

Medaillelijst per programmanr., Heren

Alle wedstrijden

3. 200m rugslag

Gebjr 2011 - 2012

| | | | | | |
|----------------------|-----------------------------|---------|-----------|----------------|-------|
| 1. Laurens van Nulck | Hellas-Glana | 2:32.47 | 201100521 | 2:33.45 | +0,76 |
| 2. Zion Eijkenboom | Hellas-Glana | 2:42.85 | 201100043 | 2:40.82 | +0,76 |
| 3. Gido van Dijk | SG Patrick - De Roersoppers | 2:47.30 | 201100341 | 2:47.65 | +0,75 |

3. 200m rugslag

Gebjr 2009 - 2010

| | | | | | |
|--------------------------|--------------|---------|-----------|----------------|-------|
| 1. Vanja Kvocka | Hellas-Glana | 2:07.45 | 200904007 | 2:10.17 | |
| 2. Sacha van Hees Ajdnik | Zeps | 2:29.56 | 200900489 | 2:25.98 | +0,75 |
| 3. Alexander van Nulck | Zeps | 2:34.84 | 200902167 | 2:29.11 | +0,78 |

3. 200m rugslag

Gebjr 2007 - 2008

| | | | | | |
|-----------------|------|---------|-----------|----------------|-------|
| 1. Ties Berghs | Zeps | 2:16.32 | 200700709 | 2:19.13 | +0,70 |
| 2. Guido Jacobs | HZPC | 2:31.46 | 200800477 | 2:22.45 | +0,61 |
| 3. Jesse Jacobs | HZPC | 2:25.33 | 200700407 | 2:24.80 | +0,71 |

3. 200m rugslag

2006 en eerder

| | | | | | |
|-------------------|--------------|---------|-----------|----------------|-------|
| 1. Luka Geraerds | Hellas-Glana | 2:10.40 | 200502077 | 2:13.12 | +0,62 |
| 2. Esper Schreurs | Zeps | 2:11.62 | 200300433 | 2:14.65 | +0,60 |
| 3. Arno Nelissen | Hellas-Glana | 2:16.16 | 200300229 | 2:15.27 | +0,77 |

5. 50m vrije slag

Gebjr 2011 - 2012

| | | | | | |
|----------------------|--------------|-------|-----------|--------------|-------|
| 1. Laurens van Nulck | Hellas-Glana | 28.02 | 201100521 | 28.33 | +0,70 |
| 2. Fedde Bijma | Vivalo | 32.33 | 201103053 | 30.42 | +0,79 |
| 3. Tijs Martens | Mosa-Regio | 34.38 | 201102879 | 30.55 | +0,71 |

5. 50m vrije slag

Gebjr 2009 - 2010

| | | | | | |
|--------------------------|-----------------------------|-------|-----------|--------------|-------|
| 1. Sacha van Hees Ajdnik | Zeps | 26.38 | 200900489 | 26.77 | +0,67 |
| 2. Justen Beekman | HZPC | 26.56 | 200900765 | 26.91 | +0,64 |
| 3. Sam Diederens | SG Patrick - De Roersoppers | 29.11 | 201001863 | 27.23 | +0,69 |

5. 50m vrije slag

Gebjr 2007 - 2008

| | | | | | |
|-----------------------|--------------|-------|-----------|--------------|-------|
| 1. Ties Berghs | Zeps | 24.51 | 200700709 | 24.87 | +0,66 |
| 2. Stijn Saelmans | Hellas-Glana | 25.18 | 200700373 | 25.12 | +0,73 |
| 3. Jannick van Eeghem | Hellas-Glana | 26.16 | 200800147 | 25.88 | +0,67 |

5. 50m vrije slag

2006 en eerder

| | | | | | |
|--------------------|--------------|-------|-----------|--------------|-------|
| 1. Lucas Greven | Hellas-Glana | 23.08 | 199501941 | 23.24 | +0,66 |
| 2. Seth Van Hoften | Rzl | 24.23 | 200404657 | 24.53 | +0,68 |
| 3. Kevin Meuwissen | Hellas-Glana | 23.71 | 199502485 | 24.64 | +0,71 |

7. 200m wisselslag

Gebjr 2011 - 2012

| | | | | | |
|----------------------|------------------|---------|-----------|----------------|-------|
| 1. Laurens van Nulck | Hellas-Glana | 2:29.20 | 201100521 | 2:28.65 | +0,76 |
| 2. Zion Eijkenboom | Hellas-Glana | 2:49.18 | 201100043 | 2:45.62 | +0,78 |
| 3. Tibo Janssen | ZPC De Rog Weert | 2:49.34 | 201101591 | 2:48.69 | +0,81 |

7. 200m wisselslag

Gebjr 2009 - 2010

| | | | | | |
|--------------------------|--------------|---------|-----------|----------------|-------|
| 1. Mattia Maggio | Hellas-Glana | 2:15.85 | 200903311 | 2:15.37 | +0,62 |
| 2. Sacha van Hees Ajdnik | Zeps | 2:26.19 | 200900489 | 2:28.61 | +0,70 |
| 3. Alexander van Nulck | Zeps | 2:37.42 | 200902167 | 2:28.69 | +0,78 |

7. 200m wisselslag

Gebjr 2007 - 2008

| | | | | | |
|-----------------------|--------------------|---------|-----------|----------------|-------|
| 1. Ties Berghs | Zeps | 2:14.53 | 200700709 | 2:14.83 | +0,66 |
| 2. Viggo van Bokhoven | Zwemsport Parkstad | 2:26.42 | 200800373 | 2:27.14 | +0,74 |
| 3. Jannick van Eeghem | Hellas-Glana | 2:29.99 | 200800147 | 2:27.60 | +0,67 |

7. 200m wisselslag

2006 en eerder

| | | | | | |
|---------------------------|--------------|---------|-----------|----------------|-------|
| 1. Lucas Greven | Hellas-Glana | 2:00.37 | 199501941 | 2:05.27 | +0,66 |
| 2. Esper Schreurs | Zeps | 2:07.85 | 200300433 | 2:13.68 | +0,70 |
| 3. Jesse Marijn Thimister | Zeps | 2:25.62 | 200602893 | 2:13.96 | +0,71 |

9. 100m vlinderslag

Gebjr 2011 - 2012

| | | | | | |
|----------------------|--------------|---------|-----------|----------------|-------|
| 1. Laurens van Nulck | Hellas-Glana | 1:09.82 | 201100521 | 1:10.19 | +0,73 |
| 2. Zion Eijkenboom | Hellas-Glana | 1:17.43 | 201100043 | 1:17.02 | +0,76 |
| 3. Lars Stelten | Hellas-Glana | 1:22.01 | 201200151 | 1:21.71 | +0,72 |

9. 100m vlinderslag

Gebjr 2009 - 2010

| | | | | | |
|-------------------|--------------|---------|-----------|----------------|-------|
| 1. Vanja Kvocka | Hellas-Glana | 58.76 | 200904007 | 58.05 | +0,69 |
| 2. Mattia Maggio | Hellas-Glana | 59.44 | 200903311 | 59.12 | +0,60 |
| 3. Justen Beekman | HZPC | 1:07.86 | 200900765 | 1:09.17 | +0,69 |

9. 100m vlinderslag

Gebjr 2007 - 2008

| | | | | | |
|-------------------|--------------|---------|-----------|----------------|-------|
| 1. Ties Berghs | Zeps | 58.75 | 200700709 | 58.01 | +0,66 |
| 2. Stijn Saelmans | Hellas-Glana | 59.84 | 200700373 | 1:00.81 | +0,72 |
| 3. Jorn Camps | Rzl | 1:08.76 | 200800309 | 1:14.03 | +0,70 |

9. 100m vlinderslag

2006 en eerder

| | | | | | |
|------------------|--------------|---------|-----------|----------------|-------|
| 1. Ivo Grosveld | Rzl | 1:01.05 | 199702483 | 1:01.02 | +0,69 |
| 2. Max Ketelaars | Hellas-Glana | 1:01.50 | 200500345 | 1:01.05 | +0,65 |
| 3. Sam Luyten | Rzl | 1:03.89 | 200005187 | 1:01.30 | +0,73 |

11. 400m wisselslag

Gebjr 2011 - 2012

| | | | | | |
|----------------------|------------------|---------|-----------|----------------|-------|
| 1. Laurens van Nulck | Hellas-Glana | 5:15.60 | 201100521 | 5:16.40 | +0,71 |
| 2. Zion Eijkenboom | Hellas-Glana | 5:42.25 | 201100043 | 5:46.74 | +0,72 |
| 3. Tibo Janssen | ZPC De Rog Weert | 6:00.69 | 201101591 | 5:53.18 | +0,73 |

