

Epreuve 11

Dames, 400m Libre

Cat. générale

2024-06-27 - 9:00

Liste résultats Eliminatoires

Canadian Senior Records	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records 15 - 17	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records 13 - 14	4:02.42	MCINTOSH, Summer	ESWIM	Tokyo (JPN)	2021-07-26
Canadian Age Group Records 11 - 12	4:20.68	MCINTOSH, Summer	ESWIM	Winnipeg	2019-08-10
Quebec Provincial Senior Records	4:07.45	HORNER, Stephanie	BBF	Beijing (CHN)	2008-08-10
Quebec Provincial Age Group Records 15 -4:09.69		HARVEY, Mary-Sophie	NN	Austin (USA)	2017-01-13
Quebec Provincial Age Group Records 13 -4:22.18		HARVEY, Mary-Sophie	NN	Winnipeg	2014-07-27
Quebec Provincial Age Group Records - 124:31.48		BIRCHENOUGH, Nancy	PCSC	???	1984-08-01

Points: FINA 2024

Rang	Age	Temps	Pts	100m	200m	300m	400m
12 ans et moins							
1.	BACCUS, Bianca 12	Pointe-Claire Swim Club	4:49.96 534 Q	1:07.49	2:21.77	3:36.91	4:49.96
	50m: 32.04 32.04	150m: 1:44.23 36.74	250m: 2:58.79	37.02	350m: 4:13.80	36.89	
	100m: 1:07.49 35.45	200m: 2:21.77 37.54	300m: 3:36.91	38.12	400m: 4:49.96	36.16	
2.	FORTIER, Charlie-Rose 12	Sher	4:54.49 510 Q	1:09.83	2:24.98	3:40.66	4:54.49
	50m: 33.07 33.07	150m: 1:47.20 37.37	250m: 3:02.86	37.88	350m: 4:18.27	37.61	
	100m: 1:09.83 36.76	200m: 2:24.98 37.78	300m: 3:40.66	37.80	400m: 4:54.49	36.22	
3.	MCIVER, Emerson 11	Pointe-Claire Swim Club	5:12.21 428 Q	1:11.47	2:31.90	3:53.33	5:12.21
	50m: 33.13 33.13	150m: 1:51.22 39.75	250m: 3:12.15	40.25	350m: 4:33.88	40.55	
	100m: 1:11.47 38.34	200m: 2:31.90 40.68	300m: 3:53.33	41.18	400m: 5:12.21	38.33	
4.	ST-AMOUR, Laurence 12	Elite	5:13.24 424 Q	1:15.06	2:35.35	3:55.79	5:13.24
	50m: 35.58 35.58	150m: 1:55.48 40.42	250m: 3:15.43	40.08	350m: 4:35.34	39.55	
	100m: 1:15.06 39.48	200m: 2:35.35 39.87	300m: 3:55.79	40.36	400m: 5:13.24	37.90	
5.	BELHUMEUR, Jeanne 12	Natation Gatineau	5:13.28 424 Q	1:14.46	2:35.97	3:57.52	5:13.28
	50m: 34.82 34.82	150m: 1:54.55 40.09	250m: 3:16.80	40.83	350m: 4:36.62	39.10	
	100m: 1:14.46 39.64	200m: 2:35.97 41.42	300m: 3:57.52	40.72	400m: 5:13.28	36.66	
6.	YU, Chloe 12	Samak	5:14.33 419 Q	1:13.37	2:34.70	3:55.57	5:14.33
	50m: 34.34 34.34	150m: 1:53.58 40.21	250m: 3:14.90	40.20	350m: 4:35.49	39.92	
	100m: 1:13.37 39.03	200m: 2:34.70 41.12	300m: 3:55.57	40.67	400m: 5:14.33	38.84	
7.	MOFFET, Raphaëlle 12	Camo	5:14.64 418 Q	1:16.02	2:35.85	3:56.68	5:14.64
	50m: 35.50 35.50	150m: 1:55.67 39.65	250m: 3:15.41	39.56	350m: 4:36.23	39.55	
	100m: 1:16.02 40.52	200m: 2:35.85 40.18	300m: 3:56.68	41.27	400m: 5:14.64	38.41	
8.	LONGCHAMPS, Kaïna Wu 12	Mustang Boucherville	5:14.72 418 Q	1:15.72	2:35.33	3:55.65	5:14.72
	50m: 35.84 35.84	150m: 1:55.46 39.74	250m: 3:15.20	39.87	350m: 4:36.17	40.52	
	100m: 1:15.72 39.88	200m: 2:35.33 39.87	300m: 3:55.65	40.45	400m: 5:14.72	38.55	
9.	BRENNAN, Savannah 12	Pointe-Claire Swim Club	5:14.80 418 Q	1:16.34	2:36.48	3:57.47	5:14.80
	50m: 36.29 36.29	150m: 1:56.35 40.01	250m: 3:16.91	40.43	350m: 4:37.02	39.55	
	100m: 1:16.34 40.05	200m: 2:36.48 40.13	300m: 3:57.47	40.56	400m: 5:14.80	37.78	
10.	TSANG, Chloe Oi Yan 12	Samak	5:17.11 408 Q	1:14.75	2:35.82	3:56.98	5:17.11
	50m: 35.00 35.00	150m: 1:55.19 40.44	250m: 3:16.16	40.34	350m: 4:37.72	40.74	
	100m: 1:14.75 39.75	200m: 2:35.82 40.63	300m: 3:56.98	40.82	400m: 5:17.11	39.39	
11.	CORTEZ, Grace 12	Camo	5:19.10 401 R	1:15.44	2:36.52	3:59.03	5:19.10
	50m: 35.73 35.73	150m: 1:55.67 40.23	250m: 3:17.92	41.40	350m: 4:39.52	40.49	
	100m: 1:15.44 39.71	200m: 2:36.52 40.85	300m: 3:59.03	41.11	400m: 5:19.10	39.58	
12.	LEPAGE, Ann-Frédérique 12	Espadons	5:28.26 368 R	1:16.99	2:40.72	4:05.32	5:28.26
	50m: 35.75 35.75	150m: 1:57.99 41.00	250m: 3:22.29	41.57	350m: 4:46.84	41.52	
	100m: 1:16.99 41.24	200m: 2:40.72 42.73	300m: 4:05.32	43.03	400m: 5:28.26	41.42	
13.	BOUHAREVICH, Olivia 11	Ddo	5:30.09 362	1:16.37	2:41.29	4:07.95	5:30.09
	50m: 35.37 35.37	150m: 1:58.54 42.17	250m: 3:24.05	42.76	350m: 4:50.37	42.42	
	100m: 1:16.37 41.00	200m: 2:41.29 42.75	300m: 4:07.95	43.90	400m: 5:30.09	39.72	
14.	MARCOTTE, Rosalie 12	Unik	5:34.92 347	1:17.35	2:43.58	4:11.22	5:34.92
	50m: 36.17 36.17	150m: 2:00.63 43.28	250m: 3:26.83	43.25	350m: 4:54.11	42.89	
	100m: 1:17.35 41.18	200m: 2:43.58 42.95	300m: 4:11.22	44.39	400m: 5:34.92	40.81	

