

GP Gerard Boets
Mol, 22 - 23/6/2024

Programmanr. 8
22/06/2024 - 12:10

Heren, 400m wisselslag

11 jaar en ouder
Resultaten

Punten: FINA 2024

Rang	Geb.	Tijd	Pnt	100m	200m	300m	400m		
11 - 12 jaar									
1.	DILLEN, Finn	12	Zwemclub Geel	6:25.86	248	1:35.34	1:40.53	1:45.84	1:24.15
	50m: 42.81	42.81	150m: 2:26.06	50.72	250m: 4:07.89	52.02	350m: 5:45.22	43.51	
	100m: 1:35.34	52.53	200m: 3:15.87	49.81	300m: 5:01.71	53.82	400m: 6:25.86	40.64	
2.	BEELLEN, Maximilien	13	Boust	6:28.28	243	1:35.19	1:43.39	1:42.61	1:27.09
	50m: 44.31	44.31	150m: 2:27.95	52.76	250m: 4:09.05	50.47	350m: 5:48.19	47.00	
	100m: 1:35.19	50.88	200m: 3:18.58	50.63	300m: 5:01.19	52.14	400m: 6:28.28	40.09	
3.	PEETERS, Jochen	13	Lizv	8:50.64	95	2:31.21	2:13.82	2:11.33	1:54.28
	50m: 1:03.18	1:03.18	150m: 3:37.01	1:05.80	250m: 5:50.73	1:05.70	350m: 7:54.02	57.66	
	100m: 2:31.21	1:28.03	200m: 4:45.03	1:08.02	300m: 6:56.36	1:05.63	400m: 8:50.64	56.62	

13 - 14 jaar

1.	BETTENS, Lucas	10	Zola	5:40.13	362	1:19.33	1:32.10	1:35.15	1:13.55
	50m: 34.86	34.86	150m: 2:05.94	46.61	250m: 3:39.09	47.66	350m: 5:04.29	37.71	
	100m: 1:19.33	44.47	200m: 2:51.43	45.49	300m: 4:26.58	47.49	400m: 5:40.13	35.84	
2.	LEMMENS, Noah	10	Arendonkse Zwemvereniging	5:58.09	310	1:29.14	1:31.98	1:40.46	1:16.51
	50m: 39.35	39.35	150m: 2:16.27	47.13	250m: 3:51.25	50.13	350m: 5:20.53	38.95	
	100m: 1:29.14	49.79	200m: 3:01.12	44.85	300m: 4:41.58	50.33	400m: 5:58.09	37.56	
3.	THEUWIS, Tijl	10	Zdkb	6:09.90	281	1:19.07	1:37.75	1:48.77	1:24.31
	50m: 36.12	36.12	150m: 2:09.26	50.19	250m: 3:51.27	54.45	350m: 5:29.74	44.15	
	100m: 1:19.07	42.95	200m: 2:56.82	47.56	300m: 4:45.59	54.32	400m: 6:09.90	40.16	
4.	FAUCHE, Emile	10	Boust	6:12.40	276	1:29.95	1:32.37	1:45.59	1:24.49
	50m: 38.54	38.54	150m: 2:17.37	47.42	250m: 3:55.21	52.89	350m: 5:31.11	43.20	
	100m: 1:29.95	51.41	200m: 3:02.32	44.95	300m: 4:47.91	52.70	400m: 6:12.40	41.29	
5.	BEGUE, Milann	11	Zwemclub Geel	6:22.55	254	1:23.19	1:40.93	1:55.54	1:22.89
	50m: 37.52	37.52	150m: 2:15.09	51.90	250m: 4:01.90	57.78	350m: 5:41.60	41.94	
	100m: 1:23.19	45.67	200m: 3:04.12	49.03	300m: 4:59.66	57.76	400m: 6:22.55	40.95	
6.	CLAES, Elian	10	Zwemclub "De Dolfijnen" A	6:41.60	220	1:52.48	1:39.43	1:42.11	1:27.58
	50m: 49.88	49.88	150m: 2:44.62	52.14	250m: 4:22.48	50.57	350m: 5:58.70	44.68	
	100m: 1:52.48	1:02.60	200m: 3:31.91	47.29	300m: 5:14.02	51.54	400m: 6:41.60	42.90	

dis DE VALCK, Thibault 11 Hozt
SW 8.3.b - afwisselende bewegingen met benen/voeten gemaakt