11. 400m wisselslag

Gebjr 2009 - 2010

| | | | | | |
|--------------------------|--------------|---------|-----------|----------------|-------|
| 1. Vanja Kvocka | Hellas-Glana | 4:59.82 | 200904007 | 4:56.13 | +0,70 |
| 2. Sacha van Hees Ajdnik | Zeps | 5:50.88 | 200900489 | 5:19.40 | +0,67 |
| 3. Cas Heylighen | Hellas-Glana | 5:21.60 | 200901327 | 5:22.31 | +0,61 |

11. 400m wisselslag

Gebjr 2007 - 2008

| | | | | | |
|----------------------|------|---------|-----------|----------------|-------|
| 1. Ties Berghs | Zeps | 4:48.73 | 200700709 | 4:45.27 | +0,65 |
| 2. Jesse Jacobs | HZPC | 5:08.78 | 200700407 | 5:13.59 | +0,71 |
| 3. Stephan Sjeptoera | HZPC | 5:29.86 | 200800871 | 5:14.71 | +0,78 |

11. 400m wisselslag

2006 en eerder

| | | | | | |
|-------------------|-----------------------------|---------|-----------|----------------|-------|
| 1. Ruben de Vries | Hellas-Glana | 4:50.72 | 200600497 | 4:50.41 | +0,69 |
| 2. Jelle Huntjens | Hellas-Glana | 5:03.13 | 200604257 | 5:00.06 | +0,67 |
| 3. Max Martens | SG Patrick - De Roersoppers | 5:20.67 | 200004499 | 5:00.85 | +0,65 |

13. 100m schoolslag

Gebjr 2011 - 2012

| | | | | | |
|----------------------|-----------------------------|---------|-----------|----------------|-------|
| 1. Laurens van Nulck | Hellas-Glana | 1:13.34 | 201100521 | 1:13.55 | +0,71 |
| 2. Tijs Martens | Mosa-Regio | 1:28.22 | 201102879 | 1:27.25 | +0,66 |
| 3. Mels Diederien | SG Patrick - De Roersoppers | 1:32.19 | 201100923 | 1:29.09 | +0,67 |

| 13. 100m schoolslag | | | | Gebjr 2009 - 2010 | | |
|---------------------|---------------------|-----------------------------|---------|-------------------|----------------|-------|
| 1. | Alexander van Nulck | Zeps | 1:17.43 | 200902167 | 1:15.17 | +0,73 |
| 2. | Cas Heylighen | Hellas-Glana | 1:16.24 | 200901327 | 1:17.42 | +0,63 |
| 3. | Sam Diederens | SG Patrick - De Roersoppers | 1:25.14 | 201001863 | 1:19.88 | +0,71 |

| 13. 100m schoolslag | | | | Gebjr 2007 - 2008 | | |
|---------------------|--------------------|--------------|---------|-------------------|----------------|-------|
| 1. | Gillian Sanders | Eszet | 1:14.18 | 200700115 | 1:15.20 | +0,63 |
| 2. | Jannick van Eeghem | Hellas-Glana | 1:16.87 | 200800147 | 1:15.61 | |

| 13. 100m schoolslag | | | | 2006 en eerder | | |
|---------------------|----------------|--------------|---------|----------------|----------------|-------|
| 1. | Lucas Greven | Hellas-Glana | 59.00 | 199501941 | 1:01.21 | +0,66 |
| 2. | Lars Kerremans | Hellas-Glana | 1:02.79 | 200100305 | 1:04.83 | +0,66 |
| 3. | Ian Sanders | Eszet | 1:04.24 | 200100373 | 1:05.42 | +0,63 |

| 15. 50m schoolslag | | | | Gebjr 2011 - 2012 | | |
|--------------------|-------------------|-----------------------------|-------|-------------------|--------------|-------|
| 1. | Laurens van Nulck | Hellas-Glana | 33.02 | 201100521 | 33.98 | +0,66 |
| 2. | Tijs Martens | Mosa-Regio | 40.23 | 201102879 | 39.40 | +0,60 |
| 3. | Mels Diederens | SG Patrick - De Roersoppers | 41.82 | 201100923 | 39.92 | +0,59 |

| 15. 50m schoolslag | | | | Gebjr 2009 - 2010 | | |
|--------------------|-----------------------|-----------------------------|-------|-------------------|--------------|-------|
| 1. | Sacha van Hees Ajdnik | Zeps | 35.15 | 200900489 | 34.73 | +0,71 |
| 2. | Sam Diederens | SG Patrick - De Roersoppers | 36.72 | 201001863 | 34.79 | +0,75 |
| 3. | Alexander van Nulck | Zeps | 35.44 | 200902167 | 34.82 | +0,75 |

| 15. 50m schoolslag | | | | Gebjr 2007 - 2008 | | |
|--------------------|-----------------|-------|-------|-------------------|--------------|-------|
| 1. | Gillian Sanders | Eszet | 34.22 | 200700115 | 33.75 | +0,61 |
| 2. | Guido Jacobs | HZPC | 34.99 | 200800477 | 33.93 | +0,70 |
| 3. | Joost Stelt | HZPC | 34.85 | 200803633 | 34.16 | +0,63 |

| 15. 50m schoolslag | | | | 2006 en eerder | | |
|--------------------|------------------------|--------------|-------|----------------|--------------|-------|
| 1. | Lucas Greven | Hellas-Glana | 27.71 | 199501941 | 28.56 | +0,65 |
| 2. | Kevin Meuwissen | Hellas-Glana | 29.61 | 199502485 | 30.26 | +0,69 |
| 3. | Jesse Marijn Thimister | Zeps | 30.64 | 200602893 | 30.50 | +0,73 |

| 17. 200m vrije slag | | | | Gebjr 2011 - 2012 | | |
|---------------------|-------------------|------------------|---------|-------------------|----------------|-------|
| 1. | Laurens van Nulck | Hellas-Glana | 2:14.81 | 201100521 | 2:14.31 | +0,72 |
| 2. | Zion Eijkenboom | Hellas-Glana | 2:28.70 | 201100043 | 2:25.68 | +0,76 |
| 3. | Tibo Janssen | ZPC De Rog Weert | 2:26.44 | 201101591 | 2:25.72 | +0,77 |

| 17. 200m vrije slag | | | | Gebjr 2009 - 2010 | | |
|---------------------|-----------------------|--------------|---------|-------------------|----------------|-------|
| 1. | Mattia Maggio | Hellas-Glana | 1:57.19 | 200903311 | 1:57.02 | +0,59 |
| 2. | Sacha van Hees Ajdnik | Zeps | 2:07.69 | 200900489 | 2:08.39 | +0,71 |
| 3. | Cas Heylighen | Hellas-Glana | 2:11.81 | 200901327 | 2:12.22 | +0,64 |

| 17. 200m vrije slag | | | | Gebjr 2007 - 2008 | | |
|---------------------|--------------------|-----------------------------|---------|-------------------|----------------|-------|
| 1. | Ties Berghs | Zeps | 1:58.36 | 200700709 | 1:58.77 | +0,64 |
| 2. | Bodewyn Long | SG Patrick - De Roersoppers | 2:11.12 | 200702205 | 2:05.98 | +0,65 |
| 3. | Jannick van Eeghem | Hellas-Glana | 2:07.72 | 200800147 | 2:08.37 | +0,68 |

| 17. 200m vrije slag | | | | 2006 en eerder | | |
|---------------------|----------------|--------------|---------|----------------|----------------|-------|
| 1. | Arno Nelissen | Hellas-Glana | 1:55.46 | 200300229 | 1:57.58 | +0,76 |
| 2. | Lars Kerremans | Hellas-Glana | 1:55.89 | 200100305 | 2:00.85 | +0,69 |
| 3. | Ruben de Vries | Hellas-Glana | 2:02.96 | 200600497 | 2:01.56 | +0,66 |

19. 4 x 100m wisselslag Gebjr 2011 - 2012

| | | | | | |
|-------------------|--------------|---------|--|----------------|-------|
| 1. Hellas-Glana 5 | Hellas-Glana | 5:04.33 | | 5:05.66 | +0,75 |
|-------------------|--------------|---------|--|----------------|-------|

19. 4 x 100m wisselslag Gebjr 2009 - 2012

| | | | | | |
|-------------------|--------------|---------|--|----------------|-------|
| 1. Hellas-Glana 4 | Hellas-Glana | 4:15.97 | | 4:19.67 | +0,62 |
|-------------------|--------------|---------|--|----------------|-------|

