

Prova 19  
29/06/2024 - 9:55

Masc., 400m Livres

Infantis  
Resultados

Infantis B Mas Inf B: 5:55.10 / Infantis A Masc Inf A: 5:47.40

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. MELO, Francisco Freitas	10	<b>4:39.02</b>	440
50m: 30.56 30.56 150m: 1:39.31 34.73 250m: 2:49.98 35.35 350m: 4:02.12 36.19			
100m: 1:04.58 34.02 200m: 2:14.63 35.32 300m: 3:25.93 35.95 400m: 4:39.02 36.90			
2. MENESES, Miguel Rocha	10	<b>5:06.72</b>	331
50m: 33.01 33.01 150m: 1:49.89 39.36 250m: 3:09.26 39.73 350m: 4:29.40 40.31			
100m: 1:10.53 37.52 200m: 2:29.53 39.64 300m: 3:49.09 39.83 400m: 5:06.72 37.32			
3. BRITO, Tomas Rocha	10	<b>5:09.82</b>	321
50m: 34.48 34.48 150m: 1:53.04 39.87 250m: 3:11.93 39.19 350m: 4:31.68 39.89			
100m: 1:13.17 38.69 200m: 2:32.74 39.70 300m: 3:51.79 39.86 400m: 5:09.82 38.14			
4. CABRAL, Santiago Nicolau	10	<b>5:11.24</b>	317
50m: 33.91 33.91 150m: 1:52.68 40.09 250m: 3:13.04 40.01 350m: 4:33.44 40.14			
100m: 1:12.59 38.68 200m: 2:33.03 40.35 300m: 3:53.30 40.26 400m: 5:11.24 37.80			
5. CAPOTE, Salvador Costa	11	<b>5:12.19</b>	314
50m: 34.69 34.69 150m: 1:53.27 40.11 250m: 3:13.43 40.33 350m: 4:33.98 40.38			
100m: 1:13.16 38.47 200m: 2:33.10 39.83 300m: 3:53.60 40.17 400m: 5:12.19 38.21			
6. FERREIRA, Francisco Costa	10	<b>5:14.45</b>	307
50m: 35.40 35.40 150m: 1:54.53 39.96 250m: 3:16.23 41.11 350m: 4:37.02 40.30			
100m: 1:14.57 39.17 200m: 2:35.12 40.59 300m: 3:56.72 40.49 400m: 5:14.45 37.43			
7. VIVEIROS, Afonso Cordeiro	11	<b>5:15.98</b>	303
50m: 35.04 35.04 150m: 1:55.08 40.44 250m: 3:16.97 40.82 350m: 4:37.64 40.21			
100m: 1:14.64 39.60 200m: 2:36.15 41.07 300m: 3:57.43 40.46 400m: 5:15.98 38.34			
8. MIRANDA, Afonso Vultao	11	<b>5:16.16</b>	302
50m: 34.97 34.97 150m: 1:54.22 40.09 250m: 3:16.09 40.86 350m: 4:37.67 40.96			
100m: 1:14.13 39.16 200m: 2:35.23 41.01 300m: 3:56.71 40.62 400m: 5:16.16 38.49			
9. NOVO, Simao Noronha	10	<b>5:17.12</b>	299
50m: 35.15 35.15 150m: 1:54.47 40.40 250m: 3:16.35 41.15 350m: 4:39.48 41.58			
100m: 1:14.07 38.92 200m: 2:35.20 40.73 300m: 3:57.90 41.55 400m: 5:17.12 37.64			
10. SPINOLA, David Sousa	11	<b>5:20.80</b>	289
50m: 35.41 35.41 150m: 1:58.00 41.89 250m: 3:20.59 41.76 350m: 4:43.11 41.11			
100m: 1:16.11 40.70 200m: 2:38.83 40.83 300m: 4:02.00 41.41 400m: 5:20.80 37.69			
11. TEIXEIRA, Samuel Borba	11	<b>5:21.96</b>	286
50m: 35.94 35.94 150m: 1:56.85 41.03 250m: 3:20.57 41.57 350m: 4:42.16 41.40			
100m: 1:15.82 39.88 200m: 2:39.00 42.15 300m: 4:00.76 40.19 400m: 5:21.96 39.80			
12. PINA, Francisco Pacheco	11	<b>5:22.53</b>	284
50m: 36.39 36.39 150m: 1:58.32 41.39 250m: 3:20.43 41.32 350m: 4:43.09 41.20			
100m: 1:16.93 40.54 200m: 2:39.11 40.79 300m: 4:01.89 41.46 400m: 5:22.53 39.44			
13. PARCERIAS, Martim Goncalo	10	<b>5:23.69</b>	281
50m: 36.39 36.39 150m: 1:57.75 40.85 250m: 3:19.09 40.50 350m: 4:39.43 39.30			
100m: 1:16.90 40.51 200m: 2:38.59 40.84 300m: 4:00.13 41.04 400m: 5:23.69 44.26			
14. PINTO, Tiago Martins	11	<b>5:26.78</b>	274
50m: 36.63 36.63 150m: 1:59.38 42.23 250m: 3:23.81 42.10 350m: 4:47.91 41.38			
100m: 1:17.15 40.52 200m: 2:41.71 42.33 300m: 4:06.53 42.72 400m: 5:26.78 38.87			
15. MENDES, Artur Bettencourt	10	<b>5:31.07</b>	263
50m: 39.02 39.02 150m: 2:02.55 42.37 250m: 3:27.97 43.27 350m: 4:52.42 41.91			
100m: 1:20.18 41.16 200m: 2:44.70 42.15 300m: 4:10.51 42.54 400m: 5:31.07 38.65			

