



Campeonato Nacional Absoluto - LC - 2023-2024  
Luanda, 11 - 14/7/2024

Prova 607

Femin., 400m Estilos

Open  
Startlist Final

14/07/2024 - 16:09

Recordes Nac Angola - 50m Open	5:18.56	Lia Ana Lima	ANG	Luanda	03/05/2024
Recordes Nac Angola - 50m 18 +	5:18.56	Lia Ana Lima	ANG	Luanda	03/05/2024
Recordes Nac Angola - 50m 15 - 17	5:31.89	Raquel Tremeço	CD1A	Cairo (EGY)	31/03/2017
Recordes Nac Angola - 50m 13 - 14	5:52.93	Rhanya Espirito Santo	CNIL	Luanda	09/07/2023
Recordes Nac Angola - 50m 11 - 12	5:58.03	Alda Lara Albuquerque	ANG	(POR)	
Recordes Nac Angola - 50m 9 - 10	7:38.26	Eliane Coelho	CD1A	Luanda	09/05/2014

Idade

Final

1	Virgilia Silvana Pongolola	12	OSC	8:03.95
2	Chelsea Idalina Vunge	13	CNIL	7:11.33
3	Welwitchia Fatima Silva	16	CNIL	6:05.16
4	Rhanya Espirito Santo	14	CNIL	5:52.93
5	Aleksandra Larissa Zhukov	16	CD1A	5:59.36
6	Beatriz Silva Pedro	13	CD1A	6:36.70
7	Andreia Katila Antonio	14	OSC	7:51.36