

Campeonato Nacional de Juvenis, Juniores e Seniores
Oeiras, 12 - 14/7/2024

Prova 29
14/07/2024 - 16:35

Femin., 800m Livres

Absolutos
Resultados

Rec Nac Open	8:29.33	DURAES, Diana Margarida	POR	Tarragona (ESP)	23/06/2018
Rec Nac Sen	8:29.33	DURAES, Diana Margarida	POR	Tarragona (ESP)	23/06/2018
Rec Nac Jun 17	8:36.21	HOLUB, Tamila Hryhorivna	SCB	Coimbra	28/05/2016
Rec Nac Jun 16	8:45.53	HOLUB, Tamila Hryhorivna	SCB	Coimbra	30/05/2015
Rec Nac Juv A	8:50.68	HOLUB, Tamila Hryhorivna	SCB	Oeiras	27/07/2014
Rec Nac Juv B	9:07.70	SILVA, Alexandra Maria	POR	Split (CRO)	10/09/1981

Pontos: FINA 2024

Lugar	Nome	Ano	Nac	Clube	TFinal	TReac	AQUA
Juvenis							
1.	MATIAS, Alana Costa	09	POR	Clube Uniao 1919	9:43.23	+0,79	574
	100m: 1:08.58 1:08.58	300m: 3:35.67 1:13.60	500m: 6:02.92 1:13.56	700m: 8:31.11 1:14.27	800m: 9:43.23 1:12.12		
	200m: 2:22.07 1:13.49	400m: 4:49.36 1:13.69	600m: 7:16.84 1:13.92				
2.	MOREIRA, Madalena Valente	09	POR	Colegio Efanor	9:47.78	+0,81	561
	100m: 1:06.73 1:06.73	300m: 3:35.52 1:14.93	500m: 6:04.57 1:14.70	700m: 8:35.90 1:15.48	800m: 9:47.78 1:11.88		
	200m: 2:20.59 1:13.86	400m: 4:49.87 1:14.35	600m: 7:20.42 1:15.85				
3.	PINTO, Maria Carvalho	09	POR	Viana Natacao	9:50.16	+0,78	554
	100m: 1:05.92 1:05.92	300m: 3:34.15 1:15.01	500m: 6:04.77 1:15.87	700m: 8:36.38 1:15.65	800m: 9:50.16 1:13.78		
	200m: 2:19.14 1:13.22	400m: 4:48.90 1:14.75	600m: 7:20.73 1:15.96				
4.	MAIA, Lara Catarina	09	POR	Estarreja/PROZINCO	9:55.65	+0,45	539
	100m: 1:08.12 1:08.12	300m: 3:38.11 1:15.33	500m: 6:09.58 1:15.61	700m: 8:42.04 1:15.84	800m: 9:55.65 1:13.61		
	200m: 2:22.78 1:14.66	400m: 4:53.97 1:15.86	600m: 7:26.20 1:16.62				
5.	MARTINS, Carolina Correia	09	POR	Porto	9:59.78	+0,76	528
	100m: 1:12.33 1:12.33	300m: 3:43.91 1:16.50	500m: 6:15.01 1:14.71	700m: 8:46.14 1:15.50	800m: 9:59.78 1:13.64		
