

Jesenné M-VSO - dlhé trate
Michalovce, 28.9.2024

disciplína 4
28.09.2024 - 12:22

ženy, 1500m vo vny spôsob

13 ro . a st.
Výsledky

bodovanie: FINA 2023

por.	Ro .	as	body
Staršie žia ky, "A", 13 ro .			
1.	apinová Karina	11	KP Aquacity Poprad
			20:22.07 410
	50m: 36.92 36.92	450m: 6:05.90 41.70	850m: 11:33.45 41.01
	100m: 1:16.91 39.99	500m: 6:47.06 41.16	900m: 12:14.27 40.82
	150m: 1:57.78 40.87	550m: 7:28.48 41.42	950m: 12:55.56 41.29
	200m: 2:38.54 40.76	600m: 8:08.85 40.37	1000m: 13:36.59 41.03
	250m: 3:19.34 40.80	650m: 8:50.10 41.25	1050m: 14:17.19 40.60
	300m: 4:01.03 41.69	700m: 9:30.01 39.91	1100m: 14:57.63 40.44
	350m: 4:42.84 41.81	750m: 10:11.07 41.06	1150m: 15:38.22 40.59
	400m: 5:24.20 41.36	800m: 10:52.44 41.37	1200m: 16:19.57 41.35
2.	Kapolková Michaela	11	KP Aquacity Poprad
			20:59.69 374 + 37.62
	50m: 37.62 37.62	450m: 6:13.36 42.11	850m: 11:53.79 42.68
	100m: 1:18.93 41.31	500m: 6:56.18 42.82	900m: 12:36.21 42.42
	150m: 2:01.65 42.72	550m: 7:38.93 42.75	950m: 13:19.18 42.97
	200m: 2:43.32 41.67	600m: 8:21.16 42.23	1000m: 14:01.73 42.55
	250m: 3:25.57 42.25	650m: 9:03.72 42.56	1050m: 14:44.25 42.52
	300m: 4:07.26 41.69	700m: 9:45.94 42.22	1100m: 15:26.78 42.53
	350m: 4:49.18 41.92	750m: 10:28.39 42.45	1150m: 16:09.32 42.54
	400m: 5:31.25 42.07	800m: 11:11.11 42.72	1200m: 16:51.96 42.64
3.	Ov iariková Zora	11	KP Spišská Nová Ves
			21:56.32 328 + 1:34.25
	50m: 39.99 39.99	450m: 6:31.83 44.20	850m: 12:26.03 44.32
	100m: 1:22.94 42.95	500m: 7:16.26 44.43	900m: 13:10.13 44.10
	150m: 2:07.32 44.38	550m: 8:00.91 44.65	950m: 13:54.28 44.15
	200m: 2:50.85 43.53	600m: 8:45.67 44.76	1000m: 14:38.83 44.55
	250m: 3:35.18 44.33	650m: 9:29.73 44.06	1050m: 15:23.32 44.49
	300m: 4:19.27 44.09	700m: 10:13.65 43.92	1100m: 16:07.33 44.01
	350m: 5:03.40 44.13	750m: 10:57.57 43.92	1150m: 16:50.97 43.64
	400m: 5:47.63 44.23	800m: 11:41.71 44.14	1200m: 17:35.24 44.27

Staršie žia ky, "A", 14 ro .

1.	Du aiová Stela	10	PK Prešov
			24:00.15 250
	50m: 39.96 39.96	450m: 7:00.63 48.25	850m: 13:31.70 49.19
	100m: 1:25.52 45.56	500m: 7:49.69 49.06	900m: 14:20.52 48.82
	150m: 2:12.28 46.76	550m: 8:38.05 48.36	950m: 15:09.79 49.27
	200m: 3:00.30 48.02	600m: 9:26.36 48.31	1000m: 15:58.57 48.78
	250m: 3:48.40 48.10	650m: 10:15.18 48.82	1050m: 16:48.09 49.52
	300m: 4:35.94 47.54	700m: 11:04.43 49.25	1100m: 17:37.52 49.43
	350m: 5:23.62 47.68	750m: 11:53.37 48.94	1150m: 18:26.88 49.36
	400m: 6:12.38 48.76	800m: 12:42.51 49.14	1200m: 19:16.23 49.35

Mladšie juniorky, „MJ“, 15 – 16 ro .

