

Int. Swim Cup Bavaria  
Ingolstadt, 22. - 23.2.2025

Event 110  
22.02.2025

Men, 400m Medley  
Schnellster Lauf / Fastest Heat

2014 and older  
Results

|    |         |                 |     |             |            |
|----|---------|-----------------|-----|-------------|------------|
| MR | 4:36.55 | CONTI, Matteo   | ITA | Ingolstadt  | 08.02.2020 |
| DR | 4:11.52 | BÜSSING, Cedric |     | Paris (FRA) | 28.07.2024 |

Points: AQUA 2024

| Platz | Name                                      | JG / AC             | NAT                 | Club                          | Zeit / Time    | Pt. |
|-------|---|---------------------|---------------------|-------------------------------|----------------|-----|
| 1.    | HREBENKIN, Artem<br><i>Neuer - New MR</i> | 2003                | GER                 | SG Stadtwerke München         | <b>4:33.77</b> | 694 |
|       | 50m: 28.30 28.30                          | 150m: 1:37.95 36.88 | 250m: 2:52.18 38.17 | 350m: 4:03.05 31.68           |                |     |
|       | 100m: 1:01.07 32.77                       | 200m: 2:14.01 36.06 | 300m: 3:31.37 39.19 | 400m: 4:33.77 30.72           |                |     |
| 2.    | KOENIG, Valentin                          | 2007                | GER                 | SC Delphin Ingolstadt         | <b>4:49.61</b> | 587 |
|       | 50m: 29.43 29.43                          | 150m: 1:40.88 37.05 | 250m: 3:00.03 42.71 | 350m: 4:16.85 33.25           |                |     |
|       | 100m: 1:03.83 34.40                       | 200m: 2:17.32 36.44 | 300m: 3:43.60 43.57 | 400m: 4:49.61 32.76           |                |     |
| 3.    | WEISS, Vincent                            | 2008                | GER                 | SG Stadtwerke München         | <b>4:56.71</b> | 545 |
|       | 50m: 30.62 30.62                          | 150m: 1:46.35 39.75 | 250m: 3:04.91 40.43 | 350m: 4:23.31 36.59           |                |     |
|       | 100m: 1:06.60 35.98                       | 200m: 2:24.48 38.13 | 300m: 3:46.72 41.81 | 400m: 4:56.71 33.40           |                |     |
| 4.    | NTRETSIOS, Grigorios                      | 2008                | GRE                 | Panionios G.S.S. 1980         | <b>5:06.85</b> | 493 |
|       | 50m: 30.60 30.60                          | 150m: 1:48.53 42.00 | 250m: 3:13.46 45.49 | 350m: 4:34.05 35.05           |                |     |
|       | 100m: 1:06.53 35.93                       | 200m: 2:27.97 39.44 | 300m: 3:59.00 45.54 | 400m: 5:06.85 32.80           |                |     |
| 5.    | ODAU, Felix                               | 2009                | GER                 | Schwimmteam Neusäß            | <b>5:07.38</b> | 491 |
|       | 50m: 31.32 31.32                          | 150m: 1:49.55 40.13 | 250m: 3:11.69 42.06 | 350m: 4:32.06 36.73           |                |     |
|       | 100m: 1:09.42 38.10                       | 200m: 2:29.63 40.08 | 300m: 3:55.33 43.64 | 400m: 5:07.38 35.32           |                |     |
| 6.    | HINZE, Paul                               | 2010                | GER                 | SC Prinz Eugen München        | <b>5:08.20</b> | 487 |
|       | 50m: 32.34 32.34                          | 150m: 1:52.49 41.16 | 250m: 3:14.75 42.59 | 350m: 4:34.48 34.54           |                |     |
|       | 100m: 1:11.33 38.99                       | 200m: 2:32.16 39.67 | 300m: 3:59.94 45.19 | 400m: 5:08.20 33.72           |                |     |
| 7.    | BAHAA, Omar                               | 2009                | UAE                 | All Stars Academy             | <b>5:08.44</b> | 485 |
|       | 50m: 31.26 31.26                          | 150m: 1:48.97 41.40 | 250m: 3:15.16 45.94 | 350m: 4:35.31 34.21           |                |     |
|       | 100m: 1:07.57 36.31                       | 200m: 2:29.22 40.25 | 300m: 4:01.10 45.94 | 400m: 5:08.44 33.13           |                |     |
| 8.    | LEMLE, Magnus                             | 2007                | GER                 | SSG 81 Erlangen               | <b>5:09.64</b> | 480 |
|       | 50m: 32.06 32.06                          | 150m: 1:52.76 41.11 | 250m: 3:14.94 42.81 | 350m: 4:34.93 36.30           |                |     |
