



Campeonato Nacional Absoluto - LC - 2023-2024
Luanda, 11 - 14/7/2024

Prova 206
12/07/2024 - 18:14

Masc., 1500m Livres

Open
Resultados

Recordes Nac Angola - 50m Open	16:03.76	Pedro Miguel Pinotes	ANG	Coimbra (POR)	28/03/2013
Recordes Nac Angola - 50m 18 +	16:03.76	Pedro Miguel Pinotes	ANG	Coimbra (POR)	28/03/2013
Recordes Nac Angola - 50m 15 - 17	17:03.61	Henrique Mascarenhas	CNIL	Bristol (GBR)	11/05/2019
Recordes Nac Angola - 50m 13 - 14	18:22.10	Filipe Simões Freitas	CD1A	Setubal (POR)	06/07/2019
Recordes Nac Angola - 50m 11 - 12	19:03.65	Filipe Simões Freitas	CD1A	S.João da Madeira (POR)	20/07/2018
Recordes Nac Angola - 50m 9 - 10	26:57.97	Asher Jaco	CD1A	Luanda	28/06/2013

Pontos: FINA 2024

Posição	Nome	Idade	Nação	Clube	Tempo Inscrição	Tempo Final	Pts WA	Qualif
1.	David Alberto Padre	15	ANG	CNIL	18:09.66	18:23.10	492	
	100m: 1:05.38 1:05.38	500m: 5:54.98 1:13.71	900m: 10:55.06 1:16.13	1300m: 15:56.60 1:15.41				
	200m: 2:16.27 1:10.89	600m: 7:08.82 1:13.84	1000m: 12:11.78 1:16.72	1400m: 17:11.35 1:14.75				
	300m: 3:28.17 1:11.90	700m: 8:23.77 1:14.95	1100m: 13:26.20 1:14.42	1500m: 18:23.10 1:11.75				
	400m: 4:41.27 1:13.10	800m: 9:38.93 1:15.16	1200m: 14:41.19 1:14.99					
2.	Santiago Rocha Guimaraes	13	ANG	CNIL	19:58.83	19:00.70	445	
	100m: 1:07.88 1:07.88	500m: 6:10.62 1:18.04	900m: 11:22.80 1:17.43	1300m: 16:32.16 1:18.26				
	200m: 2:21.64 1:13.76	600m: 7:28.86 1:18.24	1000m: 12:39.65 1:16.85	1400m: 17:48.83 1:16.67				
	300m: 3:36.64 1:15.00	700m: 8:47.46 1:18.60	1100m: 13:56.58 1:16.93	1500m: 19:00.70 1:11.87				
	400m: 4:52.58 1:15.94	800m: 10:05.37 1:17.91	1200m: 15:13.90 1:17.32					
3.	Luyane Danilo Costa	23	ANG	CD1A	19:54.06	19:31.62	410	
	100m: 1:11.87 1:11.87	500m: 6:25.97 1:19.20	900m: 11:35.55 1:19.16	1300m: 16:52.70 1:20.09				
	200m: 2:29.66 1:17.79	600m: 7:41.36 1:15.39	1000m: 12:55.26 1:19.71	1400m: 18:11.83 1:19.13				
	300m: 3:48.18 1:18.52	700m: 8:58.35 1:16.99	1100m: 14:13.07 1:17.81	1500m: 19:31.62 1:19.79				
	400m: 5:06.77 1:18.59	800m: 10:16.39 1:18.04	1200m: 15:32.61 1:19.54					
4.	Yano Almeida Elias	16	ANG	CD1A	18:53.99	19:45.82	396	
	100m: 1:05.78 1:05.78	500m: 6:18.69 1:18.18	900m: 11:39.35 1:19.07	1300m: 17:06.89 1:21.48				
	200m: 2:22.56 1:16.78	600m: 7:39.70 1:21.01	1000m: 13:01.58 1:22.23	1400m: 18:26.70 1:19.81				
	300m: 3:40.81 1:18.25	700m: 8:59.82 1:20.12	1100m: 14:23.47 1:21.89	1500m: 19:45.82 1:19.12				
	400m: 5:00.51 1:19.70	800m: 10:20.28 1:20.46	1200m: 15:45.41 1:21.94					
5.	Guilherme Machado Sousa	15	ANG	CNIL	20:43.04	19:46.13	395	
	100m: 1:10.44 1:10.44	500m: 6:26.28 1:19.76	900m: 11:47.60 1:21.60	1300m: 17:11.78 1:20.49				
	200m: 2:27.37 1:16.93	600m: 7:44.92 1:18.64	1000m: 13:07.57 1:19.97	1400m: 18:32.53 1:20.75				
	300m: 3:45.97 1:18.60	700m: 9:05.28 1:20.36	1100m: 14:28.97 1:21.40	1500m: 19:46.13 1:13.60				
	400m: 5:06.52 1:20.55	800m: 10:26.00 1:20.72	1200m: 15:51.29 1:22.32					
6.	Emanuel Florentino Chiocola	16	ANG	CD1A	20:46.00	20:20.31	363	
	100m: 1:12.80 1:12.80	500m: 6:35.20 1:22.92	900m: 12:04.30 1:22.03	1300m: 17:33.52 1:21.83				
	200m: 2:31.10 1:18.30	600m: 7:57.96 1:22.76	1000m: 13:26.83 1:22.53	1400m: 18:57.29 1:23.77				
	300m: 3:50.61 1:19.51	700m: 9:19.73 1:21.77	1100m: 14:48.42 1:21.59	1500m: 20:20.31 1:23.02				
	400m: 5:12.28 1:21.67	800m: 10:42.27 1:22.54	1200m: 16:11.69 1:23.27					
7.	Silverio Fernando Manuel	15	ANG	CD1A	20:45.78	20:47.27	340	
	100m: 1:12.61 1:12.61	500m: 6:38.90 1:24.71	900m: 12:09.65 1:23.14	1300m: 17:55.32 1:27.93				
	200m: 2:32.51 1:19.90	600m: 8:00.13 1:21.23	1000m: 13:37.22 1:27.57	1400m: 19:23.08 1:27.76				
	300m: 3:52.05 1:19.54	700m: 9:26.73 1:26.60	1100m: 15:01.52 1:24.30	1500m: 20:47.27 1:24.19				
	400m: 5:14.19 1:22.14	800m: 10:46.51 1:19.78	1200m: 16:27.39 1:25.87					
8.	Mario Antonio Melo	16	ANG	CD1A	20:43.83	21:23.52	312	
	100m: 1:15.98 1:15.98	500m: 6:58.10 1:26.64	900m: 12:44.67 1:26.84	1300m: 18:31.31 1:27.08				
	200m: 2:40.04 1:24.06	600m: 8:24.39 1:26.29	1000m: 14:11.70 1:27.03	1400m: 19:58.91 1:27.60				
	300m: 4:05.45 1:25.41	700m: 9:51.33 1:26.94	1100m: 15:38.13 1:26.43	1500m: 21:23.52 1:24.61				
	400m: 5:31.46 1:26.01	800m: 11:17.83 1:26.50	1200m: 17:04.23 1:26.10					