

Prova 21  
21/07/2024 - 9:00

Masc., 400m Livres

Infantis A  
Resultados

Rec Nac Open	3:50.56	LOPES, Jose Paulo	POR	Barcelona (ESP)	06/06/2021
Rec Nac INF A	4:15.99	OLIVEIRA, Pedro Fontoura	CFB	Badajoz (ESP)	11/07/2004

Infantis A 50m: 4:45.84 - 25m: 4:40.13

Pontos: Rudolph Table 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	JORGE, Antonio Antunes	10	Alcobaca	<b>4:29.82</b>	+0,75	12,5
	50m: 29.61 29.61	150m: 1:35.47 33.55	250m: 2:45.07 35.20	350m: 3:56.09 35.37	400m: 4:29.82 33.73	
	100m: 1:01.92 32.31	200m: 2:09.87 34.40	300m: 3:20.72 35.65			
2.	PACHECO, David Filipe	10	BUZIOS - Coruche	<b>4:33.86</b>	+0,82	11,5
	50m: 29.61 29.61	150m: 1:37.76 34.86	250m: 2:49.35 35.92	350m: 4:00.86 35.56	400m: 4:33.86 33.00	
	100m: 1:02.90 33.29	200m: 2:13.43 35.67	300m: 3:25.30 35.95			
3.	MONTEIRO, Afonso Carvalho	10	Famalicao	<b>4:34.23</b>	+0,81	11,4
	50m: 30.37 30.37	150m: 1:39.44 34.91	250m: 2:50.46 35.92	350m: 4:02.29 35.97	400m: 4:34.23 31.94	
	100m: 1:04.53 34.16	200m: 2:14.54 35.10	300m: 3:26.32 35.86			
4.	SOUSA, Tomas Alexandre	10	Academico Viseu Futebol Clube	<b>4:37.82</b>	+0,79	10,4
	50m: 30.68 30.68	150m: 1:41.72 36.21	250m: 2:54.09 35.89	350m: 4:05.70 35.53	400m: 4:37.82 32.12	
	100m: 1:05.51 34.83	200m: 2:18.20 36.48	300m: 3:30.17 36.08			
5.	ALECRIM, Rodolfo Junior	10	CNLeiria	<b>4:37.89</b>	+0,76	10,4
	50m: 29.07 29.07	150m: 1:37.34 35.11	250m: 2:49.66 36.30	350m: 4:03.10 36.85	400m: 4:37.89 34.79	
	100m: 1:02.23 33.16	200m: 2:13.36 36.02	300m: 3:26.25 36.59			
6.	MIMOSO, Renato Ferreira	10	Benfica	<b>4:38.73</b>	+0,81	10,1
	50m: 31.21 31.21	150m: 1:41.78 36.04	250m: 2:53.68 35.87	350m: 4:04.59 35.27	400m: 4:38.73 34.14	
	100m: 1:05.74 34.53	200m: 2:17.81 36.03	300m: 3:29.32 35.64			
7.	ROXO, Joao Baixinho	10	Uniao Piedense	<b>4:41.14</b>	+0,74	9,5
	50m: 30.54 30.54	150m: 1:40.92 35.84	250m: 2:54.30 36.85	350m: 4:07.36 36.15	400m: 4:41.14 33.78	
	100m: 1:05.08 34.54	200m: 2:17.45 36.53	300m: 3:31.21 36.91			
8.	TEIXEIRA, Francisco Suzuki	10	Foca Quinta da Lixa CNF	<b>4:41.57</b>	+0,75	9,4
	50m: 30.00 30.00	150m: 1:38.73 35.00	250m: 2:52.16 37.07	350m: 4:06.56 37.48	400m: 4:41.57 35.01	
	100m: 1:03.73 33.73	200m: 2:15.09 36.36	300m: 3:29.08 36.92			
9.	MARQUES, Martim Frederico	10	CPCD	<b>4:42.49</b>	+0,88	9,1
	50m: 32.74 32.74	150m: 1:44.00 36.42	250m: 2:55.92 36.42	350m: 4:07.79 36.07	400m: 4:42.49 34.70	
	100m: 1:07.58 34.84	200m: 2:19.50 35.50	300m: 3:31.72 35.80			
10.	RIBEIRO, Dinis Aresta	10	Sporting	<b>4:42.60</b>	+0,75	9,1
	50m: 31.06 31.06	150m: 1:41.05 35.82	250m: 2:53.94 36.74	350m: 4:07.98 36.35	400m: 4:42.60 34.62	
	100m: 1:05.23 34.17	200m: 2:17.20 36.15	300m: 3:31.63 37.69			
11.	GUIMARAES, Santiago Rocha	10	Fluvial Portuense	<b>4:45.02</b>	+0,66	8,5
	50m: 31.69 31.69	150m: 1:44.14 36.37	250m: 2:56.99 36.84	350m: 4:10.48 36.52	400m: 4:45.02 34.54	
	100m: 1:07.77 36.08	200m: 2:20.15 36.01	300m: 3:33.96 36.97			
12.	MARQUES, Goncalo Tapadas	10	Adrcimm	<b>4:45.12</b>	+0,79	8,4
	50m: 31.31 31.31	150m: 1:43.14 36.49	250m: 2:56.73 37.20	350m: 4:10.36 36.58	400m: 4:45.12 34.76	