19. 4 x 100m wisselslag Gebjr 2007 - 2012

| | | | | | |
|-----------|------|---------|--|----------------|-------|
| 1. HZPC 1 | HZPC | 4:43.27 | | 4:26.28 | +0,63 |
| 2. Zeps 1 | Zeps | 4:32.63 | | 4:27.07 | +0,72 |

19. 4 x 100m wisselslag 2012 en eerder

| | | | | | |
|-------------------|--------------|---------|--|----------------|-------|
| 1. Hellas-Glana 1 | Hellas-Glana | 3:51.80 | | 3:57.11 | +0,74 |
| 2. Rzl 1 | Rzl | 4:11.34 | | 4:07.15 | +0,57 |
| 3. Hellas-Glana 2 | Hellas-Glana | 4:08.19 | | 4:10.57 | +0,71 |

20. 400m vrije slag Gebjr 2011 - 2012

| | | | | | |
|-------------------|-----------------------------|---------|-----------|----------------|-------|
| 1. Tibo Janssen | ZPC De Rog Weert | 5:16.96 | 201101591 | 5:07.78 | +0,74 |
| 2. Gido van Dijk | SG Patrick - De Roersoppers | 5:20.91 | 201100341 | 5:16.21 | +0,71 |
| 3. H. Kuzey Kudat | Hellas-Glana | 5:20.29 | 201201917 | 5:19.26 | +0,59 |

20. 400m vrije slag Gebjr 2009 - 2010

| | | | | | |
|-----------------|-----------------------------|---------|-----------|----------------|-------|
| 1. Tren Wullms | Hellas-Glana | 4:57.32 | 201000469 | 4:50.25 | +0,64 |
| 2. Tygo Kamps | MZ&PC | 5:12.48 | 201000987 | 4:53.93 | +0,73 |
| 3. Sam Diederer | SG Patrick - De Roersoppers | 5:24.54 | 201001863 | 5:12.44 | +0,71 |

20. 400m vrije slag Gebjr 2007 - 2008

| | | | | | |
|-----------------------|--------------|---------|-----------|----------------|-------|
| 1. Ties Berghs | Zeps | 4:16.40 | 200700709 | 4:16.96 | +0,66 |
| 2. Jesse Jacobs | HZPC | 4:36.51 | 200700407 | 4:32.65 | +0,75 |
| 3. Jannick van Eeghem | Hellas-Glana | 4:35.87 | 200800147 | 4:33.09 | +0,64 |

20. 400m vrije slag 2006 en eerder

| | | | | | |
|---------------------------|--------------|---------|-----------|----------------|-------|
| 1. Ruben de Vries | Hellas-Glana | 4:18.61 | 200600497 | 4:15.88 | +0,67 |
| 2. Arno Nelissen | Hellas-Glana | 4:33.66 | 200300229 | 4:16.17 | +0,78 |
| 3. Jesse Marijn Thimister | Zeps | 4:28.84 | 200602893 | 4:19.63 | +0,68 |

23. 100m wisselslag Gebjr 2011 - 2012

| | | | | | |
|--------------------|--------------|---------|-----------|----------------|-------|
| 1. Zion Eijkenboom | Hellas-Glana | 1:20.27 | 201100043 | 1:16.50 | +0,76 |
| 2. Jesse Hanssen | HZPC | 1:20.06 | 201102245 | 1:18.48 | +0,72 |
| 3. Lars Stelten | Hellas-Glana | 1:22.26 | 201200151 | 1:19.37 | +0,68 |

23. 100m wisselslag Gebjr 2009 - 2010

| | | | | | |
|------------------------|------------------|---------|-----------|----------------|-------|
| 1. Justen Beekman | HZPC | 1:09.84 | 200900765 | 1:07.30 | +0,66 |
| 2. Alexander van Nulck | Zeps | 1:11.38 | 200902167 | 1:08.61 | +0,73 |
| 3. Melle Pittie | Zwemclub Eijsden | 1:12.82 | 201000179 | 1:09.22 | +0,72 |

23. 100m wisselslag Gebjr 2007 - 2008

| | | | | | |
|-------------------|--------------|---------|-----------|----------------|-------|
| 1. Ties Berghs | Zeps | 1:02.03 | 200700709 | 1:01.68 | +0,65 |
| 2. Stijn Saelmans | Hellas-Glana | 1:02.04 | 200700373 | 1:02.13 | +0,72 |
| 3. Jesse Jacobs | HZPC | 1:06.39 | 200700407 | 1:05.14 | +0,77 |

| | | | | | | |
|----------------------|---------------------|--------------------|---------|-----------|-------------------|-------|
| 23. 100m wisselslag | | | | | 2006 en eerder | |
| 1. | Lucas Greven | Hellas-Glana | 54.89 | 199501941 | 56.63 | +0,65 |
| 2. | Lars Kerremans | Hellas-Glana | 56.70 | 200100305 | 57.97 | +0,67 |
| 3. | Max Ketelaars | Hellas-Glana | 59.74 | 200500345 | 1:01.84 | +0,68 |
| 25. 200m vlinderslag | | | | | Gebjr 2011 - 2012 | |
| 1. | Laurens van Nulck | Hellas-Glana | 2:47.46 | 201100521 | 2:39.53 | +0,75 |
| 2. | Zion Eijkenboom | Hellas-Glana | 2:53.18 | 201100043 | 2:48.32 | +0,76 |
| 25. 200m vlinderslag | | | | | Gebjr 2009 - 2010 | |
| 1. | Vanja Kvocka | Hellas-Glana | 2:07.84 | 200904007 | 2:09.57 | +0,70 |
| 2. | Mattia Maggio | Hellas-Glana | 2:15.09 | 200903311 | 2:12.40 | +0,63 |
| 3. | Cas Heylighen | Hellas-Glana | 2:48.41 | 200901327 | 2:44.19 | +0,65 |
| 25. 200m vlinderslag | | | | | Gebjr 2007 - 2008 | |
| 1. | Ties Berghs | Zeps | 2:11.32 | 200700709 | 2:14.80 | +0,70 |
| 25. 200m vlinderslag | | | | | 2006 en eerder | |
| 1. | Luka Geraerds | Hellas-Glana | 2:21.39 | 200502077 | 2:21.89 | +0,73 |
| 2. | Koen van der Wallen | ZPC Nederweert | 2:26.97 | 199405561 | 2:23.44 | +0,86 |
| 3. | Lars Hilkens | RZ | 2:26.68 | 200201165 | 2:28.80 | +0,72 |
| 27. 50m rugslag | | | | | Gebjr 2011 - 2012 | |
| 1. | Laurens van Nulck | Hellas-Glana | 35.07 | 201100521 | 33.14 | +0,69 |
| 2. | Fedde Bijma | Vivalo | 36.98 | 201103053 | 35.96 | +0,71 |
| 27. 50m rugslag | | | | | Gebjr 2009 - 2010 | |
| 1. | Vanja Kvocka | Hellas-Glana | 26.71 | 200904007 | 27.55 | +0,57 |
| 2. | Alexander van Nulck | Zeps | 31.20 | 200902167 | 31.48 | +0,65 |
| 3. | Justen Beekman | HZPC | 33.10 | 200900765 | 31.82 | +0,68 |
| 27. 50m rugslag | | | | | Gebjr 2007 - 2008 | |
| 1. | Stijn Saelmans | Hellas-Glana | 28.78 | 200700373 | 29.10 | +0,69 |
| 2. | Viggo van Bokhoven | Zwemsport Parkstad | 30.53 | 200800373 | 30.15 | +0,64 |
| 3. | Guido Jacobs | HZPC | 32.67 | 200800477 | 30.79 | +0,63 |
| 27. 50m rugslag | | | | | 2006 en eerder | |
| 1. | Arno Nelissen | Hellas-Glana | 27.62 | 200300229 | 27.67 | +0,81 |
| 2. | Coen Keulen | Zwemsport Parkstad | 29.31 | 200400107 | 28.99 | +0,71 |
| 3. | Max Ketelaars | Hellas-Glana | 29.08 | 200500345 | 29.10 | +0,75 |
| 29. 50m vlinderslag | | | | | Gebjr 2011 - 2012 | |
| 1. | Laurens van Nulck | Hellas-Glana | 31.11 | 201100521 | 30.72 | +0,67 |
| 2. | Lars Stelten | Hellas-Glana | 36.55 | 201200151 | 34.47 | +0,64 |
| 3. | Zion Eijkenboom | Hellas-Glana | 35.26 | 201100043 | 34.61 | +0,77 |
| 29. 50m vlinderslag | | | | | Gebjr 2009 - 2010 | |
| 1. | Vanja Kvocka | Hellas-Glana | 26.15 | 200904007 | 26.00 | +0,68 |
| 2. | Mattia Maggio | Hellas-Glana | 26.57 | 200903311 | 26.27 | +0,59 |
| 3. | Justen Beekman | HZPC | 29.43 | 200900765 | 29.64 | +0,66 |