	200m: 2:27.41 1:15.08	400m: 5:00.30 1:16.39	600m: 7:30.64 1:15.63				
6.	MARTINS, Leonor Sombreiro	10	POR	BUZIOS - Coruche	10:01.17	+0,90	524
	100m: 1:09.95 1:09.95	300m: 3:42.47 1:16.58	500m: 6:16.03 1:16.75	700m: 8:48.78 1:16.49	800m: 10:01.17 1:12.39		
	200m: 2:25.89 1:15.94	400m: 4:59.28 1:16.81	600m: 7:32.29 1:16.26				
7.	RICARDO, Francisca Martingo	09	POR	Porto	10:01.58	+0,82	523
	100m: 1:09.22 1:09.22	300m: 3:40.97 1:16.27	500m: 6:15.06 1:17.23	700m: 8:48.46 1:16.53	800m: 10:01.58 1:13.12		
	200m: 2:24.70 1:15.48	400m: 4:57.83 1:16.86	600m: 7:31.93 1:16.87				
8.	GREGORIO, Bruna Bacelar	10	POR	Vilacondense	10:06.70	+0,83	510
	100m: 1:12.67 1:12.67	300m: 3:46.59 1:16.90	500m: 6:21.24 1:17.67	700m: 8:53.87 1:15.83	800m: 10:06.70 1:12.83		
	200m: 2:29.69 1:17.02	400m: 5:03.57 1:16.98	600m: 7:38.04 1:16.80				
9.	MARQUES, Ana Jose	10	POR	Braga	10:09.58	+0,97	503
	100m: 1:10.89 1:10.89	300m: 3:42.42 1:16.54	500m: 6:17.92 1:18.08	700m: 8:53.30 1:17.34	800m: 10:09.58 1:16.28		
	200m: 2:25.88 1:14.99	400m: 4:59.84 1:17.42	600m: 7:35.96 1:18.04				
10.	CARDOSO, Raquel Campos	09	POR	Bombeiros de Ponta Delgada	10:13.50	+0,80	493
	100m: 1:12.19 1:12.19	300m: 3:46.22 1:17.58	500m: 6:20.70 1:17.03	700m: 8:56.03 1:17.39	800m: 10:13.50 1:17.47		
	200m: 2:28.64 1:16.45	400m: 5:03.67 1:17.45	600m: 7:38.64 1:17.94				
11.	CUNHA, Maria Rita	10	POR	Colegio Efanor	10:13.93	+0,79	492
	100m: 1:09.55 1:09.55	300m: 3:43.92 1:18.00	500m: 6:20.42 1:18.73	700m: 8:57.42 1:18.13	800m: 10:13.93 1:16.51		
	200m: 2:25.92 1:16.37	400m: 5:01.69 1:17.77	600m: 7:39.29 1:18.87				
12.	FARIA, Ines Maria	09	POR	Porto	10:15.34	+0,86	489
	100m: 1:11.99 1:11.99	300m: 3:45.51 1:16.74	500m: 6:21.00 1:18.16	700m: 8:58.29 1:18.62	800m: 10:15.34 1:17.05		
	200m: 2:28.77 1:16.78	400m: 5:02.84 1:17.33	600m: 7:39.67 1:18.67				

