

38
22.09.2024 - 12:05

, 400m

25 - 94

: FPM Masters 23

75 - 79

1. 76 **9:01.86** 265
50m: 52.02 52.02 150m: 3:08.00 1:10.52 250m: 5:33.46 1:12.30 350m: 7:57.08 1:11.81
100m: 1:57.48 1:05.46 200m: 4:21.16 1:13.16 300m: 6:45.27 1:11.81 400m: 9:01.86 1:04.78

70 - 74

1. 70 **6:59.19** 453
50m: 43.18 43.18 150m: 2:24.60 52.75 250m: 4:11.70 55.56 350m: 6:07.87 58.74
100m: 1:31.85 48.67 200m: 3:16.14 51.54 300m: 5:09.13 57.43 400m: 6:59.19 51.32

60 - 64

1. 61 **6:30.51** 371
50m: 45.58 45.58 150m: 2:26.77 51.37 250m: 4:04.79 48.29 350m: 5:43.05 48.57
100m: 1:35.40 49.82 200m: 3:16.50 49.73 300m: 4:54.48 49.69 400m: 6:30.51 47.46

50 - 54

1. 54 **6:34.20** 287
50m: 42.23 42.23 150m: 2:22.40 51.00 250m: 4:05.26 51.53 350m: 5:47.45 50.94
100m: 1:31.40 49.17 200m: 3:13.73 51.33 300m: 4:56.51 51.25 400m: 6:34.20 46.75

52

NT

NT

35 - 39

1. 35 **4:44.38** 669
50m: 30.57 30.57 150m: 1:40.55 35.49 250m: 2:53.50 36.82 350m: 4:08.05 37.64
100m: 1:05.06 34.49 200m: 2:16.68 36.13 300m: 3:30.41 36.91 400m: 4:44.38 36.33

2. 35 **5:31.65** 421
50m: 33.15 33.15 150m: 1:51.53 40.82 250m: 3:18.32 43.96 350m: 4:47.46 44.92
100m: 1:10.71 37.56 200m: 2:34.36 42.83 300m: 4:02.54 44.22 400m: 5:31.65 44.19