



Epreuve 1  
24.01.2025 - 17:14

Dames, 400m Libre

Cat. générale  
Liste résultats Finale

Record CIG 18 +	4:11.90	VROOMAN, Lindsay	USA	Vernets, Genève	24.01.2015
Record CIG - 17	4:19.99	OTERO, Paula	ESP	Genève	17.01.2020

Limite CIG2024 : 4:42.00

Points: FINA 2023

Rang				AN					Temps	Pts		
1.	MARTINS, Francisca Soares			03	Portugal				<b>4:13.47</b>	811		
	50m:	29.20	29.20	150m:	1:32.54	31.97	250m:	2:36.94	32.31	350m:	3:42.10	32.67
	100m:	1:00.57	31.37	200m:	2:04.63	32.09	300m:	3:09.43	32.49	400m:	4:13.47	31.37
2.	DOMINA, Lucrezia			08	Italian Federation				<b>4:14.09</b>	805		
	50m:	29.73	29.73	150m:	1:33.76	32.20	250m:	2:38.62	32.16	350m:	3:43.13	32.20
	100m:	1:01.56	31.83	200m:	2:06.46	32.70	300m:	3:10.93	32.31	400m:	4:14.09	30.96
3.	TERLIZZI, Ludovica			07	Genova Nuoto				<b>4:20.52</b>	747		
	50m:	30.43	30.43	150m:	1:34.94	32.27	250m:	2:40.81	32.96	350m:	3:47.70	33.56
	100m:	1:02.67	32.24	200m:	2:07.85	32.91	300m:	3:14.14	33.33	400m:	4:20.52	32.82
4.	HITA, Orlane			99	Inter-région Nord Ouest				<b>4:21.43</b>	739		
	50m:	30.45	30.45	150m:	1:37.32	33.37	250m:	2:44.08	33.11	350m:	3:49.46	32.37
	100m:	1:03.95	33.50	200m:	2:10.97	33.65	300m:	3:17.09	33.01	400m:	4:21.43	31.97
5.	RASMUSSEN, Gaia			04	Geneve Natation 1885				<b>4:23.12</b>	725		
	50m:	29.46	29.46	150m:	1:35.10	32.98	250m:	2:42.46	33.73	350m:	3:50.66	33.83
	100m:	1:02.12	32.66	200m:	2:08.73	33.63	300m:	3:16.83	34.37	400m:	4:23.12	32.46
6.	SAMA, Chiara			07	Italian Federation				<b>4:24.60</b>	713		
	50m:	30.73	30.73	150m:	1:36.99	33.32	250m:	2:44.42	33.28	350m:	3:51.69	33.77
	100m:	1:03.67	32.94	200m:	2:11.14	34.15	300m:	3:17.92	33.50	400m:	4:24.60	32.91
7.	JOHN, Emilia			07	Swim Wales				<b>4:25.67</b>	704		
	50m:	30.79	30.79	150m:	1:37.15	33.73	250m:	2:44.79	34.07	350m:	3:52.88	34.50
	100m:	1:03.42	32.63	200m:	2:10.72	33.57	300m:	3:18.38	33.59	400m:	4:25.67	32.79
8.	CAGLIO, Michela			03	V02 Nuoto Torino ssd				<b>4:27.38</b>	691		
	50m:	30.46	30.46	150m:	1:37.62	33.97	250m:	2:44.97	33.60	350m:	3:53.43	34.54
	100m:	1:03.65	33.19	200m:	2:11.37	33.75	300m:	3:18.89	33.92	400m:	4:27.38	33.95

