

Prova 26	Masc., 1500m Livres				Absolutos
30/06/2024 - 9:51					Resultados
Recordes Regionais (PL) Open	16:33.67	Rui Miguel, LOPES	CNOL	Coimbra	2012
Recordes Regionais (PL) Sen.	16:48.95	Rui Miguel, LOPES	CNOL	Coimbra	2013
Recordes Regionais (PL) Jun. 2	16:33.67	Rui Miguel, LOPES	CNOL	Coimbra	2012
Recordes Regionais (PL) Jun. 1	16:48.06	Jo�o Duarte, SANTOS	CNOL	Loul�	2012
Recordes Regionais (PL) Juv. A	16:48.56	Joao Duarte, SANTOS	CNOL	Povoa de Varzim	2011
Recordes Regionais (PL) Juv. B	16:58.33	Hugo Miguel, VIEGAS	CNOL	Oeiras	2017

Pontos: FINA Master 2024

Lugar	Ano		Tempo final		Pts
Juvenis B					
1.	Rafael Alexandre, SILVA	09	Louletano / Loule Concelho		19:01.59 574
	100m: 1:07.69 1:07.69	500m: 6:00.78 1:12.37	900m: 11:04.10 1:26.25	1300m: 16:21.48 1:20.48	
	200m: 2:20.04 1:12.35	600m: 7:13.44 1:12.66	1000m: 12:22.59 1:18.49	1400m: 17:41.97 1:20.49	
	300m: 3:33.80 1:13.76	700m: 8:26.08 1:12.64	1100m: 13:42.05 1:19.46	1500m: 19:01.59 1:19.62	
	400m: 4:48.41 1:14.61	800m: 9:37.85 1:11.77	1200m: 15:01.00 1:18.95		

Juvenis A

1.	Diogo Jose, MATEUS	08	Lagoa AC		19:04.17 570
	100m: 1:07.87 1:07.87	500m: 6:18.60 1:17.61	900m: 11:24.97 1:17.94	1300m: 16:34.81 1:17.57	
	200m: 2:23.87 1:16.00	600m: 7:34.16 1:15.56	1000m: 12:42.44 1:17.47	1400m: 17:51.81 1:17.00	
	300m: 3:42.56 1:18.69	700m: 8:50.44 1:16.28	1100m: 13:59.92 1:17.48	1500m: 19:04.17 1:12.36	
	400m: 5:00.99 1:18.43	800m: 10:07.03 1:16.59	1200m: 15:17.24 1:17.32		
2.	Eug�nio, PASECHKO	08	Nata�o de Lagos		19:14.02 556
	100m: 1:11.10 1:11.10	500m: 6:22.42 1:18.07	900m: 11:35.21 1:18.74	1300m: 16:44.80 1:17.15	
	200m: 2:27.88 1:16.78	600m: 7:40.08 1:17.66	1000m: 12:52.69 1:17.48	1400m: 18:00.58 1:15.78	
	300m: 3:46.09 1:18.21	700m: 8:58.20 1:18.12	1100m: 14:10.43 1:17.74	1500m: 19:14.02 1:13.44	
	400m: 5:04.35 1:18.26	800m: 10:16.47 1:18.27	1200m: 15:27.65 1:17.22		