Epreuve 11, Filles, 400m Libre, Elimatoire, 12 ans et moins

Rang	Age	Temps	Pts	100m	200m	300m	400m			
15.	CARON, Mia-Jade	11	Nataqui	5:36.59	341	1:18.48	2:44.21	4:11.85	5:36.59	
	50m: 37.00	37.00	150m: 2:01.40	42.92	250m: 3:27.98	43.77	350m: 4:55.54	43.69		
	100m: 1:18.48	41.48	200m: 2:44.21	42.81	300m: 4:11.85	43.87	400m: 5:36.59	41.05		
13 - 14 ans										
1.	TURCOTTE, Annabelle	14	Club de natation région de	C4:37.01	613	Q	1:06.29	2:17.03	3:27.96	4:37.01
	50m: 31.64	31.64	150m: 1:41.45	35.16	250m: 2:52.34	35.31	350m: 4:02.78	34.82		
	100m: 1:06.29	34.65	200m: 2:17.03	35.58	300m: 3:27.96	35.62	400m: 4:37.01	34.23		
2.	BOILY, Claudia	14	Pointe-Claire Swim Club	4:39.78	595	Q	1:06.59	2:17.82	3:30.20	4:39.78
	50m: 31.85	31.85	150m: 1:41.79	35.20	250m: 2:53.69	35.87	350m: 4:05.96	35.76		
	100m: 1:06.59	34.74	200m: 2:17.82	36.03	300m: 3:30.20	36.51	400m: 4:39.78	33.82		
3.	FERGUSON, Taylor	13	Pointe-Claire Swim Club	4:42.43	578	Q	1:06.96	2:19.54	3:32.22	4:42.43
	50m: 31.46	31.46	150m: 1:43.22	36.26	250m: 2:56.01	36.47	350m: 4:08.22	36.00		
	100m: 1:06.96	35.50	200m: 2:19.54	36.32	300m: 3:32.22	36.21	400m: 4:42.43	34.21		
4.	LABRIE, Ève	13	Neptune Natation	4:42.67	577	Q	1:05.16	2:17.19	3:30.02	4:42.67
	50m: 30.71	30.71	150m: 1:40.93	35.77	250m: 2:53.28	36.09	350m: 4:06.58	36.56		
	100m: 1:05.16	34.45	200m: 2:17.19	36.26	300m: 3:30.02	36.74	400m: 4:42.67	36.09		
5.	POMERLEAU, Mikaelle	14	Pointe-Claire Swim Club	4:43.29	573	Q	1:05.75	2:17.92	3:30.83	4:43.29
	50m: 31.33	31.33	150m: 1:41.45	35.70	250m: 2:54.35	36.43	350m: 4:07.58	36.75		
	100m: 1:05.75	34.42	200m: 2:17.92	36.47	300m: 3:30.83	36.48	400m: 4:43.29	35.71		
6.	NICHOLSON-JODOIN, C.	13	Pointe-Claire Swim Club	4:47.24	550	Q	1:06.60	2:19.90	3:34.19	4:47.24
	50m: 31.44	31.44	150m: 1:42.76	36.16	250m: 2:57.24	37.34	350m: 4:11.49	37.30		
	100m: 1:06.60	35.16	200m: 2:19.90	37.14	300m: 3:34.19	36.95	400m: 4:47.24	35.75		
7.	CHEN, Michelle	13	Ddo	4:47.83	546	Q	1:08.21	2:22.44	3:36.49	4:47.83
	50m: 32.71	32.71	150m: 1:45.25	37.04	250m: 2:59.31	36.87	350m: 4:12.40	35.91		
	100m: 1:08.21	35.50	200m: 2:22.44	37.19	300m: 3:36.49	37.18	400m: 4:47.83	35.43		
8.	AUGER, Sophie	13	Pointe-Claire Swim Club	4:48.35	543	Q	1:07.22	2:21.56	3:36.43	4:48.35