15 - 16 jaar

1.	VAN BRUSSEL, Dylano	09	Brabo Zwemclub Antwerpen	5:05.98	497	1:10.08	1:20.63	1:28.00	1:07.27
	50m: 32.23	32.23	150m: 1:51.77	41.69	250m: 3:14.78	44.07	350m: 4:33.44	34.73	
	100m: 1:10.08	37.85	200m: 2:30.71	38.94	300m: 3:58.71	43.93	400m: 5:05.98	32.54	
2.	VAN DEN BOSCH, Frederi	08	Rscm	5:20.64	432	1:07.44	1:22.18	1:38.34	1:12.68
	50m: 30.60	30.60	150m: 1:49.12	41.68	250m: 3:17.29	47.67	350m: 4:44.86	36.90	
	100m: 1:07.44	36.84	200m: 2:29.62	40.50	300m: 4:07.96	50.67	400m: 5:20.64	35.78	
3.	HAESENDONCKX, Jarne	08	Zwemclub Geel	5:25.04	415	1:13.00	1:19.48	1:38.50	1:14.06
	50m: 31.66	31.66	150m: 1:54.47	41.47	250m: 3:21.31	48.83	350m: 4:48.66	37.68	
	100m: 1:13.00	41.34	200m: 2:32.48	38.01	300m: 4:10.98	49.67	400m: 5:25.04	36.38	
4.	OTTEVAERE, Alexander	08	Brabo Zwemclub Antwerpen	5:56.32	315	1:20.30	1:29.78	1:48.11	1:18.13
	50m: 35.83	35.83	150m: 2:06.68	46.38	250m: 3:43.58	53.50	350m: 5:18.04	39.85	
	100m: 1:20.30	44.47	200m: 2:50.08	43.40	300m: 4:38.19	54.61	400m: 5:56.32	38.28	
5.	MOERMANS, Tijmen	08	Zdkb	6:00.67	303	1:27.52	1:35.96	1:35.17	1:22.02
	50m: 39.71	39.71	150m: 2:14.74	47.22	250m: 3:49.52	46.04	350m: 5:21.61	42.96	
	100m: 1:27.52	47.81	200m: 3:03.48	48.74	300m: 4:38.65	49.13	400m: 6:00.67	39.06	
6.	DRIJKONINGEN, Rube	08	Lizv	6:13.88	272	1:27.12	1:32.31	1:51.31	1:23.14
	50m: 38.09	38.09	150m: 2:14.17	47.05	250m: 3:55.02	55.59	350m: 5:33.48	42.74	
	100m: 1:27.12	49.03	200m: 2:59.43	45.26	300m: 4:50.74	55.72	400m: 6:13.88	40.40	
7.	CROMMEN, Wout	09	Lizv	6:59.09	193	1:32.23	1:45.77	1:55.98	1:45.11
	50m: 39.19	39.19	150m: 2:27.01	54.78	250m: 4:13.27	55.27	350m: 6:05.75	51.77	
	100m: 1:32.23	53.04	200m: 3:18.00	50.99	300m: 5:13.98	1:00.71	400m: 6:59.09	53.34	