| | | | | | Gebjr 2007 - 2008 | |
|----------------------------|---------------------|-----------------------------|---------|-----------|-------------------|-------|
| 29. 50m vlinderslag | | | | | | |
| 1. | Ties Berghs | Zeps | 26.37 | 200700709 | 27.05 | +0,64 |
| 2. | Stijn Saelmans | Hellas-Glana | 26.89 | 200700373 | 27.32 | +0,67 |
| 3. | Joost Stelt | HZPC | 28.80 | 200803633 | 28.46 | +0,72 |
| | | | | | 2006 en eerder | |
| 29. 50m vlinderslag | | | | | | |
| 1. | Lucas Greven | Hellas-Glana | 25.88 | 199501941 | 25.91 | +0,67 |
| 2. | Timo Kaanen | Hellas-Glana | 27.07 | 200500053 | 26.76 | +0,72 |
| 3. | Robin Meuwissen | Hellas-Glana | 26.47 | 199602601 | 26.99 | +0,59 |
| | | | | | Gebjr 2011 - 2012 | |
| 31. 100m vrije slag | | | | | | |
| 1. | Laurens van Nulck | Hellas-Glana | 1:02.42 | 201100521 | 1:00.75 | +0,68 |
| 2. | Gido van Dijk | SG Patrick - De Roersoppers | 1:07.26 | 201100341 | 1:06.64 | +0,73 |
| 3. | Jesse Hanssen | HZPC | 1:09.49 | 201102245 | 1:07.31 | +0,73 |
| | | | | | Gebjr 2009 - 2010 | |
| 31. 100m vrije slag | | | | | | |
| 1. | Mattia Maggio | Hellas-Glana | 53.80 | 200903311 | 53.56 | +0,60 |
| 2. | Justen Beekman | HZPC | 58.89 | 200900765 | 58.32 | +0,64 |
| 3. | Melle Pittie | Zwemclub Eijsden | 1:01.68 | 201000179 | 59.83 | +0,70 |
| | | | | | Gebjr 2007 - 2008 | |
| 31. 100m vrije slag | | | | | | |
| 1. | Ties Berghs | Zeps | 53.49 | 200700709 | 53.38 | +0,65 |
| 2. | Stijn Saelmans | Hellas-Glana | 54.04 | 200700373 | 53.87 | +0,66 |
| 3. | Stef Blok | Zwemclub Eijsden | 57.02 | 200701087 | 56.38 | +0,75 |
| | | | | | 2006 en eerder | |
| 31. 100m vrije slag | | | | | | |
| 1. | Lars Kerremans | Hellas-Glana | 50.46 | 200100305 | 51.42 | +0,67 |
| 2. | Arno Nelissen | Hellas-Glana | 51.69 | 200300229 | 52.40 | +0,76 |
| 3. | Kevin Meuwissen | Hellas-Glana | 53.30 | 199502485 | 53.77 | +0,69 |
| | | | | | Gebjr 2011 - 2012 | |
| 33. 200m schoolslag | | | | | | |
| 1. | Laurens van Nulck | Hellas-Glana | 2:37.04 | 201100521 | 2:42.17 | +0,70 |
| 2. | Tibo Janssen | ZPC De Rog Weert | 3:16.15 | 201101591 | 3:03.16 | +0,85 |
| 3. | Lars Stelten | Hellas-Glana | 3:11.17 | 201200151 | 3:03.89 | +0,63 |
| | | | | | Gebjr 2009 - 2010 | |
| 33. 200m schoolslag | | | | | | |
| 1. | Alexander van Nulck | Zeps | 2:45.27 | 200902167 | 2:43.21 | +0,71 |
| 2. | Cas Heylighen | Hellas-Glana | 2:44.68 | 200901327 | 2:47.16 | +0,60 |
| 3. | Tren Wullms | Hellas-Glana | 3:01.55 | 201000469 | 2:57.24 | +0,59 |
| | | | | | Gebjr 2007 - 2008 | |
| 33. 200m schoolslag | | | | | | |
| 1. | Jesse Jacobs | HZPC | 2:51.16 | 200700407 | 2:41.15 | +0,70 |
| | | | | | 2006 en eerder | |
| 33. 200m schoolslag | | | | | | |
| 1. | Lucas Greven | Hellas-Glana | 2:10.50 | 199501941 | 2:14.78 | +0,67 |
| 2. | Max Ketelaars | Hellas-Glana | 2:26.40 | 200500345 | 2:23.82 | +0,63 |
| 3. | Ruben de Vries | Hellas-Glana | 2:25.39 | 200600497 | 2:25.30 | +0,69 |
| | | | | | Gebjr 2011 - 2012 | |
| 35. 100m rugslag | | | | | | |
| 1. | Laurens van Nulck | Hellas-Glana | 1:12.20 | 201100521 | 1:11.98 | +0,83 |
| 2. | Zion Eijkenboom | Hellas-Glana | 1:18.96 | 201100043 | 1:15.66 * | +0,70 |
| 3. | Fedde Bijma | Vivalo | 1:18.96 | 201103053 | 1:15.75 * | +0,70 |

| 35. 100m rugslag | | | | | Gebjr 2009 - 2010 | |
|-------------------------|-----------------------------|-----------------------------|---------|-----------|-------------------|-------|
| 1. | Mattia Maggio | Hellas-Glana | 59.58 | 200903311 | 58.01 | +0,59 |
| 2. | Vanja Kvocka | Hellas-Glana | 57.93 | 200904007 | 58.86 | +0,68 |
| 3. | Alexander van Nulck | Zeps | 1:09.08 | 200902167 | 1:10.26 | +0,64 |
| 35. 100m rugslag | | | | | Gebjr 2007 - 2008 | |
| 1. | Stijn Saelmans | Hellas-Glana | 1:04.23 | 200700373 | 1:03.57 | +0,68 |
| 2. | Jesse Jacobs | HZPC | 1:06.48 | 200700407 | 1:04.63 | +0,63 |
| 3. | Ties Berghs | Zeps | 1:05.29 | 200700709 | 1:04.93 | +0,77 |
| 35. 100m rugslag | | | | | 2006 en eerder | |
| 1. | Arno Nelissen | Hellas-Glana | 59.76 | 200300229 | 58.98 | +0,83 |
| 2. | Niels van Avesaath | MZ&PC | 1:01.01 | 200202005 | 1:00.85 | +0,57 |
| 3. | Luka Geraerds | Hellas-Glana | 1:00.69 | 200502077 | 1:00.93 | +0,67 |
| 37. 4 x 100m vrije slag | | | | | Gebjr 2011 - 2012 | |
| 1. | Hellas-Glana 5 | Hellas-Glana | 4:33.78 | | 4:30.64 | +0,80 |
| 37. 4 x 100m vrije slag | | | | | Gebjr 2009 - 2012 | |
| 1. | Hellas-Glana 4 | Hellas-Glana | 3:53.04 | | 3:52.85 | +0,69 |
| 37. 4 x 100m vrije slag | | | | | Gebjr 2007 - 2012 | |
| 1. | Hellas-Glana 3 | Hellas-Glana | 3:58.81 | | 3:58.32 | +0,68 |
| 37. 4 x 100m vrije slag | | | | | 2012 en eerder | |
| 1. | Hellas-Glana 2 | Hellas-Glana | 3:41.35 | | 3:39.91 | +0,60 |
| 2. | SG Patrick - De Roersoppers | SG Patrick - De Roersoppers | 3:41.32 | | 3:42.29 | +0,66 |
| 3. | Rzl 1 | Rzl | 3:47.77 | | 3:46.42 | +0,64 |