	100m: 1:06.65 35.34	200m: 2:19.53 36.39	300m: 3:33.78 37.05			
13.	GONCALVES, Tomas Figueiredo	10	Clube Naval do Funchal	<b>4:45.26</b>	+0,73	8,4
	50m: 31.24 31.24	150m: 1:40.05 34.85	250m: 2:53.39 37.19	350m: 4:09.54 37.57	400m: 4:45.26 35.72	
	100m: 1:05.20 33.96	200m: 2:16.20 36.15	300m: 3:31.97 38.58			
14.	PEREIRA, Guilherme Valente	10	Adrcimm	<b>4:45.36</b>	+0,85	8,4
	50m: 32.22 32.22	150m: 1:42.17 35.49	250m: 2:55.34 36.09	350m: 4:08.28 35.30	400m: 4:45.36 37.08	
	100m: 1:06.68 34.46	200m: 2:19.25 37.08	300m: 3:32.98 37.64			

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
15.	CONDON, Hugo Leitao <i>FTL</i>	10	Naval de Faro	<b>4:46.13</b>	+0,69	8,2
	50m: 32.36 32.36	150m: 1:44.31 36.59	250m: 2:57.26 36.16	350m: 4:10.72 36.58		
	100m: 1:07.72 35.36	200m: 2:21.10 36.79	300m: 3:34.14 36.88	400m: 4:46.13 35.41		
16.	BRILHA, Martim Marino <i>FTL</i>	10	Individual ANL	<b>4:46.80</b>	+0,79	8,0
	50m: 32.14 32.14	150m: 1:43.30 36.22	250m: 2:55.52 35.32	350m: 4:10.44 37.39		
	100m: 1:07.08 34.94	200m: 2:20.20 36.90	300m: 3:33.05 37.53	400m: 4:46.80 36.36		
17.	PARENTE, Rafael Pires <i>FTL</i>	10	Academico Viseu Futebol Clube	<b>4:48.77</b>	+0,92	7,5
	50m: 33.54 33.54	150m: 1:46.94 37.47	250m: 3:01.34 37.33	350m: 4:14.77 36.40		
	100m: 1:09.47 35.93	200m: 2:24.01 37.07	300m: 3:38.37 37.03	400m: 4:48.77 34.00		
18.	FERREIRA, Manuel Von <i>FTL</i>	10	Porto	<b>4:48.87</b>	+0,81	7,4
	50m: 31.14 31.14	150m: 1:44.07 37.14	250m: 2:59.23 37.06	350m: 4:13.13 36.63		
	100m: 1:06.93 35.79	200m: 2:22.17 38.10	300m: 3:36.50 37.27	400m: 4:48.87 35.74		
19.	PEREIRA, Santiago Marques <i>FTL</i>	10	Columbofila Cantanhedense	<b>4:49.02</b>	+0,80	7,4
	50m: 32.45 32.45	150m: 1:43.48 35.71	250m: 2:57.75 37.26	350m: 4:13.67 37.60		
	100m: 1:07.77 35.32	200m: 2:20.49 37.01	300m: 3:36.07 38.32	400m: 4:49.02 35.35		
20.	GODINHO, Antonio Carimbo <i>FTL</i>	10	Fisica Torres Vedras	<b>4:49.27</b>	+0,78	7,3
	50m: 32.98 32.98	150m: 1:45.80 37.59	250m: 3:00.82 38.21	350m: 4:15.41 37.64		
	100m: 1:08.21 35.23	200m: 2:22.61 36.81	300m: 3:37.77 36.95	400m: 4:49.27 33.86		
21.	HUANG, Andre <i>FTL</i>	10	Gesloures	<b>4:49.40</b>	+0,75	7,3
	50m: 33.52 33.52	150m: 1:46.12 36.64	250m: 2:59.92 35.97	350m: 4:13.84 36.67		
	100m: 1:09.48 35.96	200m: 2:23.95 37.83	300m: 3:37.17 37.25	400m: 4:49.40 35.56		
22.	MELO, Francisco Freitas <i>FTL</i>	10	Bombeiros de Ponta Delgada	<b>4:49.65</b>	+0,76	7,2
	50m: 31.29 31.29	150m: 1:43.00 36.42	250m: 2:57.76 37.71	350m: 4:13.92 37.80		
	100m: 1:06.58 35.29	200m: 2:20.05 37.05	300m: 3:36.12 38.36	400m: 4:49.65 35.73		
23.	SANTOS, Andre Ferreira <i>FTL</i>	10	Academico Viseu Futebol Clube	<b>4:50.30</b>	+0,76	7,1
	50m: 32.62 32.62	150m: 1:45.14 36.86	250m: 2:59.70 37.43	350m: 4:14.81 37.46		
	100m: 1:08.28 35.66	200m: 2:22.27 37.13	300m: 3:37.35 37.65	400m: 4:50.30 35.49		
24.	RIBEIRO, Afonso Oliveira <i>FTL</i>	10	Famalicao	<b>4:50.66</b>	+0,87	7,0
	50m: 32.93 32.93	150m: 1:46.15 36.94	250m: 3:00.73 37.35	350m: 4:14.72 36.79		