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17 jaar en ouder

1.	METZEMAKERS, Noa	06	Brabo Zwemclub Antwerpen	4:59.73	529	1:11.60	1:22.36	1:19.18	1:06.59			
	50m:	31.92	31.92	150m:	1:53.97	42.37	250m:	3:13.37	39.41	350m:	4:26.99	33.85
	100m:	1:11.60	39.68	200m:	2:33.96	39.99	300m:	3:53.14	39.77	400m:	4:59.73	32.74
2.	OST, Ryan	06	Hozt	5:01.17	522	1:09.11	1:18.20	1:26.41	1:07.45			
	50m:	31.38	31.38	150m:	1:48.77	39.66	250m:	3:10.29	42.98	350m:	4:28.05	34.33
	100m:	1:09.11	37.73	200m:	2:27.31	38.54	300m:	3:53.72	43.43	400m:	5:01.17	33.12
3.	HAESEN, Adriaan	07	Rscm	5:09.22	482	1:10.32	1:21.89	1:29.47	1:07.54			
	50m:	31.61	31.61	150m:	1:52.26	41.94	250m:	3:16.72	44.51	350m:	4:36.59	34.91
	100m:	1:10.32	38.71	200m:	2:32.21	39.95	300m:	4:01.68	44.96	400m:	5:09.22	32.63
4.	VAN HISSENHOVEN, K.	06	Rscm	5:10.08	478	1:10.14	1:22.00	1:30.37	1:07.57			
	50m:	32.50	32.50	150m:	1:51.87	41.73	250m:	3:17.23	45.09	350m:	4:37.49	34.98
	100m:	1:10.14	37.64	200m:	2:32.14	40.27	300m:	4:02.51	45.28	400m:	5:10.08	32.59
5.	CLAASSEN, Ilario	07	Arendonkse Zwemvereniging	5:10.60	475	1:02.84	1:21.37	1:34.81	1:11.58			
	50m:	28.19	28.19	150m:	1:44.41	41.57	250m:	3:10.90	46.69	350m:	4:35.20	36.18
	100m:	1:02.84	34.65	200m:	2:24.21	39.80	300m:	3:59.02	48.12	400m:	5:10.60	35.40
6.	HEYRMAN, Tigo	03	Brabo Zwemclub Antwerpen	5:10.73	475	1:08.67	1:19.01	1:32.02	1:11.03			
	50m:	30.68	30.68	150m:	1:48.99	40.32	250m:	3:13.16	45.48	350m:	4:36.11	36.41
	100m:	1:08.67	37.99	200m:	2:27.68	38.69	300m:	3:59.70	46.54	400m:	5:10.73	34.62
7.	DE VISSER, Sam	03	Zwemclub Geel	5:11.78	470	1:10.54	1:18.65	1:34.92	1:07.67			
	50m:	32.79	32.79	150m:	1:50.65	40.11	250m:	3:16.84	47.65	350m:	4:38.98	34.87
	100m:	1:10.54	37.75	200m:	2:29.19	38.54	300m:	4:04.11	47.27	400m:	5:11.78	32.80
8.	VAN DYCK, Bram	02	Kempisch Swimming Team	5:21.42	429	1:07.77	1:22.11	1:33.28	1:18.26			
	50m:	31.08	31.08	150m:	1:48.68	40.91	250m:	3:15.56	45.68	350m:	4:41.98	38.82
	100m:	1:07.77	36.69	200m:	2:29.88	41.20	300m:	4:03.16	47.60	400m:	5:21.42	39.44
9.	DRIES, Klaas	07	Zwemclub Geel	5:21.78	428	1:16.31	1:21.63	1:32.42	1:11.42			
	50m:	33.95	33.95	150m:	1:58.35	42.04	250m:	3:24.41	46.47	350m:	4:46.97	36.61
	100m:	1:16.31	42.36	200m:	2:37.94	39.59	300m:	4:10.36	45.95	400m:	5:21.78	34.81
10.	VANHAMEL, Yonas	05	Zola	5:32.98	386	1:14.01	1:31.01	1:37.23	1:10.73			
	50m:	34.40	34.40	150m:	2:01.49	47.48	250m:	3:32.41	47.39	350m:	4:59.04	36.79
	100m:	1:14.01	39.61	200m:	2:45.02	43.53	300m:	4:22.25	49.84	400m:	5:32.98	33.94
11.	OOMS, Timo	02	Lizv	6:21.35	257	1:29.02	1:38.33	1:51.73	1:22.27			
	50m:	40.39	40.39	150m:	2:18.97	49.95	250m:	4:03.47	56.12	350m:	5:40.65	41.57
	100m:	1:29.02	48.63	200m:	3:07.35	48.38	300m:	4:59.08	55.61	400m:	6:21.35	40.70