

Epreuve 3

Dames, 400m 4 nages

Cat. générale

2024-06-26 - 17:00

Liste résultats Finales

Canadian Senior Records	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 15 - 17	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04
Canadian Age Group Records 11 - 12	4:50.21	MCINTOSH, Summer	ESWIM	Toronto	2019-04-04
Quebec Provincial Senior Records	4:36.60	HARVEY, Mary-Sophie	NN	Victoria	2017-04-07
Quebec Provincial Age Group Records 15 - 4:36.60		HARVEY, Mary-Sophie	NN	Victoria	2017-04-07
Quebec Provincial Age Group Records 13 - 4:50.79		HARVEY, Mary-Sophie	NN	Saskatoon	2014-07-17
Quebec Provincial Age Group Records - 125:06.41		HARVEY, Mary-Sophie	MEGO	Montreal	2011-07-28

Points: FINA 2024

Rang	Age	Temps	Pts	100m	200m	300m	400m		
12 ans et moins									
1.	BACCUS, Bianca	12	Pointe-Claire Swim Club	5:17.14	589	1:10.25	2:32.75	4:04.46	5:17.14
	50m: 31.97	31.97	150m: 1:51.56	41.31	250m: 3:17.70	44.95	350m: 4:40.57	36.11	
	100m: 1:10.25	38.28	200m: 2:32.75	41.19	300m: 4:04.46	46.76	400m: 5:17.14	36.57	
2.	FORTIER, Charlie-Rose	12	Sher	5:25.30	545	1:16.46	2:38.35	4:12.71	5:25.30
	50m: 35.06	35.06	150m: 1:57.62	41.16	250m: 3:25.16	46.81	350m: 4:49.62	36.91	
	100m: 1:16.46	41.40	200m: 2:38.35	40.73	300m: 4:12.71	47.55	400m: 5:25.30	35.68	
3.	WANG, Emily Zihan	12	Samak	5:39.48	480	1:18.18	2:47.35	4:23.41	5:39.48
	50m: 35.25	35.25	150m: 2:02.78	44.60	250m: 3:34.45	47.10	350m: 5:01.28	37.87	
	100m: 1:18.18	42.93	200m: 2:47.35	44.57	300m: 4:23.41	48.96	400m: 5:39.48	38.20	
4.	TESSIER, Ellyanne	11	Unik	5:43.15	465	1:21.77	2:53.74	4:25.92	5:43.15
	50m: 36.76	36.76	150m: 2:08.22	46.45	250m: 3:39.01	45.27	350m: 5:04.54	38.62	
	100m: 1:21.77	45.01	200m: 2:53.74	45.52	300m: 4:25.92	46.91	400m: 5:43.15	38.61	
5.	FANG, Brenda	12	Pointe-Claire Swim Club	5:47.14	449	1:19.75	2:46.22	4:24.52	5:47.14
	50m: 36.02	36.02	150m: 2:03.62	43.87	250m: 3:34.10	47.88	350m: 5:05.75	41.23	
	100m: 1:19.75	43.73	200m: 2:46.22	42.60	300m: 4:24.52	50.42	400m: 5:47.14	41.39	
6.	BELHUMEUR, Jeanne	12	Natation Gatineau	5:50.80	435	1:23.31	2:49.57	4:32.84	5:50.80
	50m: 36.50	36.50	150m: 2:06.72	43.41	250m: 3:40.49	50.92	350m: 5:11.89	39.05	
	100m: 1:23.31	46.81	200m: 2:49.57	42.85	300m: 4:32.84	52.35	400m: 5:50.80	38.91	
7.	MOFFET, Raphaëlle	12	Camo	5:57.91	409	1:20.05	2:53.02	4:36.76	5:57.91
	50m: 36.72	36.72	150m: 2:07.33	47.28	250m: 3:44.60	51.58	350m: 5:17.73	40.97	
	100m: 1:20.05	43.33	200m: 2:53.02	45.69	300m: 4:36.76	52.16	400m: 5:57.91	40.18	
8.	TSANG, Chloe Oi Yan	12	Samak	6:00.47	401	1:26.59	2:53.87	4:42.06	6:00.47
	50m: 38.46	38.46	150m: 2:11.82	45.23	250m: 3:49.09	55.22	350m: 5:22.03	39.97	
	100m: 1:26.59	48.13	200m: 2:53.87	42.05	300m: 4:42.06	52.97	400m: 6:00.47	38.44	
9.	LAPOINTE, Alexandra	12	Pointe-Claire Swim Club	6:01.57	397	1:23.36	2:58.07	4:40.44	6:01.57
	50m: 37.63	37.63	150m: 2:11.46	48.10	250m: 3:48.12	50.05	350m: 5:22.49	42.05	
	100m: 1:23.36	45.73	200m: 2:58.07	46.61	300m: 4:40.44	52.32	400m: 6:01.57	39.08	
10.	ZENG, Shirley	11	Samak	6:03.13	392	1:26.62	3:02.98	4:43.34	6:03.13
	50m: 40.47	40.47	150m: 2:15.71	49.09	250m: 3:53.64	50.66	350m: 5:24.52	41.18	
	100m: 1:26.62	46.15	200m: 3:02.98	47.27	300m: 4:43.34	49.70	400m: 6:03.13	38.61	

