

Prova 18 Masc., 400m Livres Absoluto
29/06/2024 - 11:50 Resultados

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|---------------------------|---------|--------------------------|-------------------------------|------------|
| Rec Reg AN Alentejo Open | 4:25.43 | Miguel Murteira CARVALHO | AMINATA Loule | 10/07/2004 |
| Rec Reg AN Alentejo Sen | 4:25.43 | Miguel Murteira CARVALHO | AMINATA Loule | 10/07/2004 |
| Rec Reg AN Alentejo Jun18 | 4:30.69 | Ivo Andre MARGARIDO | IndANALENFerreira do Alentejo | 08/07/2006 |
| Rec Reg AN Alentejo Jun17 | 4:29.85 | Joao Pedro NEVES | AMINATA Badajoz (ESP) | 08/06/2013 |
| Rec Reg AN Alentejo Juv A | 4:25.43 | Miguel Murteira CARVALHO | AMINATA Loule | 10/07/2004 |
| Rec Reg AN Alentejo Juv B | 4:26.56 | Nelson Pereira MALHEIROS | CNLA Oeiras | 26/07/2014 |
| Rec Reg AN Alentejo Inf A | 4:36.37 | Miguel Martins BALTAZAR | AMINATA Vidigueira | 07/07/2012 |
| Rec Reg AN Alentejo Inf B | 4:44.72 | Gustavo Manuel SANTA | Ind ANALENDia Olimpico - COP | 24/06/2006 |

TAC Sêniores Masc Sen 50m: 5:18.19 - 25m: 5:18.19 / TAC Juniores Masc Jun 50m: 5:18.19 - 25m: 5:18.19 /
TAC Juvenis A Masc Juv A 50m: 5:18.19 - 25m: 5:18.19 / TAC Juvenis B Masc Juv B 50m: 5:28.81 - 25m: 5:28.81 /
TAC Infantis A Masc Inf A 50m: 5:52.20 - 25m: 5:52.20 / TAC Infantis B Masc Inf B 50m: 6:06.00 - 25m: 6:06.00

Pontos: FINA 2023

| Lugar | Idade | Tempo final | Pts | 100m | 200m | 300m | 400m |
|---|---------------|---------------|--------------------|---------|---------|---------|---------|
| Infantis AN Alentejo | | | | | | | |
| 1. A. FERREIRA <i>Campeão Regional</i> | 14 | Ndco | 5:06.12 371 | 1:11.40 | 1:17.09 | 1:20.80 | 1:16.83 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 1:11.40 | 200m: 2:28.49 | 300m: 3:49.29 | 400m: 5:06.12 | | | | |
| 2. D. CARAVELINHA | 14 | Aminata | 5:24.84 310 | 1:16.63 | 1:22.07 | 1:23.18 | 1:22.96 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 1:16.63 | 200m: 2:38.70 | 300m: 4:01.88 | 400m: 5:24.84 | | | | |
| 3. G. CANDEIAS | 13 | Aminata | 5:45.59 258 | 1:24.35 | 1:30.51 | 1:29.33 | 1:21.40 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 1:24.35 | 200m: 2:54.86 | 300m: 4:24.19 | 400m: 5:45.59 | | | | |
| 4. R. RAPOSO <i>Ftl</i> | 14 | Acmn | 5:52.79 242 | 1:25.08 | 1:31.58 | 1:29.02 | 1:27.11 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 1:25.08 | 200m: 2:56.66 | 300m: 4:25.68 | 400m: 5:52.79 | | | | |

Infantis AN Interior Centro

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|---|---------------|--------------------------|--------------------|---------|---------|---------|---------|
| 1. G. MARTINHO <i>Campeão Regional</i> | 14 | Natacao do Fundao/Girass | 5:19.80 325 | 1:12.99 | 1:22.13 | 1:23.88 | 1:20.80 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 1:12.99 | 200m: 2:35.12 | 300m: 3:59.00 | 400m: 5:19.80 | | | | |

Juvenis AN Alentejo

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|--|---------------|-----------------------|--------------------|---------|---------|---------|---------|
| 1. G. MARQUES <i>Campeão Regional</i> | 16 | Grupo Desportivo Mora | 5:05.61 373 | 1:10.44 | 1:17.88 | 1:19.51 | 1:17.78 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 1:10.44 | 200m: 2:28.32 | 300m: 3:47.83 | 400m: 5:05.61 | | | | |
| 2. Dinis Alexandre CAEIRO | 15 | Grupo Desportivo Mora | 5:18.88 328 | 1:13.19 | 1:22.97 | 1:23.90 | 1:18.82 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 1:13.19 | 200m: 2:36.16 | 300m: 4:00.06 | 400m: 5:18.88 | | | | |