	100m: 1:09.21 36.28	200m: 2:23.38 37.23	300m: 3:37.93 37.20	400m: 4:50.66 35.94		
25.	ALONSO, Ruben Goncalo <i>FTL</i>	10	Foca Quinta da Lixa CNF	<b>4:52.14</b>	+0,73	6,6
	50m: 31.54 31.54	150m: 1:44.76 37.37	250m: 2:59.60 37.18	350m: 4:15.47 38.20		
	100m: 1:07.39 35.85	200m: 2:22.42 37.66	300m: 3:37.27 37.67	400m: 4:52.14 36.67		

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
26.	<b>PALMEIRO, Tomas Manuel</b> <i>FTL</i>	10	Nautico Marinha Grande	<b>4:52.47</b>	+0,78	6,5
	50m: 31.68 31.68	150m: 1:45.09 37.94	250m: 3:01.48 38.18	350m: 4:17.04 37.63		
	100m: 1:07.15 35.47	200m: 2:23.30 38.21	300m: 3:39.41 37.93	400m: 4:52.47 35.43		
27.	<b>RETRE, Goncalo Alexandre</b> <i>FTL</i>	10	Naval de Faro	<b>4:53.56</b>	+0,89	6,2
	50m: 34.45 34.45	150m: 1:49.82 37.91	250m: 3:04.74 37.56	350m: 4:19.12 36.96		
	100m: 1:11.91 37.46	200m: 2:27.18 37.36	300m: 3:42.16 37.42	400m: 4:53.56 34.44		
28.	<b>LEMOS, Miguel Santiago</b> <i>FTL</i>	10	Porto	<b>4:53.59</b>	+0,91	6,2
	50m: 33.16 33.16	150m: 1:49.16 38.49	250m: 3:04.77 37.95	350m: 4:19.90 37.37		
	100m: 1:10.67 37.51	200m: 2:26.82 37.66	300m: 3:42.53 37.76	400m: 4:53.59 33.69		
29.	<b>MARQUES, Rodrigo Almeida</b> <i>FTL</i>	10	Braga	<b>4:53.74</b>	+0,73	6,1
	50m: 32.62 32.62	150m: 1:46.94 38.45	250m: 3:03.08 37.93	350m: 4:18.74 37.86		
	100m: 1:08.49 35.87	200m: 2:25.15 38.21	300m: 3:40.88 37.80	400m: 4:53.74 35.00		
30.	<b>RIBEIRO, Andre Almeida</b> <i>FTL</i>	10	Uniao Piedense	<b>4:55.10</b>	+0,84	5,8
	50m: 32.00 32.00	150m: 1:46.25 37.79	250m: 3:02.57 38.17	350m: 4:18.72 38.17		
	100m: 1:08.46 36.46	200m: 2:24.40 38.15	300m: 3:40.55 37.98	400m: 4:55.10 36.38		
31.	<b>PINTO, Francisco Reis</b> <i>FTL</i>	10	Alges	<b>4:55.13</b>	+0,88	5,8
	50m: 33.14 33.14	150m: 1:48.59 38.56	250m: 3:06.45 39.33	350m: 4:21.49 36.67		
	100m: 1:10.03 36.89	200m: 2:27.12 38.53	300m: 3:44.82 38.37	400m: 4:55.13 33.64		
32.	<b>OLIVEIRA, Tomas Rodrigues</b> <i>FTL</i>	10	Fisica Torres Vedras	<b>4:55.49</b>	+0,84	5,7
	50m: 32.49 32.49	150m: 1:48.01 37.89	250m: 3:04.21 38.18	350m: 4:20.28 37.45		
	100m: 1:10.12 37.63	200m: 2:26.03 38.02	300m: 3:42.83 38.62	400m: 4:55.49 35.21		
33.	<b>BASTOS, Rafael Costa</b> <i>FTL</i>	10	Sanjoanense/FEPSA	<b>4:56.12</b>	+0,78	5,5
	50m: 32.70 32.70	150m: 1:47.53 37.81	250m: 3:03.09 37.88	350m: 4:20.16 38.27		
	100m: 1:09.72 37.02	200m: 2:25.21 37.68	300m: 3:41.89 38.80	400m: 4:56.12 35.96		
34.	<b>DIAS, Rodrigo Ferrao</b> <i>FTL</i>	10	Sporting	<b>4:56.27</b>	+0,89	5,5
	50m: 33.53 33.53	150m: 1:49.26 37.99	250m: 3:05.04 37.76	350m: 4:20.17 37.25		
	100m: 1:11.27 37.74	200m: 2:27.28 38.02	300m: 3:42.92 37.88	400m: 4:56.27 36.10		
35.	<b>SANTOS, Manuel Maria</b> <i>FTL</i>	10	Adrcimm	<b>4:56.60</b>	+0,83	5,4
	50m: 30.86 30.86	150m: 1:43.40 37.59	250m: 3:01.12 39.52	350m: 4:18.57 38.70		
	100m: 1:05.81 34.95	200m: 2:21.60 38.20	300m: 3:39.87 38.75	400m: 4:56.60 38.03		
36.	<b>GASPAR, Lucas Ferreira</b> <i>FTL</i>	10	Vieirense	<b>4:56.78</b>	+0,72	5,3
	50m: 33.54 33.54	150m: 1:48.07 37.73	250m: 3:04.14 38.04	350m: 4:20.84 38.47		