Campeonato Nacional de Juvenis, Juniores e Seniores
Oeiras, 12 - 14/7/2024

Prova 29, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Nac	Clube	TFinal	TReac	AQUA
13.	MENDES, Bianca Balbino	10	POR	Naval de Peniche	10:15.75	+0,70	488
	100m: 1:11.58 1:11.58	300m: 3:45.73 1:17.03	500m: 6:21.70 1:18.21	700m: 8:59.18 1:18.66	800m: 10:15.75 1:16.57		
	200m: 2:28.70 1:17.12	400m: 5:03.49 1:17.76	600m: 7:40.52 1:18.82				
14.	SANTOS, Mariana Silva	09	POR	Porto	10:18.58	+0,72	481
	100m: 1:12.61 1:12.61	300m: 3:45.83 1:16.88	500m: 6:21.36 1:17.64	700m: 8:59.61 1:19.44	800m: 10:18.58 1:18.97		
	200m: 2:28.95 1:16.34	400m: 5:03.72 1:17.89	600m: 7:40.17 1:18.81				
15.	PAIVA, Leonor Antunes	10	POR	Cnac	10:21.21	+0,73	475
	100m: 1:12.74 1:12.74	300m: 3:49.90 1:19.44	500m: 6:29.20 1:19.45	700m: 9:06.88 1:18.76	800m: 10:21.21 1:14.33		
	200m: 2:30.46 1:17.72	400m: 5:09.75 1:19.85	600m: 7:48.12 1:18.92				
16.	GASPAR, Joana Melo	09	POR	Clube Nacional de Natacao	10:21.30	+0,82	475
	100m: 1:12.11 1:12.11	300m: 3:47.85 1:17.76	500m: 6:26.51 1:19.23	700m: 9:05.03 1:19.42	800m: 10:21.30 1:16.27		
	200m: 2:30.09 1:17.98	400m: 5:07.28 1:19.43	600m: 7:45.61 1:19.10				
17.	PEDREIRO, Francisca Soreto	09	POR	Galitos / Bresimar	10:21.73	+0,70	474
	100m: 1:10.87 1:10.87	300m: 3:47.73 1:19.00	500m: 6:26.27 1:19.25	700m: 9:05.20 1:19.39	800m: 10:21.73 1:16.53		
	200m: 2:28.73 1:17.86	400m: 5:07.02 1:19.29	600m: 7:45.81 1:19.54				
18.	NOGUEIRA, Ana Laura	10	POR	Braga	10:23.12	+0,87	470
	100m: 1:13.07 1:13.07	300m: 3:52.33 1:20.03	500m: 6:31.21 1:19.26	700m: 9:08.89 1:18.85	800m: 10:23.12 1:14.23		
	200m: 2:32.30 1:19.23	400m: 5:11.95 1:19.62	600m: 7:50.04 1:18.83				
19.	COSTA, Sofia Rodrigues	10	POR	Porto	10:24.73	+0,84	467
	100m: 1:13.50 1:13.50	300m: 3:49.94 1:18.31	500m: 6:28.86 1:19.75	700m: 9:07.89 1:19.12	800m: 10:24.73 1:16.84		
