

Rigas cempionats
Riga, 13. - 14.12.2024

Event 10
13.12.2024 - 19:39

Men, 400m Freestyle

2010 and older
Results

Points: AQUA 2024

Rank	UZV	RDS, V rds	YB	Komanda	Laiks	Punkti	RL	
1.	KIRGIZOVŠ	Timurs	08	Rezeknes BJSS	4:22.92	586	+0.61	
	50m:	29.24 29.24	150m:	1:34.56 33.21	250m:	2:41.57 33.35	350m:	3:50.08 34.35
	100m:	1:01.35 32.11	200m:	2:08.22 33.66	300m:	3:15.73 34.16	400m:	4:22.92 32.84
2.	KRAMPE	Emils	07	RSS Ridzene-ZIEP	4:24.10	578	+0.67	
	50m:	28.01 28.01	150m:	1:33.92 33.56	250m:	2:43.04 34.84	350m:	3:51.90 33.89
	100m:	1:00.36 32.35	200m:	2:08.20 34.28	300m:	3:18.01 34.97	400m:	4:24.10 32.20
3.	KUDRJAVCEVS	Dainis	04	Rezeknes BJSS	4:28.21	552	+0.66	
	50m:	30.65 30.65	150m:	1:37.89 34.06	250m:	2:46.11 33.95	350m:	3:54.72 34.26
	100m:	1:03.83 33.18	200m:	2:12.16 34.27	300m:	3:20.46 34.35	400m:	4:28.21 33.49
4.	VITOLS	Reinis	07	RSS Ridzene-DSN	4:46.31	454	+0.75	
	50m:	30.01 30.01	150m:	1:39.96 36.28	250m:	2:54.75 37.60	350m:	4:09.82 37.20
	100m:	1:03.68 33.67	200m:	2:17.15 37.19	300m:	3:32.62 37.87	400m:	4:46.31 36.49
5.	ABOLINS	Toms	92	PK Kobras	4:47.28	449	+0.74	
	50m:	32.91 32.91	150m:	1:43.96 35.74	250m:	2:57.62 37.07	350m:	4:11.27 36.66
	100m:	1:08.22 35.31	200m:	2:20.55 36.59	300m:	3:34.61 36.99	400m:	4:47.28 36.01
6.	KRAVALIS	Nils	06	RSS Ridzene-ZIEP	4:50.32	435		
	50m:	31.99 31.99	150m:	1:43.47 36.19	250m:	2:58.60 37.95	350m:	4:13.99 37.61
	100m:	1:07.28 35.29	200m:	2:20.65 37.18	300m:	3:36.38 37.78	400m:	4:50.32 36.33
7.	VIDZUPS	Alens	09	Rezeknes BJSS	4:57.14	406	+0.79	
	50m:	31.64 31.64	150m:	1:45.31 37.83	250m:	3:03.34 39.18	350m:	4:20.96 38.27
	100m:	1:07.48 35.84	200m:	2:24.16 38.85	300m:	3:42.69 39.35	400m:	4:57.14 36.18
8.	SINDIKOVŠ	Daniils	09	Kekavas NSS	5:00.11	394	+0.78	
	50m:	31.49 31.49	150m:	1:44.85 37.45	250m:	3:02.16 38.94	350m:	4:21.90 39.70
	100m:	1:07.40 35.91	200m:	2:23.22 38.37	300m:	3:42.20 40.04	400m:	5:00.11 38.21