

Prova 28 Masc., 800m Livres Absolutos  
29/06/2024 - 18:00 Resultados

Rec Reg AN Alentejo Open	9:10.07	Nelson Pereira MALHEIROS	CNLA	Oeiras	23/07/2014
Rec Reg AN Alentejo Sen	9:38.40	Tiago Manuel AZINHEIRINHA	ACMN	Reguengos de Monsaraz	06/07/2018
Rec Reg AN Alentejo Jun18	9:18.64	Joao Pedro NEVES	AMINATA	Reguengos de Monsaraz	05/07/2014
Rec Reg AN Alentejo Jun17	9:17.37	Nelson Pereira MALHEIROS	CNLA	Oeiras	11/03/2016
Rec Reg AN Alentejo Juv A	9:11.09	Miguel Martins BALTAZAR	AMINATA	Oeiras	23/07/2014
Rec Reg AN Alentejo Juv B	9:10.07	Nelson Pereira MALHEIROS	CNLA	Oeiras	23/07/2014

TAC Sêniores Masc Sen 50m: 10:55.00 - 25m: 10:55.00 / TAC Juniores Masc Jun 50m: 10:55.00 - 25m: 10:55.00 /  
TAC Juvenis A Masc Juv A 50m: 10:55.00 - 25m: 10:55.00 / TAC Juvenis B Masc Juv B 50m: 11:20.00 - 25m: 11:20.00

Pontos: FINA 2023

Lugar	Nome	Idade	Classe	Clube	Tempo Final	TReac	FINA	Pontos
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Juvenis AN Interior Centro

1.	Diogo Belchior MUNHAO <i>Campeão Regional</i>	16		Elvense	<b>10:44.66</b>		344	
	100m: 1:16.72 1:16.72	300m: 3:59.29 1:21.22	500m: 6:45.71 1:22.86	700m: 9:31.97 1:21.63				
	200m: 2:38.07 1:21.35	400m: 5:22.85 1:23.56	600m: 8:10.34 1:24.63	800m: 10:44.66 1:12.69				
2.	Tomas Verissimo SILVA	15		Penta Clube Covilha	<b>10:49.35</b>		337	
	100m: 1:13.58 1:13.58	300m: 3:57.51 1:22.84	500m: 6:44.22 1:23.02	700m: 9:30.76 1:23.27				
	200m: 2:34.67 1:21.09	400m: 5:21.20 1:23.69	600m: 8:07.49 1:23.27	800m: 10:49.35 1:18.59				

Absolutos AN Alentejo

1.	Mauro Santos INACIO <i>Campeão Regional</i>	40		Litoral Alentejano	<b>9:51.84</b>		445	
	100m: 1:11.37 1:11.37	300m: 3:40.96 1:14.79	500m: 6:10.82 1:14.73	700m: 8:39.50 1:14.14				
	200m: 2:26.17 1:14.80	400m: 4:56.09 1:15.13	600m: 7:25.36 1:14.54	800m: 9:51.84 1:12.34				
2.	Samuel Andre MARIANO	22		Litoral Alentejano	<b>10:01.12</b>		425	
	100m: 1:10.93 1:10.93	300m: 3:45.92 1:16.91	500m: 6:18.80 1:14.17	700m: 8:48.72 1:15.22				
	200m: 2:29.01 1:18.08	400m: 5:04.63 1:18.71	600m: 7:33.50 1:14.70	800m: 10:01.12 1:12.40				
3.	Diogo Miguel ROSADO	17		Grupo Desportivo Mora	<b>10:13.64</b>		399	
	100m: 1:10.86 1:10.86	300m: 3:45.92 1:17.20	500m: 6:21.13 1:16.88	700m: 8:57.63 1:17.88				
	200m: 2:28.72 1:17.86	400m: 5:04.25 1:18.33	600m: 7:39.75 1:18.62	800m: 10:13.64 1:16.01				
4.	Francisco Reis MAGUAS	18		Ndco	<b>10:23.71</b>		380	
	100m: 1:13.00 1:13.00	300m: 3:51.93 1:19.92	500m: 6:30.48 1:19.57	700m: 9:09.10 1:17.79				
	200m: 2:32.01 1:19.01	400m: 5:10.91 1:18.98	600m: 7:51.31 1:20.83	800m: 10:23.71 1:14.61				

Absolutos AN Interior Centro

1.	Antonio Maria FERREIRA <i>Campeão Regional</i>	24		Penta Clube Covilha	<b>10:17.01</b>		393	
	100m: 1:11.53 1:11.53	300m: 3:49.03 1:18.81	500m: 6:26.33 1:18.57	700m: 9:02.45 1:18.21				
	200m: 2:30.22 1:18.69	400m: 5:07.76 1:18.73	600m: 7:44.24 1:17.91	800m: 10:17.01 1:14.56				
2.	Manuel Jose DIAS	19		Natacao do Fundao/Girassol	<b>10:27.21</b>		374	
	100m: 1:11.01 1:11.01	300m: 3:47.05 1:19.08	500m: 6:25.77 1:19.68	700m: 9:07.84 1:20.81				
	200m: 2:27.97 1:16.96	400m: 5:06.09 1:19.04	600m: 7:47.03 1:21.26	800m: 10:27.21 1:19.37				
3.	Eduardo Pires TAVARES <i>Ftj</i>	17		AN Albicastrense	<b>10:59.76</b>		321	
	100m: 1:13.52 1:13.52	300m: 4:04.36 1:25.67	500m: 6:55.86 1:24.48	700m: 9:40.41 1:21.41				
	200m: 2:38.69 1:25.17	400m: 5:31.38 1:27.02	600m: 8:19.00 1:23.14	800m: 10:59.76 1:19.35				
4.	Carlos Manuel MARQUES <i>Ftj</i>	24		AN Albicastrense	<b>11:16.65</b>		298	
	100m: 1:18.74 1:18.74	300m: 4:10.42 1:26.04	500m: 6:59.27 1:23.79	700m: 9:50.14 1:27.11				
	200m: 2:44.38 1:25.64	400m: 5:35.48 1:25.06	600m: 8:23.03 1:23.76	800m: 11:16.65 1:26.51				