	50m: 31.49	31.49	150m: 1:44.22	37.00	250m: 2:58.68	37.12	350m: 4:13.29	36.86		
	100m: 1:07.22	35.73	200m: 2:21.56	37.34	300m: 3:36.43	37.75	400m: 4:48.35	35.06		
9.	MASSICOTTE, Anabelle	14	Mégophias	4:49.99	534	Q	1:09.33	2:22.82	3:36.28	4:49.99
	50m: 32.80	32.80	150m: 1:45.90	36.57	250m: 2:59.38	36.56	350m: 4:13.54	37.26		
	100m: 1:09.33	36.53	200m: 2:22.82	36.92	300m: 3:36.28	36.90	400m: 4:49.99	36.45		
10.	BARRETTE, Sophia	14	Neptune Natation	4:50.28	533	Q	1:07.87	2:21.36	3:36.07	4:50.28
	50m: 32.38	32.38	150m: 1:43.96	36.09	250m: 2:58.22	36.86	350m: 4:13.28	37.21		
	100m: 1:07.87	35.49	200m: 2:21.36	37.40	300m: 3:36.07	37.85	400m: 4:50.28	37.00		
11.	MONETTE, Mathilde	14	Neptune Natation	4:50.63	531	R	1:08.92	2:23.41	3:38.96	4:50.63
	50m: 32.61	32.61	150m: 1:45.89	36.97	250m: 3:00.88	37.47	350m: 4:15.46	36.50		
	100m: 1:08.92	36.31	200m: 2:23.41	37.52	300m: 3:38.96	38.08	400m: 4:50.63	35.17		
12.	PICHETTE, Alexandra	14	Club de natation région de	C4:51.10	528	R	1:07.74	2:22.76	3:37.73	4:51.10
	50m: 32.10	32.10	150m: 1:44.86	37.12	250m: 3:00.30	37.54	350m: 4:15.26	37.53		
	100m: 1:07.74	35.64	200m: 2:22.76	37.90	300m: 3:37.73	37.43	400m: 4:51.10	35.84		
13.	GOSSELIN, Mélià	13	Rouge et Or	4:51.16	528		1:09.26	2:23.14	3:37.92	4:51.16
	50m: 33.05	33.05	150m: 1:45.74	36.48	250m: 3:00.30	37.16	350m: 4:14.78	36.86		
	100m: 1:09.26	36.21	200m: 2:23.14	37.40	300m: 3:37.92	37.62	400m: 4:51.16	36.38		
14.	NAULT, Laurence	13	Club Natation Bois Francs	4:52.12	523		1:09.72	2:24.99	3:39.62	4:52.12
	50m: 32.68	32.68	150m: 1:46.80	37.08	250m: 3:02.14	37.15	350m: 4:16.57	36.95		
	100m: 1:09.72	37.04	200m: 2:24.99	38.19	300m: 3:39.62	37.48	400m: 4:52.12	35.55		
15.	LAFRENIÈRE, Juliette	13	Club de natation région de	C4:52.55	520		1:06.54	2:21.91	3:38.54	4:52.55
	50m: 31.40	31.40	150m: 1:44.10	37.56	250m: 3:00.39	38.48	350m: 4:16.52	37.98		
	100m: 1:06.54	35.14	200m: 2:21.91	37.81	300m: 3:38.54	38.15	400m: 4:52.55	36.03		
16.	VAN SICKLE, Theresa	14	Pointe-Claire Swim Club	4:52.72	519		1:06.75	2:20.14	3:36.14	4:52.72
	50m: 31.85	31.85	150m: 1:42.76	36.01	250m: 2:57.88	37.74	350m: 4:14.61	38.47		
	100m: 1:06.75	34.90	200m: 2:20.14	37.38	300m: 3:36.14	38.26	400m: 4:52.72	38.11		

