

Jesenné M-VSO - dlhé trate
Michalovce, 28.9.2024

disciplína 2
28.09.2024 - 10:01

ženy, 400m vo vlny spôsob

11 ro . a st.
Výsledky

bodovanie: FINA 2023

por.				Ro .				as	body			
Mladšie žia ky, "B", 11 ro .												
1.	Bonk Lara			13	ŠKP Košice			5:24.28	362			
	50m:	36.19	36.19	150m:	1:57.25	40.91	250m:	3:21.31	41.78	400m:	5:24.28	38.84
	100m:	1:16.34	40.15	200m:	2:39.53	42.28	350m:	4:45.44	1:24.13			
2.	Brej áková Viktória			13	KP Aquacity Poprad			5:32.32	337 + 8.04			
	50m:	36.98	36.98	150m:	2:00.94	42.72	250m:	3:26.25	43.07	350m:	4:51.27	42.56
	100m:	1:18.22	41.24	200m:	2:43.18	42.24	300m:	4:08.71	42.46	400m:	5:32.32	41.05
3.	Du aiová Nela			13	PK Prešov			6:09.30	245 + 45.02			
	50m:	38.64	38.64	150m:	2:10.85	46.91	250m:	3:47.84	49.10	350m:	5:25.79	49.37
	100m:	1:23.94	45.30	200m:	2:58.74	47.89	300m:	4:36.42	48.58	400m:	6:09.30	43.51
4.	Buocová Alexandra			13	DSC Prešov			6:28.46	211 + 1:04.18			
	50m:	41.70	41.70	150m:	2:22.69	51.24	250m:	4:04.03	50.88	350m:	5:45.29	49.41
	100m:	1:31.45	49.75	200m:	3:13.15	50.46	300m:	4:55.88	51.85	400m:	6:28.46	43.17
5.	de Oliveira Sandra			13	ŠKP Košice			6:30.81	207 + 1:06.53			
	50m:	39.69	39.69	150m:	2:17.69	49.78	250m:	4:00.11	51.62	350m:	5:42.98	51.10
	100m:	1:27.91	48.22	200m:	3:08.49	50.80	300m:	4:51.88	51.77	400m:	6:30.81	47.83
6.	Jandová Andrea			13	LITTLE SHARK Kežmarok			7:04.30	161 + 1:40.02			
	50m:	44.58	44.58	150m:	2:31.87	54.36	250m:	4:22.15	55.48	350m:	6:13.20	54.10
	100m:	1:37.51	52.93	200m:	3:26.67	54.80	300m:	5:19.10	56.95	400m:	7:04.30	51.10
7.	Perhá ová Nela Eva			13	PK Prešov			7:26.50	139 + 2:02.22			
	50m:	44.71	44.71	150m:	2:31.71	55.27	250m:	4:27.89	59.63	350m:	6:27.08	59.59
	100m:	1:36.44	51.73	200m:	3:28.26	56.55	300m:	5:27.49	59.60	400m:	7:26.50	59.42

Mladšie žia ky, "B", 12 ro .

