

Prova 35 Femin., 400m Livres
30/06/2024 - 16:04 Absolutos Resultados

Recordes Regionais (PL) Open	4:29.00	Anna, FOMINA	LDC	Oeiras	2022
Recordes Regionais (PL) Sen.	4:31.62	Anna, FOMINA	LDC	Coimbra	2022
Recordes Regionais (PL) Jun. 2	4:32.76	Catia Raquel, MARTINHEIRA	LDC	Coimbra	2012
Recordes Regionais (PL) Jun. 1	4:29.83	Miriam Filipe, MARCOS	CNOL	Coimbra	2017
Recordes Regionais (PL) Juv. A	4:35.72	Catia Raquel, MARTINHEIRA	LDC	Coimbra	2010
Recordes Regionais (PL) Juv. B	4:38.01	Catia Raquel, MARTINHEIRA	LDC	Loule	2009

Pontos: FINA 2024

Lugar	Ano	Tempo final	Pts
Juvenis B			
1. Ines Filipa, MATEUS	10	5:09.34	440
50m:	150m:	250m:	350m:
100m: 1:11.99	200m: 2:31.14	300m: 3:51.35	400m: 5:09.34
2. Ines Patricio, FELIX	10	5:34.91	347
50m:	150m:	250m:	350m:
100m: 1:18.24	200m: 2:43.96	300m: 4:09.99	400m: 5:34.91
3. Sonya Antonova, SINYAKOVA	10	5:37.72	338
50m:	150m:	250m:	350m:
100m: 1:19.29	200m: 2:45.49	300m: 4:13.05	400m: 5:37.72
4. Bruna Catarina, GUERREIRO	10	5:59.01	281
50m:	150m:	250m:	350m:
100m: 1:21.19	200m: 2:53.84	300m: 4:28.19	400m: 5:59.01
DNS Raquel Isis, PEREIRA	10		

Juvenis A

1. Leonor Martins, COSTA	09	5:02.74	470
50m:	150m:	250m:	350m:
100m: 1:10.79	200m: 2:26.90	300m: 3:45.17	400m: 5:02.74
2. Clara Alexandra, VICENTE	09	5:06.12	454
50m:	150m:	250m:	350m:
100m: 1:12.71	200m: 2:32.01	300m: 3:49.70	400m: 5:06.12
3. Lara Sofia, AGUAS	09	5:23.21	386
50m:	150m:	250m:	350m:
100m: 1:15.61	200m: 2:37.88	300m: 4:00.97	400m: 5:23.21
4. Tessa De, OLIVEIRA	09	5:37.67	338
50m:	150m:	250m:	350m:
100m: 1:19.28	200m: 2:47.38	300m: 4:15.63	400m: 5:37.67

Absoluto

1. Beatriz Silva, LOURO	07	4:45.37	561
50m:	150m:	250m:	350m:
100m: 1:07.14	200m: 2:19.39	300m: 3:32.47	400m: 4:45.37
2. Margarida Maria, LUIZ	08	4:49.72	536
50m:	150m:	250m:	350m:
100m: 1:09.22	200m: 2:22.78	300m: 3:36.61	400m: 4:49.72
3. Mia Alena, WERUM	07	5:09.79	438
50m:	150m:	250m:	350m:
100m: 1:11.40	200m: 2:30.75	300m: 3:50.69	400m: 5:09.79
4. Ines Maria, SANTANA	08	5:19.20	400
50m:	150m:	250m:	350m:
100m: 1:13.36	200m: 2:35.01	300m: 3:58.23	400m: 5:19.20

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Lugar	Ano	Tempo final	Pts
5. Barbara Ribeiro, LOUREIRO	07 Portinado	5:42.21	325
50m:	150m:	250m:	350m:
100m: 1:17.24	200m: 2:45.21	300m: 4:15.04	400m: 5:42.21
6. Lia, GUERREIRO	08 RIA Aqua Tavira	5:50.85	301
50m:	150m:	250m:	350m:
100m: 1:20.80	200m: 2:50.97	300m: 4:22.67	400m: 5:50.85
7. Rita Batista, OLIVEIRA	08 Louletano / Loule Concelho	5:52.80	296
50m:	150m:	250m:	350m:
100m: 1:22.90	200m: 2:51.71	300m: 4:23.26	400m: 5:52.80
8. Lara Correia, MOURA	08 FC Ferreiras/AlgarExperience	6:30.55	218
50m:	150m:	250m:	350m:
100m: 1:31.73	200m: 3:11.63	300m: 4:51.64	400m: 6:30.55