Epreuve 11, Filles, 400m Libre, Eliminatoire, 13 - 14 ans

Rang	Age	Temps	Pts	100m	200m	300m	400m		
17.	ABETTI, Douae	14	Club de natation région de C4:53.30	516	1:08.28	2:22.40	3:37.83	4:53.30	
	50m: 33.19	33.19	150m: 1:45.44	37.16	250m: 3:00.55	38.15	350m: 4:16.21	38.38	
	100m: 1:08.28	35.09	200m: 2:22.40	36.96	300m: 3:37.83	37.28	400m: 4:53.30	37.09	
18.	CORNEAU, Élyza	14	Club de natation région de C4:54.29	511	1:08.87	2:22.81	3:39.51	4:54.29	
	50m: 32.64	32.64	150m: 1:45.38	36.51	250m: 3:00.86	38.05	350m: 4:17.70	38.19	
	100m: 1:08.87	36.23	200m: 2:22.81	37.43	300m: 3:39.51	38.65	400m: 4:54.29	36.59	
19.	LEMELIN DUCHARME, M.	14	Club de natation région de C4:54.72	509	1:07.86	2:23.18	3:39.76	4:54.72	
	50m: 31.97	31.97	150m: 1:45.38	37.52	250m: 3:01.41	38.23	350m: 4:17.59	37.83	
	100m: 1:07.86	35.89	200m: 2:23.18	37.80	300m: 3:39.76	38.35	400m: 4:54.72	37.13	
20.	DESJARDINS, Katelyn	13	Pointe-Claire Swim Club	4:57.16	496	1:07.88	2:23.55	3:41.49	4:57.16
	50m: 31.97	31.97	150m: 1:45.42	37.54	250m: 3:02.18	38.63	350m: 4:20.04	38.55	
	100m: 1:07.88	35.91	200m: 2:23.55	38.13	300m: 3:41.49	39.31	400m: 4:57.16	37.12	
21.	PATINO ROSERO, Zarita	13	Rouge et Or	4:57.38	495	1:08.98	2:24.76	3:40.96	4:57.38
	50m: 32.34	32.34	150m: 1:46.48	37.50	250m: 3:02.35	37.59	350m: 4:19.95	38.99	
	100m: 1:08.98	36.64	200m: 2:24.76	38.28	300m: 3:40.96	38.61	400m: 4:57.38	37.43	
22.	LEGARÉ, Lili-Marguerite	13	Club de natation région de C4:58.88	488	1:07.91	2:23.46	3:41.46	4:58.88	
	50m: 31.98	31.98	150m: 1:44.72	36.81	250m: 3:01.79	38.33	350m: 4:20.40	38.94	
	100m: 1:07.91	35.93	200m: 2:23.46	38.74	300m: 3:41.46	39.67	400m: 4:58.88	38.48	
23.	DE VOGELAERE, Noémie	14	Samak	4:59.53	485	1:08.61	2:24.63	3:42.60	4:59.53
	50m: 32.60	32.60	150m: 1:46.27	37.66	250m: 3:03.41	38.78	350m: 4:21.41	38.81	
	100m: 1:08.61	36.01	200m: 2:24.63	38.36	300m: 3:42.60	39.19	400m: 4:59.53	38.12	
24.	BILLETTE, Béatrice	13	Elite	4:59.56	485	1:09.69	2:25.88	3:43.57	4:59.56
	50m: 32.85	32.85	150m: 1:47.62	37.93	250m: 3:04.34	38.46	350m: 4:22.37	38.80	
	100m: 1:09.69	36.84	200m: 2:25.88	38.26	300m: 3:43.57	39.23	400m: 4:59.56	37.19	
25.	ROBIN, Dana-Ève	13	C,A, Régional De L' Abit-Tér	5:05.44	457	1:11.39	2:28.90	3:46.58	5:05.44
	50m: 33.57	33.57	150m: 1:49.78	38.39	250m: 3:07.50	38.60	350m: 4:26.91	40.33	
	100m: 1:11.39	37.82	200m: 2:28.90	39.12	300m: 3:46.58	39.08	400m: 5:05.44	38.53	
26.	MARCOUX, Livia	13	Natation Gatineau	5:06.18	454	1:12.21	2:31.34	3:49.94	5:06.18
	50m: 34.57	34.57	150m: 1:52.77	40.56	250m: 3:10.70	39.36	350m: 4:29.50	39.56	
	100m: 1:12.21	37.64	200m: 2:31.34	38.57	300m: 3:49.94	39.24	400m: 5:06.18	36.68	