Medaillelijst per programmanr., Dames

Alle wedstrijden

| | | | | | Gebjr 2011 - 2012 | |
|----------------------------|---------------------|-----------------------------|---------|-----------|-------------------|-------|
| 1. 400m vrije slag | | | | | | |
| 1. | Julia Ketelaars | Hellas-Glana | 5:04.30 | 201200028 | 5:02.32 | +0,76 |
| 2. | Vicky Horens | Hellas-Glana | 5:04.59 | 201200252 | 5:07.16 | +0,66 |
| 3. | Sarah Förster | Hellas-Glana | 5:15.28 | 201102682 | 5:09.81 | +0,73 |
| 1. 400m vrije slag | | | | | | |
| | | | | | Gebjr 2009 - 2010 | |
| 1. | Laura Dumont | SG Patrick - De Roersoppers | 5:14.19 | 200900020 | 4:59.78 | +0,85 |
| 2. | Romy de Graaf | Hellas-Glana | 5:06.29 | 201003660 | 5:00.57 | +0,71 |
| 3. | Julie Simonis | Hellas-Glana | 5:03.33 | 201000144 | 5:01.74 | +0,76 |
| 1. 400m vrije slag | | | | | | |
| | | | | | Gebjr 2007 - 2008 | |
| 1. | Emma Ketelaars | Hellas-Glana | 4:44.63 | 200800354 | 4:46.35 | +0,70 |
| 2. | Lotte Frissen | SG Patrick - De Roersoppers | 4:48.26 | 200701354 | 4:48.57 | +0,71 |
| 3. | Nina Derckx | Zeps | 5:00.64 | 200700030 | 4:57.88 | +0,79 |
| 1. 400m vrije slag | | | | | | |
| | | | | | 2006 en eerder | |
| 1. | Rani Skrabanja | Hellas-Glana | 4:25.34 | 199800992 | 4:32.29 | +0,74 |
| 2. | Kim Crins | Rzl | 4:54.10 | 200501212 | 4:51.10 | +0,74 |
| 3. | Meike van de Ree | HZPC | 4:48.14 | 200402646 | 4:52.50 | +0,75 |
| 4. 100m wisselslag | | | | | | |
| | | | | | Gebjr 2011 - 2012 | |
| 1. | Sterre de Veen | Hellas-Glana | 1:13.37 | 201100086 | 1:11.14 | +0,69 |
| 2. | Vicky Horens | Hellas-Glana | 1:15.67 | 201200252 | 1:12.97 | +0,71 |
| 3. | Julia Ketelaars | Hellas-Glana | 1:14.86 | 201200028 | 1:13.40 | +0,71 |
| 4. 100m wisselslag | | | | | | |
| | | | | | Gebjr 2009 - 2010 | |
| 1. | Myrthe Stelten | Hellas-Glana | 1:10.41 | 200900234 | 1:09.64 | +0,78 |
| 2. | Zoë van Hameren | RZ | 1:16.03 | 200901000 | 1:13.67 | +0,82 |
| 3. | Romy de Graaf | Hellas-Glana | 1:15.93 | 201003660 | 1:13.98 | +0,70 |
| 4. 100m wisselslag | | | | | | |
| | | | | | Gebjr 2007 - 2008 | |
| 1. | Benigna Kocsispeter | Hellas-Glana | 1:07.69 | 200702058 | 1:08.05 | +0,75 |
| 2. | Emma Ketelaars | Hellas-Glana | 1:09.44 | 200800354 | 1:10.58 | +0,68 |
| 3. | Sara Gootzen | RZ | 1:12.12 | 200702166 | 1:12.32 | +0,66 |
| 4. 100m wisselslag | | | | | | |
| | | | | | 2006 en eerder | |
| 1. | Britt Cornelissens | Hellas-Glana | 1:07.06 | 200000632 | 1:06.05 | |
| 2. | Meike van de Ree | HZPC | 1:09.17 | 200402646 | 1:09.64 | +0,75 |
| 3. | Sabine Vertommen | Zwemclub Eijsden | 1:09.99 | 199804546 | 1:11.57 | +0,86 |
| 6. 200m vlinderslag | | | | | | |
| | | | | | Gebjr 2011 - 2012 | |
| 1. | Esra Simon | Hellas-Glana | 2:47.04 | 201100004 | 2:41.43 | +0,78 |
| 2. | Louane Carfantan | MZ&PC | 3:18.87 | 201101042 | 3:16.62 | +0,70 |
| 6. 200m vlinderslag | | | | | | |
| | | | | | Gebjr 2009 - 2010 | |
| 1. | Renske Coppens | Vivalo | 3:06.69 | 200900440 | 3:10.71 | +0,81 |
| 6. 200m vlinderslag | | | | | | |
| | | | | | Gebjr 2007 - 2008 | |
| 1. | Isis van Kuijk | HZPC | 2:46.06 | 200700442 | 2:44.33 | +0,78 |
| 2. | Lieke Spätjens | RZ | 2:51.50 | 200700526 | 2:55.44 | +0,70 |

| | | | | | 2006 en eerder | |
|----------------------------|---------------------|-----------------------------|---------|-----------|----------------|-------|
| 6. 200m vlinderslag | | | | | | |
| 1. | Manon Koster | MZ&PC | 2:26.37 | 199701312 | 2:25.93 | +0,70 |
| 2. | Floor Weijmans | HZPC | 2:45.00 | 199502522 | 2:49.26 | +0,81 |
| 8. 50m rugslag | | | | | | |
| Gebjr 2011 - 2012 | | | | | | |
| 1. | Vicky Horens | Hellas-Glana | 34.73 | 201200252 | 33.64 | +0,60 |
| 2. | Sterre de Veen | Hellas-Glana | 34.47 | 201100086 | 34.22 | +0,75 |
| 3. | Emy Meuleners | SG Patrick - De Roersoppers | 35.28 | 201200012 | 34.36 | +0,67 |
| 8. 50m rugslag | | | | | | |
| Gebjr 2009 - 2010 | | | | | | |
| 1. | Myrthe Stelten | Hellas-Glana | 32.29 | 200900234 | 31.22 | +0,64 |
| 2. | Anouk Leurs | Zeps | 32.80 | 200900232 | 33.00 | +0,78 |
| 3. | Romy de Graaf | Hellas-Glana | 33.73 | 201003660 | 33.19 | +0,73 |
| 8. 50m rugslag | | | | | | |
| Gebjr 2007 - 2008 | | | | | | |
| 1. | Noa Roberts | Hellas-Glana | 31.95 | 200800702 | 31.94 | +0,65 |
| 2. | Nina Derckx | Zeps | 33.13 | 200700030 | 32.83 | +0,87 |
| 3. | Benthe van de Ree | HZPC | 33.75 | 200701226 | 33.96 | +0,80 |
| 8. 50m rugslag | | | | | | |
| 2006 en eerder | | | | | | |
| 1. | Judith Houtvast | Hellas-Glana | 30.41 | 200300714 | 30.65 | +0,57 |
| 2. | Britt Cornelissens | Hellas-Glana | 31.25 | 200000632 | 31.36 | +0,79 |
| 3. | Sabine Vertommen | Zwemclub Eijsden | 31.11 | 199804546 | 31.61 | +0,63 |
| 10. 50m vlinderslag | | | | | | |
| Gebjr 2011 - 2012 | | | | | | |
| 1. | Julia Ketelaars | Hellas-Glana | 32.89 | 201200028 | 32.74 | +0,77 |
| 2. | Esra Simon | Hellas-Glana | 32.36 | 201100004 | 32.84 | +0,74 |
| 3. | Emy Meuleners | SG Patrick - De Roersoppers | 36.08 | 201200012 | 34.56 | +0,77 |
| 10. 50m vlinderslag | | | | | | |
| Gebjr 2009 - 2010 | | | | | | |
| 1. | Myrthe Stelten | Hellas-Glana | 31.55 | 200900234 | 31.32 | +0,71 |
| 2. | Zoë van Hameren | RZ | 35.02 | 200901000 | 33.10 | +0,76 |
| 3. | Evi Bouten | HZPC | 32.75 | 201000270 | 33.57 | +0,74 |
| 10. 50m vlinderslag | | | | | | |
| Gebjr 2007 - 2008 | | | | | | |
| 1. | Benigna Kocsispeter | Hellas-Glana | 29.86 | 200702058 | 30.13 | +0,74 |
| 2. | Isis van Kuijk | HZPC | 31.74 | 200700442 | 30.75 | +0,76 |
| 3. | Emma Ketelaars | Hellas-Glana | 30.66 | 200800354 | 31.31 | +0,68 |
| 10. 50m vlinderslag | | | | | | |
| 2006 en eerder | | | | | | |
| 1. | Judith Houtvast | Hellas-Glana | 27.69 | 200300714 | 28.63 | +0,65 |
| 2. | Manon Koster | MZ&PC | 29.59 | 199701312 | 29.42 | +0,70 |
| 3. | Dyonne Klomp | ZPC Nederweert | 31.23 | 200400642 | 30.94 | +0,72 |
| 12. 100m vrije slag | | | | | | |
| Gebjr 2011 - 2012 | | | | | | |
| 1. | Sterre de Veen | Hellas-Glana | 1:03.16 | 201100086 | 1:02.34 | +0,67 |
| 2. | Julia Ketelaars | Hellas-Glana | 1:03.78 | 201200028 | 1:03.71 | +0,62 |
| 3. | Sarah Förster | Hellas-Glana | 1:06.01 | 201102682 | 1:05.71 | +0,67 |
| 12. 100m vrije slag | | | | | | |
| Gebjr 2009 - 2010 | | | | | | |
| 1. | Zoë van Hameren | RZ | 1:05.47 | 200901000 | 1:03.72 | +0,77 |
| 2. | Julie Simonis | Hellas-Glana | 1:04.89 | 201000144 | 1:04.37 | +0,72 |
| 3. | Romy de Graaf | Hellas-Glana | 1:07.69 | 201003660 | 1:04.40 | +0,71 |

