

Campeonato Nacional de Juvenis, Juniores e Seniores  
Oeiras, 12 - 14/7/2024

Prova 1  
12/07/2024 - 17:40

Masc., 800m Livres

Absolutos  
Resultados

Rec Nac Open	7:52.68	LOPES, Jose Paulo	POR	Budapeste (HUN)	22/05/2021
Rec Nac Sen	7:52.68	LOPES, Jose Paulo	POR	Budapeste (HUN)	22/05/2021
Rec Nac Jun 18	8:06.97	PINA, Guilherme Filipe	POR	Hodmezovasarhely (HUN)	09/07/2016
Rec Nac Jun 17	8:13.49	SANTA, Gustavo Manuel	POR	Helsinquia (FIN)	17/07/2010
Rec Nac Juv A	8:23.54	SANTA, Gustavo Manuel	POR	Tampere (FIN)	23/07/2009
Rec Nac Juv B	8:32.97	PEREIRA, Rui Silva	POR	Coimbra	28/05/2023

Pontos: FINA 2024

Lugar	Nome	Ano	Nac	Clube	TFinal	TReac	AQUA
<b>Juvenis</b>							
1.	CANELAS, Tiago Andre	08	POR	Fluvial Portuense	<b>8:50.20</b>	+0,75	620
	100m: 1:01.16 1:01.16			300m: 3:13.87 1:06.99	500m: 5:29.33 1:08.01	700m: 7:44.50 1:07.61	800m: 8:50.20 1:05.70
	200m: 2:06.88 1:05.72			400m: 4:21.32 1:07.45	600m: 6:36.89 1:07.56		
2.	KOT, Paulo	09	POR	Nautico Marinha Grande	<b>8:51.26</b>	+0,67	616
	100m: 1:02.08 1:02.08			300m: 3:16.99 1:08.00	500m: 5:32.31 1:07.05	700m: 7:47.63 1:07.58	800m: 8:51.26 1:03.63
	200m: 2:08.99 1:06.91			400m: 4:25.26 1:08.27	600m: 6:40.05 1:07.74		
3.	SOUSA, Guilherme Simoes	08	POR	Cnac	<b>8:59.84</b>	+0,73	587
	100m: 1:03.30 1:03.30			300m: 3:21.31 1:09.07	500m: 5:38.34 1:08.17	700m: 7:54.71 1:08.05	800m: 8:59.84 1:05.13
	200m: 2:12.24 1:08.94			400m: 4:30.17 1:08.86	600m: 6:46.66 1:08.32		
4.	RODRIGUES, Rafael Pereira	08	POR	Condeixa Aqua Clube	<b>9:03.64</b>	+0,79	575
	100m: 1:03.15 1:03.15			300m: 3:19.51 1:08.67	500m: 5:37.54 1:09.04	700m: 7:55.86 1:09.43	800m: 9:03.64 1:07.78
	200m: 2:10.84 1:07.69			400m: 4:28.50 1:08.99	600m: 6:46.43 1:08.89		
5.	SOARES, Goncalo Augusto	08	POR	Porto	<b>9:06.85</b>	+0,78	565
	100m: 1:02.43 1:02.43			300m: 3:17.29 1:07.74	500m: 5:34.81 1:09.02	700m: 7:56.23 1:11.10	800m: 9:06.85 1:10.62
