

Prova 13 Absolutos
29/06/2024 - 16:04 Resultados

		Masc., 400m Livres			
Recordes Regionais (PL) Open	3:57.11	Miguel Martins, PIRES	LDC	Jamor	2004
Recordes Regionais (PL) Sen.	3:57.11	Miguel Martins, PIRES	LDC	Jamor	2004
Recordes Regionais (PL) Jun. 2	4:05.41	Jo�o Duarte, SANTOS	CNOL	Famali�o	2013
Recordes Regionais (PL) Jun. 1	4:04.65	Joao Duarte, SANTOS	CNOL	Oeiras	2012
Recordes Regionais (PL) Juv. A	4:10.88	Joao Duarte, SANTOS	CNOL	Paphos (CYP)	2011
Recordes Regionais (PL) Juv. B	4:09.85	Tiago Miguel, VILHENA	CNFA	Oeiras	2016

Pontos: FINA Master 2024

Lugar	Ano		Tempo final	Pts
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Juvenis B

1. Rafael Alexandre, SILVA	09	Louletano / Loule Concelho	4:34.87	673
50m:	150m:	250m:	350m:	
100m: 1:03.90	200m: 2:14.02	300m: 3:24.96	400m: 4:34.87	
2. Diogo Filipe, CARDOSO	09	Natacao de Olhao	4:41.86	624
50m:	150m:	250m:	350m:	
100m: 1:05.18	200m: 2:17.83	300m: 3:31.22	400m: 4:41.86	
3. Catalin, TIMOTIN	09	Louletano / Loule Concelho	5:08.40	476
50m:	150m:	250m:	350m:	
100m: 1:11.58	200m: 2:30.77	300m: 3:50.63	400m: 5:08.40	
4. Luis Pedro, PINTO	09	Beja	5:13.31	454
50m:	150m:	250m:	350m:	
100m: 1:10.99	200m: 2:31.65	300m: 3:53.11	400m: 5:13.31	
5. Tomas Santos, MIGUEL	09	Aquatico Silves	6:08.31	280
50m:	150m:	250m:	350m:	
100m: 1:12.92	200m: 2:33.77	300m: 5:13.91	400m: 6:08.31	
Owen Thomas, LABUTTA	09	Tavira de Natacao	6:08.31	280
50m:	150m:	250m:	350m:	
100m: 1:21.59	200m: 2:55.52	300m: 4:33.49	400m: 6:08.31	

Juvenis A

1. Martim Santos, CABRITA	08	Louletano / Loule Concelho	4:30.94	703
50m:	150m:	250m:	350m:	
100m: 1:03.65	200m: 2:12.97	300m: 3:22.86	400m: 4:30.94	
2. Eug�nio, PASECHKO	08	Nata�o de Lagos	4:38.55	647
50m:	150m:	250m:	350m:	
100m: 1:03.11	200m: 2:12.49	300m: 3:24.96	400m: 4:38.55	
3. Diogo Jose, MATEUS	08	Lagoa AC	4:54.58	547
50m:	150m:	250m:	350m:	
100m: 1:07.24	200m: 2:21.72	300m: 3:38.85	400m: 4:54.58	

Absoluto

1. Yury, FOMIN	06	Louletano / Loule Concelho	4:09.96	895
50m:	150m:	250m:	350m:	
100m: 59.55	200m: 2:02.57	300m: 3:06.53	400m: 4:09.96	
2. Miguel Lourenco, VELHINHO	07	Lagoa AC	4:30.96	703
50m:	150m:	250m:	350m:	
100m: 1:02.12	200m: 2:10.58	300m: 3:21.19	400m: 4:30.96	
3. David Luis, SEABRA	07	Nautico do Guadiana	4:41.01	630
50m:	150m:	250m:	350m:	
100m: 1:03.90	200m: 2:14.73	300m: 3:28.76	400m: 4:41.01	

Prova 13, Masc., 400m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
4. Cristiano, FISTICAN	07 Aquatico Silves	5:03.50	500
50m:	150m:	250m:	350m:
100m: 1:09.59	200m: 2:27.69	300m: 3:46.91	400m: 5:03.50
EXH Carlos, DIAZ ROMERO	01 C. Nautico Sevilla	4:19.07	804
50m:	150m:	250m:	350m:
100m: 1:01.23	200m: 2:07.60	300m: 3:13.67	400m: 4:19.07
EXH Jose Luis, ALVAREZ DE CIENFUEGOS03	C. Nautico Sevilla	4:48.27	584
50m:	150m:	250m:	350m:
100m: 1:07.01	200m: 2:20.04	300m: 3:33.76	400m: 4:48.27