



Campeonato Nacional Absoluto - LC - 2023-2024
Luanda, 11 - 14/7/2024

Prova 404

Masc., 400m Livres

Open
Startlist Final

13/07/2024 - 16:08

Recordes Nac Angola - 50m Open	3:59.10	Pedro Miguel Pinotes	CNIL	Luanda	26/07/2014
Recordes Nac Angola - 50m 18 +	3:59.10	Pedro Miguel Pinotes	CD1A	Luanda	01/04/2014
Recordes Nac Angola - 50m 15 - 17	4:13.08	Henrique Mascarenhas	CNIL	Budapest (HUN)	20/08/2019
Recordes Nac Angola - 50m 13 - 14	4:29.82	Salvador Vieira Gordo	CD1A	Loulé (POR)	14/07/2017
Recordes Nac Angola - 50m 11 - 12	4:50.89	Santiago Rocha Guimaraes	CNIL	Luanda	06/07/2023
Recordes Nac Angola - 50m 9 - 10	5:36.03	Salvador Vieira Gordo	CNIL	Luanda	06/07/2014
Recordes Nac Angola - 50m 6 - 8	9:30.63	Silvério Manuel	OSC	Luanda	15/02/2016

Idade

Final

1	Oleksander Mario Zhukov	14	CD1A	5:06.99
2	Yano Almeida Elias	16	CD1A	4:58.18
3	Enzo Miguel Anjos	15	CD1A	4:48.19
4	David Alberto Padre	15	CNIL	4:39.82
5	Santiago Rocha Guimaraes	13	CNIL	4:42.47
6	Carlos Daniel Fernandes	14	CD1A	4:54.07
7	Guilherme Machado Sousa	15	CNIL	5:06.06
8	Mario Antonio Melo	16	CD1A	5:20.95