	200m: 2:09.55 1:07.12			400m: 4:25.79 1:08.50	600m: 6:45.13 1:10.32		
6.	MARTINS, Martim Guerreiro	09	POR	Sporting	<b>9:12.06</b>	+0,70	549
	100m: 1:02.22 1:02.22			300m: 3:22.32 1:10.58	500m: 5:42.77 1:09.92	700m: 8:05.12 1:11.44	800m: 9:12.06 1:06.94
	200m: 2:11.74 1:09.52			400m: 4:32.85 1:10.53	600m: 6:53.68 1:10.91		
7.	MONIZ, Rafael Lin	09	POR	Cns	<b>9:12.08</b>	+0,75	549
	100m: 1:04.21 1:04.21			300m: 3:22.90 1:10.10	500m: 5:43.04 1:10.29	700m: 8:04.53 1:11.12	800m: 9:12.08 1:07.55
	200m: 2:12.80 1:08.59			400m: 4:32.75 1:09.85	600m: 6:53.41 1:10.37		
8.	LIMA, Rodrigo Silva	08	POR	Porto	<b>9:12.79</b>	+0,76	547
	100m: 1:03.44 1:03.44			300m: 3:21.45 1:09.84	500m: 5:41.96 1:10.59	700m: 8:03.37 1:10.63	800m: 9:12.79 1:09.42
	200m: 2:11.61 1:08.17			400m: 4:31.37 1:09.92	600m: 6:52.74 1:10.78		
9.	COSTA, Afonso Goncalves	08	POR	Porto	<b>9:13.37</b>	+0,74	545
	100m: 1:04.52 1:04.52			300m: 3:23.30 1:09.36	500m: 5:43.28 1:10.20	700m: 8:04.43 1:10.67	800m: 9:13.37 1:08.94
	200m: 2:13.94 1:09.42			400m: 4:33.08 1:09.78	600m: 6:53.76 1:10.48		
10.	PEREIRA, Salvador Correia	08	POR	Condeixa Aqua Clube	<b>9:21.57</b>	+0,78	521
	100m: 1:05.07 1:05.07			300m: 3:25.35 1:11.19	500m: 5:47.92 1:11.03	700m: 8:12.26 1:12.10	800m: 9:21.57 1:09.31
	200m: 2:14.16 1:09.09			400m: 4:36.89 1:11.54	600m: 7:00.16 1:12.24		
11.	SANTOS, Rodrigo Canedo	08	POR	Bombeiros de Ponta Delgada	<b>9:24.30</b>	+0,76	514
	100m: 1:03.92 1:03.92			300m: 3:22.73 1:09.65	500m: 5:46.70 1:12.49	700m: 8:13.96 1:13.41	800m: 9:24.30 1:10.34
	200m: 2:13.08 1:09.16			400m: 4:34.21 1:11.48	600m: 7:00.55 1:13.85		
12.	OLIVEIRA, Paulo Jorge	08	POR	Estarreja/PROZINCO	<b>9:24.64</b>	+0,79	513
	100m: 1:04.59 1:04.59			300m: 3:24.53 1:10.25	500m: 5:48.93 1:12.26	700m: 8:14.75 1:13.04	800m: 9:24.64 1:09.89
	200m: 2:14.28 1:09.69			400m: 4:36.67 1:12.14	600m: 7:01.71 1:12.78		

