

Prova 4 Femin., 1500m Livres Absolutos
29/06/2024 - 9:48 Resultados

Recordes Regionais (PL) Open	17:53.18	Miriam Filipe, MARCOS	CNOL	Oeiras	2017
Recordes Regionais (PL) Sen.	18:26.21	Ana Beatriz, PEREIRA	LDC	Loule	2009
Recordes Regionais (PL) Jun. 2	18:50.23	Marta Pereira, ABREU	CNFA	Loule	2009
Recordes Regionais (PL) Jun. 1	17:53.18	Miriam Filipe, MARCOS	CNOL	Oeiras	2017
Recordes Regionais (PL) Juv. A	18:49.98	Margarida Maria, LUIZ	LAC	Funchal	2023
Recordes Regionais (PL) Juv. B	19:11.99	Margarida Maria, LUIZ	LAC	Lisboa	2013

Pontos: FINA Master 2024

Lugar Ano Tempo final Pts
Juvenis B

1. Ines Filipa, MATEUS	10	Lagoa AC	20:32.47	526
100m: 1:13.66 1:13.66	500m: 6:43.93 1:23.62	900m: 12:15.14 1:22.40	1300m: 17:48.51 1:22.57	
200m: 2:35.15 1:21.49	600m: 8:06.48 1:22.55	1000m: 13:38.91 1:23.77	1400m: 19:12.59 1:24.08	
300m: 3:57.40 1:22.25	700m: 9:28.86 1:22.38	1100m: 15:02.10 1:23.19	1500m: 20:32.47 1:19.88	
400m: 5:20.31 1:22.91	800m: 10:52.74 1:23.88	1200m: 16:25.94 1:23.84		

Juvenis A

1. Clara Alexandra, VICENTE	09	Lagoa AC	19:57.62	573
100m: 1:12.96 1:12.96	500m: 6:29.00 1:20.30	900m: 11:51.23 1:20.34	1300m: 17:17.97 1:21.39	
200m: 2:31.39 1:18.43	600m: 7:49.27 1:20.27	1000m: 13:12.62 1:21.39	1400m: 18:39.70 1:21.73	
300m: 3:50.15 1:18.76	700m: 9:09.90 1:20.63	1100m: 14:34.43 1:21.81	1500m: 19:57.62 1:17.92	
400m: 5:08.70 1:18.55	800m: 10:30.89 1:20.99	1200m: 15:56.58 1:22.15		

Absoluto

1. Margarida Maria, LUIZ	08	Lagoa AC	19:01.03	662
100m: 1:09.82 1:09.82	500m: 6:13.67 1:16.18	900m: 11:20.89 1:17.33	1300m: 16:29.61 1:16.95	
200m: 2:24.72 1:14.90	600m: 7:29.81 1:16.14	1000m: 12:37.97 1:17.08	1400m: 17:45.99 1:16.38	
300m: 3:40.97 1:16.25	700m: 8:46.76 1:16.95	1100m: 13:55.69 1:17.72	1500m: 19:01.03 1:15.04	
400m: 4:57.49 1:16.52	800m: 10:03.56 1:16.80	1200m: 15:12.66 1:16.97		
2. Ines Filipe, ANTUNES	07	RIA Aqua Tavira	20:43.04	512
100m: 1:14.86 1:14.86	500m: 6:47.32 1:22.90	900m: 12:18.05 1:23.07	1300m: 17:57.21 1:25.21	
200m: 2:37.66 1:22.80	600m: 8:09.49 1:22.17	1000m: 13:42.32 1:24.27	1400m: 19:21.05 1:23.84	
300m: 4:01.30 1:23.64	700m: 9:32.01 1:22.52	1100m: 15:06.84 1:24.52	1500m: 20:43.04 1:21.99	
400m: 5:24.42 1:23.12	800m: 10:54.98 1:22.97	1200m: 16:32.00 1:25.16		