	200m: 2:31.63 1:18.13	400m: 5:09.11 1:19.17	600m: 7:48.77 1:19.91				
20.	SOUSA, Marta Rebelo	09	POR	Porto	10:25.59	+0,68	465
	100m: 1:13.19 1:13.19	300m: 3:49.22 1:18.90	500m: 6:28.18 1:19.37	700m: 9:07.53 1:19.27	800m: 10:25.59 1:18.06		
	200m: 2:30.32 1:17.13	400m: 5:08.81 1:19.59	600m: 7:48.26 1:20.08				
21.	DINIZ, Beatriz Costa	10	POR	Sporting	10:29.05	+0,84	457
	100m: 1:15.85 1:15.85	300m: 3:55.75 1:19.85	500m: 6:34.74 1:19.57	700m: 9:12.39 1:18.72	800m: 10:29.05 1:16.66		
	200m: 2:35.90 1:20.05	400m: 5:15.17 1:19.42	600m: 7:53.67 1:18.93				
22.	CARDEAL, Leonor Nunes	10	POR	Individual ANCPN	10:31.05	+0,96	453
	100m: 1:09.25 1:09.25	300m: 3:44.67 1:18.99	500m: 6:26.71 1:22.25	700m: 9:10.66 1:21.92	800m: 10:31.05 1:20.39		
	200m: 2:25.68 1:16.43	400m: 5:04.46 1:19.79	600m: 7:48.74 1:22.03				
23.	VELEZ, Vida Sofia	10	POR	Ba-Leiria	10:31.07	+0,81	453
	100m: 1:15.22 1:15.22	300m: 3:53.82 1:19.35	500m: 6:33.80 1:20.21	700m: 9:12.40 1:18.42	800m: 10:31.07 1:18.67		
	200m: 2:34.47 1:19.25	400m: 5:13.59 1:19.77	600m: 7:53.98 1:20.18				
24.	PROENCA, Victoria Sales	10	POR	Benfica	10:32.83	+0,71	449
	100m: 1:13.06 1:13.06	300m: 3:53.05 1:20.32	500m: 6:34.55 1:20.73	700m: 9:15.94 1:20.28	800m: 10:32.83 1:16.89		
	200m: 2:32.73 1:19.67	400m: 5:13.82 1:20.77	600m: 7:55.66 1:21.11				
25.	REIS, Mafalda Brandao	09	POR	Famalicao	10:38.43	+0,82	437
	100m: 1:14.46 1:14.46	300m: 3:53.86 1:20.04	500m: 6:35.45 1:21.03	700m: 9:18.55 1:21.84	800m: 10:38.43 1:19.88		
	200m: 2:33.82 1:19.36	400m: 5:14.42 1:20.56	600m: 7:56.71 1:21.26				
26.	CRUZ, Constanca Lopes	09	POR	Adrcimm	10:41.20	+0,82	432
	100m: 1:13.06 1:13.06	300m: 3:54.27 1:20.92	500m: 6:37.54 1:22.17	700m: 9:22.98 1:21.65	800m: 10:41.20 1:18.22		
	200m: 2:33.35 1:20.29	400m: 5:15.37 1:21.10	600m: 8:01.33 1:23.79				