Campeonato Nacional de Juvenis, Juniores e Seniores  
Oeiras, 12 - 14/7/2024

Prova 1, Masc., 800m Livres, Juvenis

Lugar	Nome	Ano	Nac	Clube	TFinal	TReac	AQUA	
13.	SILVA, Rafael Alexandre	09	POR	Louletano / Loule Concelho	<b>9:25.11</b>	+0,78	512	
	100m: 1:05.45 1:05.45	300m: 3:28.65 1:12.25	500m: 5:52.45 1:11.16	700m: 8:16.61 1:11.88	200m: 2:16.40 1:10.95	400m: 4:41.29 1:12.64	600m: 7:04.73 1:12.28	800m: 9:25.11 1:08.50
14.	BARROS, Raul Ventura	09	POR	Braga	<b>9:27.50</b>	+0,80	505	
	100m: 1:04.96 1:04.96	300m: 3:27.75 1:12.05	500m: 5:53.48 1:13.41	700m: 8:20.41 1:13.58	200m: 2:15.70 1:10.74	400m: 4:40.07 1:12.32	600m: 7:06.83 1:13.35	800m: 9:27.50 1:07.09
15.	PINTO, Rodrigo Teixeira	09	POR	Foca Quinta Da Lixa - Cnf	<b>9:28.83</b>	+0,70	502	
	100m: 1:03.73 1:03.73	300m: 3:25.48 1:11.93	500m: 5:50.62 1:12.62	700m: 8:17.09 1:12.99	200m: 2:13.55 1:09.82	400m: 4:38.00 1:12.52	600m: 7:04.10 1:13.48	800m: 9:28.83 1:11.74
16.	DIAS, Pedro Malhao	08	POR	Escola Desportiva de Viana	<b>9:31.65</b>	+0,88	494	
	100m: 1:06.69 1:06.69	300m: 3:30.91 1:12.48	500m: 5:53.96 1:10.84	700m: 8:21.32 1:13.70	200m: 2:18.43 1:11.74	400m: 4:43.12 1:12.21	600m: 7:07.62 1:13.66	800m: 9:31.65 1:10.33
17.	BENTO, Afonso Maria	09	POR	AN Alcabastrense	<b>9:37.92</b>	+0,67	478	
	100m: 1:03.67 1:03.67	300m: 3:27.62 1:12.94	500m: 5:56.66 1:14.91	700m: 8:27.21 1:14.87	200m: 2:14.68 1:11.01	400m: 4:41.75 1:14.13	600m: 7:12.34 1:15.68	800m: 9:37.92 1:10.71
18.	SHUBIN, Alexandre	09	POR	Cdca	<b>9:38.03</b>	+0,70	478	
	100m: 1:05.39 1:05.39	300m: 3:28.96 1:12.23	500m: 5:56.44 1:14.00	700m: 8:26.24 1:15.03	200m: 2:16.73 1:11.34	400m: 4:42.44 1:13.48	600m: 7:11.21 1:14.77	800m: 9:38.03 1:11.79
19.	NETO, Goncalo Malha	09	POR	Galitos / Bresimar	<b>9:44.07</b>	+0,69	463	
	100m: 1:05.27 1:05.27	300m: 3:30.88 1:13.10	500m: 5:59.72 1:14.72	700m: 8:31.35 1:14.83	200m: 2:17.78 1:12.51	400m: 4:45.00 1:14.12	600m: 7:16.52 1:16.80	800m: 9:44.07 1:12.72
20.	MARTINS, Vasco Alexandre	09	POR	Adrcimm	<b>9:52.01</b>	+0,75	445	
	100m: 1:06.00 1:06.00	300m: 3:31.11 1:13.55	500m: 6:02.45 1:15.83	700m: 8:36.13 1:17.18	200m: 2:17.56 1:11.56	400m: 4:46.62 1:15.51	600m: 7:18.95 1:16.50	800m: 9:52.01 1:15.88

Juniores

1.	BORGES, Rodrigo Costa	07	POR	Fluvial Portuense	<b>8:26.75</b>	+0,69	710	
	100m: 1:00.72 1:00.72	300m: 3:07.44 1:03.93	500m: 5:16.04 1:04.05	700m: 7:24.50 1:04.11	200m: 2:03.51 1:02.79	400m: 4:11.99 1:04.55	600m: 6:20.39 1:04.35	800m: 8:26.75 1:02.25
2.	ASMAR, Axel Guedes	07	POR	Sporting	<b>8:35.27</b>	+0,65	675	
	100m: 1:01.04 1:01.04	300m: 3:09.86 1:04.84	500m: 5:19.92 1:05.22	700m: 7:31.48 1:05.95	200m: 2:05.02 1:03.98	400m: 4:14.70 1:04.84	600m: 6:25.53 1:05.61	800m: 8:35.27 1:03.79
3.	COSTA, Antonio Miguel	07	POR	Desportiva de Fafe	<b>8:35.90</b>	+0,72	673	
	100m: 1:00.26 1:00.26	300m: 3:09.09 1:04.77	500m: 5:20.07 1:05.71	700m: 7:32.22 1:05.95	200m: 2:04.32 1:04.06	400m: 4:14.36 1:05.27	600m: 6:26.27 1:06.20	800m: 8:35.90 1:03.68
4.	CASTRO, Vasco Monteiro	06	POR	Porto	<b>8:44.10</b>	+0,86	641	
	100m: 1:01.02 1:01.02	300m: 3:10.82 1:05.16	500m: 5:23.44 1:06.61	700m: 7:37.69 1:07.43	200m: 2:05.66 1:04.64	400m: 4:16.83 1:06.01	600m: 6:30.26 1:06.82	800m: 8:44.10 1:06.41
5.	MARQUES, Jose Miguel	06	POR	Condeixa Aqua Clube	<b>8:47.41</b>	+0,82	629	
	100m: 1:01.96 1:01.96	300m: 3:15.33 1:06.68	500m: 5:29.52 1:07.04	700m: 7:43.36 1:06.95	200m: 2:08.65 1:06.69	400m: 4:22.48 1:07.15	600m: 6:36.41 1:06.89	800m: 8:47.41 1:04.05
6.	ALVES, Andre Correia	06	POR	Benfica	<b>8:52.69</b>	+0,66	611	
	100m: 1:01.35 1:01.35	300m: 3:13.48 1:06.61	500m: 5:28.32 1:07.79	700m: 7:45.48 1:08.34	200m: 2:06.87 1:05.52	400m: 4:20.53 1:07.05	600m: 6:37.14 1:08.82	800m: 8:52.69 1:07.21

