

Meeting demi-fond  
Petit-Lancy, 13.10.2024

Epreuve 12  
13.10.2024 - 17:20

Dames, 400m 4 nages

Cat. générale  
Liste résultats

Points: AQUA 2024

Rang			AN					Temps	Pts
2011 et -									
1.	MCLAUGHLIN, Francesca		11	Natation Sportive Genève				<b>5:48.04</b>	411
	50m:	40.41	40.41	150m:	2:10.25	43.56	250m:	3:42.01	48.96
	100m:	1:26.69	46.28	200m:	2:53.05	42.80	300m:	4:31.20	49.19
				350m:	5:11.12		400m:	5:48.04	39.92
									36.92
2.	HASSAN, Dalia		12	Natation Sportive Genève				<b>5:49.35</b>	407
	50m:	37.54	37.54	150m:	2:04.26	42.87	250m:	3:37.51	51.64
	100m:	1:21.39	43.85	200m:	2:45.87	41.61	300m:	4:29.15	51.64
				350m:	5:11.16		400m:	5:49.35	42.01
									38.19
3.	VIDAKOVIC, Téa		11	Natation Sportive Genève				<b>5:54.62</b>	389
	50m:	39.61	39.61	150m:	2:12.45	46.14	250m:	3:45.39	48.40
	100m:	1:26.31	46.70	200m:	2:56.99	44.54	300m:	4:33.59	48.20
				350m:	5:15.59		400m:	5:54.62	42.00
									39.03
4.	LAJMI, Emna		12	Morges-Natation				<b>6:00.74</b>	369
	50m:	41.92	41.92	150m:	2:18.65	45.54	250m:	3:52.50	49.28
	100m:	1:33.11	51.19	200m:	3:03.22	44.57	300m:	4:42.00	49.50
				350m:	5:21.48		400m:	6:00.74	39.48
									39.26
5.	RUGGERI, Greta		11	Natation Sportive Genève				<b>6:08.03</b>	348
	50m:	41.67	41.67	150m:	2:17.52	47.63	250m:	3:53.90	49.67
	100m:	1:29.89	48.22	200m:	3:04.23	46.71	300m:	4:44.62	50.72
				350m:	5:27.67		400m:	6:08.03	43.05
									40.36
6.	BHOGARAJU, Eira		12	Natation Sportive Genève				<b>6:08.24</b>	347
	50m:	39.79	39.79	150m:	2:15.53	47.37	250m:	3:52.36	50.65
	100m:	1:28.16	48.37	200m:	3:01.71	46.18	300m:	4:44.68	52.32
				350m:	5:27.75		400m:	6:08.24	43.07
									40.49
7.	LIU, Xinyang		12	Natation Sportive Genève				<b>6:15.18</b>	328
	50m:	39.95	39.95	150m:	2:18.30	49.56	250m:	3:57.77	50.53
	100m:	1:28.74	48.79	200m:	3:07.24	48.94	300m:	4:51.28	53.51
				350m:	5:34.37		400m:	6:15.18	43.09
									40.81