15 - 16 ans

1.	BLANCHARD, Kamila	16	Pointe-Claire Swim Club	4:30.09	661 Q	1:05.04	2:14.00	3:22.77	4:30.09
	50m: 30.81	30.81	150m: 1:39.08	34.04	250m: 2:47.97	33.97	350m: 3:57.27	34.50	
	100m: 1:05.04	34.23	200m: 2:14.00	34.92	300m: 3:22.77	34.80	400m: 4:30.09	32.82	
2.	PIATERA MERCIER, D.	16	Sher	4:30.53	658 Q	1:03.89	2:12.32	3:22.04	4:30.53
	50m: 30.33	30.33	150m: 1:37.85	33.96	250m: 2:46.43	34.11	350m: 3:56.07	34.03	
	100m: 1:03.89	33.56	200m: 2:12.32	34.47	300m: 3:22.04	35.61	400m: 4:30.53	34.46	
3.	KRAUSS, Ellie	15	Natation Gatineau	4:37.65	609 Q	1:06.37	2:16.98	3:27.59	4:37.65
	50m: 31.54	31.54	150m: 1:41.27	34.90	250m: 2:51.91	34.93	350m: 4:03.01	35.42	
	100m: 1:06.37	34.83	200m: 2:16.98	35.71	300m: 3:27.59	35.68	400m: 4:37.65	34.64	
4.	LEFSRUD, Reilly	15	Pointe-Claire Swim Club	4:37.90	607 Q	1:05.56	2:17.25	3:29.72	4:37.90
	50m: 31.38	31.38	150m: 1:41.26	35.70	250m: 2:53.55	36.30	350m: 4:04.92	35.20	
	100m: 1:05.56	34.18	200m: 2:17.25	35.99	300m: 3:29.72	36.17	400m: 4:37.90	32.98	
5.	DAGSAAN, Jadyn	15	Pointe-Claire Swim Club	4:40.50	590 Q	1:04.91	2:15.87	3:28.05	4:40.50
	50m: 30.86	30.86	150m: 1:40.03	35.12	250m: 2:51.82	35.95	350m: 4:04.38	36.33	
	100m: 1:04.91	34.05	200m: 2:15.87	35.84	300m: 3:28.05	36.23	400m: 4:40.50	36.12	
6.	TURCOTTE, Juliette	16	Club de natation région de C4:40.85	588 Q	1:06.31	2:17.12	3:29.59	4:40.85	
	50m: 32.02	32.02	150m: 1:41.56	35.25	250m: 2:53.09	35.97	350m: 4:05.75	36.16	
	100m: 1:06.31	34.29	200m: 2:17.12	35.56	300m: 3:29.59	36.50	400m: 4:40.85	35.10	
7.	BROUSSEAU, Charlotte	16	Camo	4:41.73	583 Q	1:07.27	2:19.35	3:31.85	4:41.73
	50m: 31.87	31.87	150m: 1:43.13	35.86	250m: 2:55.56	36.21	350m: 4:07.77	35.92	
	100m: 1:07.27	35.40	200m: 2:19.35	36.22	300m: 3:31.85	36.29	400m: 4:41.73	33.96	