1.	Habi áková Tereza			12	ŠKP Košice			5:24.89	360			
	50m:	36.87	36.87	150m:	1:57.94	41.09	250m:	3:20.36	41.29	350m:	4:44.40	42.26
	100m:	1:16.85	39.98	200m:	2:39.07	41.13	300m:	4:02.14	41.78	400m:	5:24.89	40.49
2.	Štefaníková Barbora			12	ŠKP Košice			5:57.53	270 + 32.64			
	50m:	36.05	36.05	150m:	2:06.24	46.43	250m:	3:39.52	46.92	350m:	5:13.79	47.14
	100m:	1:19.81	43.76	200m:	2:52.60	46.36	300m:	4:26.65	47.13	400m:	5:57.53	43.74
3.	Drefková Barborka			12	KP Aquacity Poprad			5:59.13	267 + 34.24			
	50m:	38.44	38.44	150m:	2:09.22	46.19	250m:	3:42.66	46.82	350m:	5:16.22	46.63
	100m:	1:23.03	44.59	200m:	2:55.84	46.62	300m:	4:29.59	46.93	400m:	5:59.13	42.91
4.	Slováková Ema			12	DSC Prešov			6:01.81	261 + 36.92			
	50m:	37.66	37.66	150m:	2:04.28	44.72	250m:	3:39.56	48.34	350m:	5:15.00	48.97
	100m:	1:19.56	41.90	200m:	2:51.22	46.94	300m:	4:26.03	46.47	400m:	6:01.81	46.81
5.	Oravcová Eliška			12	KP Aquacity Poprad			6:07.42	249 + 42.53			
	50m:	38.94	38.94	150m:	2:11.97	47.46	250m:	3:48.26	48.03	350m:	5:22.14	46.69
	100m:	1:24.51	45.57	200m:	3:00.23	48.26	300m:	4:35.45	47.19	400m:	6:07.42	45.28
6.	Kulanová Lilien			12	PK Humenné			6:23.90	218 + 59.01			
	50m:	39.34	39.34	150m:	2:17.03	48.79	250m:	3:59.20	50.56	350m:	5:37.10	47.96
	100m:	1:28.24	48.90	200m:	3:08.64	51.61	300m:	4:49.14	49.94	400m:	6:23.90	46.80
7.	Malcová Veronika			12	KP Aquacity Poprad			6:26.84	213 + 1:01.95			
	50m:	40.34	40.34	150m:	2:16.22	48.38	250m:	3:56.44	50.78	350m:	5:37.75	51.44
	100m:	1:27.84	47.50	200m:	3:05.66	49.44	300m:	4:46.31	49.87	400m:	6:26.84	49.09
8.	íkošová Michaela			12	PK Prešov			6:47.24	183 + 1:22.35			
	50m:	43.20	43.20	150m:	2:27.73	53.14	250m:	4:15.01	54.45	350m:	6:00.68	52.65
	100m:	1:34.59	51.39	200m:	3:20.56	52.83	300m:	5:08.03	53.02	400m:	6:47.24	46.56
9.	Humenská Zuzana			12	KP Aquacity Poprad			6:47.40	183 + 1:22.51			
	50m:	44.92	44.92	150m:	2:29.93	53.35	250m:	4:14.82	52.60	350m:	6:00.27	51.95
	100m:	1:36.58	51.66	200m:	3:22.22	52.29	300m:	5:08.32	53.50	400m:	6:47.40	47.13
10.	Hovan ík Zara			12	ŠK Iglovia			6:48.88	181 + 1:23.99			
	50m:	45.25	45.25	150m:	2:27.22	51.71	250m:	4:12.63	53.33	350m:	5:58.44	52.78
	100m:	1:35.51	50.26	200m:	3:19.30	52.08	300m:	5:05.66	53.03	400m:	6:48.88	50.44
11.	Okošová Karolína			12	DSC Prešov			7:09.48	156 + 1:44.59			
	50m:	43.36	43.36	150m:	2:29.97	54.68	250m:	4:23.01	57.38	350m:	6:19.74	58.59
	100m:	1:35.29	51.93	200m:	3:25.63	55.66	300m:	5:21.15	58.14	400m:	7:09.48	49.74

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Staršie žiačky, "A", 13 ro.

