



Campeonato Nacional Absoluto - LC - 2023-2024  
Luanda, 11 - 14/7/2024

Prova 630  
14/07/2024 - 17:00

Femin., 200m Mariposa

Open  
Startlist Final

Recordes Nac Angola - 50m Open	2:18.91	Lia Ana Lima	CD1A	Porto (POR)	09/06/2024
Recordes Nac Angola - 50m 18 +	2:18.91	Lia Ana Lima	CD1A	Porto (POR)	09/06/2024
Recordes Nac Angola - 50m 15 - 17	2:21.51	Lia Ana Lima	CD1A	Casablanca - Rabat (MAR)	21/08/2019
Recordes Nac Angola - 50m 13 - 14	2:45.03	Elsa Freire	ANG	Luanda	
Recordes Nac Angola - 50m 11 - 12	3:14.23	Ana Romero	ASA	Luanda	01/07/2001
Recordes Nac Angola - 50m 9 - 10	3:21.04	Ana Romero	ICM	Luanda	15/07/2000

Idade

Final

1	Virgilia Silvana Pongolola	12	OSC	4:15.28
2	Alpha Leocadia Alberto	14	IND	3:31.45
3	Ines Tchinossolle Clemente	15	CD1A	3:13.27
4	Aleksandra Larissa Zhukov	16	CD1A	2:56.09
5	Welwitchia Fatima Silva	16	CNIL	3:00.36
6	Wezza Lukenya Morais	11	CNIL	3:14.68
7	Wendy Lukenya Morais	11	CNIL	3:33.51