8.	ATIENZA KHALED, Inès		11	Morges-Natation				<b>6:20.10</b>	316
	50m:	41.28	41.28	150m:	2:20.06	49.97	250m:	4:01.98	54.05
	100m:	1:30.09	48.81	200m:	3:07.93	47.87	300m:	4:56.36	54.38
				350m:	5:39.97		400m:	6:20.10	43.61
									40.13
9.	ROCCHI, Camilla		13	Natation Sportive Genève				<b>6:31.10</b>	290
	50m:	42.42	42.42	150m:	2:22.92	49.03	250m:	4:06.55	55.17
	100m:	1:33.89	51.47	200m:	3:11.38	48.46	300m:	5:03.16	56.61
				350m:	5:48.04		400m:	6:31.10	44.88
									43.06
10.	JOHAN, Suraya		11	CN Plan-les-Ouates				<b>6:32.31</b>	287
	50m:	42.51	42.51	150m:	2:23.02	49.75	250m:	4:10.93	58.23
	100m:	1:33.27	50.76	200m:	3:12.70	49.68	300m:	5:07.49	56.56
				350m:	5:51.44		400m:	6:32.31	43.95
									40.87
11.	CESTRE, Audrey		11	CN Plan-les-Ouates				<b>6:33.39</b>	285
	50m:	41.31	41.31	150m:	2:24.57	50.55	250m:	4:09.67	55.05
	100m:	1:34.02	52.71	200m:	3:14.62	50.05	300m:	5:06.55	56.88
				350m:	5:50.84		400m:	6:33.39	44.29
									42.55
12.	LÉGER, Manon		11	CN Plan-les-Ouates				<b>6:36.64</b>	278
	50m:	41.84	41.84	150m:	2:27.33	54.03	250m:	4:11.19	53.95
	100m:	1:33.30	51.46	200m:	3:17.24	49.91	300m:	5:06.42	55.23
				350m:	5:53.97		400m:	6:36.64	47.55
									42.67
13.	POLICARPIO, Mykaile		12	Natation Sportive Genève				<b>6:47.80</b>	256
	50m:	41.59	41.59	150m:	2:25.23	52.18	250m:	4:12.05	57.02
	100m:	1:33.05	51.46	200m:	3:15.03	49.80	300m:	5:11.50	59.45
				350m:	6:00.23		400m:	6:47.80	48.73
									47.57
14.	ROSSIER, Daphne		11	CN Plan-les-Ouates				<b>6:59.08</b>	235
	50m:	42.80	42.80	150m:	2:29.52	54.45	250m:	4:21.91	59.65
	100m:	1:35.07	52.27	200m:	3:22.26	52.74	300m:	5:23.54	1:01.63
				350m:	6:12.43		400m:	6:59.08	48.89
									46.65
15.	PITTET, Amandine		13	CN Plan-les-Ouates				<b>7:28.54</b>	192
	50m:	47.60	47.60	150m:	2:45.98	59.39	250m:	4:43.60	59.05
	100m:	1:46.59	58.99	200m:	3:44.55	58.57	300m:	5:46.11	1:02.51
				350m:	6:39.23		400m:	7:28.54	53.12
									49.31

