

Int. Swim Cup Bavaria
Ingolstadt, 22. - 23.2.2025

Event 9
22.02.2025

Men, 400m Medley

2014 and older
Results

MR	4:36.55	CONTI, Matteo	ITA	Ingolstadt	08.02.2020
DR	4:11.52	BÜSSING, Cedric		Paris (FRA)	28.07.2024

Points: AQUA 2024

Platz	Name	JG / AC	NAT	Club	Zeit / Time	Pt.
1.	HREBENKIN, Artem <i>Neuer - New MR</i>	2003	GER	SG Stadtwerke München	4:33.77	694
	50m: 28.30 28.30	150m: 1:37.95 36.88	250m: 2:52.18 38.17	350m: 4:03.05 31.68		
	100m: 1:01.07 32.77	200m: 2:14.01 36.06	300m: 3:31.37 39.19	400m: 4:33.77 30.72		
2.	KOENIG, Valentin	2007	GER	SC Delphin Ingolstadt	4:49.61	587
	50m: 29.43 29.43	150m: 1:40.88 37.05	250m: 3:00.03 42.71	350m: 4:16.85 33.25		
	100m: 1:03.83 34.40	200m: 2:17.32 36.44	300m: 3:43.60 43.57	400m: 4:49.61 32.76		
3.	WEISS, Vincent	2008	GER	SG Stadtwerke München	4:56.71	545
	50m: 30.62 30.62	150m: 1:46.35 39.75	250m: 3:04.91 40.43	350m: 4:23.31 36.59		
	100m: 1:06.60 35.98	200m: 2:24.48 38.13	300m: 3:46.72 41.81	400m: 4:56.71 33.40		
4.	NTRETSIOS, Grigorios	2008	GRE	Panionios G.S.S. 1980	5:06.85	493
	50m: 30.60 30.60	150m: 1:48.53 42.00	250m: 3:13.46 45.49	350m: 4:34.05 35.05		
	100m: 1:06.53 35.93	200m: 2:27.97 39.44	300m: 3:59.00 45.54	400m: 5:06.85 32.80		
5.	ODAU, Felix	2009	GER	Schwimmteam Neusäß	5:07.38	491
	50m: 31.32 31.32	150m: 1:49.55 40.13	250m: 3:11.69 42.06	350m: 4:32.06 36.73		
	100m: 1:09.42 38.10	200m: 2:29.63 40.08	300m: 3:55.33 43.64	400m: 5:07.38 35.32		
6.	HINZE, Paul	2010	GER	SC Prinz Eugen München	5:08.20	487
	50m: 32.34 32.34	150m: 1:52.49 41.16	250m: 3:14.75 42.59	350m: 4:34.48 34.54		
	100m: 1:11.33 38.99	200m: 2:32.16 39.67	300m: 3:59.94 45.19	400m: 5:08.20 33.72		
7.	BAHAA, Omar	2009	UAE	All Stars Academy	5:08.44	485
	50m: 31.26 31.26	150m: 1:48.97 41.40	250m: 3:15.16 45.94	350m: 4:35.31 34.21		
	100m: 1:07.57 36.31	200m: 2:29.22 40.25	300m: 4:01.10 45.94	400m: 5:08.44 33.13		
8.	LEMLE, Magnus	2007	GER	SSG 81 Erlangen	5:09.64	480
	50m: 32.06 32.06	150m: 1:52.76 41.11	250m: 3:14.94 42.81	350m: 4:34.93 36.30		
	100m: 1:11.65 39.59	200m: 2:32.13 39.37	300m: 3:58.63 43.69	400m: 5:09.64 34.71		
9.	GEORGAKOPOULOS, C.	2008	GRE	Panionios G.S.S. 1980	5:10.56	476
	50m: 31.96 31.96	150m: 1:51.14 40.92	250m: 3:15.25 44.36	350m: 4:36.22 36.82		
	100m: 1:10.22 38.26	200m: 2:30.89 39.75	300m: 3:59.40 44.15	400m: 5:10.56 34.34		
10.	FRENKEL, Maxim	2010	GER	SC Wfr. München	5:11.48	471
	50m: 32.51 32.51	150m: 1:49.54 39.42	250m: 3:14.44 45.35	350m: 4:36.49 35.12		
	100m: 1:10.12 37.61	200m: 2:29.09 39.55	300m: 4:01.37 46.93	400m: 5:11.48 34.99		
11.	HAEUSER, Philip	2008	GER	TSV Hohenbrunn-Riemerling	5:11.90	469
	50m: 31.79 31.79	150m: 1:50.10 40.77	250m: 3:14.56 44.16	350m: 4:36.66 36.93		
	100m: 1:09.33 37.54	200m: 2:30.40 40.30	300m: 3:59.73 45.17	400m: 5:11.90 35.24		
12.	SALZMANN, Elias	2011	SUI	Federazione Ticinese di Nuoto	5:12.08	469
	50m: 32.15 32.15	150m: 1:52.68 42.32	250m: 3:18.03 44.81	350m: 4:38.22 35.54		
	100m: 1:10.36 38.21	200m: 2:33.22 40.54	300m: 4:02.68 44.65	400m: 5:12.08 33.86		
13.	SCHREIBER, Jannik	2006	GER	TSV 1909 Gersthofen	5:20.30	433
	50m: 31.52 31.52	150m: 1:51.58 39.80	250m: 3:19.26 47.10	350m: 4:43.74 36.51		
	100m: 1:11.78 40.26	200m: 2:32.16 40.58	300m: 4:07.23 47.97	400m: 5:20.30 36.56		
14.	ELSHAHAWY, Baheir	2008	UAE	All Stars Academy	5:36.39	374
	50m: 34.08 34.08	150m: 2:01.55 46.01	250m: 3:33.35 48.02	350m: 5:00.28 38.20		
	100m: 1:15.54 41.46	200m: 2:45.33 43.78	300m: 4:22.08 48.73	400m: 5:36.39 36.11		
15.	MAIER, Leonhard	2010	GER	DJK Sportbund München	5:42.45	355
	50m: 35.15 35.15	150m: 2:00.55 43.62	250m: 3:34.15 49.15	350m: 5:03.74 38.88		
	100m: 1:16.93 41.78	200m: 2:45.00 44.45	300m: 4:24.86 50.71	400m: 5:42.45 38.71		
16.	HAIDAU, Mihai	2011	GER	SG Stadtwerke München	5:43.95	350
	50m: 36.43 36.43	150m: 2:05.23 45.38	250m: 3:37.02 47.71	350m: 5:06.72 39.31		
	100m: 1:19.85 43.42	200m: 2:49.31 44.08	300m: 4:27.41 50.39	400m: 5:43.95 37.23		
17.	KOENIG, Julius	2011	GER	SC Delphin Ingolstadt	5:53.16	323
	50m: 38.30 38.30	150m: 2:10.29 43.45	250m: 3:43.79 50.86	350m: 5:14.17 38.74		
	100m: 1:26.84 48.54	200m: 2:52.93 42.64	300m: 4:35.43 51.64	400m: 5:53.16 38.99		



ROOMREICH