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Prova 29, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Nac	Clube	TFinal	TReac	AQUA
27.	FERNANDES, Marta Silva	10	POR	Porto	10:41.49	+0,93	431
	100m: 1:13.99 1:13.99	300m: 3:54.09 1:20.50	500m: 6:36.88 1:20.97	700m: 9:21.27 1:22.50			
	200m: 2:33.59 1:19.60	400m: 5:15.91 1:21.82	600m: 7:58.77 1:21.89	800m: 10:41.49 1:20.22			

Juniores

1.	CABRAL, Carolina Vizinho	07	POR	Cn Vagos	9:30.84	+0,77	612
	100m: 1:07.46 1:07.46	300m: 3:32.23 1:12.99	500m: 5:58.14 1:13.13	700m: 8:22.05 1:11.56			
	200m: 2:19.24 1:11.78	400m: 4:45.01 1:12.78	600m: 7:10.49 1:12.35	800m: 9:30.84 1:08.79			
2.	ALMEIDA, Bianca Filipa	07	POR	Alges e Agueda XXI	9:33.85	+0,77	602
	100m: 1:08.19 1:08.19	300m: 3:34.35 1:13.28	500m: 5:59.71 1:11.92	700m: 8:23.65 1:12.05			
	200m: 2:21.07 1:12.88	400m: 4:47.79 1:13.44	600m: 7:11.60 1:11.89	800m: 9:33.85 1:10.20			
3.	FREITAS, Diana Gomes	08	POR	Amigos da Montanha	9:33.93	+0,88	602
	100m: 1:07.15 1:07.15	300m: 3:31.24 1:12.76	500m: 5:57.36 1:13.12	700m: 8:22.50 1:12.19			
	200m: 2:18.48 1:11.33	400m: 4:44.24 1:13.00	600m: 7:10.31 1:12.95	800m: 9:33.93 1:11.43			
4.	AGUILAR, Marta Andre	07	POR	Cnac	9:35.79	+0,83	596
	100m: 1:08.25 1:08.25	300m: 3:32.79 1:12.40	500m: 5:58.30 1:13.41	700m: 8:25.15 1:13.39			
	200m: 2:20.39 1:12.14	400m: 4:44.89 1:12.10	600m: 7:11.76 1:13.46	800m: 9:35.79 1:10.64			
5.	SANTOS, Leonor Castanho	07	POR	Sporting	9:42.71	+0,74	575
	100m: 1:07.29 1:07.29	300m: 3:33.05 1:13.01	500m: 6:00.12 1:13.94	700m: 8:28.47 1:14.69			
	200m: 2:20.04 1:12.75	400m: 4:46.18 1:13.13	600m: 7:13.78 1:13.66	800m: 9:42.71 1:14.24			
6.	VIANA, Matilde Violante	07	POR	CNLeiria	9:44.15	+0,84	571
	100m: 1:07.47 1:07.47	300m: 3:32.73 1:13.09	500m: 6:01.19 1:14.63	700m: 8:30.21 1:14.73			
	200m: 2:19.64 1:12.17	400m: 4:46.56 1:13.83	600m: 7:15.48 1:14.29	800m: 9:44.15 1:13.94			
7.	FERREIRA, Carolina Amadeu	08	POR	Leixoes Sport Clube	9:45.98	+0,84	566
	100m: 1:08.42 1:08.42	300m: 3:36.97 1:14.53	500m: 6:05.86 1:14.46	700m: 8:34.30 1:14.20			
	200m: 2:22.44 1:14.02	400m: 4:51.40 1:14.43	600m: 7:20.10 1:14.24	800m: 9:45.98 1:11.68			
8.	ALVES, Sara Sofia	07	POR	Pdem	9:47.07	+0,83	563
	100m: 1:08.18 1:08.18	300m: 3:34.53 1:13.11	500m: 6:03.46 1:14.89	700m: 8:34.07 1:15.07			
	200m: 2:21.42 1:13.24	400m: 4:48.57 1:14.04	600m: 7:19.00 1:15.54	800m: 9:47.07 1:13.00			
9.	LUIZ, Margarida Maria	08	POR	Lagoa Academico Clube	9:59.91	+0,82	527
	100m: 1:09.15 1:09.15	300m: 3:38.56 1:15.48	500m: 6:11.66 1:16.52	700m: 8:44.81 1:16.65			
	200m: 2:23.08 1:13.93	400m: 4:55.14 1:16.58	600m: 7:28.16 1:16.50	800m: 9:59.91 1:15.10			
10.	CRUZ, Ana Carolina	08	POR	Famalicao	10:02.64	+0,82	520
	100m: 1:11.10 1:11.10	300m: 3:42.42 1:16.37	500m: 6:14.70 1:16.47	700m: 8:48.31 1:17.09			
	200m: 2:26.05 1:14.95	400m: 4:58.23 1:15.81	600m: 7:31.22 1:16.52	800m: 10:02.64 1:14.33			
11.	COSTA, Maria Joao	08	POR	Vilacondense	10:13.81	+0,79	492
	100m: 1:11.29 1:11.29	300m: 3:44.90 1:17.09	500m: 6:20.36 1:17.79	700m: 8:57.88 1:18.42			
	200m: 2:27.81 1:16.52	400m: 5:02.57 1:17.67	600m: 7:39.46 1:19.10	800m: 10:13.81 1:15.93			
12.	MACEDO, Alice Mendes	08	POR	Aej	10:15.95	+0,81	487
	100m: 1:08.96 1:08.96	300m: 3:44.76 1:18.97	500m: 6:24.22 1:19.62	700m: 9:02.71 1:19.04			
	200m: 2:25.79 1:16.83	400m: 5:04.60 1:19.84	600m: 7:43.67 1:19.45	800m: 10:15.95 1:13.24			
13.	CARVALHO, Sofia Alexandra	07	POR	Fluvial Portuense	10:21.05	+0,87	475
	100m: 1:10.12 1:10.12	300m: 3:42.80 1:16.77	500m: 6:19.77 1:19.35	700m: 9:01.36 1:20.90			
	200m: 2:26.03 1:15.91	400m: 5:00.42 1:17.62	600m: 7:40.46 1:20.69	800m: 10:21.05 1:19.69			