	100m: 1:10.34 36.80	200m: 2:26.10 38.03	300m: 3:42.37 38.23	400m: 4:56.78 35.94		

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
37.	DREYKO, Nicolai <i>FTL</i>	10	Clube Naval Povoense	<b>4:57.32</b>	+0,81	5,2
	50m: 33.18 33.18	150m: 1:48.62 38.89	250m: 3:04.83 37.89	350m: 4:20.65 37.80		
	100m: 1:09.73 36.55	200m: 2:26.94 38.32	300m: 3:42.85 38.02	400m: 4:57.32 36.67		
38.	CARVALHO, Pedro Cerejo <i>FTL</i>	10	Vilacondense	<b>4:57.35</b>	+0,87	5,2
	50m: 33.96 33.96	150m: 1:47.25 36.89	250m: 3:02.79 38.06	350m: 4:19.95 38.30		
	100m: 1:10.36 36.40	200m: 2:24.73 37.48	300m: 3:41.65 38.86	400m: 4:57.35 37.40		
39.	RICARDO, Gustavo Brito <i>FTL</i>	10	Vilacondense	<b>4:57.53</b>	+0,84	5,1
	50m: 33.24 33.24	150m: 1:48.09 37.63	250m: 3:04.38 37.91	350m: 4:21.20 38.34		
	100m: 1:10.46 37.22	200m: 2:26.47 38.38	300m: 3:42.86 38.48	400m: 4:57.53 36.33		
40.	TOMAS, Rodrigo Cardoso <i>FTL</i>	10	Uniao Juncalense	<b>4:57.60</b>	+0,74	5,1
	50m: 33.17 33.17	150m: 1:49.47 38.57	250m: 3:06.75 38.28	350m: 4:23.97 38.21		
	100m: 1:10.90 37.73	200m: 2:28.47 39.00	300m: 3:45.76 39.01	400m: 4:57.60 33.63		
41.	SOUSA, Diogo Rodrigues <i>FTL</i>	10	Alges	<b>4:57.72</b>	+0,78	5,1
	50m: 33.75 33.75	150m: 1:49.75 37.95	250m: 3:04.94 36.92	350m: 4:20.96 37.33		
	100m: 1:11.80 38.05	200m: 2:28.02 38.27	300m: 3:43.63 38.69	400m: 4:57.72 36.76		
42.	ASSUNCAO, Rafael Moreira <i>FTL</i>	10	Clube Desportivo Feirense	<b>4:57.98</b>	+0,77	5,0
	50m: 31.96 31.96	150m: 1:46.85 38.07	250m: 3:04.39 38.69	350m: 4:21.87 38.84		
	100m: 1:08.78 36.82	200m: 2:25.70 38.85	300m: 3:43.03 38.64	400m: 4:57.98 36.11		
43.	ALVES, Guilherme Costa <i>FTL</i>	10	Sporting	<b>4:58.08</b>	+0,78	5,0
	50m: 34.14 34.14	150m: 1:49.00 37.82	250m: 3:05.26 38.13	350m: 4:21.73 37.89		
	100m: 1:11.18 37.04	200m: 2:27.13 38.13	300m: 3:43.84 38.58	400m: 4:58.08 36.35		
44.	FREIRE, Tomas O'Grady <i>FTL</i>	10	Sporting	<b>4:58.30</b>	+0,86	4,9
	50m: 35.59 35.59	150m: 1:50.39 37.67	250m: 3:06.99 38.26	350m: 4:23.27 37.95		
	100m: 1:12.72 37.13	200m: 2:28.73 38.34	300m: 3:45.32 38.33	400m: 4:58.30 35.03		
45.	MATIAS, Rodrigo Miguel <i>FTL</i>	10	Cnac	<b>4:58.35</b>	+0,77	4,9
	50m: 34.35 34.35	150m: 1:49.43 37.29	250m: 3:04.99 37.16	350m: 4:21.17 37.85		
	100m: 1:12.14 37.79	200m: 2:27.83 38.40	300m: 3:43.32 38.33	400m: 4:58.35 37.18		
46.	PEDROSA, Francisco Lourenc10 <i>FTL</i>		Nautico Marinha Grande	<b>4:58.42</b>	+0,75	4,9
	50m: 34.34 34.34	150m: 1:50.33 38.62	250m: 3:07.67 38.68	350m: 4:23.62 37.92		
	100m: 1:11.71 37.37	200m: 2:28.99 38.66	300m: 3:45.70 38.03	400m: 4:58.42 34.80		
47.	ALMEIDA, David Xavier <i>FTL</i>	10	Ba-Leiria	<b>4:59.15</b>	+0,90	4,7
	50m: 32.03 32.03	150m: 1:46.74 37.59	250m: 3:05.92 39.19	350m: 4:22.54 37.60		
	100m: 1:09.15 37.12	200m: 2:26.73 39.99	300m: 3:44.94 39.02	400m: 4:59.15 36.61		

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
48.	MARQUES, Rafael Carreiras <i>FTL</i>	10	Gesloures	<b>4:59.28</b>	+0,76	4,7
	50m: 33.55 33.55	150m: 1:49.13 38.06	250m: 3:05.26 37.83	350m: 4:22.73 38.42		