1.	Muránska Nina		11	ŠK Iglovia		4:59.25	461	
	50m: 33.59	33.59	150m: 1:47.63	37.66	250m: 3:04.19	38.60	350m: 4:21.63	38.85
	100m: 1:09.97	36.38	200m: 2:25.59	37.96	300m: 3:42.78	38.59	400m: 4:59.25	37.62
2.	apinová Karina		11	KP Aquacity Poprad		5:07.14	427	+ 7.89
	50m: 34.67	34.67	150m: 1:52.88	39.77	250m: 3:11.05	39.42	350m: 4:30.08	39.90
	100m: 1:13.11	38.44	200m: 2:31.63	38.75	300m: 3:50.18	39.13	400m: 5:07.14	37.06
3.	Kapolková Michaela		11	KP Aquacity Poprad		5:13.86	400	+ 14.61
	50m: 34.94	34.94	150m: 1:52.33	39.48	250m: 3:13.66	41.12	350m: 4:35.67	41.06
	100m: 1:12.85	37.91	200m: 2:32.54	40.21	300m: 3:54.61	40.95	400m: 5:13.86	38.19
4.	Ovčiariková Zora		11	KP Spišská Nová Ves		5:18.48	383	+ 19.23
	50m: 36.66	36.66	150m: 1:56.09	40.48	250m: 3:17.06	40.02	350m: 4:38.72	41.13
	100m: 1:15.61	38.95	200m: 2:37.04	40.95	300m: 3:57.59	40.53	400m: 5:18.48	39.76
5.	Tokárová Sára		11	ŠKP Košice		5:25.80	357	+ 26.55
	50m: 35.64	35.64	150m: 1:54.00	40.06	250m: 3:17.94	42.01	350m: 4:44.76	43.22
	100m: 1:13.94	38.30	200m: 2:35.93	41.93	300m: 4:01.54	43.60	400m: 5:25.80	41.04
6.	Krejsová Ella		11	KP Aquacity Poprad		5:28.71	348	+ 29.46
	50m: 34.00	34.00	150m: 1:54.67	41.32	250m: 3:21.08	43.59	350m: 4:48.76	41.05
	100m: 1:13.35	39.35	200m: 2:37.49	42.82	300m: 4:07.71	46.63	400m: 5:28.71	39.95
7.	Meleková Emma		11	ŠK Iglovia		5:31.15	340	+ 31.90
	50m: 36.28	36.28	150m: 1:57.36	41.07	250m: 3:23.11	43.45	350m: 4:49.50	42.76
	100m: 1:16.29	40.01	200m: 2:39.66	42.30	300m: 4:06.74	43.63	400m: 5:31.15	41.65
8.	Farkašová Alexandra		11	ŠK Iglovia		5:34.79	329	+ 35.54
	50m: 37.32	37.32	150m: 2:01.68	42.82	250m: 3:28.48	43.75	350m: 4:54.80	42.91
	100m: 1:18.86	41.54	200m: 2:44.73	43.05	300m: 4:11.89	43.41	400m: 5:34.79	39.99
9.	Frankovcová Nina		11	KP Aquacity Poprad		5:35.47	327	+ 36.22
	50m: 36.65	36.65	150m: 2:00.95	42.07	250m: 3:27.49	43.46	350m: 4:54.40	43.26
	100m: 1:18.88	42.23	200m: 2:44.03	43.08	300m: 4:11.14	43.65	400m: 5:35.47	41.07
10.	Utáková Tatiana		11	ŠKP Košice		5:41.17	311	+ 41.92
	50m: 36.94	36.94	150m: 2:01.69	43.31	250m: 3:29.88	44.41	350m: 4:58.38	43.94
	100m: 1:18.38	41.44	200m: 2:45.47	43.78	300m: 4:14.44	44.56	400m: 5:41.17	42.79
11.	Veresová Simona		11	ŠKP Košice		5:53.65	279	+ 54.40
	50m: 35.35	35.35	150m: 2:01.81	44.71	250m: 3:33.93	46.16	350m: 5:07.97	46.57
	100m: 1:17.10	41.75	200m: 2:47.77	45.96	300m: 4:21.40	47.47	400m: 5:53.65	45.68
12.	Petijová Karin		11	PK Humenné		5:56.61	272	+ 57.36
	50m: 37.65	37.65	150m: 2:08.17	46.39	250m: 3:41.20	46.47	350m: 5:13.27	45.89
	100m: 1:21.78	44.13	200m: 2:54.73	46.56	300m: 4:27.38	46.18	400m: 5:56.61	43.34
13.	Matejková Lara		11	ŠK Iglovia		6:01.19	262	+ 1:01.94
	50m: 38.86	38.86	150m: 2:12.10	42.84	250m: 3:47.92	47.77	350m: 5:20.41	45.53
	100m: 1:29.26	50.40	200m: 3:00.15	48.05	300m: 4:34.88	46.96	400m: 6:01.19	40.78
14.	Sabolová Linda		11	DSC Prešov		6:01.44	262	+ 1:02.19
	50m: 41.26	41.26	150m: 2:13.43	46.49	250m: 3:46.25	46.90	350m: 5:17.99	45.75
	100m: 1:26.94	45.68	200m: 2:59.35	45.92	300m: 4:32.24	45.99	400m: 6:01.44	43.45
15.	Jezný Sophie		11	KP Aquacity Poprad		6:18.89	227	+ 1:19.64
	50m: 39.44	39.44	150m: 2:11.29	46.96	250m: 3:48.09	48.67	350m: 5:28.69	50.73
	100m: 1:24.33	44.89	200m: 2:59.42	48.13	300m: 4:37.96	49.87	400m: 6:18.89	50.20
16.	Kužmová Mária		11	PK ORCA Michalovce		6:23.13	220	+ 1:23.88
	50m: 39.85	39.85	150m: 2:14.06	47.83	250m: 3:52.75	50.08	350m: 5:33.45	49.68
	100m: 1:26.23	46.38	200m: 3:02.67	48.61	300m: 4:43.77	51.02	400m: 6:23.13	49.68
17.	Gombová Liana		11	PK Prešov		6:52.16	176	+ 1:52.91
	50m: 42.87	42.87	150m: 2:28.73	54.98	250m: 4:14.96	54.72	350m: 6:03.45	54.64
	100m: 1:33.75	50.88	200m: 3:20.24	51.51	300m: 5:08.81	53.85	400m: 6:52.16	48.71
18.	Kubáková Tereza Saoirse		11	PK Prešov		6:57.13	170	+ 1:57.88
	50m: 41.51	41.51	150m: 2:25.52	52.95	250m: 4:14.81	54.91	350m: 6:05.45	55.83
	100m: 1:32.57	51.06	200m: 3:19.90	54.38	300m: 5:09.62	54.81	400m: 6:57.13	51.68
19.	Jelínková Mária		11	PK Prešov		7:17.25	148	+ 2:18.00
	50m: 44.94	44.94	150m: 2:36.07	56.76	250m: 4:31.94	57.60	350m: 6:27.73	58.14
	100m: 1:39.31	54.37	200m: 3:34.34	58.27	300m: 5:29.59	57.65	400m: 7:17.25	49.52

