

Torneio Portas do Mar
Ponta Delgada, 15 - 16/6/2024

Prova 16
15/06/2024 - 15:40

Masc., 400m Livres

Absolutos
Resultados

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Infantis B			
1. PIRES, Pedro Maria	11	Naval de Ponta Delgada	6:13.31
50m: 41.34 41.34	150m: 2:16.53 47.56	250m: 3:52.66 48.20	350m: 5:28.19 46.98
100m: 1:28.97 47.63	200m: 3:04.46 47.93	300m: 4:41.21 48.55	400m: 6:13.31 45.12
Infantis A			
1. CABRAL, Santiago Nicolau	10	Agua de Pau	5:06.81
50m: 34.21 34.21	150m: 1:51.12 38.95	250m: 3:10.08 39.18	350m: 4:29.21 39.73
100m: 1:12.17 37.96	200m: 2:30.90 39.78	300m: 3:49.48 39.40	400m: 5:06.81 37.60
Juvenis B			
1. VICENTE, Miguel Chagas	09	Bombeiros de Ponta Delgada	4:32.31
50m: 30.29 30.29	150m: 1:38.37 34.32	250m: 2:47.71 34.92	350m: 3:58.47 35.27
100m: 1:04.05 33.76	200m: 2:12.79 34.42	300m: 3:23.20 35.49	400m: 4:32.31 33.84
2. REGO, Antonio Luis	09	Bombeiros de Ponta Delgada	4:45.79
50m: 31.29 31.29	150m: 1:41.13 35.39	250m: 2:54.63 36.93	350m: 4:09.37 37.68
100m: 1:05.74 34.45	200m: 2:17.70 36.57	300m: 3:31.69 37.06	400m: 4:45.79 36.42
3. MELO, Rodrigo Paiva	09	Bombeiros de Ponta Delgada	4:50.53
50m: 33.64 33.64	150m: 1:48.70 37.41	250m: 3:02.60 36.94	350m: 4:15.92 36.19
100m: 1:11.29 37.65	200m: 2:25.66 36.96	300m: 3:39.73 37.13	400m: 4:50.53 34.61
Juvenis A			
1. PEREIRA, Miguel Lima	08	Bombeiros de Ponta Delgada	4:43.19
50m: 31.65 31.65	150m: 1:41.60 35.33	250m: 2:53.38 35.87	350m: 4:06.93 37.09
100m: 1:06.27 34.62	200m: 2:17.51 35.91	300m: 3:29.84 36.46	400m: 4:43.19 36.26
2. SOUSA, Miguel Carreiro	08	Agua de Pau	4:53.96
50m: 30.92 30.92	150m: 1:43.02 36.70	250m: 2:59.26 38.12	350m: 4:16.32 38.74
100m: 1:06.32 35.40	200m: 2:21.14 38.12	300m: 3:37.58 38.32	400m: 4:53.96 37.64
3. PIRES, Luis Maria	08	Naval de Ponta Delgada	4:57.57
50m: 33.31 33.31	150m: 1:46.48 36.95	250m: 3:02.41 38.22	350m: 4:19.86 38.88
100m: 1:09.53 36.22	200m: 2:24.19 37.71	300m: 3:40.98 38.57	400m: 4:57.57 37.71