13 - 14 ans

1.	FERGUSON, Taylor	13	Pointe-Claire Swim Club	5:11.85	619	1:09.54	2:28.05	4:03.11	5:11.85
	50m: 31.54	31.54	150m: 1:48.99	39.45	250m: 3:14.92	46.87	350m: 4:36.93	33.82	
	100m: 1:09.54	38.00	200m: 2:28.05	39.06	300m: 4:03.11	48.19	400m: 5:11.85	34.92	
2.	GAUTHIER, Florence	14	Samak	5:14.48	604	1:06.99	2:30.06	4:02.68	5:14.48
	50m: 30.88	30.88	150m: 1:48.82	41.83	250m: 3:15.79	45.73	350m: 4:38.56	35.88	
	100m: 1:06.99	36.11	200m: 2:30.06	41.24	300m: 4:02.68	46.89	400m: 5:14.48	35.92	
3.	GOSSELIN, Méliã	13	Rouge et Or	5:19.35	577	1:13.12	2:35.97	4:09.03	5:19.35
	50m: 34.63	34.63	150m: 1:54.99	41.87	250m: 3:23.12	47.15	350m: 4:44.73	35.70	
	100m: 1:13.12	38.49	200m: 2:35.97	40.98	300m: 4:09.03	45.91	400m: 5:19.35	34.62	
4.	BOILY, Claudia	14	Pointe-Claire Swim Club	5:22.34	561	1:09.83	2:33.62	4:10.26	5:22.34
	50m: 31.98	31.98	150m: 1:52.43	42.60	250m: 3:21.53	47.91	350m: 4:47.41	37.15	
	100m: 1:09.83	37.85	200m: 2:33.62	41.19	300m: 4:10.26	48.73	400m: 5:22.34	34.93	

Epreuve 3, Filles, 400m 4 nages, Finale, 13 - 14 ans

Rang	Age	Temps	Pts	100m	200m	300m	400m
5.	AUGER, Sophie 13	Pointe-Claire Swim Club	5:24.04 552	1:12.57	2:38.54	4:12.96	5:24.04
	50m: 33.80 33.80	150m: 1:57.15 44.58	250m: 3:25.82	47.28	350m: 4:49.21	36.25	
	100m: 1:12.57 38.77	200m: 2:38.54 41.39	300m: 4:12.96	47.14	400m: 5:24.04	34.83	
6.	MASSICOTTE, Anabelle 14	Mégophias	5:26.71 538	1:16.82	2:45.08	4:15.29	5:26.71
	50m: 35.15 35.15	150m: 2:01.94 45.12	250m: 3:29.33	44.25	350m: 4:51.36	36.07	
	100m: 1:16.82 41.67	200m: 2:45.08 43.14	300m: 4:15.29	45.96	400m: 5:26.71	35.35	
7.	CHEN, Michelle 13	Ddo	5:28.48 530	1:11.22	2:36.55	4:13.89	5:28.48
	50m: 33.08 33.08	150m: 1:54.24 43.02	250m: 3:24.16	47.61	350m: 4:51.24	37.35	
	100m: 1:11.22 38.14	200m: 2:36.55 42.31	300m: 4:13.89	49.73	400m: 5:28.48	37.24	
8.	FORTIN, Alix 13	Neptune Natation	5:29.14 527	1:14.23	2:40.37	4:12.88	5:29.14
	50m: 33.89 33.89	150m: 1:57.80 43.57	250m: 3:26.72	46.35	350m: 4:51.52	38.64	
	100m: 1:14.23 40.34	200m: 2:40.37 42.57	300m: 4:12.88	46.16	400m: 5:29.14	37.62	
9.	MARTINEAU, Alyssa 14	Natation Gatineau	5:33.98 504	1:15.85	2:42.00	4:21.04	5:33.98
	50m: 34.56 34.56	150m: 1:58.39 42.54	250m: 3:31.63	49.63	350m: 4:58.42	37.38	
	100m: 1:15.85 41.29	200m: 2:42.00 43.61	300m: 4:21.04	49.41	400m: 5:33.98	35.56	
10.	RIPPLE, Meghan 14	Pointe-Claire Swim Club	5:40.28 476	1:14.44	2:42.34	4:20.27	5:40.28
	50m: 33.38 33.38	150m: 1:57.82 43.38	250m: 3:30.83	48.49	350m: 5:00.89	40.62	
	100m: 1:14.44 41.06	200m: 2:42.34 44.52	300m: 4:20.27	49.44	400m: 5:40.28	39.39	