Epreuve 11, Filles, 400m Libre, Eliminatoire, 15 - 16 ans

Rang	Age	Temps	Pts	100m	200m	300m	400m					
8.	LEFRANCOIS, Audrey	16	Cote Saint-Luc Aquatics	4:42.00	581	Q	1:06.82	2:18.20	3:30.36	4:42.00		
	50m:	31.92	31.92	150m:	1:42.31	35.49	250m:	2:53.76	35.56	350m:	4:06.66	36.30
	100m:	1:06.82	34.90	200m:	2:18.20	35.89	300m:	3:30.36	36.60	400m:	4:42.00	35.34
9.	GONZALEZ, Daniella	15	Camo	4:42.08	581	Q	1:07.29	2:19.39	3:31.70	4:42.08		
	50m:	32.29	32.29	150m:	1:43.66	36.37	250m:	2:56.00	36.61	350m:	4:07.92	36.22
	100m:	1:07.29	35.00	200m:	2:19.39	35.73	300m:	3:31.70	35.70	400m:	4:42.08	34.16
10.	LACROIX, Charlotte	16	Club de natation région de	C4:42.90	575	Q	1:07.59	2:20.01	3:32.13	4:42.90		
	50m:	32.23	32.23	150m:	1:43.60	36.01	250m:	2:55.88	35.87	350m:	4:08.12	35.99
	100m:	1:07.59	35.36	200m:	2:20.01	36.41	300m:	3:32.13	36.25	400m:	4:42.90	34.78
11.	IONCE, Marie-Anne	16	Elite	4:43.42	572	R	1:07.01	2:19.06	3:31.52	4:43.42		
	50m:	32.20	32.20	150m:	1:43.31	36.30	250m:	2:54.91	35.85	350m:	4:07.91	36.39
	100m:	1:07.01	34.81	200m:	2:19.06	35.75	300m:	3:31.52	36.61	400m:	4:43.42	35.51
12.	GIBBONS-RENAUD, G.	15	Cnsf	4:43.87	570	R	1:07.78	2:20.64	3:33.89	4:43.87		
	50m:	32.36	32.36	150m:	1:43.75	35.97	250m:	2:57.05	36.41	350m:	4:09.02	35.13
	100m:	1:07.78	35.42	200m:	2:20.64	36.89	300m:	3:33.89	36.84	400m:	4:43.87	34.85
13.	LAPIERRE, Justine	16	Camo	4:44.57	565		1:07.59	2:20.72	3:33.17	4:44.57		
	50m:	32.08	32.08	150m:	1:43.70	36.11	250m:	2:56.41	35.69	350m:	4:08.97	35.80
	100m:	1:07.59	35.51	200m:	2:20.72	37.02	300m:	3:33.17	36.76	400m:	4:44.57	35.60
14.	ROBITAILLE, Florence	15	Neptune Natation	4:45.99	557		1:07.36	2:20.59	3:34.11	4:45.99		
	50m:	32.03	32.03	150m:	1:43.87	36.51	250m:	2:57.28	36.69	350m:	4:10.81	36.70
	100m:	1:07.36	35.33	200m:	2:20.59	36.72	300m:	3:34.11	36.83	400m:	4:45.99	35.18
15.	GUY, Roxane	16	Club de natation région de	C4:46.00	557		1:06.16	2:17.57	3:31.29	4:46.00		
	50m:	31.57	31.57	150m:	1:41.76	35.60	250m:	2:54.08	36.51	350m:	4:08.46	37.17
	100m:	1:06.16	34.59	200m:	2:17.57	35.81	300m:	3:31.29	37.21	400m:	4:46.00	37.54
16.	NUGENT, Lea	16	Neptune Natation	4:46.96	551		1:08.40	2:20.63	3:33.99	4:46.96		
	50m:	32.80	32.80	150m:	1:44.47	36.07	250m:	2:57.29	36.66	350m:	4:11.00	37.01
	100m:	1:08.40	35.60	200m:	2:20.63	36.16	300m:	3:33.99	36.70	400m:	4:46.96	35.96
17.	POULIOT, Florence	15	C,A, Régional De L' Abit-Tér	4:47.20	550		1:08.77	2:21.47	3:34.29	4:47.20		
	50m:	32.21	32.21	150m:	1:44.89	36.12	250m:	2:57.55	36.08	350m:	4:10.97	36.68
	100m:	1:08.77	36.56	200m:	2:21.47	36.58	300m:	3:34.29	36.74	400m:	4:47.20	36.23
18.	BOUFFARD, Jeanne	15	Riverains	4:50.18	533		1:08.06	2:22.85	3:37.94	4:50.18		
	50m:	32.44	32.44	150m:	1:44.94	36.88	250m:	2:59.98	37.13	350m:	4:15.16	37.22
	100m:	1:08.06	35.62	200m:	2:22.85	37.91	300m:	3:37.94	37.96	400m:	4:50.18	35.02