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Oeiras, 12 - 14/7/2024

Prova 1, Masc., 800m Livres, Juniores

Lugar	Nome	Ano	Nac	Clube	TFinal	TReac	AQUA
7.	RITA, Francisco Xavier	07	POR	Vieirense	<b>8:55.89</b>	+0,73	600
	100m: 1:02.41 1:02.41	300m: 3:16.64 1:07.68	500m: 5:33.50 1:08.24	700m: 7:50.19 1:07.45	800m: 8:55.89 1:05.70		
	200m: 2:08.96 1:06.55	400m: 4:25.26 1:08.62	600m: 6:42.74 1:09.24				
8.	COSTA, Andre Leitao	07	POR	Desportiva de Fafe	<b>8:57.86</b>	+0,70	593
	100m: 1:03.77 1:03.77	300m: 3:19.26 1:07.92	500m: 5:36.34 1:08.66	700m: 7:51.92 1:07.61	800m: 8:57.86 1:05.94		
	200m: 2:11.34 1:07.57	400m: 4:27.68 1:08.42	600m: 6:44.31 1:07.97				
9.	MARQUES, Duarte Cachulo	07	POR	Condeixa Aqua Clube	<b>9:02.65</b>	+0,63	578
	100m: 1:01.71 1:01.71	300m: 3:16.35 1:08.19	500m: 5:34.61 1:09.44	700m: 7:57.09 1:10.62	800m: 9:02.65 1:05.56		
	200m: 2:08.16 1:06.45	400m: 4:25.17 1:08.82	600m: 6:46.47 1:11.86				
10.	GOMES, Joao Almeida	06	POR	Clube Nacional de Natacao	<b>9:03.72</b>	+0,70	574
	100m: 1:02.96 1:02.96	300m: 3:18.24 1:08.42	500m: 5:36.12 1:09.27	700m: 7:55.95 1:09.64	800m: 9:03.72 1:07.77		
	200m: 2:09.82 1:06.86	400m: 4:26.85 1:08.61	600m: 6:46.31 1:10.19				
11.	OLIVEIRA, Marco Dimitar	07	POR	Cnac	<b>9:04.54</b>	+0,78	572
	100m: 1:02.79 1:02.79	300m: 3:19.73 1:08.87	500m: 5:38.63 1:09.84	700m: 7:57.57 1:09.44	800m: 9:04.54 1:06.97		
	200m: 2:10.86 1:08.07	400m: 4:28.79 1:09.06	600m: 6:48.13 1:09.50				
12.	GOMES, Miguel Braga	07	POR	Sporting	<b>9:05.25</b>	+0,68	570
	100m: 1:01.82 1:01.82	300m: 3:17.02 1:08.38	500m: 5:35.64 1:09.47	700m: 7:56.84 1:10.66	800m: 9:05.25 1:08.41		
	200m: 2:08.64 1:06.82	400m: 4:26.17 1:09.15	600m: 6:46.18 1:10.54				
13.	NETO, Ricardo Freitas	06	POR	Sporting	<b>9:10.51</b>	+0,77	553
	100m: 1:04.13 1:04.13	300m: 3:22.83 1:09.64	500m: 5:42.49 1:09.53	700m: 8:02.10 1:10.06	800m: 9:10.51 1:08.41		