15 - 16 ans

1.	BLANCHARD, Kamila 16	Pointe-Claire Swim Club	4:57.11 716	1:07.43	2:23.03	3:47.26	4:57.11
	50m: 31.20 31.20	150m: 1:45.50 38.07	250m: 3:04.66	41.63	350m: 4:22.20	34.94	
	100m: 1:07.43 36.23	200m: 2:23.03 37.53	300m: 3:47.26	42.60	400m: 4:57.11	34.91	
2.	NICHOLSON-JODOIN, A. 16	Pointe-Claire Swim Club	5:01.12 688	1:07.88	2:23.53	3:49.85	5:01.12
	50m: 31.25 31.25	150m: 1:46.31 38.43	250m: 3:06.28	42.75	350m: 4:25.87	36.02	
	100m: 1:07.88 36.63	200m: 2:23.53 37.22	300m: 3:49.85	43.57	400m: 5:01.12	35.25	
3.	BROUSSEAU, Charlotte 16	Camo	5:05.36 660	1:08.00	2:27.79	3:56.84	5:05.36
	50m: 31.43 31.43	150m: 1:48.56 40.56	250m: 3:12.12	44.33	350m: 4:31.44	34.60	
	100m: 1:08.00 36.57	200m: 2:27.79 39.23	300m: 3:56.84	44.72	400m: 5:05.36	33.92	
4.	DAGSAAN, Jady 15	Pointe-Claire Swim Club	5:08.66 639	1:07.97	2:25.42	3:58.24	5:08.66
	50m: 31.61 31.61	150m: 1:47.18 39.21	250m: 3:11.70	46.28	350m: 4:33.43	35.19	
	100m: 1:07.97 36.36	200m: 2:25.42 38.24	300m: 3:58.24	46.54	400m: 5:08.66	35.23	
5.	BOYER, Mariane 15	Natation Gatineau	5:14.05 606	1:13.75	2:36.30	4:04.57	5:14.05
	50m: 34.97 34.97	150m: 1:55.89 42.14	250m: 3:20.97	44.67	350m: 4:39.91	35.34	
	100m: 1:13.75 38.78	200m: 2:36.30 40.41	300m: 4:04.57	43.60	400m: 5:14.05	34.14	
6.	LACROIX, Charlotte 16	Club de natation région de	C5:14.36 604	1:10.65	2:33.09	4:04.90	5:14.36
	50m: 32.97 32.97	150m: 1:52.78 42.13	250m: 3:18.79	45.70	350m: 4:40.37	35.47	
	100m: 1:10.65 37.68	200m: 2:33.09 40.31	300m: 4:04.90	46.11	400m: 5:14.36	33.99	
7.	KARAGIANNIS, M. 16	Samak	5:15.32 599	1:08.26	2:28.61	4:02.66	5:15.32
	50m: 31.81 31.81	150m: 1:48.80 40.54	250m: 3:15.88	47.27	350m: 4:39.58	36.92	
	100m: 1:08.26 36.45	200m: 2:28.61 39.81	300m: 4:02.66	46.78	400m: 5:15.32	35.74	
8.	PRICE, Loriane 16	Samak	5:17.70 586	1:09.49	2:31.49	4:06.68	5:17.70
	50m: 32.53 32.53	150m: 1:51.53 42.04	250m: 3:19.68	48.19	350m: 4:43.69	37.01	
	100m: 1:09.49 36.96	200m: 2:31.49 39.96	300m: 4:06.68	47.00	400m: 5:17.70	34.01	
9.	GORDON, Erika 15	Pointe-Claire Swim Club	5:20.05 573	1:12.94	2:33.93	4:07.63	5:20.05
	50m: 33.69 33.69	150m: 1:54.53 41.59	250m: 3:21.38	47.45	350m: 4:44.93	37.30	
	100m: 1:12.94 39.25	200m: 2:33.93 39.40	300m: 4:07.63	46.25	400m: 5:20.05	35.12	
10.	MALENFANT, Viviane 16	Club de natation région de	C5:31.66 515	1:16.04	2:40.97	4:16.08	5:31.66
	50m: 35.27 35.27	150m: 1:59.43 43.39	250m: 3:28.45	47.48	350m: 4:54.94	38.86	
	100m: 1:16.04 40.77	200m: 2:40.97 41.54	300m: 4:16.08	47.63	400m: 5:31.66	36.72	