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Staršie žia ky, "A", 14 ro .

1.	Bretzová Tamara		10	ŠKP Košice		4:51.87	497	
	50m: 30.94	30.94	150m: 1:42.48	36.62	250m: 2:57.72	38.09	350m: 4:15.14	38.49
	100m: 1:05.86	34.92	200m: 2:19.63	37.15	300m: 3:36.65	38.93	400m: 4:51.87	36.73
2.	Štangová Gréta		10	ŠKP Košice		4:53.29	490	+ 1.42
	50m: 33.15	33.15	150m: 1:47.16	37.55	250m: 3:02.69	37.61	350m: 4:17.94	37.31
	100m: 1:09.61	36.46	200m: 2:25.08	37.92	300m: 3:40.63	37.94	400m: 4:53.29	35.35
3.	Váczyová Vilma		10	ŠKP Košice		4:53.75	488	+ 1.88
	50m: 32.04	32.04	150m: 1:44.78	36.50	250m: 3:00.65	38.10	350m: 4:17.12	38.74
	100m: 1:08.28	36.24	200m: 2:22.55	37.77	300m: 3:38.38	37.73	400m: 4:53.75	36.63
4.	Ferková Charlotte		10	ŠKP Košice		5:07.28	426	+ 15.41
	50m: 33.82	33.82	150m: 1:49.44	38.47	250m: 3:09.26	40.25	350m: 4:29.78	40.09
	100m: 1:10.97	37.15	200m: 2:29.01	39.57	300m: 3:49.69	40.43	400m: 5:07.28	37.50
5.	Da ová Noemi		10	DSC Prešov		5:15.75	393	+ 23.88
	50m: 33.69	33.69	150m: 1:52.72	40.31	250m: 3:15.13	41.66	350m: 4:36.69	40.72
	100m: 1:12.41	38.72	200m: 2:33.47	40.75	300m: 3:55.97	40.84	400m: 5:15.75	39.06
6.	Kouassi Rita Marion		10	ŠKP Košice		5:21.78	371	+ 29.91
	50m: 32.80	32.80	150m: 1:49.09	39.26	250m: 3:12.85	42.61	350m: 4:39.58	43.56
	100m: 1:09.83	37.03	200m: 2:30.24	41.15	300m: 3:56.02	43.17	400m: 5:21.78	42.20
7.	Ka alová Kristína		10	ŠKP Košice		5:28.48	349	+ 36.61
	50m: 34.16	34.16	150m: 1:54.64	41.53	250m: 3:19.80	43.10	350m: 4:46.82	43.72
	100m: 1:13.11	38.95	200m: 2:36.70	42.06	300m: 4:03.10	43.30	400m: 5:28.48	41.66
8.	Jasen áková Alica		10	KP Aquacity Poprad		5:29.21	346	+ 37.34
	50m: 36.08	36.08	150m: 2:00.93	43.35	250m: 3:26.57	43.25	350m: 4:50.24	41.56
	100m: 1:17.58	41.50	200m: 2:43.32	42.39	300m: 4:08.68	42.11	400m: 5:29.21	38.97
9.	Spišáková Alexandra		10	ŠKP Košice		5:37.20	322	+ 45.33
	50m: 34.35	34.35	150m: 1:57.35	42.89	250m: 3:26.03	44.50	350m: 4:55.01	44.36
	100m: 1:14.46	40.11	200m: 2:41.53	44.18	300m: 4:10.65	44.62	400m: 5:37.20	42.19
10.	Ruš anská Klaudia		10	PK Humenné		5:40.53	313	+ 48.66
	50m: 36.16	36.16	150m: 2:01.53	44.09	250m: 3:30.31	44.22	350m: 4:59.25	44.72
	100m: 1:17.44	41.28	200m: 2:46.09	44.56	300m: 4:14.53	44.22	400m: 5:40.53	41.28