|       | 100m: 1:11.65 39.59                       | 200m: 2:32.13 39.37 | 300m: 3:58.63 43.69 | 400m: 5:09.64 34.71           |                |     |
| 9.    | GEORGAKOPOULOS, C.                        | 2008                | GRE                 | Panionios G.S.S. 1980         | <b>5:10.56</b> | 476 |
|       | 50m: 31.96 31.96                          | 150m: 1:51.14 40.92 | 250m: 3:15.25 44.36 | 350m: 4:36.22 36.82           |                |     |
|       | 100m: 1:10.22 38.26                       | 200m: 2:30.89 39.75 | 300m: 3:59.40 44.15 | 400m: 5:10.56 34.34           |                |     |
| 10.   | FRENKEL, Maxim                            | 2010                | GER                 | SC Wfr. München               | <b>5:11.48</b> | 471 |
|       | 50m: 32.51 32.51                          | 150m: 1:49.54 39.42 | 250m: 3:14.44 45.35 | 350m: 4:36.49 35.12           |                |     |
|       | 100m: 1:10.12 37.61                       | 200m: 2:29.09 39.55 | 300m: 4:01.37 46.93 | 400m: 5:11.48 34.99           |                |     |
| 11.   | HAEUSER, Philip                           | 2008                | GER                 | TSV Hohenbrunn-Riemerling     | <b>5:11.90</b> | 469 |
|       | 50m: 31.79 31.79                          | 150m: 1:50.10 40.77 | 250m: 3:14.56 44.16 | 350m: 4:36.66 36.93           |                |     |
|       | 100m: 1:09.33 37.54                       | 200m: 2:30.40 40.30 | 300m: 3:59.73 45.17 | 400m: 5:11.90 35.24           |                |     |
| 12.   | SALZMANN, Elias                           | 2011                | SUI                 | Federazione Ticinese di Nuoto | <b>5:12.08</b> | 469 |
|       | 50m: 32.15 32.15                          | 150m: 1:52.68 42.32 | 250m: 3:18.03 44.81 | 350m: 4:38.22 35.54           |                |     |
|       | 100m: 1:10.36 38.21                       | 200m: 2:33.22 40.54 | 300m: 4:02.68 44.65 | 400m: 5:12.08 33.86           |                |     |
| 13.   | SCHREIBER, Jannik                         | 2006                | GER                 | TSV 1909 Gersthofen           | <b>5:20.30</b> | 433 |
|       | 50m: 31.52 31.52                          | 150m: 1:51.58 39.80 | 250m: 3:19.26 47.10 | 350m: 4:43.74 36.51           |                |     |
|       | 100m: 1:11.78 40.26                       | 200m: 2:32.16 40.58 | 300m: 4:07.23 47.97 | 400m: 5:20.30 36.56           |                |     |
| 14.   | ELSHAHAWY, Baheir                         | 2008                | UAE                 | All Stars Academy             | <b>5:36.39</b> | 374 |
|       | 50m: 34.08 34.08                          | 150m: 2:01.55 46.01 | 250m: 3:33.35 48.02 | 350m: 5:00.28 38.20           |                |     |
|       | 100m: 1:15.54 41.46                       | 200m: 2:45.33 43.78 | 300m: 4:22.08 48.73 | 400m: 5:36.39 36.11           |                |     |
| 15.   | MAIER, Leonhard                           | 2010                | GER                 | DJK Sportbund München         | <b>5:42.45</b> | 355 |
|       | 50m: 35.15 35.15                          | 150m: 2:00.55 43.62 | 250m: 3:34.15 49.15 | 350m: 5:03.74 38.88           |                |     |
|       | 100m: 1:16.93 41.78                       | 200m: 2:45.00 44.45 | 300m: 4:24.86 50.71 | 400m: 5:42.45 38.71           |                |     |
| 16.   | HAIDAU, Mihai                             | 2011                | GER                 | SG Stadtwerke München         | <b>5:43.95</b> | 350 |
|       | 50m: 36.43 36.43                          | 150m: 2:05.23 45.38 | 250m: 3:37.02 47.71 | 350m: 5:06.72 39.31           |                |     |
|       | 100m: 1:19.85 43.42                       | 200m: 2:49.31 44.08 | 300m: 4:27.41 50.39 | 400m: 5:43.95 37.23           |                |     |
| 17.   | KOENIG, Julius                            | 2011                | GER                 | SC Delphin Ingolstadt         | <b>5:53.16</b> | 323 |
|       | 50m: 38.30 38.30                          | 150m: 2:10.29 43.45 | 250m: 3:43.79 50.86 | 350m: 5:14.17 38.74           |                |     |
|       | 100m: 1:26.84 48.54                       | 200m: 2:52.93 42.64 | 300m: 4:35.43 51.64 | 400m: 5:53.16 38.99           |                |     |



ROOMREICH

