



Campeonato Nacional Absoluto - LC - 2023-2024
Luanda, 11 - 14/7/2024

Prova 417

Femin., 200m Costas

Open
Startlist Final

13/07/2024 - 18:40

Recordes Nac Angola - 50m Open	2:30.65	Catarina Welvitchia Sousa	CNIL	Coimbra (POR)	20/05/2018
Recordes Nac Angola - 50m 18 +	2:32.43	Lia Ana Lima	CD1A	Lisboa (POR)	08/02/2020
Recordes Nac Angola - 50m 15 - 17	2:30.65	Catarina Welvitchia Sousa	CNIL	Coimbra (POR)	20/05/2018
Recordes Nac Angola - 50m 13 - 14	2:41.80	Rhanya Espirito Santo	ANG	Luanda	01/05/2024
Recordes Nac Angola - 50m 11 - 12	2:46.63	Stephanie Jurado	CD1A	Stellenbosch (RSA)	14/04/2021
Recordes Nac Angola - 50m 9 - 10	2:56.94	Stephanie Jurado	CD1A	Stellenbosch (RSA)	26/09/2019

Idade

Final

1 Geovania Paula Zua	15	OSC	5:12.95
2 Paloma Cristina Reis	16	CD1A	3:19.80
3 Chelsea Idalina Vunge	13	CNIL	3:10.84
4 Rhanya Espirito Santo	14	CNIL	2:58.15
5 Nelma Tchiveli Janota	14	CD1A	3:00.34
6 Wendy Lukenya Morais	11	CNIL	3:16.58
7 Virgilia Silvana Pongolola	12	OSC	3:40.50