Epreuve 3, Dames, 400m 4 nages, Finale

17 ans et plus

1.	TREMBLAY, Raphaëlle	19	LMRL Rivière-du-Loup	4:58.84	704	1:08.33	2:26.44	3:51.20	4:58.84
	50m:	31.67	31.67	150m:	1:47.11	38.78	250m:	3:07.28	40.84
	100m:	1:08.33	36.66	200m:	2:26.44	39.33	300m:	3:51.20	43.92
							350m:	4:25.14	33.94
							400m:	4:58.84	33.70
2.	GORDON, Lindsay	17	Pointe-Claire Swim Club	5:04.77	663	1:07.49	2:26.54	3:54.33	5:04.77
	50m:	31.43	31.43	150m:	1:47.53	40.04	250m:	3:10.44	43.90
	100m:	1:07.49	36.06	200m:	2:26.54	39.01	300m:	3:54.33	43.89
							350m:	4:30.15	35.82
							400m:	5:04.77	34.62
3.	MACRI, Sara	18	Pointe-Claire Swim Club	5:06.85	650	1:09.55	2:31.19	3:58.90	5:06.85
	50m:	31.93	31.93	150m:	1:50.61	41.06	250m:	3:15.21	44.02
	100m:	1:09.55	37.62	200m:	2:31.19	40.58	300m:	3:58.90	44.69
							350m:	4:33.69	34.79
							400m:	5:06.85	33.16
4.	FROST, Natasha	20	Pointe-Claire Swim Club	5:06.91	650	1:09.65	2:26.07	4:00.64	5:06.91
	50m:	31.93	31.93	150m:	1:48.40	38.75	250m:	3:13.08	47.01
	100m:	1:09.65	37.72	200m:	2:26.07	37.67	300m:	4:00.64	47.56
							350m:	4:34.51	33.87
							400m:	5:06.91	32.40
5.	BEAUDOIN, Shanelle	17	Samak	5:14.67	603	1:14.20	2:31.86	4:02.04	5:14.67
	50m:	33.04	33.04	150m:	1:54.37	40.17	250m:	3:17.49	45.63
	100m:	1:14.20	41.16	200m:	2:31.86	37.49	300m:	4:02.04	44.55
							350m:	4:40.07	38.03
							400m:	5:14.67	34.60
6.	FROST, Megan	20	Pointe-Claire Swim Club	5:18.16	583	1:14.25	2:34.31	4:11.55	5:18.16
	50m:	34.15	34.15	150m:	1:55.20	40.95	250m:	3:23.22	48.91
	100m:	1:14.25	40.10	200m:	2:34.31	39.11	300m:	4:11.55	48.33
							350m:	4:46.00	34.45
							400m:	5:18.16	32.16
7.	BROWN, Gabrielle	19	Pointe-Claire Swim Club	5:18.45	581	1:12.93	2:35.13	4:09.32	5:18.45
	50m:	33.74	33.74	150m:	1:54.74	41.81	250m:	3:22.71	47.58
	100m:	1:12.93	39.19	200m:	2:35.13	40.39	300m:	4:09.32	46.61
							350m:	4:44.79	35.47
							400m:	5:18.45	33.66
8.	MICHAUD, Laurence	17	Club de natation Jonquière	5:18.73	580	1:11.72	2:37.38	4:08.55	5:18.73
	50m:	32.65	32.65	150m:	1:55.62	43.90	250m:	3:23.00	45.62
	100m:	1:11.72	39.07	200m:	2:37.38	41.76	300m:	4:08.55	45.55
							350m:	4:44.95	36.40
							400m:	5:18.73	33.78
9.	LORTIE, Maryanne	20	Samak	5:19.31	577	1:09.17	2:34.14	4:06.86	5:19.31
	50m:	32.05	32.05	150m:	1:52.86	43.69	250m:	3:19.54	45.40
	100m:	1:09.17	37.12	200m:	2:34.14	41.28	300m:	4:06.86	47.32
							350m:	4:44.42	37.56
							400m:	5:19.31	34.89
disq.	MARIGAU, Maika	19	Pointe-Claire Swim Club						