

CAMPEONATO REGIONAL INF, JUV, JUN e SEN 2024  
Ponte da Barca, 21 - 23/6/2024

Prova 32 Femin., 1500m Livres Absolutos  
22/06/2024 - 16:40 Resultados

Rec. Reg. ANMinho Open	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Sen	16:17.11	Tamila Hryhorivna Holub	SCB	Felgueiras	21/12/2018
Rec. Reg. ANMinho Jun 2	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Jun 1	16:44.26	Tamila Hryhorivna Holub	SCB	Porto	19/12/2014
Rec. Reg. ANMinho Juv A	16:54.39	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	16/03/2014
Rec. Reg. ANMinho Juv B	17:17.43	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	30/06/2013

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
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**Juniores**

<b>1. Diana Gomes Freitas</b>	<b>08</b>	<b>Amigos da Montanha</b>	<b>18:53.43</b>	<b>514</b>
100m: 1:06.95 1:06.95	500m: 5:58.57 1:13.54	900m: 11:02.20 1:16.95	1300m: 16:15.34 1:21.00	
200m: 2:19.21 1:12.26	600m: 7:13.41 1:14.84	1000m: 12:19.03 1:16.83	1400m: 17:35.84 1:20.50	
300m: 3:31.63 1:12.42	700m: 8:28.94 1:15.53	1100m: 13:36.40 1:17.37	1500m: 18:53.43 1:17.59	
400m: 4:45.03 1:13.40	800m: 9:45.25 1:16.31	1200m: 14:54.34 1:17.94		
<b>2. Mafalda Miranda Vieira</b>	<b>07</b>	<b>Sporting Club Caminhense</b>	<b>21:07.57</b>	<b>367</b>
100m: 1:14.82 1:14.82	500m: 6:56.52 1:24.81	900m: 12:37.61 1:26.66	1300m: 18:22.91 1:25.78	
200m: 2:43.69 1:28.87	600m: 8:20.23 1:23.71	1000m: 14:04.68 1:27.07	1400m: 19:46.79 1:23.88	
300m: 4:07.44 1:23.75	700m: 9:46.12 1:25.89	1100m: 15:30.83 1:26.15	1500m: 21:07.57 1:20.78	
400m: 5:31.71 1:24.27	800m: 11:10.95 1:24.83	1200m: 16:57.13 1:26.30		

**Seniores**

<b>1. Carolina Esteves Peixoto</b>	<b>06</b>	<b>Braga</b>	<b>17:31.46</b>	<b>644</b>
100m: 1:05.50 1:05.50	500m: 5:43.12 1:10.44	900m: 10:24.62 1:10.62	1300m: 15:10.91 1:11.29	
200m: 2:13.66 1:08.16	600m: 6:53.82 1:10.70	1000m: 11:35.51 1:10.89	1400m: 16:22.43 1:11.52	
300m: 3:23.00 1:09.34	700m: 8:03.69 1:09.87	1100m: 12:47.06 1:11.55	1500m: 17:31.46 1:09.03	
400m: 4:32.68 1:09.68	800m: 9:14.00 1:10.31	1200m: 13:59.62 1:12.56		