| | | | | Gebjr 2007 - 2008 | |
|--------------------------------|---------------------|-----------------------------|---------|-------------------|----------------------|
| 12. 100m vrije slag | | | | | |
| 1. | Benigna Kocsispeter | Hellas-Glana | 1:00.72 | 200702058 | 59.81 +0,70 |
| 2. | Emma Ketelaars | Hellas-Glana | 1:01.25 | 200800354 | 1:02.46 +0,66 |
| 3. | Lotte Frissen | SG Patrick - De Roersoppers | 1:02.86 | 200701354 | 1:03.06 +0,75 |
| 12. 100m vrije slag | | | | | |
| 2006 en eerder | | | | | |
| 1. | Britt Cornelissens | Hellas-Glana | 56.50 | 200000632 | 58.40 +0,68 |
| 2. | Isabel Dijkstra | Hellas-Glana | 1:03.82 | 200200918 | 1:00.54 +0,75 |
| 3. | Giulia Stroink | Rzi | 1:01.17 | 199706610 | 1:01.28 +0,57 |
| 14. 200m schoolslag | | | | | |
| Gebjr 2011 - 2012 | | | | | |
| 1. | Vicky Horens | Hellas-Glana | 2:54.58 | 201200252 | 2:51.93 +0,68 |
| 2. | Valerie Rienties | Zwemsport Parkstad | 2:55.60 | 201200400 | 2:52.01 +0,50 |
| 3. | Julia Ketelaars | Hellas-Glana | 3:06.07 | 201200028 | 2:56.01 +0,76 |
| 14. 200m schoolslag | | | | | |
| Gebjr 2009 - 2010 | | | | | |
| 1. | Myrthe Stelten | Hellas-Glana | 2:42.66 | 200900234 | 2:41.13 +0,71 |
| 2. | Zoë van Hameren | RZ | 2:58.83 | 200901000 | 2:59.43 +0,77 |
| 3. | Evi Bouten | HZPC | 3:05.98 | 201000270 | 3:01.71 +0,71 |
| 14. 200m schoolslag | | | | | |
| Gebjr 2007 - 2008 | | | | | |
| 1. | Benigna Kocsispeter | Hellas-Glana | 2:37.44 | 200702058 | 2:41.97 +0,70 |
| 2. | Emma Ketelaars | Hellas-Glana | 2:57.09 | 200800354 | 2:55.34 +0,68 |
| 3. | Kyra Filott | RZ | 3:08.00 | 200800868 | 2:55.71 +0,72 |
| 14. 200m schoolslag | | | | | |
| 2006 en eerder | | | | | |
| 1. | Manon Koster | MZ&PC | 2:40.10 | 199701312 | 2:39.91 +0,68 |
| 2. | Meike van de Ree | HZPC | 2:55.24 | 200402646 | 2:51.60 +0,77 |
| 3. | Sterre Schlicher | RZ | 2:53.17 | 199901672 | 2:52.38 +0,67 |
| 16. 100m rugslag | | | | | |
| Gebjr 2011 - 2012 | | | | | |
| 1. | Sara Creemers | Hellas-Glana | 1:12.56 | 201100242 | 1:11.65 +0,68 |
| 2. | Sterre de Veen | Hellas-Glana | 1:13.09 | 201100086 | 1:12.12 +0,71 |
| 3. | Emy Meuleners | SG Patrick - De Roersoppers | 1:16.06 | 201200012 | 1:13.94 +0,70 |
| 16. 100m rugslag | | | | | |
| Gebjr 2009 - 2010 | | | | | |
| 1. | Myrthe Stelten | Hellas-Glana | 1:07.31 | 200900234 | 1:07.14 +0,61 |
| 2. | Romy de Graaf | Hellas-Glana | 1:11.16 | 201003660 | 1:10.30 +0,71 |
| 3. | Anouk Leurs | Zeps | 1:12.18 | 200900232 | 1:12.08 +0,81 |
| 16. 100m rugslag | | | | | |
| Gebjr 2007 - 2008 | | | | | |
| 1. | Noa Roberts | Hellas-Glana | 1:09.23 | 200800702 | 1:08.62 +0,60 |
| 2. | Nina Derckx | Zeps | 1:10.42 | 200700030 | 1:09.13 +0,82 |
| 3. | Sara Gootzen | RZ | 1:11.45 | 200702166 | 1:11.50 +0,73 |
| 16. 100m rugslag | | | | | |
| 2006 en eerder | | | | | |
| 1. | Manon Koster | MZ&PC | 1:07.51 | 199701312 | 1:06.69 +0,67 |
| 2. | Britt Cornelissens | Hellas-Glana | 1:07.54 | 200000632 | 1:07.84 +0,76 |
| 3. | Meike van de Ree | HZPC | 1:09.30 | 200402646 | 1:08.39 +0,68 |
| 18. 4 x 100m vrije slag | | | | | |
| Gebjr 2011 - 2012 | | | | | |
| 1. | Hellas-Glana 4 | Hellas-Glana | 4:18.58 | | 4:32.97 +0,76 |
| 2. | Hellas-Glana 5 | Hellas-Glana | 4:34.01 | | 4:39.83 +0,77 |

| 18. 4 x 100m vrije slag | | | | Gebjr 2009 - 2012 | |
|-------------------------|-----------------------------|-----------------------------|---------|-------------------|-------|
| 1. | Hellas-Glana 3 | Hellas-Glana | 4:24.27 | 4:23.76 | +0,77 |
| 2. | SG Patrick - De Roersoppers | SG Patrick - De Roersoppers | 4:36.08 | 4:34.95 | +0,72 |
| 3. | RZ 2 | RZ | 4:35.67 | 4:37.82 | +0,75 |

| 18. 4 x 100m vrije slag | | | | Gebjr 2007 - 2012 | |
|-------------------------|----------------|--------------|---------|-------------------|-------|
| 1. | Hellas-Glana 2 | Hellas-Glana | 4:07.62 | 4:09.39 | +0,67 |
| 2. | RZ 1 | RZ | 4:28.64 | 4:25.33 | +0,72 |

| 18. 4 x 100m vrije slag | | | | 2012 en eerder | |
|-------------------------|-----------------------------|-----------------------------|---------|----------------|-------|
| 1. | Hellas-Glana 1 | Hellas-Glana | 4:08.05 | 4:06.62 | +0,78 |
| 2. | ZPC Nederweert 1 | ZPC Nederweert | 4:14.11 | 4:12.16 | +0,76 |
| 3. | SG Patrick - De Roersoppers | SG Patrick - De Roersoppers | 4:12.76 | 4:19.82 | +0,69 |

| 22. 200m rugslag | | | | Gebjr 2011 - 2012 | |
|------------------|----------------|--------------|---------|-------------------|------------------------|
| 1. | Sterre de Veen | Hellas-Glana | 2:36.46 | 201100086 | 2:33.90 * +0,73 |
| 2. | Sara Creemers | Hellas-Glana | 2:38.60 | 201100242 | 2:35.95 +0,70 |
| 3. | Vicky Horens | Hellas-Glana | 2:39.60 | 201200252 | 2:39.20 +0,66 |

| 22. 200m rugslag | | | | Gebjr 2009 - 2010 | |
|------------------|---------------|--------------|---------|-------------------|----------------------|
| 1. | Romy de Graaf | Hellas-Glana | 2:36.56 | 201003660 | 2:32.45 +0,82 |
| 2. | Anouk Leurs | Zeps | 2:37.07 | 200900232 | 2:34.66 +0,82 |
| 3. | Evi Bouten | HZPC | 2:47.75 | 201000270 | 2:36.35 +0,64 |