Mladšie juniorky, „MJ“, 15 – 16 ro .

1.	Marcinová Marína		08	KP Aquacity Poprad		4:47.56	520	
	50m: 29.53	29.53	150m: 1:38.56	35.18	250m: 2:52.75	37.75	350m: 4:09.34	38.93
	100m: 1:03.38	33.85	200m: 2:15.00	36.44	300m: 3:30.41	37.66	400m: 4:47.56	38.22
2.	Ku ínská Laura		09	ŠKP Košice		5:14.36	398	+ 26.80
	50m: 33.99	33.99	150m: 1:53.17	40.47	250m: 3:15.78	40.89	350m: 4:37.30	40.00
	100m: 1:12.70	38.71	200m: 2:34.89	41.72	300m: 3:57.30	41.52	400m: 5:14.36	37.06
3.	Vasi ková Dominika		09	PK Humenné		5:17.31	387	+ 29.75
	50m: 33.05	33.05	150m: 1:51.91	40.57	250m: 3:14.91	41.72	350m: 4:39.78	42.97
	100m: 1:11.34	38.29	200m: 2:33.19	41.28	300m: 3:56.81	41.90	400m: 5:17.31	37.53
4.	Pir ová Nina		08	PK ORCA Michalovce		5:23.03	367	+ 35.47
	50m: 34.54	34.54	150m: 1:53.69	40.85	250m: 3:16.76	42.03	350m: 4:40.94	42.29
	100m: 1:12.84	38.30	200m: 2:34.73	41.04	300m: 3:58.65	41.89	400m: 5:23.03	42.09
5.	Šimonová Miriama		08	PK ORCA Michalovce		5:40.26	314	+ 52.70
	50m: 34.65	34.65	150m: 1:55.81	41.95	250m: 3:24.40	45.13	350m: 4:55.87	45.87
	100m: 1:13.86	39.21	200m: 2:39.27	43.46	300m: 4:10.00	45.60	400m: 5:40.26	44.39
6.	Hamadejová Miriam		09	PK ORCA Michalovce		5:51.19	285	+ 1:03.63
	50m: 36.67	36.67	150m: 2:01.72	43.30	250m: 3:32.56	45.92	350m: 5:05.78	47.05
	100m: 1:18.42	41.75	200m: 2:46.64	44.92	300m: 4:18.73	46.17	400m: 5:51.19	45.41

Staršie juniorky, „SJ“, 17 – 18 ro .

1.	Balogá ová Mária		07	PK Humenné		5:18.45	383	
	50m: 34.54	34.54	150m: 1:52.44	39.60	250m: 3:13.31	40.63	350m: 4:36.32	43.02
	100m: 1:12.84	38.30	200m: 2:32.68	40.24	300m: 3:53.30	39.99	400m: 5:18.45	42.13
2.	Bortlová So a		07	PK Prešov		5:56.72	272	+ 38.27
	50m: 37.75	37.75	150m: 2:06.76	45.10	250m: 3:38.95	46.48	350m: 5:12.77	44.94
	100m: 1:21.66	43.91	200m: 2:52.47	45.71	300m: 4:27.83	48.88	400m: 5:56.72	43.95

Jesenné M-VSO - dlhé trate
Michalovce, 28.9.2024

disciplína 2, ženy, 400m vo ný spôsob

Seniorky, „S“, 19 ro . a st.

1.	Kanocová Emma			05	PK Humenné				5:04.41	438		
	50m:	33.22	33.22	150m:	1:47.63	37.97	250m:	3:05.59	39.09	350m:	4:25.53	40.53
	100m:	1:09.66	36.44	200m:	2:26.50	38.87	300m:	3:45.00	39.41	400m:	5:04.41	38.88