

SCZ Recordpoging 2024  
Zaventem, 16/7/2024

Programmanr. 2  
16/07/2024 - 18:13

Dames, 400m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2023

| Rang                               |                    | Inschr.       | Tijd          | Pnt                |
|------------------------------------|--------------------|---------------|---------------|--------------------|
| <b>11-12 jaar B-zwemmers</b>       |                    |               |               |                    |
| 1.                                 | De Vocht Linne     | ZCT/21144/12  | 5:31.76       | <b>5:22.52</b> 368 |
|                                    | 50m:               | 150m:         | 250m:         | 350m:              |
|                                    | 100m: 1:15.61      | 200m: 2:38.31 | 300m:         | 400m: 5:22.52      |
| 2.                                 | Vervloet Lin       | ZCT/21155/12  | 5:47.38       | <b>5:41.17</b> 311 |
|                                    | 50m:               | 150m:         | 250m:         | 350m:              |
|                                    | 100m: 1:24.83      | 200m: 2:51.93 | 300m:         | 400m: 5:41.17      |
| 3.                                 | Decaluwé Elouise   | ZCT/21159/13  | 5:53.41       | <b>5:42.50</b> 307 |
|                                    | 50m:               | 150m:         | 250m:         | 350m:              |
|                                    | 100m: 1:24.55      | 200m: 2:52.22 | 300m:         | 400m: 5:42.50      |
| 4.                                 | Biesemans Jana     | ZIOS/21109/13 | 6:19.94       | <b>5:49.55</b> 289 |
|                                    | 50m:               | 150m:         | 250m: 2:53.30 | 350m:              |
|                                    | 100m: 1:24.12      | 200m:         | 300m:         | 400m: 5:49.55      |
| <b>13-14 jaar B-zwemmers</b>       |                    |               |               |                    |
| 1.                                 | Vandeweyers Daphne | ZCT/21135/11  | 5:30.09       | <b>5:28.59</b> 348 |
|                                    | 50m:               | 150m:         | 250m:         | 350m:              |
|                                    | 100m: 1:16.24      | 200m: 2:39.78 | 300m:         | 400m: 5:28.59      |
| 2.                                 | Reyniers Fien      | ZCK/22114/11  | NT            | <b>5:50.78</b> 286 |
|                                    | 50m:               | 150m:         | 250m:         | 350m:              |
|                                    | 100m: 1:22.92      | 200m: 2:54.38 | 300m:         | 400m: 5:50.78      |
| <b>15-16 jaar B-zwemmers</b>       |                    |               |               |                    |
| 1.                                 | Baum Nore          | SCZ/21053/08  | 5:15.86       | <b>5:14.70</b> 397 |
|                                    | 50m:               | 150m:         | 250m:         | 350m:              |
|                                    | 100m: 1:14.29      | 200m: 2:34.32 | 300m:         | 400m: 5:14.70      |
| 2.                                 | Jacobs Laurien     | ZCK/22082/08  | 5:46.05       | <b>5:16.67</b> 389 |
|                                    | 50m:               | 150m:         | 250m:         | 350m:              |
|                                    | 100m: 1:14.45      | 200m: 2:35.71 | 300m:         | 400m: 5:16.67      |
| 3.                                 | Sonumut Daphné     | SCZ/21114/08  | 5:31.62       | <b>5:20.85</b> 374 |
|                                    | 50m:               | 150m:         | 250m:         | 350m:              |
|                                    | 100m: 1:13.91      | 200m: 2:34.19 | 300m:         | 400m: 5:20.85      |
| <b>17 jaar en ouder B-zwemmers</b> |                    |               |               |                    |
| 1.                                 | Endels Lise        | ZORO/21074/07 | NT            | <b>5:48.52</b> 292 |
|                                    | 50m:               | 150m:         | 250m: 2:53.76 | 350m:              |
|                                    | 100m: 1:23.69      | 200m:         | 300m:         | 400m: 5:48.52      |