17 ans et plus

1.	MEKLENSK, Tori	22	Dorval	4:26.23	691	Q	1:05.57	2:13.35	3:21.07	4:26.23		
	50m:	30.90	30.90	150m:	1:39.12	33.55	250m:	2:46.75	33.40	350m:	3:54.20	33.13
	100m:	1:05.57	34.67	200m:	2:13.35	34.23	300m:	3:21.07	34.32	400m:	4:26.23	32.03
2.	MASSEY, Ashlyn	18	Pointe-Claire Swim Club	4:29.09	669	Q	1:04.91	2:13.05	3:22.61	4:29.09		
	50m:	31.06	31.06	150m:	1:38.79	33.88	250m:	2:47.33	34.28	350m:	3:57.18	34.57
	100m:	1:04.91	33.85	200m:	2:13.05	34.26	300m:	3:22.61	35.28	400m:	4:29.09	31.91
3.	FROST, Megan	20	Pointe-Claire Swim Club	4:32.85	642	Q	1:05.31	2:14.21	3:23.92	4:32.85		
	50m:	31.05	31.05	150m:	1:39.38	34.07	250m:	2:48.86	34.65	350m:	3:58.65	34.73
	100m:	1:05.31	34.26	200m:	2:14.21	34.83	300m:	3:23.92	35.06	400m:	4:32.85	34.20
4.	FROST, Natasha	20	Pointe-Claire Swim Club	4:32.89	641	Q	1:05.01	2:13.96	3:23.58	4:32.89		
	50m:	31.05	31.05	150m:	1:39.48	34.47	250m:	2:48.89	34.93	350m:	3:58.70	35.12
	100m:	1:05.01	33.96	200m:	2:13.96	34.48	300m:	3:23.58	34.69	400m:	4:32.89	34.19
5.	BESNER, Kaitlyn	18	Pointe-Claire Swim Club	4:34.45	630	Q	1:05.81	2:15.21	3:26.15	4:34.45		
	50m:	31.16	31.16	150m:	1:40.14	34.33	250m:	2:50.32	35.11	350m:	4:00.64	34.49
	100m:	1:05.81	34.65	200m:	2:15.21	35.07	300m:	3:26.15	35.83	400m:	4:34.45	33.81
6.	MICHAUD, Maélie	17	Pointe-Claire Swim Club	4:35.25	625	Q	1:05.76	2:16.37	3:27.37	4:35.25		
	50m:	31.50	31.50	150m:	1:40.79	35.03	250m:	2:51.81	35.44	350m:	4:02.90	35.53
	100m:	1:05.76	34.26	200m:	2:16.37	35.58	300m:	3:27.37	35.56	400m:	4:35.25	32.35

