

Epreuve 11

Dames, 400m Libre

Cat. générale

2024-06-27 - 17:16

Liste résultats Finales

Canadian Senior Records	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records 15 - 17	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records 13 - 14	4:02.42	MCINTOSH, Summer	ESWIM	Tokyo (JPN)	2021-07-26
Canadian Age Group Records 11 - 12	4:20.68	MCINTOSH, Summer	ESWIM	Winnipeg	2019-08-10
Quebec Provincial Senior Records	4:07.45	HORNER, Stephanie	BBF	Beijing (CHN)	2008-08-10
Quebec Provincial Age Group Records 15 -4:09.69		HARVEY, Mary-Sophie	NN	Austin (USA)	2017-01-13
Quebec Provincial Age Group Records 13 -4:22.18		HARVEY, Mary-Sophie	NN	Winnipeg	2014-07-27
Quebec Provincial Age Group Records - 124:31.48		BIRCHENOUGH, Nancy	PCSC	???	1984-08-01

Points: FINA 2024

Rang	Age	Temps	Pts	100m	200m	300m	400m	
12 ans et moins								
1.	BACCUS, Bianca 12	Pointe-Claire Swim Club	4:46.30	555	1:06.79	2:19.84	3:33.57	4:46.30
	50m: 31.29 31.29	150m: 1:42.66 35.87	250m: 2:56.44	36.60	350m: 4:09.95	36.38		
	100m: 1:06.79 35.50	200m: 2:19.84 37.18	300m: 3:33.57	37.13	400m: 4:46.30	36.35		
2.	FORTIER, Charlie-Rose 12	Sher	4:48.43	543	1:07.87	2:21.33	3:35.60	4:48.43
	50m: 31.80 31.80	150m: 1:44.11 36.24	250m: 2:58.14	36.81	350m: 4:12.38	36.78		
	100m: 1:07.87 36.07	200m: 2:21.33 37.22	300m: 3:35.60	37.46	400m: 4:48.43	36.05		
3.	BELHUMEUR, Jeanne 12	Natation Gatineau	4:59.20	486	1:11.46	2:27.95	3:44.84	4:59.20
	50m: 33.86 33.86	150m: 1:49.34 37.88	250m: 3:06.13	38.18	350m: 4:22.16	37.32		
	100m: 1:11.46 37.60	200m: 2:27.95 38.61	300m: 3:44.84	38.71	400m: 4:59.20	37.04		
4.	ST-AMOUR, Laurence 12	Elite	4:59.25	486	1:11.37	2:28.29	3:45.20	4:59.25
	50m: 33.69 33.69	150m: 1:49.15 37.78	250m: 3:06.21	37.92	350m: 4:22.72	37.52		
	100m: 1:11.37 37.68	200m: 2:28.29 39.14	300m: 3:45.20	38.99	400m: 4:59.25	36.53		
5.	TSANG, Chloe Oi Yan 12	Samak	5:07.06	450	1:13.40	2:31.66	3:51.09	5:07.06
	50m: 34.99 34.99	150m: 1:52.48 39.08	250m: 3:11.20	39.54	350m: 4:29.85	38.76		
	100m: 1:13.40 38.41	200m: 2:31.66 39.18	300m: 3:51.09	39.89	400m: 5:07.06	37.21		
6.	MOFFET, Raphaëlle 12	Camo	5:11.09	433	1:12.26	2:30.49	3:51.89	5:11.09
	50m: 34.49 34.49	150m: 1:51.46 39.20	250m: 3:11.29	40.80	350m: 4:32.31	40.42		
	100m: 1:12.26 37.77	200m: 2:30.49 39.03	300m: 3:51.89	40.60	400m: 5:11.09	38.78		
7.	BRENNAN, Savannah 12	Pointe-Claire Swim Club	5:12.14	428	1:15.11	2:34.66	3:54.41	5:12.14
	50m: 36.37 36.37	150m: 1:55.38 40.27	250m: 3:14.75	40.09	350m: 4:34.46	40.05		
	100m: 1:15.11 38.74	200m: 2:34.66 39.28	300m: 3:54.41	39.66	400m: 5:12.14	37.68		
8.	LONGCHAMPS, Kaïna Wu 12	Mustang Boucherville	5:13.16	424	1:14.04	2:33.91	3:55.01	5:13.16
	50m: 35.02 35.02	150m: 1:53.98 39.94	250m: 3:14.42	40.51	350m: 4:34.99	39.98		
	100m: 1:14.04 39.02	200m: 2:33.91 39.93	300m: 3:55.01	40.59	400m: 5:13.16	38.17		
9.	YU, Chloe 12	Samak	5:13.56	423	1:13.35	2:34.66	3:56.16	5:13.56
	50m: 34.36 34.36	150m: 1:53.43 40.08	250m: 3:15.39	40.73	350m: 4:35.82	39.66		
	100m: 1:13.35 38.99	200m: 2:34.66 41.23	300m: 3:56.16	40.77	400m: 5:13.56	37.74		
10.	MCIVER, Emerson 11	Pointe-Claire Swim Club	5:13.83	421	1:12.08	2:32.36	3:54.56	5:13.83
	50m: 33.34 33.34	150m: 1:51.49 39.41	250m: 3:12.97	40.61	350m: 4:34.86	40.30		
	100m: 1:12.08 38.74	200m: 2:32.36 40.87	300m: 3:54.56	41.59	400m: 5:13.83	38.97		

