

SSF M16 July 2024 Challenge
Jedah, 18- - 20-7-2024

Event 4 Men, 400m Freestyle 11 years and older
2024-07-18 Results

12-11	50	4:32.31								2023-12-22
14-13	50	4:22.28	KHALID FAISAL, ALBALBISI	SHB	RIYADH					2024-05-24
17-15	50	4:06.65								2023-11-27
	50	4:06.65								2023-11-27

11 - 12: 6:05.00; 13 - 14: 5:27.00; 15 - 17: 5:02.00; 18 +: 4:52.00

Points: FINA 2023

Rank			Age			Time			Pts
11 - 12 years									
1.	SARI TURKI, ARBAEIN		12	ITHD		4:54.39			417
	50m:	34.11 34.11	150m:	1:48.20 37.60	250m:	3:01.68 36.17	350m:	4:18.06 38.33	
	100m:	1:10.60 36.49	200m:	2:25.51 37.31	300m:	3:39.73 38.05	400m:	4:54.39 36.33	
2.	ABDELRAHMAN ABDELHAMID, KHAT12B		FTH			4:58.76			399
	50m:	34.43 34.43	150m:	1:50.82 38.64	250m:	3:06.54 37.35	350m:	4:22.67 37.48	
	100m:	1:12.18 37.75	200m:	2:29.19 38.37	300m:	3:45.19 38.65	400m:	4:58.76 36.09	
3.	ABDULLA, husien		11	Qatar		5:11.89			351
	50m:		150m:		250m:		350m:		
	100m:	1:13.53	200m:	2:33.32	300m:	3:53.74	400m:	5:11.89	
4.	ASSER MOHAMED, SARHAN		11	AHLI		5:15.75			338
	50m:	37.00 37.00	150m:	1:57.28 40.50	250m:	3:17.09 40.16	350m:	4:37.80 40.09	
	100m:	1:16.78 39.78	200m:	2:36.93 39.65	300m:	3:57.71 40.62	400m:	5:15.75 37.95	
5.	EZZELDIN MAHMOUD, SHAMSELDEE12		ADL			5:17.53			332
	50m:		150m:		250m:		350m:		
	100m:	1:17.32	200m:	2:38.80	300m:	3:59.77	400m:	5:17.53	
6.	ABDELRAZIQ HANY, EISSA		12	AC-WHEL5		5:17.70			332
	50m:	37.03 37.03	150m:	1:58.16 40.81	250m:	3:19.67 40.63	350m:	4:40.37 40.60	
	100m:	1:17.35 40.32	200m:	2:39.04 40.88	300m:	3:59.77 40.10	400m:	5:17.70 37.33	
7.	ABDALLAH EASSER, ABDELRAHMAN12		SHB			5:17.76			332
	50m:	37.01 37.01	150m:	1:57.50 40.26	250m:	3:18.46 40.38	350m:	4:39.25 40.25	
	100m:	1:17.24 40.23	200m:	2:38.08 40.58	300m:	3:59.00 40.54	400m:	5:17.76 38.51	
8.	JASEM SAAD, ELJUHANY		12	GLOH		5:18.04			331
	50m:		150m:		250m:		350m:		
	100m:	1:16.10	200m:	2:36.53	300m:	3:59.00	400m:	5:18.04	
9.	MOHAMED, alhitmi		12	Qatar		5:22.52			317
	50m:		150m:		250m:		350m:		
	100m:	1:16.26	200m:	2:37.91	300m:	4:02.05	400m:	5:22.52	
10.	ANAS KHALED, ALGHAMDI		11	WJ		5:23.50			314
	50m:	37.40 37.40	150m:	1:58.21 41.07	250m:	3:21.33 42.03	350m:	4:44.09 41.18	
	100m:	1:17.14 39.74	200m:	2:39.30 41.09	300m:	4:02.91 41.58	400m:	5:23.50 39.41	
11.	NAWAF MAHMOUD, ALTHUNAYYAN		11	HJR		5:27.15			304
	50m:	35.86 35.86	150m:	1:57.41 41.07	250m:	3:21.84 42.63	350m:		
	100m:	1:16.34 40.48	200m:	2:39.21 41.80	300m:	4:04.84 43.00	400m:	5:27.15	
12.	NAWAF MOHAMMED, ALSAIF		11	HJR		5:41.11			268
	50m:	39.91 39.91	150m:	2:06.92 44.09	250m:	3:35.54 44.26	350m:	5:03.06 43.26	
	100m:	1:22.83 42.92	200m:	2:51.28 44.36	300m:	4:19.80 44.26	400m:	5:41.11 38.05	
13.	ABDULAZIZ NAIF, BUKHAMSIN		12	FTH		5:41.15			268
	50m:		150m:		250m:		350m:		
	100m:	1:20.48	200m:	2:48.78	300m:	4:15.64	400m:	5:41.15	
14.	IYAS FAHD, ABDULKARIM		11	ITHD		5:41.74			267
	50m:		150m:		250m:		350m:		
	100m:	1:21.48	200m:	2:48.91	300m:	4:18.09	400m:	5:41.74	
15.	AHMED ABDULLAH, AL-MOHAMMED12		IBT			5:45.10			259
	50m:	37.35 37.35	150m:	2:05.53 44.81	250m:	3:32.69 42.54	350m:	5:02.25 45.94	
	100m:	1:20.72 43.37	200m:	2:50.15 44.62	300m:	4:16.31 43.62	400m:	5:45.10 42.85	

