



Event 204
28/8/24 - 16:15

Men, 400m Freestyle

2010 and older
Results

Rank	YB	Time	ins.	tijd						
u16										
1.	Cristian CICIRIELLO	10	ACSI	4:31.70	4:14.50					
	50m: 30.93	30.93	150m: 1:40.11	34.60	250m: 2:48.89	34.11	350m: 3:58.07	33.88		
	100m: 1:05.51	34.58	200m: 2:14.78	34.67	300m: 3:24.19	35.30	400m: 4:31.70	33.63		
2.	Remi D'HEERE	09	FROS	4:50.43	4:57.35					
	50m: 30.16	30.16	150m: 1:42.06	36.90	250m: 2:56.92	38.00	350m: 4:14.13	38.89		
	100m: 1:05.16	35.00	200m: 2:18.92	36.86	300m: 3:35.24	38.32	400m: 4:50.43	36.30		
3.	Donnie CEVAT	09	NCS	5:33.40	5:27.77					
	50m: 34.96	34.96	150m: 1:59.27	43.43	250m: 3:27.39	43.97	350m: 4:55.72	43.43		
	100m: 1:15.84	40.88	200m: 2:43.42	44.15	300m: 4:12.29	44.90	400m: 5:33.40	37.68		
4.	Milan PETERS	09	NCS	5:40.36	5:41.31					
	50m: 36.49	36.49	150m: 2:02.06	44.29	250m: 3:30.30	44.19	350m: 4:59.85	44.79		
	100m: 1:17.77	41.28	200m: 2:46.11	44.05	300m: 4:15.06	44.76	400m: 5:40.36	40.51		
5.	Jesse MALO	09	TUL	6:11.44	6:05.10					
	50m: 40.98	40.98	150m: 2:14.89	46.76	250m: 3:51.39	47.92	350m: 5:26.64	46.61		
	100m: 1:28.13	47.15	200m: 3:03.47	48.58	300m: 4:40.03	48.64	400m: 6:11.44	44.80		
DSQ	Marius VIENNE	10	AFSTB		6:51.28					
	<i>SW 5.2 - Did not touch the wall at the turn or finish</i>									
u18										
1.	Tiebert DUMON	08	FROS	4:50.23	4:51.34					
	50m: 31.58	31.58	150m: 1:43.65	36.93	250m: 2:59.93	38.32	350m: 4:16.02	37.34		
	100m: 1:06.72	35.14	200m: 2:21.61	37.96	300m: 3:38.68	38.75	400m: 4:50.23	34.21		
2.	Vic VAN POTTELBERG	08	FROS	5:04.62	5:12.43					
	50m: 33.41	33.41	150m: 1:50.23	39.35	250m: 3:08.90	39.23	350m: 4:27.90	39.26		
	100m: 1:10.88	37.47	200m: 2:29.67	39.44	300m: 3:48.64	39.74	400m: 5:04.62	36.72		
3.	Emanuele ZAPPETTI	07	AICS	5:05.52	5:20.00					
	50m: 34.23	34.23	150m: 1:52.66	39.92	250m: 3:11.54	39.23	350m: 4:28.85	38.09		
	100m: 1:12.74	38.51	200m: 2:32.31	39.65	300m: 3:50.76	39.22	400m: 5:05.52	36.67		
4.	Noah DEVOS	08	FROS	5:16.53	5:03.00					
	50m: 32.82	32.82	150m: 1:49.39	39.39	250m: 3:12.14	41.84	350m: 4:36.67	42.65		
	100m: 1:10.00	37.18	200m: 2:30.30	40.91	300m: 3:54.02	41.88	400m: 5:16.53	39.86		
5.	Tuur STRIJKERS	08	NCS	5:19.42	5:07.86					
	50m: 32.41	32.41	150m: 1:53.11	41.42	250m: 3:16.03	42.62	350m: 4:41.39	42.30		
	100m: 1:11.69	39.28	200m: 2:33.41	40.30	300m: 3:59.09	43.06	400m: 5:19.42	38.03		
6.	Bart KEIJZER	08	NCS	5:21.24	5:13.72					
	50m: 35.78	35.78	150m: 1:56.92	41.25	250m: 3:18.71	40.51	350m: 4:41.66	41.46		
	100m: 1:15.67	39.89	200m: 2:38.20	41.28	300m: 4:00.20	41.49	400m: 5:21.24	39.58		
7.	Milan DEKKERS	07	NCS	5:31.84	5:28.67					
	50m: 36.94	36.94	150m: 2:01.82	43.67	250m: 3:28.95	43.59	350m: 4:53.20	41.65		
	100m: 1:18.15	41.21	200m: 2:45.36	43.54	300m: 4:11.55	42.60	400m: 5:31.84	38.64		
8.	Maxence MARTI	07	FSGT	5:42.11	5:30.54					
	50m: 35.73	35.73	150m: 2:00.04	42.63	250m: 3:28.37	43.96	350m: 5:00.01	45.35		
	100m: 1:17.41	41.68	200m: 2:44.41	44.37	300m: 4:14.66	46.29	400m: 5:42.11	42.10		
9.	Samuel TAMMELA	08	TUL	5:47.75	6:12.10					
	50m: 35.00	35.00	150m: 1:59.95	43.91	250m: 3:30.84	46.13	350m: 5:03.42	45.99		
	100m: 1:16.04	41.04	200m: 2:44.71	44.76	300m: 4:17.43	46.59	400m: 5:47.75	44.33		



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u25

1. Maarten DE VOS	06	FROS	4:39.14	4:29.20							
50m:	30.22	30.22	150m:	1:39.86	35.48	250m:	2:52.16	36.41	350m:	4:04.93	36.31
100m:	1:04.38	34.16	200m:	2:15.75	35.89	300m:	3:28.62	36.46	400m:	4:39.14	34.21
2. Samuele TOLETTINI	06	ACSI	4:44.35	4:40.00							
50m:	30.85	30.85	150m:	1:42.25	36.70	250m:	2:56.87	37.67	350m:	4:09.68	36.13
100m:	1:05.55	34.70	200m:	2:19.20	36.95	300m:	3:33.55	36.68	400m:	4:44.35	34.67
3. Daan LONCKE	06	FROS	4:49.81	4:51.10							
50m:	31.44	31.44	150m:	1:44.05	36.69	250m:	2:59.06	37.63	350m:	4:15.30	37.61
100m:	1:07.36	35.92	200m:	2:21.43	37.38	300m:	3:37.69	38.63	400m:	4:49.81	34.51
4. Remco NAUDIN TEN CA01:		NCS	5:49.86	5:25.20							
50m:	37.50	37.50	150m:	2:02.16	43.47	250m:	3:31.91	45.14	350m:	5:04.77	46.63
100m:	1:18.69	41.19	200m:	2:46.77	44.61	300m:	4:18.14	46.23	400m:	5:49.86	45.09

25+

1. Rik HOFLAND	97	NCS	4:44.21	4:17.46							
50m:	30.65	30.65	150m:	1:41.72	36.27	250m:	2:55.07	36.83	350m:	4:08.99	36.60
100m:	1:05.45	34.80	200m:	2:18.24	36.52	300m:	3:32.39	37.32	400m:	4:44.21	35.22
2. Jef EECKHOUT	79	FROS	5:30.49	5:16.39							
50m:	36.27	36.27	150m:	2:00.45	42.42	250m:	3:26.43	43.09	350m:	4:51.57	41.88
100m:	1:18.03	41.76	200m:	2:43.34	42.89	300m:	4:09.69	43.26	400m:	5:30.49	38.92