1.	Vasi ková Dominika	09	PK Humenné
			21:30.51 348
	50m: 35.81 35.81	450m: 6:13.80 43.79	850m: 12:06.90 44.31
	100m: 1:16.28 40.47	500m: 6:57.27 43.47	900m: 12:51.26 44.36
	150m: 1:57.49 41.21	550m: 7:41.72 44.45	950m: 13:35.48 44.22
	200m: 2:39.08 41.59	600m: 8:25.42 43.70	1000m: 14:19.03 43.55
	250m: 3:20.48 41.40	650m: 9:09.90 44.48	1050m: 15:04.14 45.11
	300m: 4:03.22 42.74	700m: 9:53.60 43.70	1100m: 15:47.28 43.14
	350m: 4:46.45 43.23	750m: 10:37.93 44.33	1150m: 16:31.58 44.30
	400m: 5:30.01 43.56	800m: 11:22.59 44.66	1200m: 17:15.38 43.80
2.	Pir ová Nina	08	PK ORCA Michalovce
			21:42.53 339 + 12.02
	50m: 37.34 37.34	500m: 7:04.13 43.85	900m: 12:56.72 44.53
	100m: 1:18.78 41.44	550m: 7:48.03 43.90	950m: 13:41.25 44.53
	150m: 2:01.34 42.56	600m: 8:32.03 44.00	1000m: 14:25.38 44.13
	200m: 2:43.97 42.63	650m: 9:15.63 43.60	1050m: 15:10.00 44.62
	250m: 3:26.78 42.81	700m: 9:59.59 43.96	1100m: 15:54.63 44.63
	350m: 4:53.31 1:26.53	750m: 10:43.59 44.00	1150m: 16:39.38 44.75
	400m: 5:36.72 43.41	800m: 11:27.94 44.35	1200m: 17:23.78 44.40
	450m: 6:20.28 43.56	850m: 12:12.19 44.25	1250m: 18:08.31 44.53

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Staršie juniorky, „SJ“, 17 – 18 ro .

1. Balogá ová Mária			07	PK Humenné			21:52.84	331			
50m:	36.22	36.22	450m:	6:21.14	43.83	850m:	12:17.45	44.82	1250m:	18:13.96	44.97
100m:	1:17.21	40.99	500m:	7:05.41	44.27	900m:	13:02.30	44.85	1300m:	18:58.59	44.63
150m:	1:58.57	41.36	550m:	7:49.51	44.10	950m:	13:47.50	45.20	1350m:	19:43.11	44.52
200m:	2:41.18	42.61	600m:	8:34.06	44.55	1000m:	14:32.83	45.33	1400m:	20:27.01	43.90
250m:	3:24.39	43.21	650m:	9:18.51	44.45	1050m:	15:16.60	43.77	1450m:	21:11.06	44.05
300m:	4:08.92	44.53	700m:	10:03.44	44.93	1100m:	16:00.77	44.17	1500m:	21:52.84	41.78
350m:	4:53.30	44.38	750m:	10:48.12	44.68	1150m:	16:44.90	44.13			
400m:	5:37.31	44.01	800m:	11:32.63	44.51	1200m:	17:28.99	44.09			
2. Kamal Sára			07	PK Prešov			23:16.27	275	+ 1:23.43		
50m:	37.19	37.19	450m:	6:37.70	47.10	850m:	12:57.23	48.10	1250m:	19:25.18	48.92
100m:	1:19.19	42.00	500m:	7:25.51	47.81	900m:	13:44.80	47.57	1300m:	20:12.32	47.14
150m:	2:02.24	43.05	550m:	8:13.14	47.63	950m:	14:33.81	49.01	1350m:	21:00.13	47.81
200m:	2:46.51	44.27	600m:	8:59.71	46.57	1000m:	15:22.09	48.28	1400m:	21:46.69	46.56
250m:	3:30.96	44.45	650m:	9:46.84	47.13	1050m:	16:09.99	47.90	1450m:	22:32.59	45.90
300m:	4:17.04	46.08	700m:	10:33.56	46.72	1100m:	16:58.17	48.18	1500m:	23:16.27	43.68
350m:	5:03.70	46.66	750m:	11:21.78	48.22	1150m:	17:47.61	49.44			
400m:	5:50.60	46.90	800m:	12:09.13	47.35	1200m:	18:36.26	48.65			
3. Mattová Laura			07	PK Prešov			24:13.97	243	+ 2:21.13		
50m:	40.73	40.73	450m:	7:01.88	48.36	850m:	13:34.15	49.37	1250m:	20:10.94	49.72
100m:	1:26.81	46.08	500m:	7:50.28	48.40	900m:	14:23.10	48.95	1300m:	21:01.31	50.37
150m:	2:13.59	46.78	550m:	8:38.59	48.31	950m:	15:12.29	49.19	1350m:	21:50.81	49.50
200m:	3:01.25	47.66	600m:	9:27.31	48.72	1000m:	16:02.13	49.84	1400m:	22:40.69	49.88
250m:	3:49.47	48.22	650m:	10:16.94	49.63	1050m:	16:51.31	49.18	1450m:	23:29.13	48.44
300m:	4:37.50	48.03	700m:	11:05.97	49.03	1100m:	17:41.22	49.91	1500m:	24:13.97	44.84
350m:	5:25.28	47.78	750m:	11:55.41	49.44	1150m:	18:31.63	50.41			
400m:	6:13.52	48.24	800m:	12:44.78	49.37	1200m:	19:21.22	49.59			