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Event 4, Boys, 400m Freestyle 12 - 11,

years

Rank	Name		Age	Club	Time				Pts
16.	HASAN HANI, AL MARHOON		12	SLM	5:50.15				248
	50m:		150m:		250m:		350m:		
	100m:	1:21.22	200m:	2:50.57	300m:	4:21.13	400m:	5:50.15	
17.	ABDULAZIZ MOHAMMED, ALESSA		12	ADL	5:58.45				231
	50m:	41.31 41.31	150m:	2:13.34 46.39	250m:	3:46.95 47.73	350m:	5:17.55 44.95	
	100m:	1:26.95 45.64	200m:	2:59.22 45.88	300m:	4:32.60 45.65	400m:	5:58.45 40.90	
18.	MAHMOUD MIHAMED, GAD		11	ZTON	5:59.96				228
	50m:		150m:		250m:		350m:		
	100m:	4.44	200m:	1:28.09	300m:	3:01.08	400m:	5:59.96	
	AMEER EMAD, ALMEHMADI		11	ALW	NT				
	RIDHA AMEER, ALMAJED		12	KHJ	NT				
	MISHAL AREF, AL MERSHADY		11	JBA	NT				
	MOHAMMED KADHIM, ALMASOUD		12	RUD	NT				
	HABIB ALI, ALSAUD		12	KHJ	NT				