	100m: 1:11.07 37.52	200m: 2:27.43 38.30	300m: 3:44.31 39.05	400m: 4:59.28 36.55		
49.	RAPOSO, Mateus Medeiros <i>FTL</i>	10	Clube Desportivo Nacional	<b>4:59.97</b>	+0,90	4,5
	50m: 32.11 32.11	150m: 1:48.06 39.13	250m: 3:06.00 38.69	350m: 4:23.10 37.83		
	100m: 1:08.93 36.82	200m: 2:27.31 39.25	300m: 3:45.27 39.27	400m: 4:59.97 36.87		
50.	COUTO, Filipe Antonio <i>FTL</i>	10	Porto	<b>5:01.33</b>	+0,85	4,1
	50m: 33.47 33.47	150m: 1:50.38 38.84	250m: 3:06.97 37.74	350m: 4:23.40 37.91		
	100m: 1:11.54 38.07	200m: 2:29.23 38.85	300m: 3:45.49 38.52	400m: 5:01.33 37.93		
51.	MENDES, Salvador Neves <i>FTL</i>	10	Clube Naval do Funchal	<b>5:01.83</b>	+0,70	4,0
	50m: 32.63 32.63	150m: 1:48.21 38.08	250m: 3:06.39 39.15	350m: 4:25.50 39.59		
	100m: 1:10.13 37.50	200m: 2:27.24 39.03	300m: 3:45.91 39.52	400m: 5:01.83 36.33		
52.	GOMES, David Dourado <i>FTL</i>	10	Clube Naval Povoense	<b>5:02.18</b>	+0,93	3,9
	50m: 34.16 34.16	150m: 1:51.32 38.45	250m: 3:09.21 38.32	350m: 4:25.96 37.75		
	100m: 1:12.87 38.71	200m: 2:30.89 39.57	300m: 3:48.21 39.00	400m: 5:02.18 36.22		
53.	VEDKAL, Arseniy <i>FTL</i>	10	Braga	<b>5:02.20</b>	+0,94	3,9
	50m: 32.82 32.82	150m: 1:48.69 38.30	250m: 3:06.71 38.69	350m: 4:24.57 38.79		
	100m: 1:10.39 37.57	200m: 2:28.02 39.33	300m: 3:45.78 39.07	400m: 5:02.20 37.63		
54.	BICHIAROV, Gustavo Ribeiro <i>FTL</i>	10	Natacao de Valongo	<b>5:02.21</b>		3,9
	50m: 33.54 33.54	150m: 1:51.23 39.21	250m: 3:09.72 38.36	350m: 4:25.96 37.58		
	100m: 1:12.02 38.48	200m: 2:31.36 40.13	300m: 3:48.38 38.66	400m: 5:02.21 36.25		
55.	OLAS, Tiago Joao <i>FTL</i>	10	Academico Viseu Futebol Clube	<b>5:03.97</b>	+0,96	3,4
	50m: 35.64 35.64	150m: 1:52.71 38.49	250m: 3:09.95 38.59	350m: 4:27.38 38.29		
	100m: 1:14.22 38.58	200m: 2:31.36 38.65	300m: 3:49.09 39.14	400m: 5:03.97 36.59		
56.	SANTO, Tiago Neres <i>FTL</i>	10	Alges	<b>5:04.03</b>	+0,78	3,4
	50m: 32.83 32.83	150m: 1:47.19 37.98	250m: 3:06.54 40.36	350m: 4:25.87 39.40		
	100m: 1:09.21 36.38	200m: 2:26.18 38.99	300m: 3:46.47 39.93	400m: 5:04.03 38.16		
57.	CASTRO, Diogo Alves <i>FTL</i>	10	Alges	<b>5:04.26</b>	+0,79	3,3
	50m: 32.83 32.83	150m: 1:48.90 38.93	250m: 3:07.99 39.72	350m: 4:26.55 39.05		
	100m: 1:09.97 37.14	200m: 2:28.27 39.37	300m: 3:47.50 39.51	400m: 5:04.26 37.71		
58.	SIMOES, Francisco Martins <i>FTL</i>	10	Cnac	<b>5:04.84</b>	+0,85	3,2
	50m: 33.60 33.60	150m: 1:50.68 39.14	250m: 3:09.96 39.39	350m: 4:28.30 39.08		
	100m: 1:11.54 37.94	200m: 2:30.57 39.89	300m: 3:49.22 39.26	400m: 5:04.84 36.54		

Prova 21, Masc., 400m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
59.	BRAZ, Rodrigo Sousa FTL	10	Cnac	<b>5:05.27</b>	+0,81	3,1
	50m: 34.31 34.31	150m: 1:51.02 38.15	250m: 3:08.99 38.91	350m: 4:27.47 38.81		
	100m: 1:12.87 38.56	200m: 2:30.08 39.06	300m: 3:48.66 39.67	400m: 5:05.27 37.80		
60.	PEREIRA, Afonso Velada FTL	10	Sporting	<b>5:05.40</b>	+0,95	3,0
	50m: 34.74 34.74	150m: 1:51.68 39.04	250m: 3:09.79 39.02	350m: 4:27.76 38.84		
	100m: 1:12.64 37.90	200m: 2:30.77 39.09	300m: 3:48.92 39.13	400m: 5:05.40 37.64		