Campeonato Regional ABS 2024  
Horta, 28 - 30/6/2024

Prova 19, Masc., 400m Livres, Infantis

Lugar			Ano						Tempo final	Pts	
16.	AZEVEDO, Manuel Maria		11		Núcleo Sporting				<b>5:38.34</b>	246	
	50m:	37.85 37.85	150m:	2:04.90	44.02	250m:	3:31.05	43.51	350m:	4:57.06	42.56
	100m:	1:20.88 43.03	200m:	2:47.54	42.64	300m:	4:14.50	43.45	400m:	5:38.34	41.28
17.	CORREIA, Tome Francisco		10		Naval Praia da Vitoria				<b>5:40.43</b>	242	
	50m:	37.79 37.79	150m:	2:04.69	44.12	250m:	3:31.80	43.54	350m:	4:59.64	43.58
	100m:	1:20.57 42.78	200m:	2:48.26	43.57	300m:	4:16.06	44.26	400m:	5:40.43	40.79
18.	MONTEIRO, Ivo Lopes		11		Bombeiros Ribeira Grande				<b>5:47.66</b>	227	
	50m:	40.14 40.14	150m:	2:09.42	45.19	250m:	3:38.16	44.11	350m:	5:06.08	43.86
	100m:	1:24.23 44.09	200m:	2:54.05	44.63	300m:	4:22.22	44.06	400m:	5:47.66	41.58
19.	PIRES, Pedro Maria		11		Clube Naval de Ponta Delgada				<b>6:06.12</b>	194	
	50m:	40.15 40.15	150m:	2:13.82	47.30	250m:	3:49.16	47.94	350m:	5:22.78	46.27
	100m:	1:26.52 46.37	200m:	3:01.22	47.40	300m:	4:36.51	47.35	400m:	6:06.12	43.34
20.	EVANGELHO, David Pereira		10		Núcleo Sporting				<b>6:06.59</b>	194	
	50m:	40.94 40.94	150m:	2:15.93	47.46	250m:	3:50.10	47.45	350m:	5:22.24	44.98
	100m:	1:28.47 47.53	200m:	3:02.65	46.72	300m:	4:37.26	47.16	400m:	6:06.59	44.35
21.	ROCHA, Marcos Andre		11		Naval Praia da Vitoria				<b>6:30.61</b>	160	
	50m:	43.03 43.03	150m:	2:21.46	50.48	250m:	4:01.54	49.98	350m:	5:38.73	49.19
	100m:	1:30.98 47.95	200m:	3:11.56	50.10	300m:	4:49.54	48.00	400m:	6:30.61	51.88
22.	MOTTA, Manuel Menezes		11		Naval da Horta				<b>6:34.15</b>	156	
	50m:	41.45 41.45	150m:	2:18.19	49.43	250m:	4:00.26	51.50	350m:	5:44.48	52.04
	100m:	1:28.76 47.31	200m:	3:08.76	50.57	300m:	4:52.44	52.18	400m:	6:34.15	49.67