

Campeonatos Distritais de Verão de Infantis, Juvenis e Absolutos- Rio Maior  
Rio Maior, 30 de Junho, 01 e 02 de Julho de 2017

Prova 28  
30/06/2024 - 9:40

Femin., 1500m Livres

Juvenil  
Resultados

Pontos: FINA 2024

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Leonor Sombreiro Martins	10	BUZIOS - Coruche	<b>18:58.56</b>	528
	50m: 32.64 300m: 3:43.83 550m: 6:54.88 800m: 10:06.80 1050m: 13:18.13 1300m: 16:30.27				
	100m: 1:09.74 350m: 4:21.76 600m: 7:32.72 850m: 10:45.29 1100m: 13:56.39 1350m: 17:09.12				
	150m: 1:48.51 400m: 5:00.18 650m: 8:11.61 900m: 11:23.30 1150m: 14:34.58 1400m: 17:47.22				
	200m: 2:26.87 450m: 5:38.47 700m: 8:49.91 950m: 12:01.77 1200m: 15:13.01 1450m: 18:24.07				
	250m: 3:05.22 500m: 6:16.81 750m: 9:28.24 1000m: 12:40.05 1250m: 15:51.78 1500m: 18:58.56				
2.	Laura Prates Morais	09	BUZIOS - Coruche	<b>21:06.79</b>	383
	50m: 36.13 300m: 4:02.61 550m: 7:35.06 800m: 11:10.15 1050m: 14:44.79 1300m: 18:18.94				
	100m: 1:16.94 350m: 4:45.30 600m: 8:17.98 850m: 11:52.64 1100m: 15:27.63 1350m: 19:01.31				
	150m: 1:58.60 400m: 5:27.75 650m: 9:00.37 900m: 12:35.71 1150m: 16:10.41 1400m: 19:43.48				
	200m: 2:39.81 450m: 6:10.33 700m: 9:43.68 950m: 13:18.20 1200m: 16:53.25 1450m: 20:25.81				
	250m: 3:21.30 500m: 6:52.61 750m: 10:26.83 1000m: 14:01.36 1250m: 17:36.27 1500m: 21:06.79				

Prova 28  
30/06/2024 - 9:40

Femin., 1500m Livres

ABS  
Resultados

Pontos: FINA 2024

Lugar	Nome	Ano	Clube	Tempo Final	Pts
1.	Carolina Santos Carrilho	08	CLAC-Entroncamento	<b>22:56.93</b>	298
	50m: 39.65 300m: 4:28.43 550m: 8:21.89 800m: 12:14.56 1050m: 16:06.33 1300m: 19:57.23				
	100m: 1:23.79 350m: 5:15.24 600m: 9:08.32 850m: 13:01.28 1100m: 16:52.49 1350m: 20:42.71				
	150m: 2:09.29 400m: 6:02.16 650m: 9:55.27 900m: 13:47.26 1150m: 17:38.87 1400m: 21:28.13				
	200m: 2:55.07 450m: 6:49.35 700m: 10:41.31 950m: 14:33.86 1200m: 18:25.14 1450m: 22:13.26				
	250m: 3:41.61 500m: 7:35.15 750m: 11:28.22 1000m: 15:19.62 1250m: 19:11.61 1500m: 22:56.93				