

Prova 2 Femin., 400m Livres 12 anos e mais velhos  
06/07/2024 - 10:02 Resultados

Recordes Regionais (PL) Open	4:29.00	Anna, FOMINA	LDC	Oeiras	09/04/2022
Recordes Regionais (PL) Inf. A	4:44.97	Miriam Filipe, MARCOS	CNOL	Loulé	15/06/2014
Recordes Regionais (PL) Inf. B	4:58.44	Carolina Maeiro, AUGUSTO	CNOL	Loulé	07/07/2012
RN Adaptada 50m S5	59:00.00	,			
RN Adaptada 50m S6	11:31.70	Ana Sofia, BARBOSA	FCP	Póvoa de Varzim	27/11/2021
RN Adaptada 50m S7	9:59.80	Ana Branca, SAMPAIO	SANNP	Valladolid (ESP)	05/05/2018
RN Adaptada 50m S8	5:42.76	Ana Filipa, CASTRO	FVCD	Oeiras	11/05/2019
RN Adaptada 50m S9	4:59.78	Susana Pereira, VEIGA	CNCVG	Funchal	01/04/2023
RN Adaptada 50m S10	5:18.60	Teresa Lamego, NEVES	POR	Eindhoven (NED)	07/08/2014
RN Adaptada 50m S11	59:00.00	start,			
RN Adaptada 50m S12	59:00.00	start,			
RN Adaptada 50m S13	59:00.00	start,			
RN Adaptada 50m S14	6:25.10	Sonia Castanheiro, RESENDE	SCA	Vila Franca de Xira	05/03/2016
RN Adaptada 50m S15	5:50.21	Susana Maria, LOURENCO	SCP	Coimbra	13/08/2011
RN Adaptada 50m S16	7:18.70	Maria Joao, TABORDA	FCP	Povoa de Varzim	07/04/2019
RN Adaptada 50m S17	59:00.00	start,			
RN Adaptada 50m S21	7:04.36	Filipa Sa, REIS	POR	Padova (ITA)	08/09/2023

Pontos: FINA 2024

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m	
<b>Infantis B</b>									
1.	Rylie Ann, CROUS	12	Lagoa AC	<b>5:07.62</b>	447	1:11.30	1:20.16	1:20.38	1:15.78
	50m:		150m:	250m:		350m:			
	100m: 1:11.30		200m: 2:31.46	300m: 3:51.84		400m: 5:07.62			
2.	Mariana Canarias, JESUS12		Lagoa AC	<b>5:25.29</b>	378	1:16.40	1:23.16	1:24.44	1:21.29
	50m:		150m:	250m:		350m:			
	100m: 1:16.40		200m: 2:39.56	300m: 4:04.00		400m: 5:25.29			
3.	Bruna Filipa, BORRALHO	12	Lagoa AC	<b>5:38.06</b>	337	1:18.67	1:28.33	1:27.30	1:23.76
	50m:		150m:	250m:		350m:			
	100m: 1:18.67		200m: 2:47.00	300m: 4:14.30		400m: 5:38.06			
4.	Sara Marques, MADEIRA	12	Louletano / Loule Concelho	<b>5:48.58</b>	307	1:23.80	1:30.31	1:29.41	1:25.06
	50m:		150m:	250m:		350m:			
	100m: 1:23.80		200m: 2:54.11	300m: 4:23.52		400m: 5:48.58			
5.	Barbara Mar, FERREIRA	12	RIA Aqua Tavira	<b>6:08.98</b>	259	1:24.03	1:37.29	1:35.56	1:32.10
	50m:		150m:	250m:		350m:			
	100m: 1:24.03		200m: 3:01.32	300m: 4:36.88		400m: 6:08.98			
6.	Lara Ramos, MARQUES	12	Lagoa AC	<b>6:13.00</b>	251	1:27.81	1:35.30	1:40.91	1:28.98
	50m:		150m:	250m:		350m:			
	100m: 1:27.81		200m: 3:03.11	300m: 4:44.02		400m: 6:13.00			
7.	Andresa Beatriz, MARTINS12		Aquatico Silves	<b>6:16.08</b>	245	1:25.26	1:36.04	1:43.56	1:31.22
	50m:		150m:	250m:		350m:			
	100m: 1:25.26		200m: 3:01.30	300m: 4:44.86		400m: 6:16.08			
8.	Lara Sofia, SILVA	12	Louletano / Loule Concelho	<b>6:58.49</b>	177	1:38.18	1:45.43	1:49.01	1:45.87
	50m:		150m:	250m:		350m:			
	100m: 1:38.18		200m: 3:23.61	300m: 5:12.62		400m: 6:58.49			
9.	Ines Sofia, OLIVEIRA	12	Lagoa AC	<b>7:38.57</b>	135	1:41.48	1:58.04	2:01.38	1:57.67
	50m:		150m:	250m:		350m:			
	100m: 1:41.48		200m: 3:39.52	300m: 5:40.90		400m: 7:38.57			

**Infantis A**

1.	Eva, MAGIYEVA	11	Lagoa AC	<b>5:19.99</b>	398	1:15.24	1:20.93	1:22.88	1:20.94
	50m:		150m:	250m:		350m:			
	100m: 1:15.24		200m: 2:36.17	300m: 3:59.05		400m: 5:19.99			
2.	Marta Gak, GUERREIRO	11	Louletano / Loule Concelho	<b>5:21.35</b>	392	1:14.32	1:22.61	1:23.73	1:20.69
	50m:		150m:	250m:		350m:			
	100m: 1:14.32		200m: 2:36.93	300m: 4:00.66		400m: 5:21.35			
3.	Angelina, LUTSIV	11	Lagoa AC	<b>5:21.39</b>	392	1:15.25	1:23.46	1:23.88	1:18.80
	50m:		150m:	250m:		350m:			
	100m: 1:15.25		200m: 2:38.71	300m: 4:02.59		400m: 5:21.39			

Prova 2, Femin., 400m Livres, Infantis A

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
4. Julia Laginha, BRAZ	11	<b>5:38.72</b>	335	1:19.93	1:26.87	1:27.46	1:24.46
50m:		150m:		350m:			
100m: 1:19.93		200m: 2:46.80		400m: 5:38.72			
5. Maria Francisca, SIMOES	11	<b>5:59.85</b>	279	1:21.64	1:31.93	1:33.33	1:32.95
50m:		150m:		350m:			
100m: 1:21.64		200m: 2:53.57		400m: 5:59.85			
6. Maria Julia, MENDONCA	11	<b>6:02.23</b>	274	1:23.17	1:33.59	1:33.94	1:31.53
50m:		150m:		350m:			
100m: 1:23.17		200m: 2:56.76		400m: 6:02.23			
7. G., LOUZEIRO	11	<b>6:20.63</b>	236	1:27.04	1:38.29	1:39.96	1:35.34
50m:		150m:		350m:			
100m: 1:27.04		200m: 3:05.33		400m: 6:20.63			
8. Leonor Vieira, PEREIRA	11	<b>6:21.09</b>	235	1:24.54	1:39.86	1:41.31	1:35.38
50m:		150m:		350m:			
100m: 1:24.54		200m: 3:04.40		400m: 6:21.09			
9. Leonor Revez, MARTINS	11	<b>6:59.92</b>	176	1:40.29	1:50.29	1:50.82	1:38.52
50m:		150m:		350m:			
100m: 1:40.29		200m: 3:30.58		400m: 6:59.92			