61.	GOMES, Afonso Manuel FTL	10	Sporting	<b>5:05.78</b>	+0,92	2,9
	50m: 36.16 36.16	150m: 1:54.00 39.47	250m: 3:12.00 39.00	350m: 4:29.07 38.24		
	100m: 1:14.53 38.37	200m: 2:33.00 39.00	300m: 3:50.83 38.83	400m: 5:05.78 36.71		
62.	CHISTOL, Cristiano FTL	10	Louletano / Loule Concelho	<b>5:06.04</b>	+0,95	2,8
	50m: 34.23 34.23	150m: 1:51.90 39.50	250m: 3:10.72 38.98	350m: 4:28.90 39.15		
	100m: 1:12.40 38.17	200m: 2:31.74 39.84	300m: 3:49.75 39.03	400m: 5:06.04 37.14		
63.	CARVALHO, Henrique Rodrigue FTL	10	Adrcimm	<b>5:06.55</b>	+0,82	2,7
	50m: 32.87 32.87	150m: 1:48.23 38.55	250m: 3:07.84 40.12	350m: 4:28.59 40.46		
	100m: 1:09.68 36.81	200m: 2:27.72 39.49	300m: 3:48.13 40.29	400m: 5:06.55 37.96		
64.	MARTINHO, G. FTL	10	Natacao do Fundao/Girassol	<b>5:07.55</b>	+0,88	2,4
	50m: 34.13 34.13	150m: 1:51.09 38.94	250m: 3:09.96 39.58	350m: 4:29.61 39.65		
	100m: 1:12.15 38.02	200m: 2:30.38 39.29	300m: 3:49.96 40.00	400m: 5:07.55 37.94		
65.	GOMES, Miguel Tomas FTL	10	Cnac	<b>5:07.60</b>	+0,85	2,4
	50m: 36.89 36.89	150m: 1:55.68 39.52	250m: 3:13.49 38.62	350m: 4:30.66 38.00		
	100m: 1:16.16 39.27	200m: 2:34.87 39.19	300m: 3:52.66 39.17	400m: 5:07.60 36.94		
66.	CADETE, Francisco Manuel FTL	10	Nautico Abrantes	<b>5:07.63</b>	+0,75	2,4
	50m: 34.24 34.24	150m: 1:51.41 39.19	250m: 3:10.63 39.23	350m: 4:30.94 40.40		
	100m: 1:12.22 37.98	200m: 2:31.40 39.99	300m: 3:50.54 39.91	400m: 5:07.63 36.69		
67.	TEIXEIRA, Francisco Jose FTL	10	Louletano / Loule Concelho	<b>5:07.77</b>	+0,71	2,4
	50m: 33.02 33.02	150m: 1:51.39 40.19	250m: 3:11.01 39.63	350m: 4:29.80 38.73		
	100m: 1:11.20 38.18	200m: 2:31.38 39.99	300m: 3:51.07 40.06	400m: 5:07.77 37.97		
68.	REIS, Afonso Ferreira FTL	10	Nautico Marinha Grande	<b>5:07.81</b>	+0,76	2,4
	50m: 34.90 34.90	150m: 1:52.98 39.85	250m: 3:12.12 39.23	350m: 4:30.09 38.64		
	100m: 1:13.13 38.23	200m: 2:32.89 39.91	300m: 3:51.45 39.33	400m: 5:07.81 37.72		
69.	GAIOLAS, Joao Piteira FTL	10	Nautico Marinha Grande	<b>5:08.03</b>	+0,75	2,3
	50m: 34.22 34.22	150m: 1:51.96 39.69	250m: 3:11.34 39.17	350m: 4:30.67 39.60		
	100m: 1:12.27 38.05	200m: 2:32.17 40.21	300m: 3:51.07 39.73	400m: 5:08.03 37.36		

Prova 21, Masc., 400m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
70.	MORAIS, Francisco Laranjeira <i>FTL</i>	10	Alges e Agueda XXI	<b>5:08.05</b>	+0,87	2,3
	50m: 32.71 32.71	150m: 1:47.72 37.80	250m: 3:06.58 39.26	350m: 4:28.06 40.83		
	100m: 1:09.92 37.21	200m: 2:27.32 39.60	300m: 3:47.23 40.65	400m: 5:08.05 39.99		
71.	LOPES, Martim Goncalves <i>FTL</i>	10	Gesloures	<b>5:08.30</b>	+0,78	2,2
	50m: 33.34 33.34	150m: 1:51.31 38.74	250m: 3:11.01 40.22	350m: 4:30.90 39.46		
	100m: 1:12.57 39.23	200m: 2:30.79 39.48	300m: 3:51.44 40.43	400m: 5:08.30 37.40		
72.	SANTOS, Rafael Vieira <i>FTL</i>	10	Vilacondense	<b>5:08.83</b>	+0,95	2,1
	50m: 34.48 34.48	150m: 1:52.48 39.70	250m: 3:12.86 40.16	350m: 4:31.90 39.23		
	100m: 1:12.78 38.30	200m: 2:32.70 40.22	300m: 3:52.67 39.81	400m: 5:08.83 36.93		
73.	TORRES, Rodrigo Mitreiro <i>FTL</i>	10	Aquatico Pacense	<b>5:09.53</b>	+0,80	1,9