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2010 - 2009

1.	DELLA BONA, Lucy	10	Lancy Natation	<b>5:24.80</b>	506
	50m: 34.67 34.67	150m: 1:57.34 41.74	250m: 3:24.02 45.95	350m: 4:48.29 37.86	
	100m: 1:15.60 40.93	200m: 2:38.07 40.73	300m: 4:10.43 46.41	400m: 5:24.80 36.51	
2.	GRICHTING, Jolyne	10	Lancy Natation	<b>5:33.06</b>	469
	50m: 35.65 35.65	150m: 2:03.03 44.24	250m: 3:29.19 44.37	350m: 4:54.72 39.20	
	100m: 1:18.79 43.14	200m: 2:44.82 41.79	300m: 4:15.52 46.33	400m: 5:33.06 38.34	
3.	POHL, Léonie	10	CN Plan-les-Ouates	<b>5:41.88</b>	434
	50m: 34.05 34.05	150m: 2:02.94 45.80	250m: 3:36.44 49.18	350m: 5:05.03 37.74	
	100m: 1:17.14 43.09	200m: 2:47.26 44.32	300m: 4:27.29 50.85	400m: 5:41.88 36.85	
4.	RIS, Clémentine	10	Natation Sportive Genève	<b>5:42.04</b>	433
	50m: 36.36 36.36	150m: 2:02.78 43.50	250m: 3:33.84 49.13	350m: 5:04.06 40.46	
	100m: 1:19.28 42.92	200m: 2:44.71 41.93	300m: 4:23.60 49.76	400m: 5:42.04 37.98	
5.	WILD, Keira	10	Natation Sportive Genève	<b>5:43.33</b>	429
	50m: 34.42 34.42	150m: 1:59.74 43.03	250m: 3:32.27 50.02	350m: 5:04.98 39.75	
	100m: 1:16.71 42.29	200m: 2:42.25 42.51	300m: 4:25.23 52.96	400m: 5:43.33 38.35	
6.	SORG, Leonore	10	Natation Sportive Genève	<b>5:44.30</b>	425
	50m: 37.62 37.62	150m: 2:05.35 43.69	250m: 3:36.92 48.90	350m: 5:06.33 40.62	
	100m: 1:21.66 44.04	200m: 2:48.02 42.67	300m: 4:25.71 48.79	400m: 5:44.30 37.97	
7.	LECOULTRE, Zoja	10	Lancy Natation	<b>5:52.62</b>	395
	50m: 38.43 38.43	150m: 2:11.96 44.48	250m: 3:42.37 46.94	350m: 5:12.71 41.74	
	100m: 1:27.48 49.05	200m: 2:55.43 43.47	300m: 4:30.97 48.60	400m: 5:52.62 39.91	
8.	DEWARRAT, Maya	10	Morges-Natation	<b>6:02.36</b>	364
	50m: 38.72 38.72	150m: 2:13.12 47.84	250m: 3:49.46 50.20	350m: 5:21.70 41.81	
	100m: 1:25.28 46.56	200m: 2:59.26 46.14	300m: 4:39.89 50.43	400m: 6:02.36 40.66	
9.	BEN SALAH, Syriane	10	Natation Sportive Genève	<b>6:02.71</b>	363
	50m: 37.73 37.73	150m: 2:12.02 47.92	250m: 3:47.53 48.84	350m: 5:21.32 43.86	
	100m: 1:24.10 46.37	200m: 2:58.69 46.67	300m: 4:37.46 49.93	400m: 6:02.71 41.39	
10.	CAMPOLO, Clara	09	Natation Sportive Genève	<b>6:08.67</b>	346
	50m: 40.12 40.12	150m: 2:17.73 48.19	250m: 3:52.23 48.37	350m: 5:26.51 44.17	
	100m: 1:29.54 49.42	200m: 3:03.86 46.13	300m: 4:42.34 50.11	400m: 6:08.67 42.16	
11.	BEETSCHEN, Ania	10	Natation Sportive Genève	<b>6:11.55</b>	338
	50m: 40.85 40.85	150m: 2:19.46 48.63	250m: 3:52.23 46.02	350m: 5:27.47 46.34	
	100m: 1:30.83 49.98	200m: 3:06.21 46.75	300m: 4:41.13 48.90	400m: 6:11.55 44.08	
12.	MÜLLER, Aïla	10	CN Plan-les-Ouates	<b>6:15.70</b>	327
	50m: 38.27 38.27	150m: 2:13.08 49.26	250m: 3:55.09 53.64	350m: 5:33.62 43.31	
	100m: 1:23.82 45.55	200m: 3:01.45 48.37	300m: 4:50.31 55.22	400m: 6:15.70 42.08	
13.	BISELX, Amélie	10	Morges-Natation	<b>6:16.59</b>	325
	50m: 40.11 40.11	150m: 2:19.18 49.32	250m: 3:58.75 52.71	350m: 5:34.49 44.58	
	100m: 1:29.86 49.75	200m: 3:06.04 46.86	300m: 4:49.91 51.16	400m: 6:16.59 42.10	
14.	AZNAR, Luaine	09	Morges-Natation	<b>6:17.55</b>	322
	50m: 41.14 41.14	150m: 2:17.64 44.80	250m: 3:57.11 55.72	350m: 5:35.84 43.16	
	100m: 1:32.84 51.70	200m: 3:01.39 43.75	300m: 4:52.68 55.57	400m: 6:17.55 41.71	