	200m: 2:13.19 1:09.06	400m: 4:32.96 1:10.13	600m: 6:52.04 1:09.55				
14.	MATOS, Rodrigo Onofre	06	POR	Clube Futebol Os Belenenses	<b>9:13.27</b>	+0,70	545
	100m: 1:02.53 1:02.53	300m: 3:20.52 1:09.81	500m: 5:41.93 1:10.91	700m: 8:02.85 1:10.53	800m: 9:13.27 1:10.42		
	200m: 2:10.71 1:08.18	400m: 4:31.02 1:10.50	600m: 6:52.32 1:10.39				
15.	SARAGOCA, Eduardo Sousa	07	POR	Viana Natacao	<b>9:14.35</b>	+0,88	542
	100m: 1:04.59 1:04.59	300m: 3:24.46 1:10.65	500m: 5:44.44 1:10.09	700m: 8:05.97 1:10.76	800m: 9:14.35 1:08.38		
	200m: 2:13.81 1:09.22	400m: 4:34.35 1:09.89	600m: 6:55.21 1:10.77				
16.	COSTA, Guilherme Corte	07	POR	Clube Desportivo Nacional	<b>9:15.13</b>	+0,71	540
	100m: 1:04.14 1:04.14	300m: 3:25.38 1:10.92	500m: 5:47.10 1:10.95	700m: 8:09.02 1:11.13	800m: 9:15.13 1:06.11		
	200m: 2:14.46 1:10.32	400m: 4:36.15 1:10.77	600m: 6:57.89 1:10.79				
17.	PINHO, Afonso Formigo	06	POR	Torres Novas	<b>9:18.34</b>	+0,69	530
	100m: 1:03.29 1:03.29	300m: 3:22.76 1:10.38	500m: 5:44.66 1:11.42	700m: 8:08.86 1:12.48	800m: 9:18.34 1:09.48		
	200m: 2:12.38 1:09.09	400m: 4:33.24 1:10.48	600m: 6:56.38 1:11.72				
18.	VELHINHO, Miguel Lourenco	07	POR	Lagoa Academico Clube	<b>9:20.98</b>	+0,73	523
	100m: 1:02.68 1:02.68	300m: 3:23.61 1:11.49	500m: 5:46.24 1:10.87	700m: 8:11.54 1:12.70	800m: 9:20.98 1:09.44		
	200m: 2:12.12 1:09.44	400m: 4:35.37 1:11.76	600m: 6:58.84 1:12.60				
19.	SANTOS, Tomas Alexandre	07	POR	BUZIOS - Coruche	<b>9:24.87</b>	+0,79	512
	100m: 1:03.12 1:03.12	300m: 3:25.05 1:11.69	500m: 5:48.95 1:12.15	700m: 8:14.53 1:12.61	800m: 9:24.87 1:10.34		
	200m: 2:13.36 1:10.24	400m: 4:36.80 1:11.75	600m: 7:01.92 1:12.97				
20.	NOGUEIRA, Afonso Miguel	07	POR	Braga	<b>9:27.06</b>		506
	100m: 1:05.19 1:05.19	300m: 3:24.90 1:10.14	500m: 5:49.84 1:13.10	700m: 8:15.75 1:12.83	800m: 9:27.06 1:11.31		
	200m: 2:14.76 1:09.57	400m: 4:36.74 1:11.84	600m: 7:02.92 1:13.08				