	50m: 34.13 34.13	150m: 1:51.94 39.33	250m: 3:11.45 39.63	350m: 4:31.77 39.81		
	100m: 1:12.61 38.48	200m: 2:31.82 39.88	300m: 3:51.96 40.51	400m: 5:09.53 37.76		
74.	GARANITO, Mateus Silva <i>FTL</i>	10	Clube Naval do Funchal	<b>5:10.06</b>	+0,81	1,8
	50m: 35.20 35.20	150m: 1:52.30 39.19	250m: 3:11.57 39.28	350m: 4:31.79 39.98		
	100m: 1:13.11 37.91	200m: 2:32.29 39.99	300m: 3:51.81 40.24	400m: 5:10.06 38.27		
75.	VALENTE, Tomas Santos <i>FTL</i>	10	Leixoes Sport Clube	<b>5:10.74</b>	+0,91	1,6
	50m: 33.99 33.99	150m: 1:50.92 39.69	250m: 3:11.29 40.30	350m: 4:31.34 39.88		
	100m: 1:11.23 37.24	200m: 2:30.99 40.07	300m: 3:51.46 40.17	400m: 5:10.74 39.40		
76.	SANTOS, Dinis Lamas <i>FTL</i>	10	Ba-Leiria	<b>5:11.32</b>	+0,92	1,4
	50m: 33.41 33.41	150m: 1:53.52 41.02	250m: 3:14.27 40.30	350m: 4:34.77 40.37		
	100m: 1:12.50 39.09	200m: 2:33.97 40.45	300m: 3:54.40 40.13	400m: 5:11.32 36.55		
77.	LETRA, Francisco Freitas <i>FTL</i>	10	Clube Naval do Funchal	<b>5:11.34</b>	+0,72	1,4
	50m: 34.07 34.07	150m: 1:51.49 39.70	250m: 3:11.16 40.21	350m: 4:31.98 41.02		
	100m: 1:11.79 37.72	200m: 2:30.95 39.46	300m: 3:50.96 39.80	400m: 5:11.34 39.36		
78.	BRITO, Francisco Vilar <i>FTL</i>	10	Vilacondense	<b>5:12.96</b>	+0,84	
	50m: 33.29 33.29	150m: 1:50.16 39.33	250m: 3:11.81 41.38	350m: 4:33.19 40.96		
	100m: 1:10.83 37.54	200m: 2:30.43 40.27	300m: 3:52.23 40.42	400m: 5:12.96 39.77		
79.	JESUS, Lucas Costa <i>FTL</i>	10	Nautico Marinha Grande	<b>5:14.13</b>	+0,67	
	50m: 33.52 33.52	150m: 1:53.55 40.80	250m: 3:15.30 40.36	350m: 4:35.88 40.00		
	100m: 1:12.75 39.23	200m: 2:34.94 41.39	300m: 3:55.88 40.58	400m: 5:14.13 38.25		
80.	ALMEIDA, Santiago Agostinho <i>FTL</i>	10	Louletano / Loule Concelho	<b>5:14.42</b>	+0,96	
	50m: 37.37 37.37	150m: 1:57.26 40.03	250m: 3:18.19 39.67	350m: 4:37.36 39.27		
	100m: 1:17.23 39.86	200m: 2:38.52 41.26	300m: 3:58.09 39.90	400m: 5:14.42 37.06		

Prova 21, Masc., 400m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
81.	GOMES, Leonardo Sanjuan <i>FTL</i>	10	Aej	<b>5:15.11</b>	<b>+0,97</b>	
	50m: 35.99 35.99	150m: 1:56.75 40.83	250m: 3:16.41 40.71	350m: 4:37.30 39.75		
	100m: 1:15.92 39.93	200m: 2:35.70 38.95	300m: 3:57.55 41.14	400m: 5:15.11 37.81		
82.	SKILKYY, Nazar <i>FTL</i>	10	FC Ferreiras/AlgarExperience	<b>5:16.64</b>	<b>+0,84</b>	
	50m: 34.58 34.58	150m: 1:56.61 42.90	250m: 3:20.52 42.71	350m: 4:39.58 39.25		
	100m: 1:13.71 39.13	200m: 2:37.81 41.20	300m: 4:00.33 39.81	400m: 5:16.64 37.06		
83.	FERREIRA, Rodrigo Saldanha <i>FTL</i>	10	Famalicao	<b>5:17.23</b>	<b>+0,77</b>	
	50m: 34.61 34.61	150m: 1:55.18 41.26	250m: 3:17.19 41.22	350m: 4:38.69 40.47		
	100m: 1:13.92 39.31	200m: 2:35.97 40.79	300m: 3:58.22 41.03	400m: 5:17.23 38.54		
84.	LULAK, Tiago Malhador <i>FTL</i>	10	Louletano / Loule Concelho	<b>5:18.11</b>	<b>+0,79</b>	
	50m: 36.32 36.32	150m: 1:57.09 40.62	250m: 3:19.91 41.27	350m: 4:40.58 39.82		
	100m: 1:16.47 40.15	200m: 2:38.64 41.55	300m: 4:00.76 40.85	400m: 5:18.11 37.53		
85.	MENDES, Andre Goncalo <i>FTL</i>	10	Cn Vagos	<b>5:18.20</b>	<b>+0,78</b>	