Juvenis AN Interior Centro

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|--|---------------|---------------------|--------------------|---------|---------|---------|---------|
| 1. Romulo Artur SILVA <i>Campeão Regional</i> | 16 | Eléctrico | 5:01.27 389 | 1:10.89 | 1:15.69 | 1:17.46 | 1:17.23 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 1:10.89 | 200m: 2:26.58 | 300m: 3:44.04 | 400m: 5:01.27 | | | | |
| 2. Tomas Verissimo SILVA | 15 | Penta Clube Covilha | 5:07.29 367 | 1:11.95 | 1:18.53 | 1:19.37 | 1:17.44 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 1:11.95 | 200m: 2:30.48 | 300m: 3:49.85 | 400m: 5:07.29 | | | | |
| 3. M. SANGUINHO | 15 | Elvense | 5:27.98 302 | 1:17.34 | 1:23.89 | 1:24.31 | 1:22.44 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 1:17.34 | 200m: 2:41.23 | 300m: 4:05.54 | 400m: 5:27.98 | | | | |

Prova 18, Masc., 400m Livres

Absolutos AN Alentejo

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|-------------------------------|-----------------------|----------------|-----|---------------|---------|---------|---------|
| 1. Vasco Francisco PEREIRA/17 | Aminata | 4:36.84 | 502 | 1:06.15 | 1:10.24 | 1:10.39 | 1:10.06 |
| <i>Campeão Regional</i> | | | | | | | |
| 50m: | 150m: | 250m: | | 350m: | | | |
| 100m: 1:06.15 | 200m: 2:16.39 | 300m: 3:26.78 | | 400m: 4:36.84 | | | |
| 2. Samuel Andre MARIANO 22 | Litoral Alentejano | 4:42.97 | 470 | 1:05.44 | 1:10.56 | 1:12.69 | 1:14.28 |
| 50m: | 150m: | 250m: | | 350m: | | | |
| 100m: 1:05.44 | 200m: 2:16.00 | 300m: 3:28.69 | | 400m: 4:42.97 | | | |
| 3. Diogo Miguel ROSADO 17 | Grupo Desportivo Mora | 4:55.97 | 411 | 1:07.19 | 1:16.06 | 1:17.52 | 1:15.20 |
| 50m: | 150m: | 250m: | | 350m: | | | |
| 100m: 1:07.19 | 200m: 2:23.25 | 300m: 3:40.77 | | 400m: 4:55.97 | | | |
| 4. Francisco Reis MAGUAS 18 | Ndco | 4:57.71 | 403 | 1:10.62 | 1:16.49 | 1:16.95 | 1:13.65 |
| 50m: | 150m: | 250m: | | 350m: | | | |
| 100m: 1:10.62 | 200m: 2:27.11 | 300m: 3:44.06 | | 400m: 4:57.71 | | | |
| 5. T. AZINHEIRINHA 26 | Acmn | 4:58.75 | 399 | 1:12.52 | 1:18.18 | 1:14.82 | 1:13.23 |
| 50m: | 150m: | 250m: | | 350m: | | | |
| 100m: 1:12.52 | 200m: 2:30.70 | 300m: 3:45.52 | | 400m: 4:58.75 | | | |

Absolutos AN Interior Centro

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|------------------------------|----------------------------|----------------|-----|---------------|---------|---------|---------|
| 1. Antonio Maria FERREIRA 24 | Penta Clube Covilha | 4:48.50 | 443 | 1:06.14 | 1:13.73 | 1:15.60 | 1:13.03 |
| <i>Campeão Regional</i> | | | | | | | |
| 50m: | 150m: | 250m: | | 350m: | | | |
| 100m: 1:06.14 | 200m: 2:19.87 | 300m: 3:35.47 | | 400m: 4:48.50 | | | |
| 2. Manuel Jose DIAS 19 | Natacao do Fundao/Girassol | 5:01.85 | 387 | 1:09.68 | 1:14.83 | 1:17.76 | 1:19.58 |
| 50m: | 150m: | 250m: | | 350m: | | | |
| 100m: 1:09.68 | 200m: 2:24.51 | 300m: 3:42.27 | | 400m: 5:01.85 | | | |
| 3. Carlos Manuel MARQUES 24 | AN Albicastrense | 5:16.73 | 335 | 1:13.66 | 1:21.08 | 1:22.93 | 1:19.06 |
| 50m: | 150m: | 250m: | | 350m: | | | |
| 100m: 1:13.66 | 200m: 2:34.74 | 300m: 3:57.67 | | 400m: 5:16.73 | | | |