| 22. 200m rugslag | | | | Gebjr 2007 - 2008 | |
|------------------|--------------|--------------|---------|-------------------|----------------------|
| 1. | Nina Derckx | Zeps | 2:31.64 | 200700030 | 2:27.28 +0,81 |
| 2. | Noa Roberts | Hellas-Glana | 2:35.35 | 200800702 | 2:32.66 +0,60 |
| 3. | Sara Gootzen | RZ | 2:36.02 | 200702166 | 2:33.35 +0,68 |

| 22. 200m rugslag | | | | 2006 en eerder | |
|------------------|------------------|----------------|---------|----------------|----------------------|
| 1. | Meike van de Ree | HZPC | 2:25.97 | 200402646 | 2:25.22 +0,75 |
| 2. | Giulia Stroink | Rzl | 2:35.91 | 199706610 | 2:33.58 +0,55 |
| 3. | Femke de Wit | ZPC Nederweert | 2:37.29 | 200102184 | 2:37.86 +0,69 |

| 24. 50m vrije slag | | | | Gebjr 2011 - 2012 | |
|--------------------|-----------------|-----------------------------|-------|-------------------|--------------------|
| 1. | Emy Meuleners | SG Patrick - De Roersoppers | 31.22 | 201200012 | 29.69 +0,74 |
| 2. | Julia Ketelaars | Hellas-Glana | 29.51 | 201200028 | 29.75 +0,72 |
| 3. | June Schuurmans | Hellas-Glana | 30.12 | 201100874 | 30.32 +0,75 |

| 24. 50m vrije slag | | | | Gebjr 2009 - 2010 | |
|--------------------|---------------------|----------------|-------|-------------------|--------------------|
| 1. | Zoë van Hameren | RZ | 30.10 | 200901000 | 29.30 +0,77 |
| 2. | Leia Kleuters-Blind | MZ&PC | 29.89 | 201003028 | 29.33 +0,59 |
| 3. | Melissa Reniers | ZPC Nederweert | 29.73 | 200900588 | 29.53 +0,82 |

| 24. 50m vrije slag | | | | Gebjr 2007 - 2008 | |
|--------------------|-------------------|-----------------------------|-------|-------------------|--------------------|
| 1. | Emma Ketelaars | Hellas-Glana | 27.70 | 200800354 | 28.58 +0,67 |
| 2. | Benthe van de Ree | HZPC | 29.19 | 200701226 | 29.16 +0,73 |
| 3. | Lotte Frissen | SG Patrick - De Roersoppers | 29.32 | 200701354 | 29.45 +0,69 |

| 24. 50m vrije slag | | | | 2006 en eerder | |
|--------------------|--------------------|-----------------------------|-------|----------------|--------------------|
| 1. | Britt Cornelissens | Hellas-Glana | 26.37 | 200000632 | 26.29 +0,73 |
| 2. | Judith Houtvast | Hellas-Glana | 26.66 | 200300714 | 27.27 +0,69 |
| 3. | Fleur Beckers | SG Patrick - De Roersoppers | 28.00 | 200200256 | 27.95 +0,69 |

| 26. 200m wisselslag | | | | | Gebjr 2011 - 2012 | |
|---------------------|------------------|--------------------|---------|-----------|-------------------|-------|
| 1. | Sterre de Veen | Hellas-Glana | 2:39.09 | 201100086 | 2:35.00 | +0,80 |
| 2. | Julia Ketelaars | Hellas-Glana | 2:39.64 | 201200028 | 2:41.45 | +0,66 |
| 3. | Valerie Rienties | Zwemsport Parkstad | 2:45.85 | 201200400 | 2:46.02 | +0,56 |

| 26. 200m wisselslag | | | | | Gebjr 2009 - 2010 | |
|---------------------|---------------|--------------|---------|-----------|-------------------|-------|
| 1. | Alaine Lomans | Hellas-Glana | 2:44.03 | 201000420 | 2:40.12 | +0,57 |
| 2. | Romy de Graaf | Hellas-Glana | 2:46.55 | 201003660 | 2:40.18 | +0,67 |
| 3. | Evi Bouten | HZPC | 2:46.08 | 201000270 | 2:40.25 | +0,76 |

| 26. 200m wisselslag | | | | | Gebjr 2007 - 2008 | |
|---------------------|---------------------|--------------|---------|-----------|-------------------|-------|
| 1. | Benigna Kocsispeter | Hellas-Glana | 2:32.30 | 200702058 | 2:29.27 | +0,68 |
| 2. | Emma Ketelaars | Hellas-Glana | 2:32.30 | 200800354 | 2:32.82 | +0,68 |
| 3. | Nina Derckx | Zeps | 2:37.46 | 200700030 | 2:35.61 | +0,77 |

| 26. 200m wisselslag | | | | | 2006 en eerder | |
|---------------------|------------------|-------|---------|-----------|----------------|-------|
| 1. | Manon Koster | MZ&PC | 2:26.90 | 199701312 | 2:25.53 | +0,70 |
| 2. | Meike van de Ree | HZPC | 2:28.30 | 200402646 | 2:29.27 | +0,78 |
| 3. | Kim Crins | Rzl | 2:36.31 | 200501212 | 2:37.51 | +0,76 |

| 28. 100m vlinderslag | | | | | Gebjr 2011 - 2012 | |
|----------------------|-----------------|--------------|---------|-----------|-------------------|-------|
| 1. | Esra Simon | Hellas-Glana | 1:13.06 | 201100004 | 1:11.39 | +0,75 |
| 2. | Julia Ketelaars | Hellas-Glana | 1:13.09 | 201200028 | 1:13.23 | +0,65 |
| 3. | Vicky Horens | Hellas-Glana | 1:18.11 | 201200252 | 1:17.62 | +0,70 |

| 28. 100m vlinderslag | | | | | Gebjr 2009 - 2010 | |
|----------------------|-----------------|--------------|---------|-----------|-------------------|-------|
| 1. | Zoë van Hameren | RZ | 1:17.80 | 200901000 | 1:14.81 | +0,80 |
| 2. | Alaine Lomans | Hellas-Glana | 1:15.87 | 201000420 | 1:15.40 | +0,70 |
| 3. | Romy de Graaf | Hellas-Glana | 1:19.96 | 201003660 | 1:17.54 | +0,67 |

| 28. 100m vlinderslag | | | | | Gebjr 2007 - 2008 | |
|----------------------|---------------------|--------------------|---------|-----------|-------------------|-------|
| 1. | Benigna Kocsispeter | Hellas-Glana | 1:06.41 | 200702058 | 1:07.81 | +0,78 |
| 2. | Sara Gootzen | RZ | 1:10.36 | 200702166 | 1:09.93 | +0,64 |
| 3. | Esmee van Huet | Zwemsport Parkstad | 1:14.01 | 200701388 | 1:12.11 | +0,65 |

| 28. 100m vlinderslag | | | | | 2006 en eerder | |
|----------------------|-----------------|----------------|---------|-----------|----------------|-------|
| 1. | Manon Koster | MZ&PC | 1:05.67 | 199701312 | 1:06.78 | +0,70 |
| 2. | Judith Houtvast | Hellas-Glana | 1:06.81 | 200300714 | 1:07.66 | +0,70 |
| 3. | Dyonne Klomp | ZPC Nederweert | 1:13.35 | 200400642 | 1:12.15 | +0,73 |

| 30. 400m wisselslag | | | | | Gebjr 2011 - 2012 | |
|---------------------|-----------------|-----------------------------|---------|-----------|-------------------|-------|
| 1. | Julia Ketelaars | Hellas-Glana | 5:56.12 | 201200028 | 5:37.34 | +0,67 |
| 2. | Esra Simon | Hellas-Glana | 5:39.72 | 201100004 | 5:44.82 | +0,77 |
| 3. | Emy Meuleners | SG Patrick - De Roersoppers | 6:36.27 | 201200012 | 6:03.91 | +0,74 |

| 30. 400m wisselslag | | | | | Gebjr 2009 - 2010 | |
|---------------------|----------------|--------------|---------|-----------|-------------------|-------|
| 1. | Romy de Graaf | Hellas-Glana | 5:53.82 | 201003660 | 5:36.55 | +0,73 |
| 2. | Alaine Lomans | Hellas-Glana | 5:40.52 | 201000420 | 5:41.40 | +0,53 |
| 3. | Renske Coppens | Vivalo | 6:16.36 | 200900440 | 5:57.28 | +0,81 |

| 30. 400m wisselslag | | | | | Gebjr 2007 - 2008 | |
|---------------------|----------------|-----------------------------|---------|-----------|-------------------|-------|
| 1. | Emma Ketelaars | Hellas-Glana | 5:24.75 | 200800354 | 5:20.57 | +0,69 |
| 2. | Lotte Frissen | SG Patrick - De Roersoppers | 5:31.57 | 200701354 | 5:36.50 | +0,71 |
| 3. | Lucie Schreurs | Rzl | 6:08.55 | 200801464 | 5:51.98 | +0,83 |