13 - 14 ans

1.	TURCOTTE, Annabelle 14	Club de natation région de C	4:34.44	630	1:04.85	2:14.68	3:25.25	4:34.44
	50m: 30.77 30.77	150m: 1:39.59 34.74	250m: 2:49.76	35.08	350m: 4:00.03	34.78		
	100m: 1:04.85 34.08	200m: 2:14.68 35.09	300m: 3:25.25	35.49	400m: 4:34.44	34.41		
2.	BOILY, Claudia 14	Pointe-Claire Swim Club	4:36.56	616	1:05.58	2:16.33	3:28.03	4:36.56
	50m: 31.18 31.18	150m: 1:40.61 35.03	250m: 2:51.94	35.61	350m: 4:03.39	35.36		
	100m: 1:05.58 34.40	200m: 2:16.33 35.72	300m: 3:28.03	36.09	400m: 4:36.56	33.17		
3.	FERGUSON, Taylor 13	Pointe-Claire Swim Club	4:36.86	614	1:05.50	2:16.55	3:28.61	4:36.86
	50m: 30.83 30.83	150m: 1:40.70 35.20	250m: 2:52.17	35.62	350m: 4:03.68	35.07		
	100m: 1:05.50 34.67	200m: 2:16.55 35.85	300m: 3:28.61	36.44	400m: 4:36.86	33.18		
4.	LABRIE, Ève 13	Neptune Natation	4:38.23	605	1:05.47	2:16.64	3:28.11	4:38.23
	50m: 31.20 31.20	150m: 1:40.82 35.35	250m: 2:52.17	35.53	350m: 4:03.69	35.58		
	100m: 1:05.47 34.27	200m: 2:16.64 35.82	300m: 3:28.11	35.94	400m: 4:38.23	34.54		

Epreuve 11, Filles, 400m Libre, Finale, 13 - 14 ans

Rang	Age		Temps		Pts	100m	200m	300m	400m			
5.	NICHOLSON-JODOIN, C. 13		Pointe-Claire Swim Club		4:40.62	590	1:05.53	2:17.62	3:30.30	4:40.62		
	50m:	31.21	31.21	150m:	1:41.34	35.81	250m:	2:54.04	36.42	350m:	4:06.11	35.81
	100m:	1:05.53	34.32	200m:	2:17.62	36.28	300m:	3:30.30	36.26	400m:	4:40.62	34.51
6.	AUGER, Sophie 13		Pointe-Claire Swim Club		4:45.37	561	1:07.14	2:20.10	3:33.80	4:45.37		
	50m:	31.80	31.80	150m:	1:43.41	36.27	250m:	2:56.85	36.75	350m:	4:10.03	36.23
	100m:	1:07.14	35.34	200m:	2:20.10	36.69	300m:	3:33.80	36.95	400m:	4:45.37	35.34
7.	BARRETTE, Sophia 14		Neptune Natation		4:48.05	545	1:07.74	2:20.81	3:35.03	4:48.05		
	50m:	32.20	32.20	150m:	1:44.26	36.52	250m:	2:58.09	37.28	350m:	4:12.39	37.36
	100m:	1:07.74	35.54	200m:	2:20.81	36.55	300m:	3:35.03	36.94	400m:	4:48.05	35.66
8.	POMERLEAU, Mikaelle 14		Pointe-Claire Swim Club		4:48.07	545	1:06.68	2:20.25	3:34.83	4:48.07		
	50m:	31.36	31.36	150m:	1:43.14	36.46	250m:	2:57.28	37.03	350m:	4:11.52	36.69
	100m:	1:06.68	35.32	200m:	2:20.25	37.11	300m:	3:34.83	37.55	400m:	4:48.07	36.55
9.	MASSICOTTE, Anabelle 14		Mégophias		4:50.11	534	1:08.54	2:23.64	3:37.53	4:50.11		
	50m:	32.82	32.82	150m:	1:46.26	37.72	250m:	3:00.87	37.23	350m:	4:14.73	37.20
	100m:	1:08.54	35.72	200m:	2:23.64	37.38	300m:	3:37.53	36.66	400m:	4:50.11	35.38
10.	CHEN, Michelle 13		Ddo		4:52.36	521	1:07.82	2:22.47	3:38.05	4:52.36		
	50m:	32.13	32.13	150m:	1:44.68	36.86	250m:	3:00.26	37.79	350m:	4:15.81	37.76
	100m:	1:07.82	35.69	200m:	2:22.47	37.79	300m:	3:38.05	37.79	400m:	4:52.36	36.55