	50m: 36.27 36.27	150m: 1:56.84 40.51	250m: 3:17.58 40.67	350m: 4:38.68 40.91		
	100m: 1:16.33 40.06	200m: 2:36.91 40.07	300m: 3:57.77 40.19	400m: 5:18.20 39.52		
86.	KHALADZY, Mark <i>FTL</i>	10	Lagoa Academico Clube	<b>5:18.65</b>	<b>+0,86</b>	
	50m: 34.17 34.17	150m: 1:55.72 41.79	250m: 3:19.10 41.26	350m: 4:40.14 39.94		
	100m: 1:13.93 39.76	200m: 2:37.84 42.12	300m: 4:00.20 41.10	400m: 5:18.65 38.51		
87.	ANASTACIO, Andre Guilherme <i>FTL</i>	10	Nautico Abrantes	<b>5:19.76</b>	<b>+0,79</b>	
	50m: 33.40 33.40	150m: 1:51.93 39.79	250m: 3:13.41 41.26	350m: 4:38.33 42.43		
	100m: 1:12.14 38.74	200m: 2:32.15 40.22	300m: 3:55.90 42.49	400m: 5:19.76 41.43		
88.	SILVA, Rodrigo Miguel <i>FTL</i>	10	Acmn	<b>5:19.91</b>	<b>+0,74</b>	
	50m: 35.07 35.07	150m: 1:55.42 40.95	250m: 3:19.31 42.02	350m: 4:42.55 40.82		
	100m: 1:14.47 39.40	200m: 2:37.29 41.87	300m: 4:01.73 42.42	400m: 5:19.91 37.36		
89.	ARAUJO, Miguel Oliveira <i>FTL</i>	10	Escola Desportiva de Viana	<b>5:20.30</b>	<b>+0,99</b>	
	50m: 35.89 35.89	150m: 1:57.23 41.13	250m: 3:20.11 41.16	350m: 4:41.79 40.19		
	100m: 1:16.10 40.21	200m: 2:38.95 41.72	300m: 4:01.60 41.49	400m: 5:20.30 38.51		
90.	VARELA, Gabriel Krempel <i>FTL</i>	10	Pimpoes/Cimai	<b>5:20.81</b>	<b>+0,80</b>	
	50m: 35.15 35.15	150m: 1:57.13 41.55	250m: 3:19.10 40.18	350m: 4:42.37 41.34		
	100m: 1:15.58 40.43	200m: 2:38.92 41.79	300m: 4:01.03 41.93	400m: 5:20.81 38.44		
91.	PETERSSON, Francisco Reis <i>FTL</i>	10	Naval de Faro	<b>5:20.98</b>	<b>+0,94</b>	
	50m: 36.33 36.33	150m: 1:59.40 42.41	250m: 3:22.39 41.57	350m: 4:43.32 40.05		
	100m: 1:16.99 40.66	200m: 2:40.82 41.42	300m: 4:03.27 40.88	400m: 5:20.98 37.66		



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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
92.	MENESES, Miguel Rocha <i>FTL</i>	10	Naval Praia da Vitoria	<b>5:26.01</b>	<b>+0,94</b>	
	50m: 34.18 34.18	150m: 1:55.27 41.56	250m: 3:19.54 42.45	350m: 4:45.13 42.47		
	100m: 1:13.71 39.53	200m: 2:37.09 41.82	300m: 4:02.66 43.12	400m: 5:26.01 40.88		
93.	ROCHA, Tomas Pinto <i>FTL</i>	10	Clube Naval do Funchal	<b>5:27.15</b>	<b>+0,77</b>	
	50m: 34.18 34.18	150m: 1:55.23 41.77	250m: 3:19.74 42.23	350m: 4:46.85 43.35		
	100m: 1:13.46 39.28	200m: 2:37.51 42.28	300m: 4:03.50 43.76	400m: 5:27.15 40.30		
94.	JESUS, Simao Sousa <i>FTL</i>	10	Nautico Marinha Grande	<b>5:37.16</b>	<b>+0,90</b>	
	50m: 35.02 35.02	150m: 1:58.52 43.38	250m: 3:26.23 44.28	350m: 4:54.48 43.83		
	100m: 1:15.14 40.12	200m: 2:41.95 43.43	300m: 4:10.65 44.42	400m: 5:37.16 42.68		
EXH	HOWLAND, Erik Anthony <i>FTL</i>	10	CLIP Teams	<b>4:46.99</b>	<b>+0,78</b>	7,9
	50m: 31.10 31.10	150m: 1:42.70 36.75	250m: 2:57.45 37.71	350m: 4:12.14 37.81		
	100m: 1:05.95 34.85	200m: 2:19.74 37.04	300m: 3:34.33 36.88	400m: 4:46.99 34.85		
EXH	MERAD, Neil Elian <i>FTL</i>	10	Benfica	<b>5:03.72</b>	<b>+0,73</b>	3,5
	50m: 33.17 33.17	150m: 1:48.41 38.44	250m: 3:06.85 39.51	350m: 4:26.31 39.97		
	100m: 1:09.97 36.80	200m: 2:27.34 38.93	300m: 3:46.34 39.49	400m: 5:03.72 37.41		