13 - 14 years

1.	KHALID FAISAL, ALBALBISI		13	SHB	4:23.52				582
	50m:		150m:		250m:		350m:		
	100m:	1:03.95	200m:	2:11.15	300m:	3:18.26	400m:	4:23.52	
2.	KANAAN MOHAMED, ALKHATIB		14	SANS	4:36.93				501
	50m:	30.46 30.46	150m:	1:38.79 35.48	250m:	2:50.76 36.31	350m:	4:02.71 35.72	
	100m:	1:03.31 32.85	200m:	2:14.45 35.66	300m:	3:26.99 36.23	400m:	4:36.93 34.22	
3.	ABDALLAH MOHAMED, FATHY		13	ITHD	4:45.67				457
	50m:	31.42 31.42	150m:	1:42.69 36.54	250m:	2:56.64 36.89	350m:	4:10.36 36.63	
	100m:	1:06.15 34.73	200m:	2:19.75 37.06	300m:	3:33.73 37.09	400m:	4:45.67 35.31	
4.	ZEYAD ELSAYED, FAWZI		13	NSR	4:53.22				422
	50m:		150m:		250m:		350m:		
	100m:	1:07.16	200m:	2:20.48	300m:	3:36.44	400m:	4:53.22	
5.	ABDULMUHSN HUSAIN, ALBAHRANI		13	FTH	4:57.54				404
	50m:	33.71 33.71	150m:	1:49.03 38.23	250m:	3:04.24 37.21	350m:	4:19.12 37.75	
	100m:	1:10.80 37.09	200m:	2:27.03 38.00	300m:	3:41.37 37.13	400m:	4:57.54 38.42	
6.	EBAA SALAH, BADGHAISH		13	ITHD	4:57.83				403
	50m:		150m:		250m:		350m:		
	100m:	1:11.34	200m:	2:27.07	300m:	3:42.23	400m:	4:57.83	
7.	KHALID, AL-KHAJRI		14	Qatar	4:59.52				396
	50m:		150m:		250m:		350m:		
	100m:	1:10.11	200m:	2:27.37	300m:	3:44.80	400m:	4:59.52	
8.	YASSIEN ISLAM, ABDELHAFEEZ		13	ADL	5:03.91				379
	50m:	34.74 34.74	150m:	1:50.47 37.90	250m:	3:07.48 38.84	350m:	4:26.01 38.73	
	100m:	1:12.57 37.83	200m:	2:28.64 38.17	300m:	3:47.28 39.80	400m:	5:03.91 37.90	
9.	ABDULLAH AHMED, BAHGAT		14	IBT	5:05.39				374
	50m:		150m:		250m:		350m:		
	100m:	1:12.56	200m:	2:30.71	300m:	3:49.28	400m:	5:05.39	
10.	MOHAMMED HUSSAIN, ALJABER,		14	FTH	5:26.18				307
	50m:		150m:		250m:		350m:		
	100m:	1:14.42	200m:	2:36.45	300m:	4:01.52	400m:	5:26.18	

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Event 4, Men, 400m Freestyle

