

Torneio Portas do Mar
Ponta Delgada, 15 - 16/6/2024

Prova 4
15/06/2024 - 9:45

Masc., 400m Estilos

Absolutos
Resultados

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
Infantis B									
1.	MIRANDA, Afonso Vultao		11	Bombeiros de Ponta Delgada				5:58.42	
	50m:	42.66 42.66	150m:	2:14.99 44.20	250m:	3:47.28 46.98	350m:	5:18.40 40.90	
	100m:	1:30.79 48.13	200m:	3:00.30 45.31	300m:	4:37.50 50.22	400m:	5:58.42 40.02	
Juvenis B									
1.	REGO, Antonio Luis		09	Bombeiros de Ponta Delgada				5:33.30	
	50m:	35.42 35.42	150m:	1:56.49 41.25	250m:	3:29.81 51.13	350m:	4:57.71 36.89	
	100m:	1:15.24 39.82	200m:	2:38.68 42.19	300m:	4:20.82 51.01	400m:	5:33.30 35.59	
Juvenis A									
1.	SANTOS, Rodrigo Canedo		08	Bombeiros de Ponta Delgada				5:10.06	
	50m:	30.33 30.33	150m:	1:45.23 39.88	250m:	3:12.12 47.77	350m:	4:35.69 34.08	
	100m:	1:05.35 35.02	200m:	2:24.35 39.12	300m:	4:01.61 49.49	400m:	5:10.06 34.37	
Seniores									
1.	SOARES, Daniel Pacheco		04	Naval de Ponta Delgada				5:32.83	
	50m:	34.62 34.62	150m:	1:55.79 42.74	250m:	3:27.93 49.02	350m:	4:55.97 39.40	
	100m:	1:13.05 38.43	200m:	2:38.91 43.12	300m:	4:16.57 48.64	400m:	5:32.83 36.86	