77	350m: 5:59.76	51.16
	100m: 1:34.42	51.11	200m: 3:20.07	53.03	300m: 5:08.60	54.76	400m: 6:48.56	48.80

12 ro .

1.	Filipovi Šimon		12	STU Trnava		<b>5:19.08</b>	294	
	50m: 32.33	32.33	150m: 1:51.12	41.03	250m: 3:14.40	42.09	350m: 4:39.03	42.53
	100m: 1:10.09	37.76	200m: 2:32.31	41.19	300m: 3:56.50	42.10	400m: 5:19.08	40.05
2.	Budai Patrick		12	Kúpele Pieš any		<b>5:37.69</b>	248	+ 18.61
	50m: 34.26	34.26	150m: 2:00.31	44.86	250m: 3:30.12	43.89	350m: 4:52.44	40.23
	100m: 1:15.45	41.19	200m: 2:46.23	45.92	300m: 4:12.21	42.09	400m: 5:37.69	45.25
3.	Gy ri Rene		12	KOMKO Komárno		<b>5:53.09</b>	217	+ 34.01
	50m: 38.66	38.66	150m: 2:09.67	46.68	250m: 3:41.07	45.67	350m: 5:11.31	44.75
	100m: 1:22.99	44.33	200m: 2:55.40	45.73	300m: 4:26.56	45.49	400m: 5:53.09	41.78
4.	Dobiáš Jakub		12	Slávia Tren ín		<b>5:54.75</b>	214	+ 35.67
	50m: 38.31	38.31	150m: 2:05.69	43.47	250m: 3:31.35	41.98	350m: 4:51.11	37.88
	100m: 1:22.22	43.91	200m: 2:49.37	43.68	300m: 4:13.23	41.88	400m: 5:54.75	1:03.64
5.	Mrva Lukáš		12	Pieš anský PK		<b>5:59.30</b>	206	+ 40.22
	50m: 37.91	37.91	150m: 2:08.46	46.08	250m: 3:46.86	51.13	350m: 5:16.30	48.45
	100m: 1:22.38	44.47	200m: 2:55.73	47.27	300m: 4:27.85	40.99	400m: 5:59.30	43.00
6.	Vizváry Juraj		12	PK Záhorák Senica		<b>6:03.59</b>	198	+ 44.51
	50m: 39.42	39.42	150m: 2:09.57	46.18	250m: 3:43.20	46.95	350m: 5:17.94	47.52
	100m: 1:23.39	43.97	200m: 2:56.25	46.68	300m: 4:30.42	47.22	400m: 6:03.59	45.65
7.	Gronich Filip		12	STU Trnava		<b>6:06.20</b>	194	+ 47.12
	50m: 40.98	40.98	150m: 2:17.49	58.41	250m: 3:52.46	54.94	350m: 5:24.21	45.12
	100m: 1:19.08	38.10	200m: 2:57.52	40.03	300m: 4:39.09	46.63	400m: 6:06.20	41.99

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11 ro .

1.	Dudon Jakub		13	Pieš anský PK		<b>5:52.25</b>	218	
	50m: 38.57	38.57	150m: 2:09.41	46.01	250m: 3:40.90	45.79	350m: 5:11.75	45.23
	100m: 1:23.40	44.83	200m: 2:55.11	45.70	300m: 4:26.52	45.62	400m: 5:52.25	40.50
2.	Šiška Tobiáš		13	Kúpele Pieš any		<b>5:54.56</b>	214	+ 2.31
	50m: 36.77	36.77	150m: 2:06.46	45.94	250m: 3:39.21	45.69	350m: 5:10.54	45.43
	100m: 1:20.52	43.75	200m: 2:53.52	47.06	300m: 4:25.11	45.90	400m: 5:54.56	44.02
3.	Kormaník Matej		13	PO Spartak Myjava		<b>6:29.28</b>	162	+ 37.03
	50m: 43.44	43.44	150m: 2:21.80	50.50	250m: 4:01.93	49.90	350m: 5:43.92	50.15
	100m: 1:31.30	47.86	200m: 3:12.03	50.23	300m: 4:53.77	51.84	400m: 6:29.28	45.36
4.	Bernstein Anton-David		13	PK Záhorák Senica		<b>6:43.68</b>	145	+ 51.43
	50m: 39.28	39.28	150m: 2:21.34	53.57	250m: 4:06.16	53.02	350m: 5:51.06	51.64
	100m: 1:27.77	48.49	200m: 3:13.14	51.80	300m: 4:59.42	53.26	400m: 6:43.68	52.62
5.	Žembera Tobias		13	PK Nové Zámky		<b>6:44.84</b>	144	+ 52.59
	50m: 42.06	42.06	150m: 2:27.34	53.28	250m: 4:12.08	52.11	350m: 5:54.70	51.77
	100m: 1:34.06	52.00	200m: 3:19.97	52.63	300m: 5:02.93	50.85	400m: 6:44.84	50.14
6.	Horák Maximilián		13	STU Trnava		<b>6:58.18</b>	130	+ 1:05.93
	50m: 43.86	43.86	150m: 2:29.91	54.50	250m: 4:16.86	54.33	350m: 6:06.17	54.54
	100m: 1:35.41	51.55	200m: 3:22.53	52.62	300m: 5:11.63	54.77	400m: 6:58.18	52.01
7.	Honzek Dávid		13	Slávia Trenín		<b>7:12.80</b>	117	+ 1:20.55
	50m: 46.61	46.61	150m: 2:33.98	54.36	250m: 4:30.62	58.86	350m: 6:21.25	54.63
	100m: 1:39.62	53.01	200m: 3:31.76	57.78	300m: 5:26.62	56.00	400m: 7:12.80	51.55