Campeonato Nacional de Juvenis, Juniores e Seniores  
Oeiras, 12 - 14/7/2024

Prova 1, Masc., 800m Livres

Seniores

1. LOPES, Jose Paulo	00	POR	Braga					<b>8:13.28</b>	+0,69	769
100m: 57.47	300m: 3:00.29	1:01.81	500m: 5:04.65	1:02.17	700m: 7:11.45	1:03.53				
200m: 1:58.48	400m: 4:02.48	1:02.19	600m: 6:07.92	1:03.27	800m: 8:13.28	1:01.83				
2. CARDOSO, Diogo Santos	01	POR	Sporting					<b>8:16.90</b>	+0,72	753
100m: 59.62	300m: 3:04.84	1:02.83	500m: 5:10.42	1:02.67	700m: 7:15.88	1:02.76				
200m: 2:02.01	400m: 4:07.75	1:02.91	600m: 6:13.12	1:02.70	800m: 8:16.90	1:01.02				
3. AMARAL, Francisco Rodriguez	02	POR	Porto					<b>8:26.11</b>	+0,74	712
100m: 59.02	300m: 3:05.05	1:03.70	500m: 5:12.56	1:03.81	700m: 7:21.81	1:04.71				
200m: 2:01.35	400m: 4:08.75	1:03.70	600m: 6:17.10	1:04.54	800m: 8:26.11	1:04.30				
4. PERLOIRO, Salvador Goya	05	POR	Benfica					<b>8:28.09</b>	+0,68	704
100m: 58.93	300m: 3:05.03	1:03.52	500m: 5:13.73	1:04.70	700m: 7:24.59	1:05.47				
200m: 2:01.51	400m: 4:09.03	1:04.00	600m: 6:19.12	1:05.39	800m: 8:28.09	1:03.50				
5. FERRAO, Gabriel Carvalho	05	POR	Benfica					<b>8:31.86</b>	+0,63	689
100m: 1:00.20	300m: 3:10.30	1:04.72	500m: 5:19.02	1:04.51	700m: 7:29.30	1:05.62				
200m: 2:05.58	400m: 4:14.51	1:04.21	600m: 6:23.68	1:04.66	800m: 8:31.86	1:02.56				
6. SARREIRA, Tomas Amor	05	POR	Porto					<b>8:32.14</b>	+0,76	688
100m: 1:00.58	300m: 3:10.41	1:05.07	500m: 5:19.93	1:04.66	700m: 7:29.61	1:04.80				
200m: 2:05.34	400m: 4:15.27	1:04.86	600m: 6:24.81	1:04.88	800m: 8:32.14	1:02.53				
7. CARVALHO, Goncalo Renato	04	POR	Porto					<b>8:42.25</b>	+0,84	648
100m: 1:02.17	300m: 3:11.67	1:04.68	500m: 5:22.95	1:05.90	700m: 7:36.46	1:06.82				
200m: 2:06.99	400m: 4:17.05	1:05.38	600m: 6:29.64	1:06.69	800m: 8:42.25	1:05.79				
8. SOUSA, Joao Maria	05	POR	Braga					<b>8:52.72</b>	+0,75	611
100m: 1:00.77	300m: 3:11.67	1:05.87	500m: 5:26.86	1:08.35	700m: 7:45.33	1:09.47				
200m: 2:05.80	400m: 4:18.51	1:06.84	600m: 6:35.86	1:09.00	800m: 8:52.72	1:07.39				
9. GONCALVES, Alexandre Ramos	05	POR	Sporting Clube Sao Joao Ver					<b>9:06.22</b>	+0,73	567
100m: 1:02.34	300m: 3:16.85	1:08.50	500m: 5:36.46	1:09.92	700m: 7:56.93	1:10.54				
200m: 2:08.35	400m: 4:26.54	1:09.69	600m: 6:46.39	1:09.93	800m: 9:06.22	1:09.29				
10. GOMES, Marcio Fernandes	04	POR	Braga					<b>9:07.35</b>	+0,69	563
100m: 1:02.16	300m: 3:19.08	1:09.54	500m: 5:39.25	1:10.09	700m: 8:00.33	1:10.46				
200m: 2:09.54	400m: 4:29.16	1:10.08	600m: 6:49.87	1:10.62	800m: 9:07.35	1:07.02				