15 - 17 years

1.	AHMED MOHAMMED, ALMOEIBED	17	KHJ					4:17.25	626
	50m:	30.36	30.36	150m:	1:34.68	32.51	250m:	2:39.30	32.44
	100m:	1:02.17	31.81	200m:	2:06.86	32.18	300m:	3:12.21	32.91
								350m:	3:45.00
								400m:	4:17.25
									32.79
									32.25
2.	ZIYAD FATHI, ALMESALIM	17	HJR					4:17.59	623
	50m:			150m:			250m:		350m:
	100m:	1:00.43		200m:	2:05.75		300m:	3:12.23	400m:
									4:17.59
3.	GHANEM ESSA, ALSULHI	15	HJR					4:21.64	595
	50m:	30.61	30.61	150m:	1:36.90	33.13	250m:	2:44.02	33.61
	100m:	1:03.77	33.16	200m:	2:10.41	33.51	300m:	3:17.22	33.20
								350m:	3:50.47
								400m:	4:21.64
									33.25
									31.17
4.	MOHAMMED ABDULRAHMAN, ALGAR15	15	ABH					4:26.48	563
	50m:	29.42	29.42	150m:	1:34.93	32.92	250m:	2:44.14	35.12
	100m:	1:02.01	32.59	200m:	2:09.02	34.09	300m:	3:19.25	35.11
								350m:	3:53.72
								400m:	4:26.48
									34.47
									32.76
5.	KHALID ABDULRAHMAN, ALGARNI	17	ABH					4:29.33	545
	50m:	30.45	30.45	150m:	1:37.09	34.27	250m:	2:45.41	34.35
	100m:	1:02.82	32.37	200m:	2:11.06	33.97	300m:	3:20.19	34.78
								350m:	3:55.28
								400m:	4:29.33
									35.09
									34.05
6.	HAMZAH YASIR, ALMUTAWA	17	FTH					4:36.89	502
	50m:			150m:			250m:		350m:
	100m:	1:03.73		200m:	2:14.08		300m:	3:26.53	400m:
									4:36.89
7.	MOSTAFA AHMED, MOTAWAA	15	QDS					4:40.32	483
	50m:			150m:			250m:		350m:
	100m:	1:06.50		200m:	2:18.45		300m:	3:31.47	400m:
									4:40.32
8.	ALI WAJDI, ALMARHOON	16	SFA					4:44.79	461
	50m:	31.38	31.38	150m:	1:42.79	36.59	250m:	2:56.66	37.32
	100m:	1:06.20	34.82	200m:	2:19.34	36.55	300m:	3:34.22	37.56
								350m:	4:11.30
								400m:	4:44.79
									37.08
									33.49
9.	ABDULLA MAJED, ALMAJED	16	FTH					4:44.95	460
	50m:			150m:			250m:		350m:
	100m:	1:05.72		200m:	2:19.14		300m:	3:34.13	400m:
									4:44.95
10.	OMAR MOUSTAFA, ABOBAKR	16	DMK					4:45.69	457
	50m:			150m:			250m:		350m:
	100m:	1:07.85		200m:	2:19.88		300m:	3:34.71	400m:
									4:45.69
11.	KHALED YAHYA, ALQARNI	15	ITHD					4:51.35	430
	50m:			150m:			250m:		350m:
	100m:	1:10.16		200m:	2:24.55		300m:	3:38.78	400m:
									4:51.35
12.	MAHER ABDULRAHMAN, ALSHEHRI	16	WJ					4:54.47	417
	50m:	31.64	31.64	150m:	1:44.17	36.92	250m:	3:00.12	38.05
	100m:	1:07.25	35.61	200m:	2:22.07	37.90	300m:	3:38.70	38.58
								350m:	4:17.30
								400m:	4:54.47
									38.60
									37.17
13.	MOHAMMED OUSAMA, ELSATES	15	OKD					4:54.85	415
	50m:	32.97	32.97	150m:	1:46.98	37.84	250m:	3:02.38	37.82
	100m:	1:09.14	36.17	200m:	2:24.56	37.58	300m:	3:40.12	37.74
								350m:	4:17.78
								400m:	4:54.85
									37.66
									37.07
14.	ALI FAISAL, ALSAIHATI	15	KHJ					5:00.49	392
	50m:	33.68	33.68	150m:	1:48.47	38.16	250m:	3:05.74	38.65
	100m:	1:10.31	36.63	200m:	2:27.09	38.62	300m:	3:44.61	38.87
								350m:	4:23.12
								400m:	5:00.49
									38.51
									37.37
	YAZEED ALI, ISMAIL	15	WJ					NT	
	RIDHA MAHDI, ALOSAIF	17	TAR					NT	
	ABDULRAHMAN YAMEN, ATTAR	15	ITHD					NT	
	MOHAMMED BASEM, ALAHMED	17	SFA					NT	

SSF M16 July 2024 Challenge
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Event 4, Men, 400m Freestyle

18 years and older

1.	AHMED ALI, ALHASHIM	27	ADL						4:24.63	575
	50m:		150m:		250m:		350m:			
	100m: 1:02.73		200m: 2:10.01		300m: 3:17.93		400m: 4:24.63			
2.	MOHAMMED HANI, ALZAKI	18	ADL						4:24.90	573
	50m: 28.34	28.34	150m: 1:33.77		250m: 2:42.69		350m: 3:52.60			
	100m:		200m:		300m:		400m: 4:24.90		32.30	
3.	FISAL NASSAR, ALSHELAYTI	23	SFA						4:30.52	538
	50m:		150m:		250m:		350m:			
	100m: 1:02.94		200m: 2:10.68		300m: 3:19.91		400m: 4:30.52			
4.	AMAR YASSER, AL HUMAID	24	SFA						4:36.91	501
	50m: 31.06	31.06	150m: 1:39.17	34.49	250m: 2:49.15	35.42	350m: 4:01.19	36.13		
	100m: 1:04.68	33.62	200m: 2:13.73	34.56	300m: 3:25.06	35.91	400m: 4:36.91	35.72		
5.	HASSAN ALI, ALBAQSHI	21	FTH						4:46.09	455
	50m:		150m:		250m:		350m:			
	100m: 1:03.71		200m: 2:14.95		300m: 3:29.99		400m: 4:46.09			
	KHALID AHMED, YUNS	18	TBR						NT	
	ABDULMOHSEN JASSIM, AL GHARE22B,		FTH						NT	