15 - 16 ans

1.	BLANCHARD, Kamila 16		Pointe-Claire Swim Club		4:29.96	662	1:04.22	2:12.22	3:21.10	4:29.96		
	50m:	30.46	30.46	150m:	1:37.88	33.66	250m:	2:46.42	34.20	350m:	3:55.66	34.56
	100m:	1:04.22	33.76	200m:	2:12.22	34.34	300m:	3:21.10	34.68	400m:	4:29.96	34.30
2.	LEFSRUD, Reilly 15		Pointe-Claire Swim Club		4:31.78	649	1:04.82	2:14.12	3:23.87	4:31.78		
	50m:	30.75	30.75	150m:	1:39.31	34.49	250m:	2:49.20	35.08	350m:	3:58.77	34.90
	100m:	1:04.82	34.07	200m:	2:14.12	34.81	300m:	3:23.87	34.67	400m:	4:31.78	33.01
3.	DAGSAAN, Jady 15		Pointe-Claire Swim Club		4:32.49	644	1:04.99	2:14.32	3:24.01	4:32.49		
	50m:	31.09	31.09	150m:	1:39.38	34.39	250m:	2:49.18	34.86	350m:	3:58.77	34.76
	100m:	1:04.99	33.90	200m:	2:14.32	34.94	300m:	3:24.01	34.83	400m:	4:32.49	33.72
4.	KRAUSS, Ellie 15		Natation Gatineau		4:33.46	637	1:04.64	2:14.09	3:23.98	4:33.46		
	50m:	30.32	30.32	150m:	1:38.93	34.29	250m:	2:48.47	34.38	350m:	3:58.84	34.86
	100m:	1:04.64	34.32	200m:	2:14.09	35.16	300m:	3:23.98	35.51	400m:	4:33.46	34.62
5.	BROUSSEAU, Charlotte 16		Camo		4:36.93	614	1:05.92	2:16.52	3:27.61	4:36.93		
	50m:	31.69	31.69	150m:	1:40.96	35.04	250m:	2:52.19	35.67	350m:	4:03.18	35.57
	100m:	1:05.92	34.23	200m:	2:16.52	35.56	300m:	3:27.61	35.42	400m:	4:36.93	33.75
6.	TURCOTTE, Juliette 16		Club de natation région de C		4:39.08	599	1:06.01	2:16.23	3:27.65	4:39.08		
	50m:	31.57	31.57	150m:	1:40.81	34.80	250m:	2:51.72	35.49	350m:	4:03.53	35.88
	100m:	1:06.01	34.44	200m:	2:16.23	35.42	300m:	3:27.65	35.93	400m:	4:39.08	35.55
7.	LACROIX, Charlotte 16		Club de natation région de C		4:40.84	588	1:06.67	2:17.65	3:29.54	4:40.84		
	50m:	32.24	32.24	150m:	1:42.48	35.81	250m:	2:53.87	36.22	350m:	4:05.95	36.41
	100m:	1:06.67	34.43	200m:	2:17.65	35.17	300m:	3:29.54	35.67	400m:	4:40.84	34.89
8.	LEFRANCOIS, Audrey 16		Cote Saint-Luc Aquatics		4:40.88	588	1:06.75	2:18.60	3:30.53	4:40.88		
	50m:	31.83	31.83	150m:	1:42.63	35.88	250m:	2:54.47	35.87	350m:	4:06.71	36.18
	100m:	1:06.75	34.92	200m:	2:18.60	35.97	300m:	3:30.53	36.06	400m:	4:40.88	34.17
9.	IONCE, Marie-Anne 16		Elite		4:42.03	581	1:07.07	2:18.33	3:30.32	4:42.03		
	50m:	32.61	32.61	150m:	1:43.01	35.94	250m:	2:54.12	35.79	350m:	4:06.05	35.73
	100m:	1:07.07	34.46	200m:	2:18.33	35.32	300m:	3:30.32	36.20	400m:	4:42.03	35.98
10.	GONZALEZ, Daniella 15		Camo		4:46.22	556	1:07.81	2:20.17	3:33.67	4:46.22		
	50m:	32.63	32.63	150m:	1:43.73	35.92	250m:	2:56.91	36.74	350m:	4:10.30	36.63
	100m:	1:07.81	35.18	200m:	2:20.17	36.44	300m:	3:33.67	36.76	400m:	4:46.22	35.92

