



Campeonato Nacional Absoluto - LC - 2023-2024  
Luanda, 11 - 14/7/2024

Prova 208

Masc., 400m Estilos

Open

12/07/2024 - 18:47

Resultados Elimin

Recordes Nac Angola - 50m Open	4:23.12	Pedro Miguel Pinotes	ANG	Brazzaville (CGO)	07/09/2015
Recordes Nac Angola - 50m 18 +	4:23.12	Pedro Miguel Pinotes	ANG	Brazzaville (CGO)	07/09/2015
Recordes Nac Angola - 50m 15 - 17	4:49.48	Pedro Miguel Pinotes	ANG	Aveiro (POR)	27/07/2007
Recordes Nac Angola - 50m 13 - 14	4:55.71	Joao Luis Matias	ANG	Cairo (EGY)	13/08/2002
Recordes Nac Angola - 50m 11 - 12	5:25.61	Salvador Vieira Gordo	CD1A	Plymouth (GBR)	15/05/2016
Recordes Nac Angola - 50m 9 - 10	6:17.55	Salvador Vieira Gordo	CNIL	Luanda	05/07/2014

Pontos: FINA 2024

Lugar	Idade		Tempo final	Pts	100m	200m	300m	400m
1. Djamel Jesus Pires	20	CD1A	<b>5:23.34</b>	421 Q	1:07.39	1:28.52	1:33.63	1:13.80
50m:		150m:	250m:		350m:			
100m: 1:07.39		200m: 2:35.91	300m: 4:09.54		400m: 5:23.34			
2. David Alberto Padre	15	CNIL	<b>5:29.51</b>	398 Q	1:08.51	1:25.85	1:44.83	1:10.32
50m:		150m:	250m:		350m:			
100m: 1:08.51		200m: 2:34.36	300m: 4:19.19		400m: 5:29.51			
3. Silverio Fernando Manuel	15	CD1A	<b>5:33.41</b>	384 Q	1:13.69	1:29.54	1:37.05	1:13.13
50m:		150m:	250m:		350m:			
100m: 1:13.69		200m: 2:43.23	300m: 4:20.28		400m: 5:33.41			
4. Luyane Danilo Costa	23	CD1A	<b>5:33.82</b>	383 Q	1:10.59	1:27.70	1:40.48	1:15.05
50m:		150m:	250m:		350m:			
100m: 1:10.59		200m: 2:38.29	300m: 4:18.77		400m: 5:33.82			
5. Carlos Daniel Fernandes	14	CD1A	<b>5:35.12</b>	378 Q	1:15.32	1:25.35	1:39.40	1:15.05
50m:		150m:	250m:		350m:			
100m: 1:15.32		200m: 2:40.67	300m: 4:20.07		400m: 5:35.12			
6. Oleksander Mario Zhukov	14	CD1A	<b>5:37.07</b>	372 Q	1:20.53	1:26.30	1:35.00	1:15.24
50m:		150m:	250m:		350m:			
100m: 1:20.53		200m: 2:46.83	300m: 4:21.83		400m: 5:37.07			
7. Sebastiao Jose Vika	22	CBL	<b>5:47.70</b>	339 Q	1:10.12	1:33.71	1:41.95	1:21.92
50m:		150m:	250m:		350m:			
100m: 1:10.12		200m: 2:43.83	300m: 4:25.78		400m: 5:47.70			
8. S. Guimaraes	13	CNIL	<b>5:50.79</b>	330 Q	1:18.12	1:30.79	1:41.81	1:20.07
50m:		150m:	250m:		350m:			
100m: 1:18.12		200m: 2:48.91	300m: 4:30.72		400m: 5:50.79			
9. E. Chiocola	16	CD1A	<b>5:54.46</b>	320	1:19.48	1:30.95	1:43.39	1:20.64
50m:		150m:	250m:		350m:			
100m: 1:19.48		200m: 2:50.43	300m: 4:33.82		400m: 5:54.46			
10. William Elizandro Nguvo	13	CD1A	<b>6:12.79</b>	275	1:21.07	1:38.10	1:47.01	1:26.61
50m:		150m:	250m:		350m:			
100m: 1:21.07		200m: 2:59.17	300m: 4:46.18		400m: 6:12.79			
11. Luis Alves Monteiro	18	CNIL	<b>6:27.28</b>	245	1:21.51	1:43.93	1:53.25	1:28.59
50m:		150m:	250m:		350m:			
100m: 1:21.51		200m: 3:05.44	300m: 4:58.69		400m: 6:27.28			
12. Tiago Ricardo Manuel	16	CNIL	<b>6:29.07</b>	242	1:23.18	1:38.41	2:00.91	1:26.57
50m:		150m:	250m:		350m:			
100m: 1:23.18		200m: 3:01.59	300m: 5:02.50		400m: 6:29.07			
13. Antunes Isaias Antunes	21	CNL	<b>6:50.75</b>	205	1:25.16	1:45.67	2:04.12	1:35.80
50m:		150m:	250m:		350m:			
100m: 1:25.16		200m: 3:10.83	300m: 5:14.95		400m: 6:50.75			
14. Gabriel Augusto	17	OSC	<b>7:09.82</b>	179	1:30.80	1:58.26	2:01.21	1:39.55
50m:		150m:	250m:		350m:			
100m: 1:30.80		200m: 3:29.06	300m: 5:30.27		400m: 7:09.82			