Campeonato Nacional de Juvenis, Juniores e Seniores
Oeiras, 12 - 14/7/2024

Prova 29, Femin., 800m Livres

Seniores

1. DURAES, Diana Margarida	96	POR	Benfica				8:44.51	+0,73	789
100m: 1:02.09 1:02.09	300m: 3:12.55 1:05.66	500m: 5:24.49 1:05.90	700m: 7:37.98 1:06.92	200m: 2:06.89 1:04.80	400m: 4:18.59 1:06.04	600m: 6:31.06 1:06.57	800m: 8:44.51 1:06.53		
2. HOLUB, Tamila Hryhorivna	99	POR	Braga				8:52.92	+0,76	752
100m: 1:04.43 1:04.43	300m: 3:16.79 1:06.37	500m: 5:30.12 1:06.53	700m: 7:46.01 1:08.08	200m: 2:10.42 1:05.99	400m: 4:23.59 1:06.80	600m: 6:37.93 1:07.81	800m: 8:52.92 1:06.91		
3. ROSA, Mafalda Sofia	03	POR	Rio Maior				9:02.42	+0,79	713
100m: 1:04.90 1:04.90	300m: 3:21.12 1:08.13	500m: 5:37.93 1:08.22	700m: 7:54.44 1:08.20	200m: 2:12.99 1:08.09	400m: 4:29.71 1:08.59	600m: 6:46.24 1:08.31	800m: 9:02.42 1:07.98		
4. MENDES, Mariana Amaral	02	POR	Sporting				9:09.06	+0,80	688
100m: 1:06.67 1:06.67	300m: 3:24.45 1:08.92	500m: 5:42.53 1:09.03	700m: 8:00.96 1:09.26	200m: 2:15.53 1:08.86	400m: 4:33.50 1:09.05	600m: 6:51.70 1:09.17	800m: 9:09.06 1:08.10		
5. VIANA, Carolina Pereira	04	POR	Sporting				9:13.41	+0,77	672
100m: 1:06.03 1:06.03	300m: 3:25.43 1:09.80	500m: 5:45.65 1:10.05	700m: 8:04.94 1:09.78	200m: 2:15.63 1:09.60	400m: 4:35.60 1:10.17	600m: 6:55.16 1:09.51	800m: 9:13.41 1:08.47		
6. LOPES, Francisca Macedo	05	POR	Vilacondense				9:15.19	+0,78	665
100m: 1:05.64 1:05.64	300m: 3:23.49 1:08.88	500m: 5:42.87 1:10.15	700m: 8:05.06 1:11.45	200m: 2:14.61 1:08.97	400m: 4:32.72 1:09.23	600m: 6:53.61 1:10.74	800m: 9:15.19 1:10.13		
7. RODRIGUES, Helena Nunes	03	POR	Condeixa Aqua Clube				9:20.08	+0,76	648
100m: 1:06.35 1:06.35	300m: 3:26.75 1:10.47	500m: 5:49.03 1:10.85	700m: 8:11.46 1:11.02	200m: 2:16.28 1:09.93	400m: 4:38.18 1:11.43	600m: 7:00.44 1:11.41	800m: 9:20.08 1:08.62		
8. LOPES, Daniela Magalhaes	05	POR	Famalicao				9:21.11	+0,84	644
100m: 1:05.89 1:05.89	300m: 3:25.74 1:10.35	500m: 5:47.39 1:10.91	700m: 8:10.95 1:12.06	200m: 2:15.39 1:09.50	400m: 4:36.48 1:10.74	600m: 6:58.89 1:11.50	800m: 9:21.11 1:10.16		
9. ARMAS, Maria Ornelas	98	POR	Clube Oriental de Lisboa				9:22.54	+0,95	640
100m: 1:05.43 1:05.43	300m: 3:25.28 1:10.17	500m: 5:47.22 1:11.27	700m: 8:11.43 1:12.13	200m: 2:15.11 1:09.68	400m: 4:35.95 1:10.67	600m: 6:59.30 1:12.08	800m: 9:22.54 1:11.11		
10. PEIXOTO, Carolina Esteves	06	POR	Braga				9:33.96	+0,80	602
100m: 1:05.82 1:05.82	300m: 3:28.61 1:12.32	500m: 5:54.51 1:12.57	700m: 8:21.55 1:13.42	200m: 2:16.29 1:10.47	400m: 4:41.94 1:13.33	600m: 7:08.13 1:13.62	800m: 9:33.96 1:12.41		