Epreuve 11, Dames, 400m Libre, Finale

17 ans et plus

1.	MEKLENSEK, Tori	22	Dorval	4:20.71	735	1:03.53	2:09.89	3:16.75	4:20.71
	50m:	30.14	30.14	150m:	1:36.69	33.03	350m:	3:49.28	32.53
	100m:	1:03.53	33.39	200m:	2:09.89	33.83	400m:	4:20.71	31.43
2.	TREMBLAY, Raphaëlle	19	LMRL Rivière-du-Loup	4:26.53	688	1:04.30	2:12.37	3:20.29	4:26.53
	50m:	30.72	30.72	150m:	1:37.87	33.69	350m:	3:53.73	33.44
	100m:	1:04.30	33.58	200m:	2:12.37	34.23	400m:	4:26.53	32.80
3.	MASSEY, Ashlyn	18	Pointe-Claire Swim Club	4:27.55	680	1:03.70	2:11.74	3:21.11	4:27.55
	50m:	30.13	30.13	150m:	1:37.32	34.28	350m:	3:55.06	33.95
	100m:	1:03.70	33.57	200m:	2:11.74	35.09	400m:	4:27.55	32.49
4.	FROST, Megan	20	Pointe-Claire Swim Club	4:31.23	653	1:05.13	2:13.95	3:23.24	4:31.23
	50m:	30.97	30.97	150m:	1:39.36	34.58	350m:	3:57.23	33.99
	100m:	1:05.13	34.16	200m:	2:13.95	34.71	400m:	4:31.23	34.00
5.	FROST, Natasha	20	Pointe-Claire Swim Club	4:32.84	642	1:05.10	2:14.23	3:24.08	4:32.84
	50m:	31.09	31.09	150m:	1:39.51	34.83	350m:	3:58.86	34.78
	100m:	1:05.10	34.01	200m:	2:14.23	35.02	400m:	4:32.84	33.98
6.	MICHAUD, Maëlie	17	Pointe-Claire Swim Club	4:34.06	633	1:05.78	2:15.67	3:26.33	4:34.06
	50m:	31.53	31.53	150m:	1:40.83	35.52	350m:	4:01.69	35.36
	100m:	1:05.78	34.25	200m:	2:15.67	35.14	400m:	4:34.06	32.37
7.	BESNER, Kaitlyn	18	Pointe-Claire Swim Club	4:34.48	630	1:05.61	2:15.49	3:26.85	4:34.48
	50m:	31.02	31.02	150m:	1:40.03	35.54	350m:	4:01.74	34.89
	100m:	1:05.61	34.59	200m:	2:15.49	35.82	400m:	4:34.48	32.74
8.	BROWN, Gabrielle	19	Pointe-Claire Swim Club	4:35.15	626	1:06.23	2:16.11	3:26.58	4:35.15
	50m:	32.01	32.01	150m:	1:41.33	35.37	350m:	4:01.92	35.34
	100m:	1:06.23	34.22	200m:	2:16.11	35.10	400m:	4:35.15	33.23
9.	TÊTU, Anne-Florence	17	Club de natation région de	4:35.91	620	1:06.35	2:16.36	3:27.25	4:35.91
	50m:	31.73	31.73	150m:	1:41.33	35.41	350m:	4:02.67	35.42
	100m:	1:06.35	34.62	200m:	2:16.36	35.48	400m:	4:35.91	33.24
10.	MICHAUD, Élisabeth	18	Club de natation Saint-Laure	4:44.35	567	1:07.50	2:18.64	3:31.27	4:44.35
	50m:	32.73	32.73	150m:	1:43.59	36.65	350m:	4:08.27	37.00
	100m:	1:07.50	34.77	200m:	2:18.64	35.98	400m:	4:44.35	36.08