Epreuve 11, Dames, 400m Libre, Elimatoire, 17 ans et plus

Rang	Age		Temps		Pts	100m	200m	300m	400m
7.	TREMBLAY, Raphaëlle	19	LMRL Rivière-du-Loup	4:35.87	621 Q	1:06.58	2:17.42	3:26.85	4:35.87
	50m:	31.69	31.69	150m:	1:41.31	34.73	250m:	2:51.55	34.13
	100m:	1:06.58	34.89	200m:	2:17.42	36.11	300m:	3:26.85	35.30
							350m:	4:01.75	34.90
							400m:	4:35.87	34.12
8.	BROWN, Gabrielle	19	Pointe-Claire Swim Club	4:36.48	617 Q	1:06.61	2:16.89	3:27.48	4:36.48
	50m:	31.93	31.93	150m:	1:41.61	35.00	250m:	2:52.25	35.36
	100m:	1:06.61	34.68	200m:	2:16.89	35.28	300m:	3:27.48	35.23
							350m:	4:02.64	35.16
							400m:	4:36.48	33.84
9.	MICHAUD, Élisabeth	18	Club de natation Saint-Laure	4:37.01	613 Q	1:06.21	2:16.20	3:26.94	4:37.01
	50m:	31.59	31.59	150m:	1:40.79	34.58	250m:	2:51.06	34.86
	100m:	1:06.21	34.62	200m:	2:16.20	35.41	300m:	3:26.94	35.88
							350m:	4:01.81	34.87
							400m:	4:37.01	35.20
10.	TÊTU, Anne-Florence	17	Club de natation région de C	4:37.80	608 Q	1:05.78	2:16.10	3:27.23	4:37.80
	50m:	31.78	31.78	150m:	1:40.65	34.87	250m:	2:51.62	35.52
	100m:	1:05.78	34.00	200m:	2:16.10	35.45	300m:	3:27.23	35.61
							350m:	4:03.18	35.95
							400m:	4:37.80	34.62
11.	MICHAUD, Laurence	17	Club de natation Jonquière	4:39.65	596 R	1:07.14	2:18.64	3:29.56	4:39.65
	50m:	32.08	32.08	150m:	1:42.91	35.77	250m:	2:54.29	35.65
	100m:	1:07.14	35.06	200m:	2:18.64	35.73	300m:	3:29.56	35.27
							350m:	4:04.90	35.34
							400m:	4:39.65	34.75
12.	MARQUIS, Jade	19	Samak	4:39.97	594 R	1:07.67	2:19.77	3:31.64	4:39.97
	50m:	32.10	32.10	150m:	1:43.52	35.85	250m:	2:55.83	36.06
	100m:	1:07.67	35.57	200m:	2:19.77	36.25	300m:	3:31.64	35.81
							350m:	4:06.23	34.59
							400m:	4:39.97	33.74
13.	SHINK, Ariane	17	Club de natation région de C	4:40.66	589	1:06.57	2:17.23	3:29.39	4:40.66
	50m:	32.08	32.08	150m:	1:41.33	34.76	250m:	2:52.96	35.73
	100m:	1:06.57	34.49	200m:	2:17.23	35.90	300m:	3:29.39	36.43
							350m:	4:05.50	36.11
							400m:	4:40.66	35.16
14.	PONTON, Emma	18	Ddo	4:40.88	588	1:06.12	2:17.33	3:29.85	4:40.88
	50m:	31.78	31.78	150m:	1:41.32	35.20	250m:	2:53.54	36.21
	100m:	1:06.12	34.34	200m:	2:17.33	36.01	300m:	3:29.85	36.31
							350m:	4:05.82	35.97
							400m:	4:40.88	35.06
15.	PHAM-SPICKLER, Alexia	20	Camo	4:47.59	548	1:07.32	2:20.01	3:34.33	4:47.59
	50m:	32.77	32.77	150m:	1:43.57	36.25	250m:	2:57.47	37.46
	100m:	1:07.32	34.55	200m:	2:20.01	36.44	300m:	3:34.33	36.86
							350m:	4:11.87	37.54
							400m:	4:47.59	35.72
16.	DROUIN, Laurie	17	Club aquatique St-Eustache	4:53.90	513	1:08.99	2:24.12	3:39.61	4:53.90
	50m:	32.83	32.83	150m:	1:46.45	37.46	250m:	3:01.72	37.60
	100m:	1:08.99	36.16	200m:	2:24.12	37.67	300m:	3:39.61	37.89
							350m:	4:17.27	37.66
							400m:	4:53.90	36.63