

45º Torneio de S. João
Évora, 23/6/2024

Prova 1

Masc., 400m Livres

13 anos e mais velhos

23/06/2024 - 10:00

Resultados

Recordes Regionais Piscina Longa Open	4:25.43	Miguel Murteira CARVALHO	AMINATA Loule	10/07/2004
Recordes Regionais Piscina Longa 19 +	4:25.43	Miguel Murteira CARVALHO	AMINATA Loule	10/07/2004
Recordes Regionais Piscina Longa 18	4:30.69	Ivo Andre MARGARIDO	IndANALENFerreira do Alentejo	08/07/2006
Recordes Regionais Piscina Longa 17	4:29.85	Joao Pedro NEVES	AMINATA Badajoz (ESP)	08/06/2013
Recordes Regionais Piscina Longa 16	4:25.43	Miguel Murteira CARVALHO	AMINATA Loule	10/07/2004
Recordes Regionais Piscina Longa 15	4:26.56	Nelson Pereira MALHEIROS	CNLA Oeiras	26/07/2014
Recordes Regionais Piscina Longa 14	4:36.37	Miguel Martins BALTAZAR	AMINATA Vidigueira	07/07/2012
Recordes Regionais Piscina Longa 13	4:44.72	Gustavo Manuel SANTA	Ind ANALENDia Olimpico - COP	24/06/2006

Pontos: FINA 2023

Lugar	Idade		Tempo final	Pts	100m	200m	300m	400m
1. Mauro Santos INACIO	40	Litoral Alentejano	4:45.77	456	1:07.32	1:11.82	1:12.38	1:14.25
		50m:	150m:	250m:	350m:			
		100m: 1:07.32	200m: 2:19.14	300m: 3:31.52	400m: 4:45.77			
2. Guilherme Cotovio ALVES20		Acmn	4:57.17	406	1:08.79	1:16.97	1:17.62	1:13.79
		50m:	150m:	250m:	350m:			
		100m: 1:08.79	200m: 2:25.76	300m: 3:43.38	400m: 4:57.17			
3. Ricardo Paixao CANSADC17		Aminata	4:57.51	404	1:08.18	1:16.41	1:19.69	1:13.23
		50m:	150m:	250m:	350m:			
		100m: 1:08.18	200m: 2:24.59	300m: 3:44.28	400m: 4:57.51			
4. Diogo Miguel ROSADO	17	Grupo Desportivo Mora	4:59.26	397	1:08.25	1:15.95	1:19.04	1:16.02
		50m:	150m:	250m:	350m:			
		100m: 1:08.25	200m: 2:24.20	300m: 3:43.24	400m: 4:59.26			
5. Luis Pedro PINTO	15	Cnbe	5:23.41	315	1:13.67	1:22.39	1:26.31	1:21.04
		50m:	150m:	250m:	350m:			
		100m: 1:13.67	200m: 2:36.06	300m: 4:02.37	400m: 5:23.41			
6. Rodrigo Miguel SILVA	14	Acmn	5:25.95	307	1:13.25	1:24.70	1:26.25	1:21.75
		50m:	150m:	250m:	350m:			
		100m: 1:13.25	200m: 2:37.95	300m: 4:04.20	400m: 5:25.95			
7. Miguel Martins RATO	16	Estremoz / Estremozcarnes	5:36.04	280	1:13.81	1:25.60	1:37.42	1:19.21
		50m:	150m:	250m:	350m:			
		100m: 1:13.81	200m: 2:39.41	300m: 4:16.83	400m: 5:36.04			
8. D. DOMINGOS	17	GSC Grândola Sports Club	5:39.79	271	1:16.05	1:27.64	1:30.28	1:25.82
		50m:	150m:	250m:	350m:			
		100m: 1:16.05	200m: 2:43.69	300m: 4:13.97	400m: 5:39.79			
9. Afonso Oliveira MARQUES18		Grupo Desportivo Mora	5:46.91	255	1:17.51	1:28.95	1:32.14	1:28.31
		50m:	150m:	250m:	350m:			
		100m: 1:17.51	200m: 2:46.46	300m: 4:18.60	400m: 5:46.91			
10. Eduardo Filipe CHAINHO	14	GSC Grândola Sports Club	6:23.46	189	1:24.86	1:41.10	1:42.00	1:35.50
		50m:	150m:	250m:	350m:			
		100m: 1:24.86	200m: 3:05.96	300m: 4:47.96	400m: 6:23.46			
11. Gustavo Cardoso SANTO	13	Ndco	6:26.06	185	1:29.27	1:40.32	1:39.90	1:36.57
		50m:	150m:	250m:	350m:			
		100m: 1:29.27	200m: 3:09.59	300m: 4:49.49	400m: 6:26.06			