2008 - 2007

1.	VELLETRI, Tina	07	Lancy Natation	<b>5:17.05</b>	544
	50m: 32.79 32.79	150m: 1:53.79 43.00	250m: 3:19.28 44.34	350m: 4:41.64 37.70	
	100m: 1:10.79 38.00	200m: 2:34.94 41.15	300m: 4:03.94 44.66	400m: 5:17.05 35.41	
2.	CHTAINI, Ave	07	La	<b>5:20.18</b>	528
	50m: 34.82 34.82	150m: 1:56.43 41.21	250m: 3:23.56 45.80	350m: 4:45.47 35.28	
	100m: 1:15.22 40.40	200m: 2:37.76 41.33	300m: 4:10.19 46.63	400m: 5:20.18 34.71	
3.	NÖDL, Amandine	07	Morges-Natation	<b>5:35.23</b>	460
	50m: 35.89 35.89	150m: 2:01.72 40.68	250m: 3:28.47 47.18	350m: 4:56.25 39.65	
	100m: 1:21.04 45.15	200m: 2:41.29 39.57	300m: 4:16.60 48.13	400m: 5:35.23 38.98	

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Epreuve 12, Filles, 400m 4 nages, 2008 - 2007

Rang			AN					Temps	Pts
4.	DENTCHEVA, Nadezhda		08	Natation Sportive Genève				<b>5:35.64</b>	459
	50m:	35.96 35.96	150m:	2:02.98 44.73	250m:	3:33.17 46.47	350m:	4:59.06 37.68	
	100m:	1:18.25 42.29	200m:	2:46.70 43.72	300m:	4:21.38 48.21	400m:	5:35.64 36.58	
5.	FATHI, Soraya		08	Lancy Natation				<b>5:37.25</b>	452
	50m:	36.14 36.14	150m:	2:03.11 44.41	250m:	3:33.74 48.31	350m:	4:59.90 37.93	
	100m:	1:18.70 42.56	200m:	2:45.43 42.32	300m:	4:21.97 48.23	400m:	5:37.25 37.35	
6.	GULLER, Liv		08	Natation Sportive Genève				<b>5:40.63</b>	439
	50m:	35.91 35.91	150m:	2:03.89 44.90	250m:	3:34.46 45.41	350m:	5:00.96 40.00	
	100m:	1:18.99 43.08	200m:	2:49.05 45.16	300m:	4:20.96 46.50	400m:	5:40.63 39.67	
7.	SORG, Kyrja		07	Lancy Natation				<b>5:42.74</b>	431
	50m:	35.40 35.40	150m:	2:04.60 45.75	250m:	3:36.12 47.41	350m:	5:04.32 40.02	
	100m:	1:18.85 43.45	200m:	2:48.71 44.11	300m:	4:24.30 48.18	400m:	5:42.74 38.42	
8.	WILD, Priscilla		07	Natation Sportive Genève				<b>5:50.59</b>	402
	50m:	35.04 35.04	150m:	2:01.53 44.14	250m:	3:35.09 49.83	350m:	5:09.62 44.25	
	100m:	1:17.39 42.35	200m:	2:45.26 43.73	300m:	4:25.37 50.28	400m:	5:50.59 40.97	

2006 et +

1.	CHARBONNIER, Sibylle		04	Morges-Natation				<b>5:15.15</b>	554
	50m:	34.13 34.13	150m:	1:55.04 40.74	250m:	3:19.22 44.10	350m:	4:40.92 36.11	
	100m:	1:14.30 40.17	200m:	2:35.12 40.08	300m:	4:04.81 45.59	400m:	5:15.15 34.23	
2.	ABDUL BAKI, Silhouette		06	Natation Sportive Genève				<b>5:15.62</b>	552
	50m:	33.04 33.04	150m:	1:53.06 40.53	250m:	3:17.77 45.05	350m:	4:41.73 36.53	
	100m:	1:12.53 39.49	200m:	2:32.72 39.66	300m:	4:05.20 47.43	400m:	5:15.62 33.89	