30. 400m wisselslag 2006 en eerder

| | | | | | |
|---------------------|-------|---------|-----------|----------------|-------|
| 1. Manon Koster | MZ&PC | 5:32.80 | 199701312 | 5:13.00 | +0,71 |
| 2. Meike van de Ree | HZPC | 5:11.26 | 200402646 | 5:17.07 | +0,74 |
| 3. Kim Crins | Rzl | 5:41.59 | 200501212 | 5:35.46 | +0,79 |

32. 100m schoolslag Gebjr 2011 - 2012

| | | | | | |
|---------------------|--------------------|---------|-----------|----------------|-------|
| 1. Vicky Horens | Hellas-Glana | 1:17.08 | 201200252 | 1:17.77 | +0,67 |
| 2. Valerie Rienties | Zwemsport Parkstad | 1:23.02 | 201200400 | 1:17.94 | +0,61 |
| 3. Sterre de Veen | Hellas-Glana | 1:21.49 | 201100086 | 1:21.28 | +0,76 |

32. 100m schoolslag Gebjr 2009 - 2010

| | | | | | |
|--------------------|------|---------|-----------|----------------|-------|
| 1. Evi Bouten | HZPC | 1:27.66 | 201000270 | 1:23.35 | +0,75 |
| 2. Anouk Leurs | Zeps | 1:25.53 | 200900232 | 1:23.83 | +0,71 |
| 3. Zoë van Hameren | RZ | 1:25.87 | 200901000 | 1:24.06 | +0,86 |

32. 100m schoolslag Gebjr 2007 - 2008

| | | | | | |
|------------------------|--------------|---------|-----------|----------------|-------|
| 1. Benigna Kocsispeter | Hellas-Glana | 1:11.44 | 200702058 | 1:11.55 | +0,67 |
| 2. Isis van Kuijk | HZPC | 1:19.50 | 200700442 | 1:18.35 | +0,67 |
| 3. Kyra Filott | RZ | 1:24.46 | 200800868 | 1:23.24 | +0,68 |

32. 100m schoolslag 2006 en eerder

| | | | | | |
|-----------------------|--------------|---------|-----------|----------------|-------|
| 1. Manon Koster | MZ&PC | 1:15.49 | 199701312 | 1:14.64 | +0,68 |
| 2. Britt Cornelissens | Hellas-Glana | 1:18.89 | 200000632 | 1:15.45 | +0,71 |
| 3. Judith Houtvast | Hellas-Glana | 1:14.88 | 200300714 | 1:16.57 | +0,68 |

34. 50m schoolslag Gebjr 2011 - 2012

| | | | | | |
|---------------------|--------------------|-------|-----------|--------------|-------|
| 1. Vicky Horens | Hellas-Glana | 35.36 | 201200252 | 34.98 | +0,68 |
| 2. Valerie Rienties | Zwemsport Parkstad | 36.82 | 201200400 | 35.77 | +0,50 |
| 3. Sarah Förster | Hellas-Glana | 37.57 | 201102682 | 37.76 | +0,72 |

34. 50m schoolslag Gebjr 2009 - 2010

| | | | | | |
|-------------------|--------------|-------|-----------|--------------|-------|
| 1. Evi Bouten | HZPC | 39.27 | 201000270 | 38.55 | +0,74 |
| 2. Anouk Leurs | Zeps | 38.91 | 200900232 | 38.84 | +0,72 |
| 3. Fenna Hölsgens | Hellas-Glana | 41.30 | 201000276 | 39.98 | +0,71 |

34. 50m schoolslag Gebjr 2007 - 2008

| | | | | | |
|------------------------|--------------|-------|-----------|--------------|-------|
| 1. Benigna Kocsispeter | Hellas-Glana | 32.91 | 200702058 | 33.10 | +0,67 |
| 2. Isis van Kuijk | HZPC | 36.83 | 200700442 | 36.33 | +0,62 |
| 3. Moon Geurts | Vivalo | 38.12 | 200702366 | 38.20 | +0,69 |

34. 50m schoolslag 2006 en eerder

| | | | | | |
|-----------------------|--------------|-------|-----------|--------------|-------|
| 1. Britt Cornelissens | Hellas-Glana | 34.12 | 200000632 | 33.72 | +0,68 |
| 2. Judith Houtvast | Hellas-Glana | 33.88 | 200300714 | 34.52 | +0,64 |
| 3. Kiki Derckx | Zeps | 34.89 | 200400546 | 36.13 | +0,83 |

36. 200m vrije slag Gebjr 2011 - 2012

| | | | | | |
|--------------------|--------------|---------|-----------|----------------|-------|
| 1. Sterre de Veen | Hellas-Glana | 2:18.50 | 201100086 | 2:16.48 | +0,78 |
| 2. Julia Ketelaars | Hellas-Glana | 2:21.38 | 201200028 | 2:19.27 | +0,70 |
| 3. Esra Simon | Hellas-Glana | 2:25.53 | 201100004 | 2:24.68 | +0,78 |

36. 200m vrije slag Gebjr 2009 - 2010

| | | | | | |
|--------------------|--------------|---------|-----------|----------------|-------|
| 1. Renske Slangen | Hellas-Glana | 2:22.27 | 201002740 | 2:19.34 | +0,74 |
| 2. Zoë van Hameren | RZ | 2:20.93 | 200901000 | 2:19.55 | +0,76 |
| 3. Julie Simonis | Hellas-Glana | 2:22.74 | 201000144 | 2:21.40 | +0,76 |

36. 200m vrije slag

Gebjr 2007 - 2008

| | | | | | |
|-------------------|-----------------------------|---------|-----------|----------------|-------|
| 1. Emma Ketelaars | Hellas-Glana | 2:13.32 | 200800354 | 2:14.77 | +0,66 |
| 2. Lotte Frissen | SG Patrick - De Roersoppers | 2:17.55 | 200701354 | 2:17.14 | +0,69 |
| 3. Sara Gootzen | RZ | 2:19.52 | 200702166 | 2:19.99 | +0,70 |

36. 200m vrije slag

2006 en eerder

| | | | | | |
|---------------------|----------------|---------|-----------|----------------|-------|
| 1. Meike van de Ree | HZPC | 2:17.47 | 200402646 | 2:14.46 | +0,76 |
| 2. Floor Weijmans | HZPC | 2:18.61 | 199502522 | 2:17.36 | +0,82 |
| 3. Danique Klomp | ZPC Nederweert | 2:17.42 | 200202912 | 2:17.59 | +0,78 |

38. 4 x 100m wisselslag

Gebjr 2011 - 2012

| | | | | | |
|-------------------|--------------|---------|--|----------------|-------|
| 1. Hellas-Glana 4 | Hellas-Glana | 4:45.86 | | 4:52.33 | +0,67 |
|-------------------|--------------|---------|--|----------------|-------|

38. 4 x 100m wisselslag

Gebjr 2009 - 2012

| | | | | | |
|-------------------|--------------|---------|--|----------------|-------|
| 1. Hellas-Glana 3 | Hellas-Glana | 4:53.03 | | 5:05.08 | +0,75 |
| 2. Hellas-Glana 5 | Hellas-Glana | 5:12.45 | | 5:11.23 | +0,70 |
| 3. RZ 2 | RZ | 5:12.89 | | 5:14.47 | +0,86 |

38. 4 x 100m wisselslag

Gebjr 2007 - 2012

| | | | | | |
|-------------------|--------------|---------|--|----------------|-------|
| 1. Hellas-Glana 2 | Hellas-Glana | 4:37.23 | | 4:33.50 | +0,72 |
| 2. RZ 1 | RZ | 5:01.99 | | 4:59.25 | +0,77 |

38. 4 x 100m wisselslag

2012 en eerder

| | | | | | |
|-------------------|--------------|---------|--|----------------|-------|
| 1. Hellas-Glana 1 | Hellas-Glana | 4:40.85 | | 4:38.65 | +0,73 |
| 2. HZPC 1 | HZPC | 4:44.19 | | 4:40.84 | +0,68 |
| 3. Zeps 1 | Zeps | 4:55.33 | | 4:54.18 | +0,79 |